

A photograph of the South Dakota State Capitol building, featuring a large, ornate dome with a lantern on top. The building is set against a backdrop of rolling hills and is partially obscured by green trees in the foreground. The lighting suggests a late afternoon or early morning setting.

State Profile Executive Summary FY23

South Dakota
Publicly Funded
Behavioral
Health
Treatment
Services

Photo by Travel South Dakota



South Dakota
Department of
Social Services

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Photo by Travel South Dakota

Foreword by Data and Outcomes Team

The Division of Behavioral Health is dedicated to maintaining data quality and implementing best practices data collection and monitoring to provide the public and stakeholders with meaningful information on publicly funded behavioral health treatment services in the state of South Dakota. We do this to be transparent with the public and stakeholders regarding areas of accomplishment as well as areas that may require further improvement. To this end, the profiles the Division of Behavioral Health publishes every year highlighting annual outcomes and treatment data have undergone significant updates. These updates reflect advances made in technology and data science to produce more meaningful comparisons on how behavioral health treatment services impact the client. Given these changes, we address what we anticipate will be some frequently asked questions below.

Can I compare this data to previous years?

Because of the changes and advancements in data processing, we do not recommend comparing data in this document to previous years' profiles (2021 and before). This recommendation is provided for many reasons; the chief among them is that data in this document are paired on a client basis, meaning that a client's admission data are paired up with their update and discharge data to create what is known as matched or paired datasets. Data were not matched previously, which means a direct comparison would produce inaccurate conclusions.

Does this mean that previous data are inaccurate?

Previous years' data are not inaccurate. Data analysis is a field that, like many areas, advances over time, especially as technology advances. Data presented in previous versions of the profiles were compiled and presented using valid and accurate data analysis techniques, and this new document also uses valid and accurate data analysis techniques. However, this document takes a step forward in using different data analysis techniques to align with best practices, and emerging and validated theories on data analysis and to utilize the leaps in technological advancements that have occurred within recent years.

What do these changes accomplish?

These changes allow us to make more definitive conclusions on the effects that behavioral health treatment services have on the clients receiving services. With paired data, we can directly analyze the changes in client responses from treatment admission to update to discharge.

Previously, such conclusions could not be definitively drawn, as the clients who were counted at admission, update, and discharge were not matched and therefore potentially different. Previous editions of profiles compared those that were admitted in a given fiscal year to those that provided updates in the same given year, to those that were successfully discharged from services in that same year. Each of those groups may have included some of the same clients, but someone may admit in one fiscal year and discharge in another. With the new method, we look at those that received services in a given fiscal year regardless of when they admitted or discharged.

Does a client who receives services only receive one type of treatment service?

A client receives services as the trained professionals determine appropriate recommendations based on initial and ongoing assessment. A treatment episode (admission to services through discharge from services) for a client is as varied and unique to the client themselves. As an example, a client may initially be admitted to inpatient residential services, but as they progress in treatment, they may transition to outpatient services in their community. In such a case, a client's outcomes and data are counted once in both inpatient and outpatient services each, and once in the total services. This means that the data are unduplicated within service types as well as the overall data. If a client starts in outpatient, transitions to inpatient, and then transitions back into outpatient, that client is still only counted once in each service type. This is also why adult and youth services cannot be added to get the overall number of clients served. A client may turn 18 during their treatment episode and therefore, may be counted once in each adult and youth sections while being counted once in the overall number of clients served as well. Additionally, some assessments may have been submitted without age information. In these cases, the assessments are only counted in the overall number of clients served, as we cannot delineate their age (adult or youth).

Why do I see “NaN” and “Infinity” in the percent change column?

“NaN” stands for “Not a Number.” NaN and Infinity both occur when the initial score or value at time of admission is 0. Because percent change is calculated by taking the difference divided by admission (multiplied by 100), if the initial score is 0, then this formula attempts to divide by 0, which results in either an error, NaN, when the difference is 0 also (0/0) or an infinite increase if the difference is anything but 0 (such as 1/0).

Why does the table show an increase in percent change, but the graph shows a decrease, or vice versa?

Generally, the tables show data pertaining to the average change on an individual basis. The graphs tend to show changes as percentages of the population of clients. This can sometimes result in what appears to be inconsistent data. It is possible for the average individual to experience an increase in symptoms while the majority of the client population had fewer symptoms. For example, if 3 clients reported their symptoms as a 2 at admission but a 0 at discharge and 1 client reported their symptoms as a 2 at admission but a 10 at discharge, 75% of clients (3/4) reported a decrease in symptoms but the average change for the average individual is an increase from 2 (8/4) at admission to 2.5 (10/4) at discharge, a 25% $((2.5-2)/2)$ increase in symptoms. Both ways of looking at the data are valid and convey different aspects of the clients served through public funding.

How do I find the state profile or an individual agency profile?

The Executive Summary, State Profile, and Agency Profiles can be found here <https://dss.sd.gov/behavioralhealth/reportsanddata.aspx>.

I am interested in similar data for other states or for the United States of America overall, where should I look?

The Division of Behavioral Health reports data in this document per the guidelines and categories as required by the U.S. Department of Health and Human Services, Substance Abuse and Mental Health Services Administration (SAMHSA). We report data in this document per the guidelines and categories SAMHSA identifies in various treatment databases, including the Treatment Episode Database Set (TEDS) and the Uniform Reporting System (URS).

Because of this close working relationship, we recommend visiting SAMHSA's website if you are looking for national behavioral health treatment information, data, and initiatives (<https://www.samhsa.gov/>).

Where can I find more information on state and national data related to behavioral health and substance use/misuse?

The Division of Behavioral Health encourages those that want to learn more to visit our epidemiology website located at <https://www.sdseow.org/>. The reports available from this website provide insight into how South Dakota trends historically against substance use and mental health as compared to our nation for both youth and adult.

Where can I find more information on DBH and publicly funded treatment services?

Information about the Division of Behavioral Health and publicly funded behavioral health services can be found on our newest website, <https://sdbehavioralhealth.gov/> or the state of South Dakota's Department of Social Services website <https://dss.sd.gov/behavioralhealth/>, the Division of Behavioral Health can be contacted at 605.367.5236, or via email at DSSBH@state.sd.us.

Thank you for your interest in the data and outcomes of clients who receive publicly funded behavioral health treatment services in the state of South Dakota.

- Data and Outcomes Team, Department of Social Services, Division of Behavioral Health

Executive Summary

The Department of Social Services, Division of Behavioral Health is pleased to publish the Fiscal Year 2023 (FY23) State Profile Executive Summary. State Profiles began in Fiscal Year 2018 (FY18) as a joint commitment by the Division of Behavioral Health (referred to here forth as the Division) as well as publicly funded mental health and substance use disorder treatment agencies to accurately and consistently report the data and outcomes of publicly funded treatment services.

This executive summary introduces key statewide behavioral health outcomes as reported by South Dakota's publicly funded behavioral health providers. Some of the outcomes highlighted in this report include:

- Successful discharge rates for clients receiving substance use disorder treatment services
- Ability to control use and motivation to change current behaviors, such as substance use, for clients receiving substance use disorder services
- History of arrests and nights in a correctional facility for clients receiving substance use disorder treatment services
- Satisfaction and access to services for all behavioral health clients
- Employment rates for all adult behavioral health clients
- Levels of mental health and social well-being for clients receiving mental health services
- Reduction in emergency room and hospital visits for clients receiving mental health services
- Reductions in attempts to die by suicide for clients receiving mental health services

Additionally, the executive summary includes results from the annual stakeholder survey, which is provided to referral sources and other stakeholders for each Department of Social Services, Office of Licensure and Accreditation accredited behavioral health provider in the state.

The subsequent pages summarize statewide performance measures and outcomes for the following service areas:

- Adult and youth substance use disorder treatment services, including Intensive Methamphetamine Treatment (IMT) services and Pregnant Women and Women with Dependent Children (PWWDC) services
- Adult and youth mental health treatment services, including Comprehensive Assistance with Recovery and Empowerment (CARE), Individualized and Mobile Assertive Community Treatment (IMPACT), and Child or Youth and Family (CYF) services
- Emergency Services
- Systems of Care (SOC) services
- Targeted services for justice-involved adults and youth
- Telehealth and audio-only utilization

The Division is pleased to see the many wonderful outcomes experienced by individuals receiving publicly funded behavioral health treatment services, such as successful discharge rates that exceed the national averages in many areas, high ratings of client satisfaction, and improvements in key areas such as ability to control drug use and motivation to change current behaviors and reductions in hospitalizations and attempts to die by suicide. The Division looks forward to working with providers over the coming year to improve in other key areas, such as increasing successful discharge rates and improving access to services in some areas.

The full state and agency profiles are available to all stakeholders online at <https://dss.sd.gov/>. It is our hope these profiles will serve as a resource to anyone seeking information about the effectiveness of publicly funded behavioral health treatment services in South Dakota.

Data Collection Methodology

Since 2015, the Division of Behavioral Health has collaborated closely with members of the Data and Outcomes Work Group (DOWG) to identify the information found in the state profile and agency profiles. This work group, comprised of representatives from Community Mental Health Centers and substance use disorder agencies as well as the Division of Behavioral Health, meets on a regular basis to review and revise data and data collection methods for publicly funded behavioral health services in South Dakota.

Contracted behavioral health agencies collect data from in-person questionnaires. The surveyed population includes adults and youth receiving publicly funded behavioral health services as well as parents and guardians of youth receiving services. Publicly funded behavioral health services are funded through state general funds, block grant funding, and Medicaid funding.

Data in this executive summary as well as the Fiscal Year 2023 state and agency profiles were collected between June 1st, 2022, and May 31st, 2023.

Data Collection Process

Stakeholder Survey

The Division of Behavioral Health (DBH) collects Stakeholder Survey data once a year for all accredited mental health and substance use disorder agencies. As part of the survey process, accredited agencies are asked to share the survey with at least three stakeholders in their community. In addition, the DBH surveys the Department of Corrections (DOC), Unified Judicial System (UJS), and Child Protection Services (CPS) regarding the accredited agencies.

Substance Use Disorder Services

Contracted agencies collect substance use disorder outcome data at admission and at successful discharge from services. Clients completing the surveys do have the option to skip or refuse to answer questions. As a result, total data points collected may change between questions.

Mental Health Services

Contracted agencies collect mental health outcome data at admission, every six months, and at successful discharge from services. Outcomes for mental health clients are reported as per their most recent update, as it is common for those receiving mental health services to remain in services for an extended period of time. Clients completing the surveys do have the option to skip or refuse to answer questions. As a result, total data points collected may change between questions.

Additional Tools

The Texas Christian University Criminal Thinking Scales (TCU), How I Think Questionnaire (HIT), Global Appraisal of Individual Needs-Short Screener (GAIN-SS), and Aggression Questionnaire (AQ) are secondary tools utilized to measure the impact of applicable treatment services.

Data Reporting

Many outcomes are measured on a Likert scale rating, ranging from 1-5 or 1-10. For each outcome, a higher rating indicates greater levels of improvement or agreement with the question or statement asked.

Appendix A includes the data tables used to build this report.

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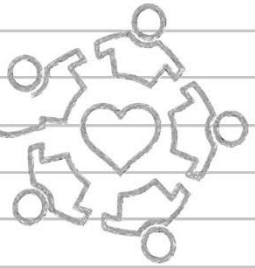


Stakeholder Survey

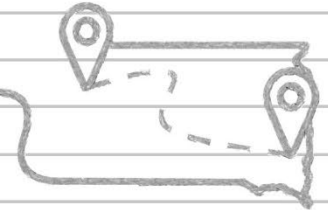
The Division of Behavioral Health (DBH) collects Stakeholder Survey data once a year for all accredited mental health and substance use disorder agencies. As part of the survey process, accredited agencies are asked to share the survey with at least three stakeholders in their community. In addition, the DBH surveys the Department of Corrections (DOC), Unified Judicial System (UJS), and Child Protection Services (CPS) regarding the accredited agencies.

Stakeholder

84% Community Needs



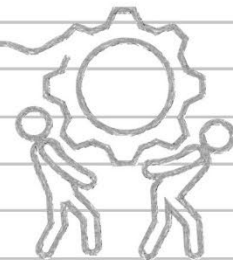
84% Quality of Services



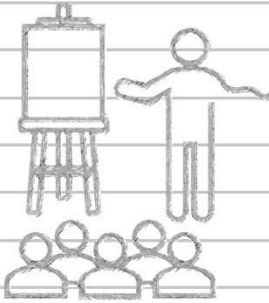
87% Location Convenience



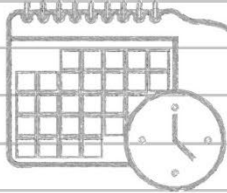
92% Client Support



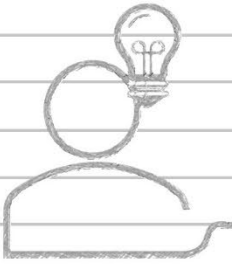
Survey



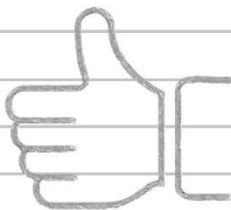
85% Staff Training



86% Service Availability



87% Staff Competency



81% Positive Outcomes

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Adult Substance Use Disorder Services

What Are Clients Saying About Adult Substance Use Disorder Services?

4.25
out of 5
General Satisfaction

8.31
out of 10
Motivation to Change Current Behaviors

4.18
out of 5
Access to Services*

↑ 87%
Ability to Control Drug Use

↓ 89%
Nights in a Correctional Facility

35%
Employment
Compared to the national average of 24% for substance use

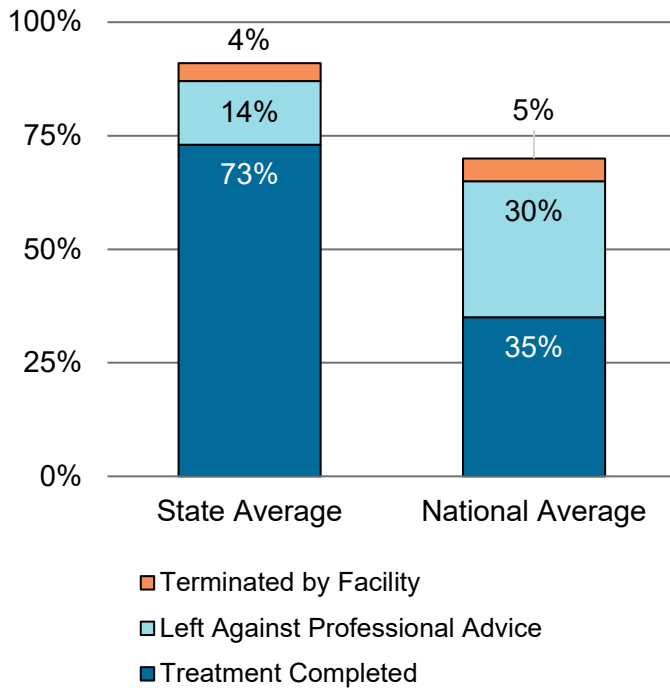
Note: These rates do not include discharge rates for clients who received targeted services for justice-involved individuals. Please refer to subsequent sections for discharge rates for targeted services for justice-involved individuals.

*Access to Services is the perception of the ease and convenience of accessing treatment services.

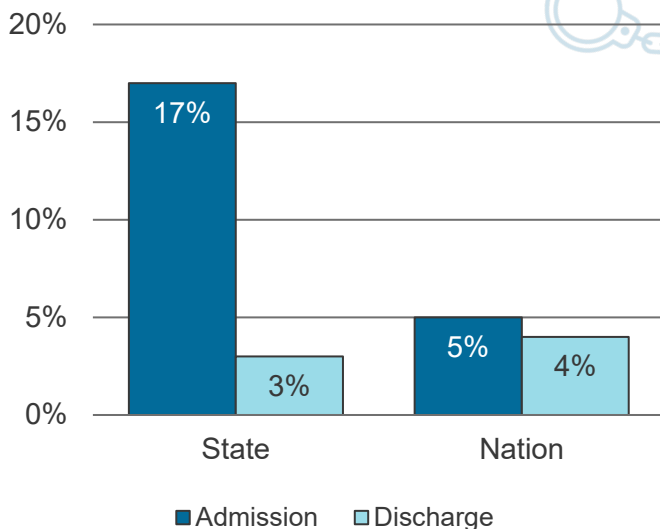
Adult Substance Use Disorder Services



Clients Discharged from Treatment



History of Arrests



Success Story

“A patient was referred by the hospital as she had liver failure, pancreatitis, kidney failure and depression. This individual spent three weeks in the hospital to be healthy enough to participate in inpatient treatment. When the client began services, she was very ill and could only sit in groups for part of the time. She was given assignments to do while resting in her room. Due to the client’s needs, she remained in inpatient services for almost two months. The client has been able to achieve over two years of recovery by remaining sober. She speaks on our unit to encourage others toward sobriety, has a full-time job, has her children back, pays the bills, and is a role-model for her biological family who are in active addiction.”

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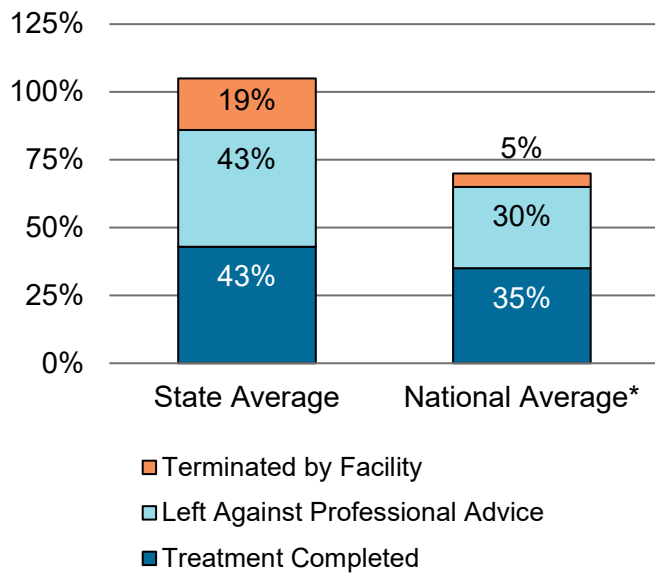
**Intensive
Methamphetamine
Treatment Services**

Intensive Methamphetamine Treatment Services

Success Story

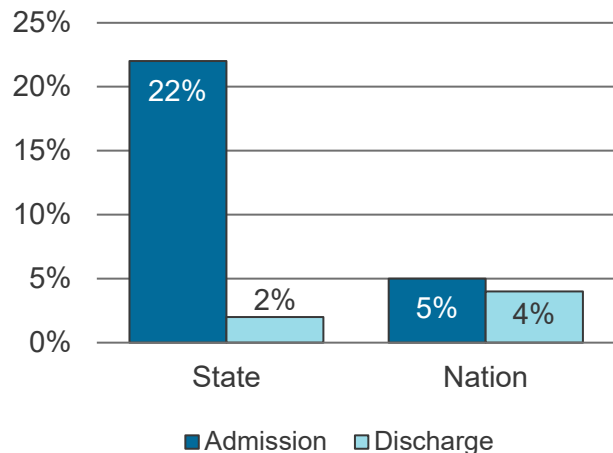
“ Client came to us with suicidal ideation stemming from his methamphetamine use. He successfully completed the program at a low-intensity residential treatment facility. He decided to continue to seek stability and applied to a sober living home where he stayed throughout programming. This client came back to help with groups by being a leader for his peers. He would often attend group sessions and give feedback to others in the program. To this day, he is working a full-time job and residing at the halfway house. He is two years clean, and he discovered a new hobby, volunteering. ”

Clients Discharged from Treatment



*National Average refers to overall national discharge data and is not unique to any program

History of Arrests



↑ **152%**

Ability to Control
Drug Use

43%

Employment

*Compared to the national
average of 24% for
substance use*

4.34

out of 5

General Satisfaction

↓ **97%**

Nights in a
Correctional Facility

4.23

out of 5

Access to Services

8.76

out of 10

Motivation to Change
Current Behaviors



What Are Clients Saying About Intensive Methamphetamine Treatment Services?

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Pregnant Women and Women with Dependent Children Services

What Are Clients Saying About Services for Pregnant Women and Women with Dependent Children?

4.36

out of 5

General Satisfaction

9.08

out of 10

Motivation to Change Current Behaviors

4.22

out of 5

Access to Services

↑ 168%

Ability to Control Drug Use

23%

Employment

Compared to the national average of 24% for substance use

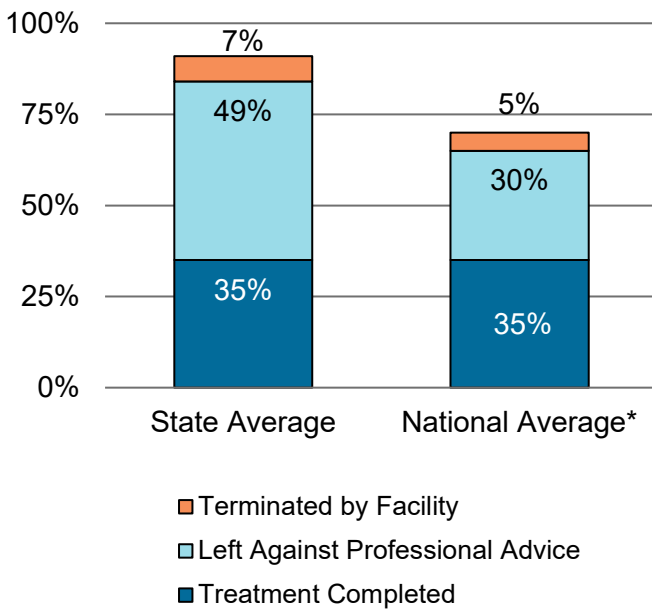
↓ 100%

Nights in a Correctional Facility

Pregnant Women and Women with Dependent Children Services

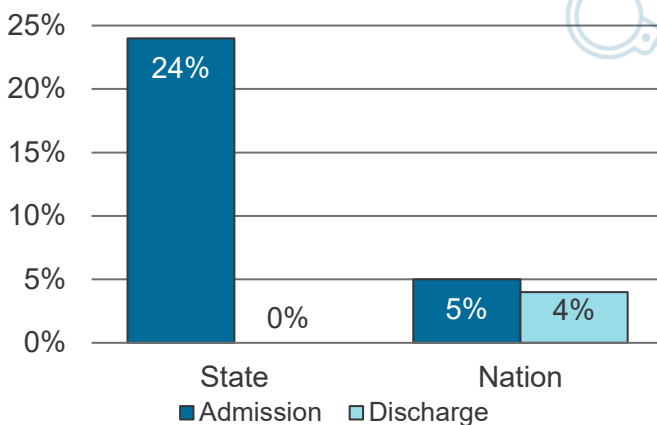


Clients Discharged from Treatment



*National Average refers to overall national discharge data and is not unique to any program

History of Arrests



Success Story

“A client completed inpatient treatment and low-intensity residential services for assistance with methamphetamine dependence. She was homeless and facing criminal charges due to her drug use. While attending the program, she received support for her addiction, childhood trauma, grief and loss, and survivor’s guilt. Her children received support from the local community mental health center to address the emotional and behavioral needs. The client completed treatment and resolved her legal issues. She is currently successfully complying with her probation. She maintains employment and lives independently with her husband and children. She and her husband have continued in counseling services for on-going support.”

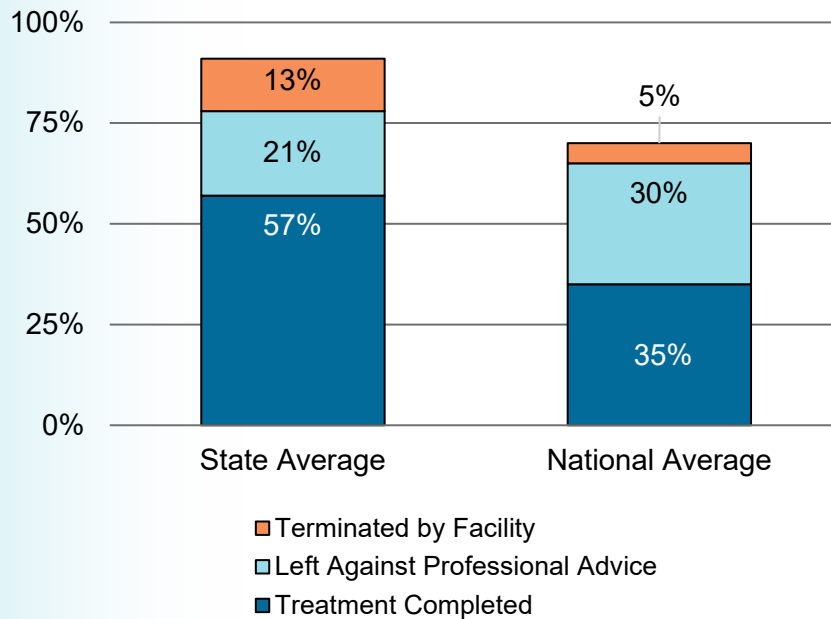
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Youth Substance Use Disorder Services

Youth Substance Use Disorder Services

Clients Discharged from Treatment



“ Success Story

A client came to our facility from a community with limited resources. She was using alcohol and drugs daily to numb herself from past trauma. The client was being bullied and tried to end her life. She stopped using all substances and felt that treatment would benefit her in achieving her goals. She has achieved insight through understanding the negative consequences of acting on anger and behaviors that can lead to using substances. One of her goals is to help other youth in her community who are struggling with addiction. Her mother contacted community members who have offered to assist in establishing a youth group in her community. She wants to be a role model for youth in her community and for her siblings.

What Are Clients Saying About Youth Substance Use Disorder Services?

Youth **4.20** out of 5
Family **4.19** out of 5
General Satisfaction

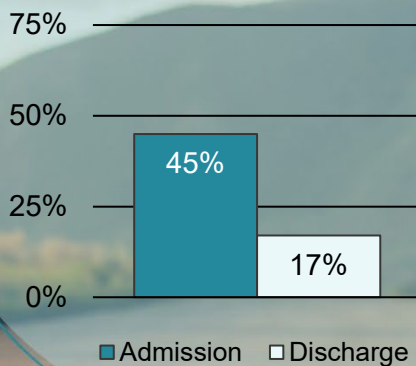
8.22 out of 10
Motivation to Change Current Behaviors

Youth **4.06** out of 5
Family **4.29** out of 5
Access to Services

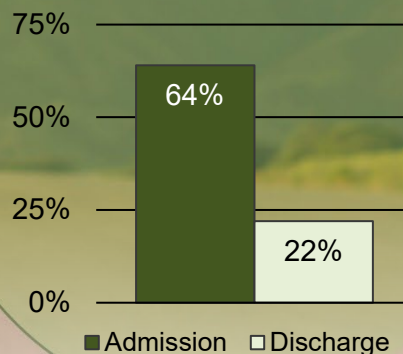
↑ 134%
Ability to Control Drug Use (Youth)

↑ 8%
Ability to Control Drug Use (Family)

Missing School or Work Due to Substance Use



Trouble as a Result of Substance Use



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Adult Mental Health Services

What Are Clients Saying About Comprehensive Assistance for Recovery and Empowerment (CARE) Services?

37%

Employment
Compared to the national average of 25% for mental health

↓ 67%

Attempts to Die by Suicide

4.11

out of 5
Access to Services

↑ 14%

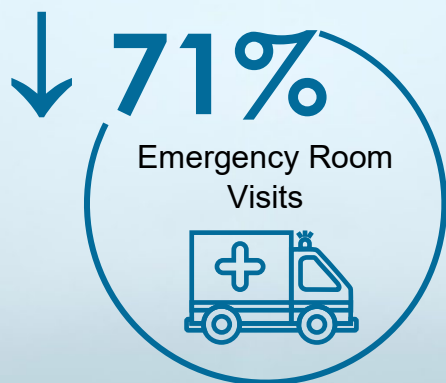
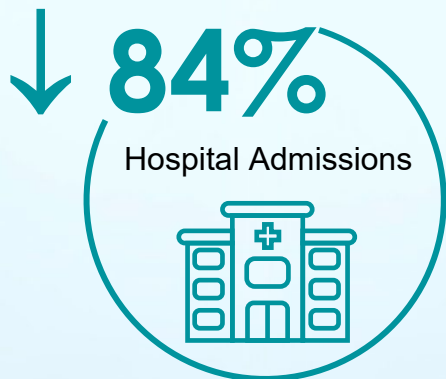
Improved Functioning

4.21

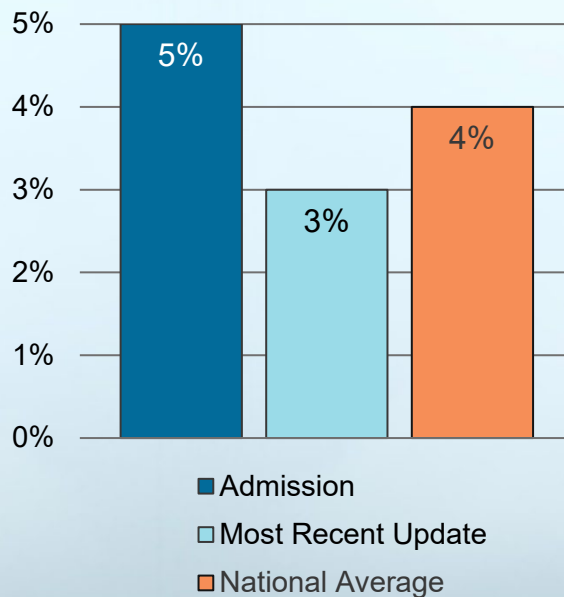
out of 5
General Satisfaction

Adult Mental Health Services

Comprehensive Assistance for Recovery and Empowerment (CARE) Services



Homelessness at Most Recent Update



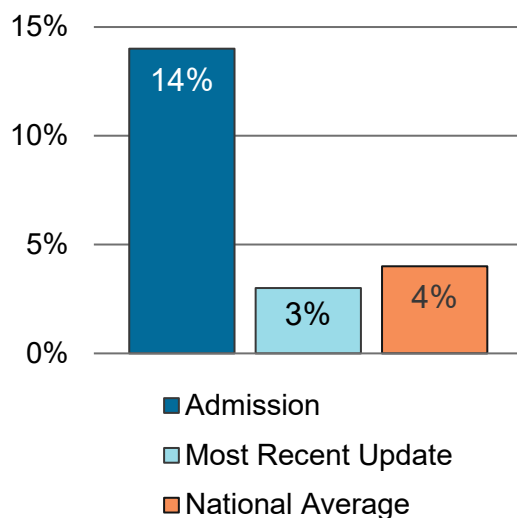
Success Story

“This individual is diagnosed with bipolar disorder. Client is in the Comprehensive Assistance with Recovery and Empowerment (CARE) program and has a very good relationship with agency staff and has great support from his family who lives in the area. Client worked full time at a company for 15 years and was recently recognized with an award for his hard work. He has been a great asset to the community.”

Adult Mental Health Services

Individualized and Mobile Program of Assertive Community Treatment (IMPACT) Services

Homelessness at Most Recent Update



↓ **98%**
Hospital Admissions



↓ **92%**
Emergency Room Visits

“ Success Story

This individual began showing symptoms of schizophrenia shortly after turning twenty-one. She has been in the psychiatric hospital many times. She turned to drugs to self-medicate her symptoms, resulting in legal charges. She struggled with taking her medications as prescribed and would end up back in the hospital. She was accepted into the IMPACT program. Staff met with her daily to ensure she was taking her medications correctly and ensured her physical, mental health, emotional, and social needs were being met. She has stayed out of the hospital for over eight years now. She works part-time and lives independently in the community. She is thankful for the IMPACT program for assisting her with improving her quality of life. She reports she wouldn't be able to live outside the psychiatric hospital without the assistance of an assertive community program such as IMPACT.

What Are Clients Saying About IMPACT Services?



4.01
out of 5
**General
Satisfaction**



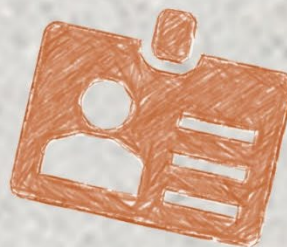
3.99
out of 5
**Access to
Services**



↑ 7%
**Improved
Functioning**



↓ 82%
**Attempts to
Die by Suicide**



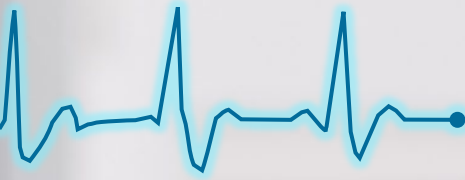
21%
Employment
*Compared to the
national average of
25% for mental health*

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Emergency Services

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Emergency Services

Average Number of Emergency Services Contacts
Per center, per month



Hours of Emergency Services Provided
Total hours provided by all centers in FY23



Total Emergency Services Provided
Total services provided by all centers in FY23



Note: The eleven Community Mental Health Centers (CMHCs) provide 24/7 services to those experiencing an emergency or crisis, which may include liaison services, collateral contacts, telephone crisis contacts, and on-call staff time. CMHCs report the number of contacts and time spent on emergency services each month.

Success Story

“A client was admitted to a local hospital Intensive Care Unit (ICU) due to a suicide attempt where they were placed on a mental illness hold by law-enforcement. The individual was seen in the ICU for an evaluation at which time family members were contacted. Based on the recommendation of the Qualified Mental Health professional, the individual was admitted to a crisis stabilization bed after discharge from the ICU. After a twenty-four hour hold, they were discharged to family.”

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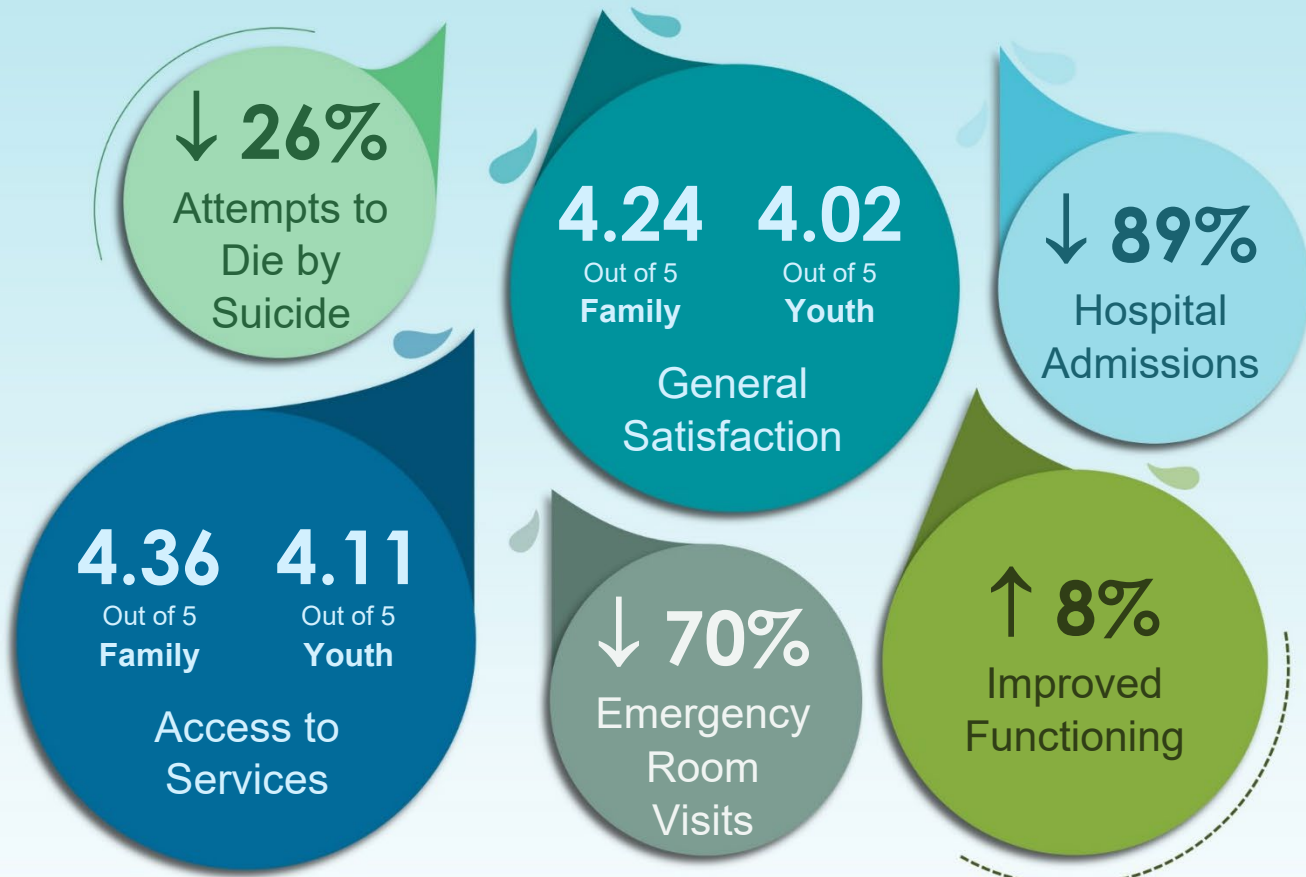
**Youth Mental
Health Services
Children or Youth
and Family (CYF)
Services**

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Youth Mental Health Services

Children or Youth and Family (CYF) Services

What Are Clients Saying About CYF Services?



Success Story

“A youth was referred to Child or Youth and Family (CYF) services as a result of Post-Traumatic Stress Disorder (PTSD) due to childhood sexual abuse. She struggled with being afraid of males and refused to talk to or be around males. The youth gained weight to the point of being pre-diabetic. She had anger outbursts at home and couldn't control her anger. After completing therapy, the youth was able to tolerate being around males her own age, had a reduced number of anger outbursts, and is controlling what she eats and is losing weight.”

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Systems of Care (SOC) Services

Systems of Care (SOC) Services

*Includes Project AWARE data

963

Families Served

2,700+

Total Youth Served

73%

Families reported their emotional needs had been met

75%

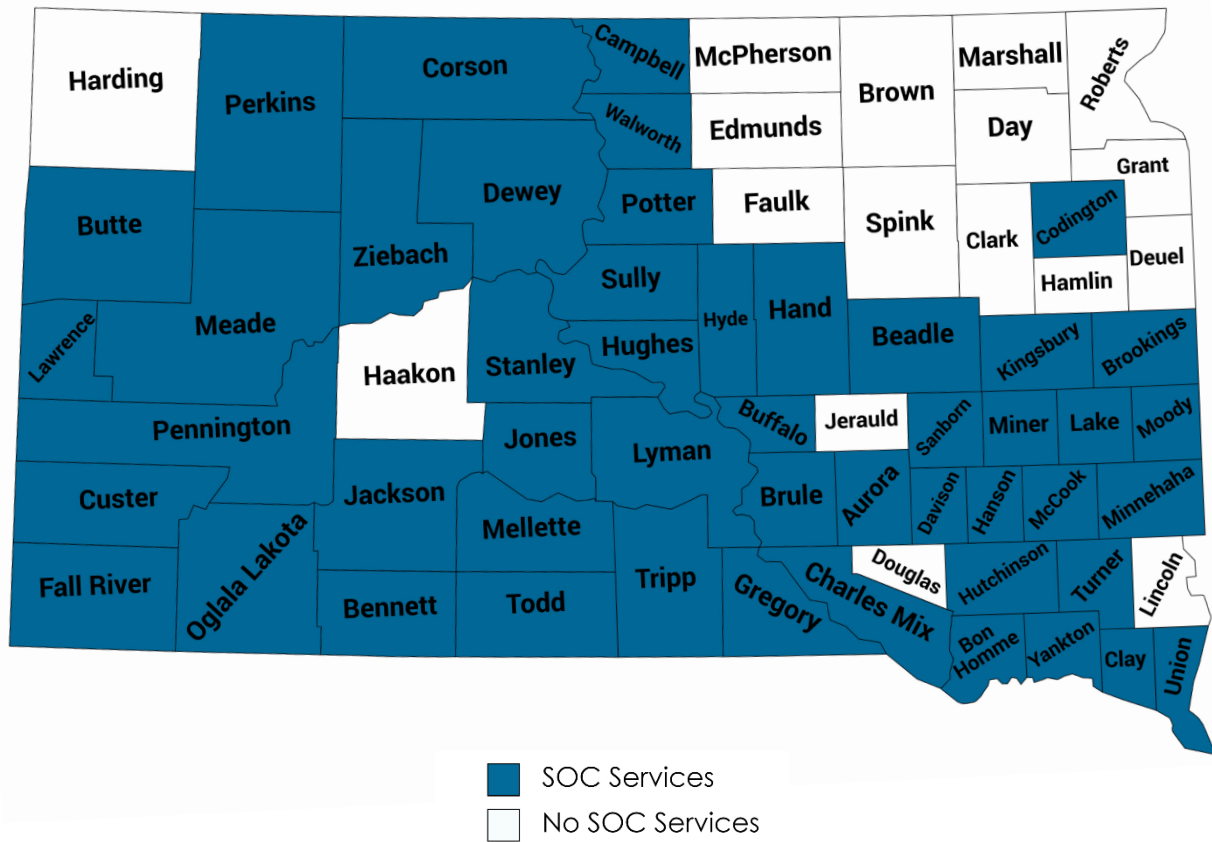
Families reported satisfaction with their family life

47.5

SOC Care Coordinators Across the State



Number of Schools/Districts with SOC Services



“ Success Story

A family with two children, Kindergarten and Preschool age were new to the area without any social supports. The family had one vehicle and the primary need was transporting the children to and from school. Systems of Care (SOC) assisted with coordinating with school staff to transport the children to school. The family was also assisted with food, clothing, and mental health supports for the parents. The father now has full-time employment, and the mother is working part-time. The family has been able to purchase a second vehicle alleviating concerns regarding transportation to school and other appointments. SOC obtained a free pool pass for the family, which they utilized almost daily. The family was able to connect with others in the community at the pool and now have strong social support in the area.

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Justice-Involved Treatment (Adults)



Justice-Involved Individuals (Adults)

Cognitive Behavioral Interventions For Substance Abuse (CBISA)



8.07

out of 10

Motivation to Change Current Behaviors

↑ 70%

Ability to
Control
Drug Use



4.20

out of 5

General Satisfaction



↓ 98%

Number of Nights in
a Correctional Facility



60%

Employment
Compared to the
national average of
24% for substance use



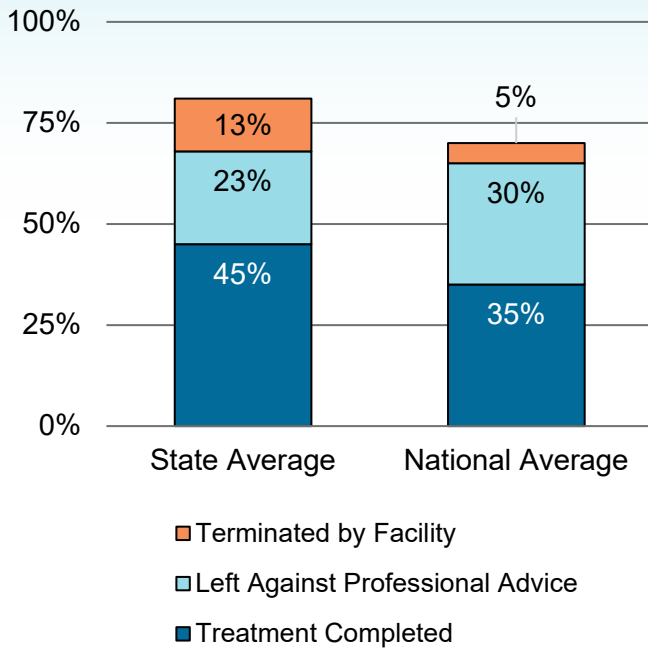
4.15

out of 5

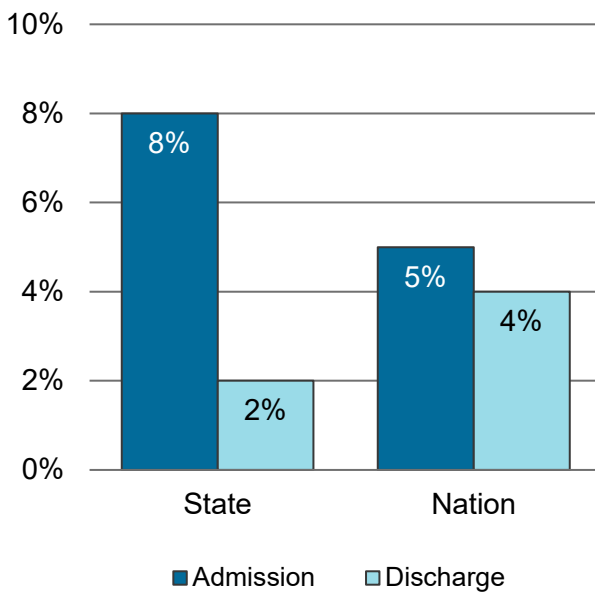
Access to Services



Clients Discharged from Treatment



History of Arrests

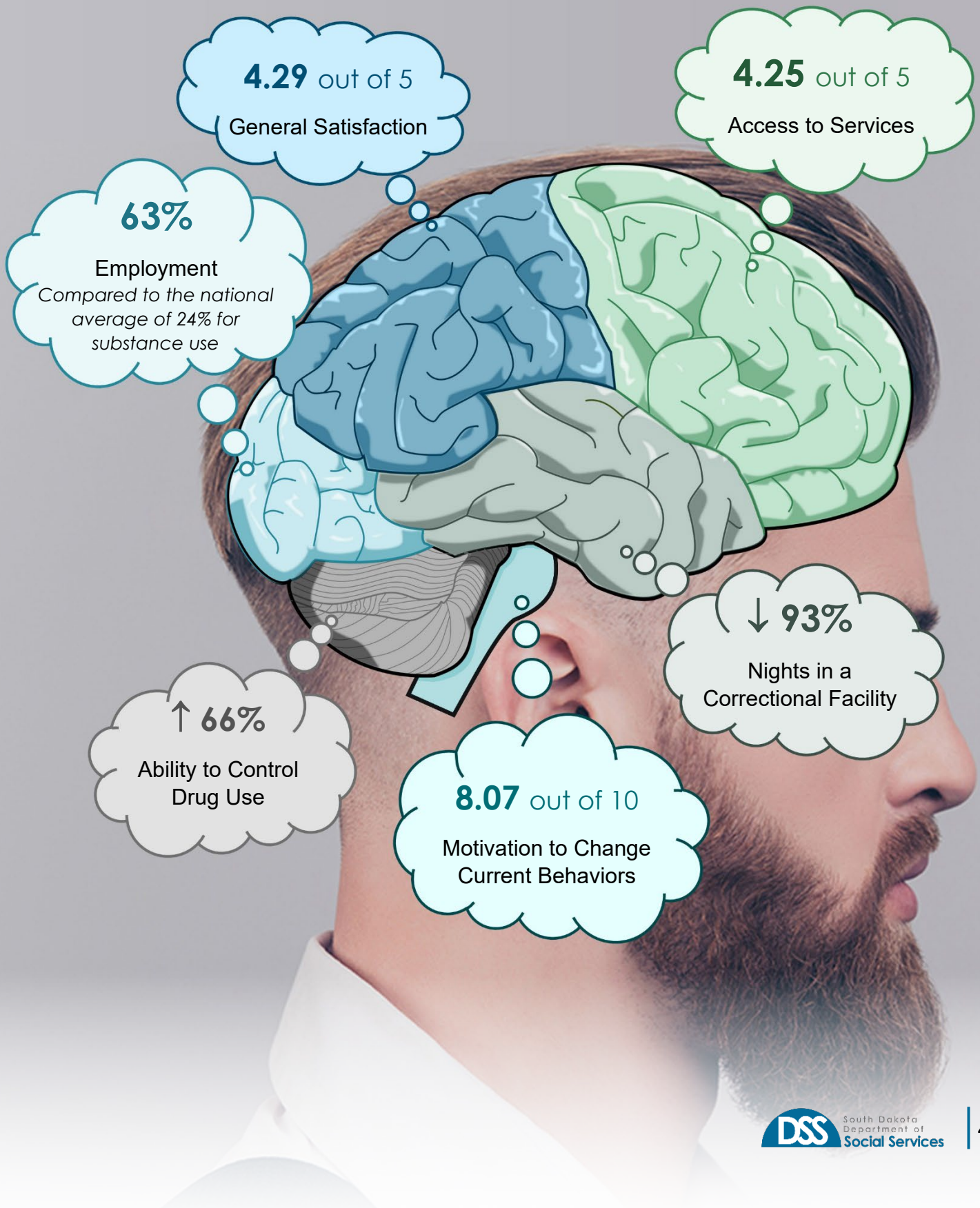


Success Story

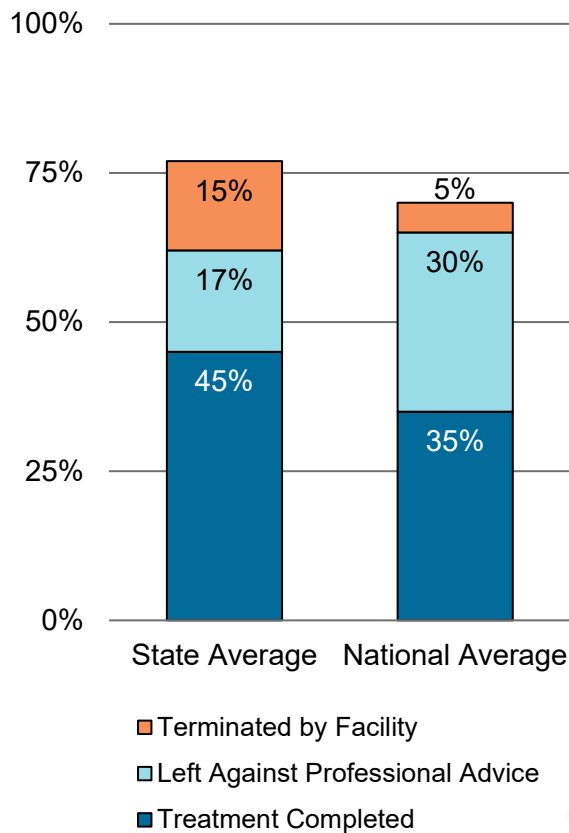
“A client came into a Cognitive Behavioral Interventions for Substance Abuse (CBISA) group having just been placed on probation. Client had four children; two of which were not living with her. Through the process of the group, learning Cognitive Behavioral Therapy (CBT) skills and applying them, she was able to gain full-time employment and partial custody of her children. Fast forward two years; she has gotten married, has gained a full-time job with benefits, has bought her first new car, is able to provide for her children without assistance from the state, and has successfully completed probation. She credits some of her success to the skills she learned and professional support she had early on in her recovery.”

Justice-Involved Individuals (Adults)

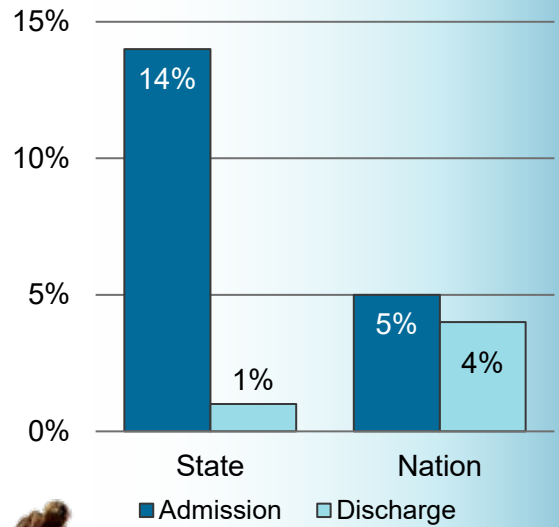
Moral Reconciliation Therapy (MRT)



Clients Discharged from Treatment

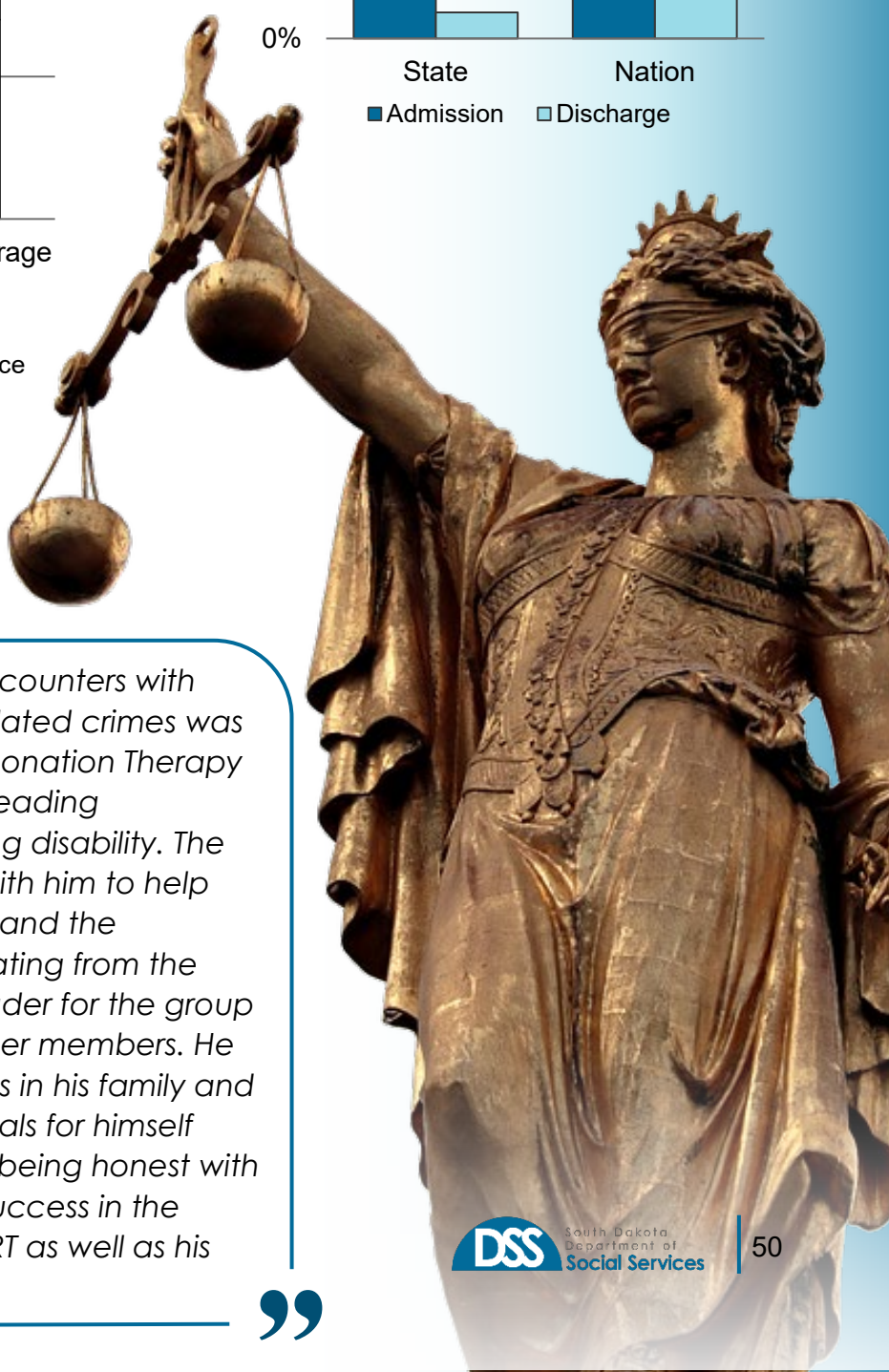


History of Arrests



Success Story

An individual who had many encounters with law enforcement for alcohol related crimes was referred to telehealth Moral Reconciliation Therapy (MRT). He had challenges with reading comprehension due to a learning disability. The MRT counselor worked closely with him to help him understand his assignments and the materials. At the point of graduating from the program, he had become a leader for the group and was giving guidance to other members. He also reported better relationships in his family and social life and identified new goals for himself after sharing the importance of being honest with himself and his loved ones. His success in the program was a testament to MRT as well as his own effort and determination.



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Justice-Involved and At-Risk Youth

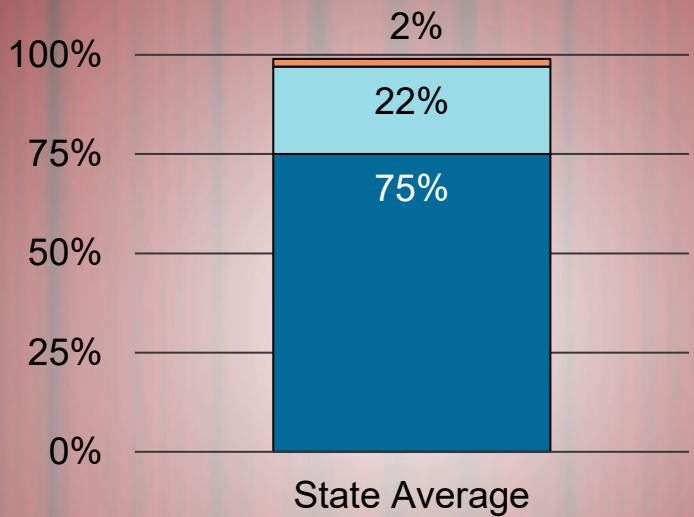
DSS

Division of Behavioral Health

Justice Involved and At-Risk Youth

Functional Family Therapy (FFT)

Clients Discharged from Treatment



- Terminated by Facility
- Left Against Professional Advice
- Treatment Completed

What Are Clients Saying About FFT Services?

Family
4.50
out of 5

Access to
Services

Youth
3.88
out of 5

Family
4.52
out of 5

General
Satisfaction

Youth
3.84
out of 5

Success Story

"A youth was referred to FFT following a verbal argument that turned physical between the youth and her father. They learned communication skills, perspective taking, and establishing "fair fighting" rules for when disagreements occur. Both were able to establish where compromises could be made as well as how to clearer in their communication. Upon completion of FFT services, the father planned to seek individual services for continued support."

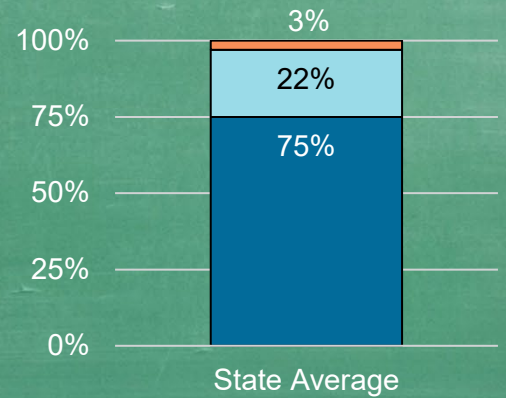
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Justice Involved and At-Risk Youth Aggression Replacement Training (ART)

Success Story

“A youth was referred for Aggression Replacement Training (ART) for angry outbursts and difficulties with authority figures at school. Through the ART curriculum, this youth gained awareness of his behaviors and choices that were contributing to conflict in his life. He was able to understand other people’s perspectives and demonstrated an improved ability to use pro-social skills with teachers. He learned to manage his anger triggers and negative thoughts and ways to calm himself so he could make positive choices. He had less instances of detention and out of school suspension and was released successfully from probation.”

Clients Discharged From Treatment



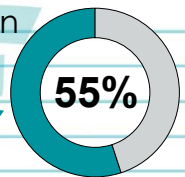
- Terminated by Facility
- Left Against Professional Advice
- Treatment Completed

What Are Clients Saying About ART Services?

General Satisfaction

Youth	Family
3.43 out of 5	4.36 out of 5

Overall Improvement in Levels of Aggression



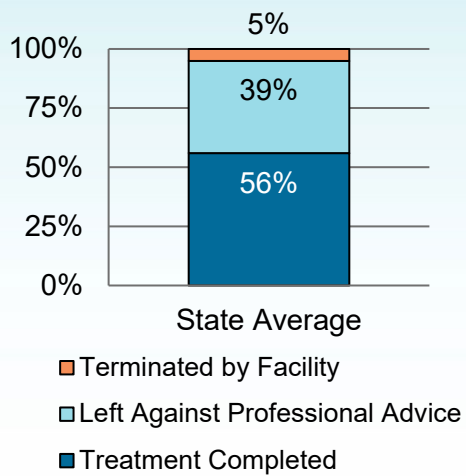
Access to Services

Youth	Family
3.72 out of 5	4.58 out of 5

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Justice Involved and At-Risk Youth Moral Reconciliation Therapy (MRT)

Clients Discharged from Treatment



Success Story

An adolescent was referred for MRT as a probation requirement due to defiant behaviors. During the program, the client obtained a job and mended damaged relationships. The client became a positive role-model for his peers and was always willing to help others. He was successfully discharged from probation after displaying positive behaviors and making positive changes. The client graduated from MRT, continues individual therapy, and is maintaining positive relationships with both family and peers.

What Are Clients Saying About MRT Services?



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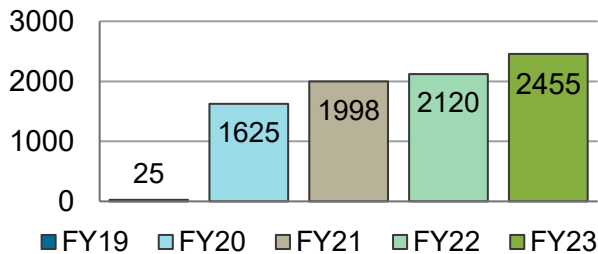
Telehealth Services

Telehealth Services

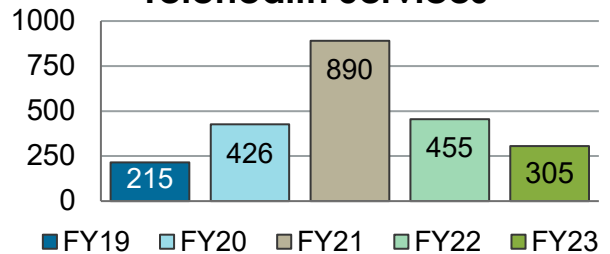
Mental Health

Number of Clients Served

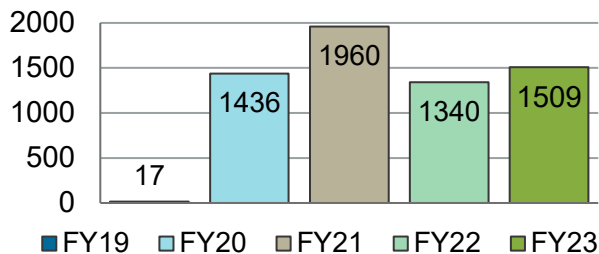
CARE Telehealth Services



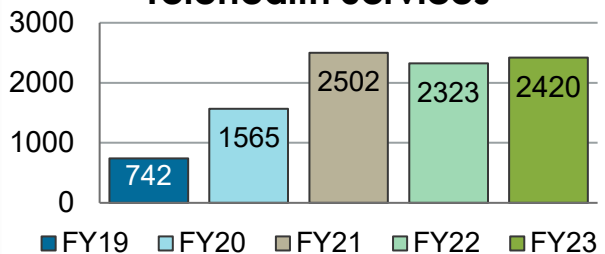
Mental Health Evaluation Telehealth Services



CYF Telehealth Services



Medication Management Telehealth Services



Mute Stop Video Security Participants Chat Share Screen Reactions Apps Whiteboards More End



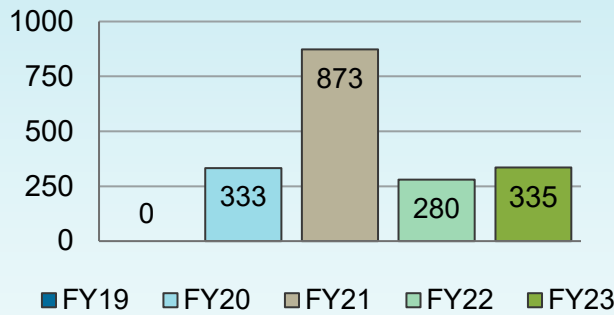
Telehealth Services

Substance Use Disorder



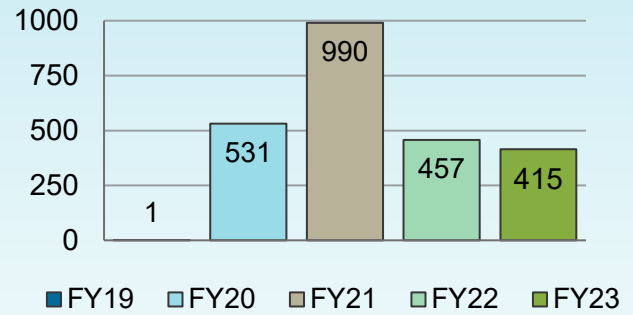
Number of Clients Served

Individual Counseling
Telehealth Services



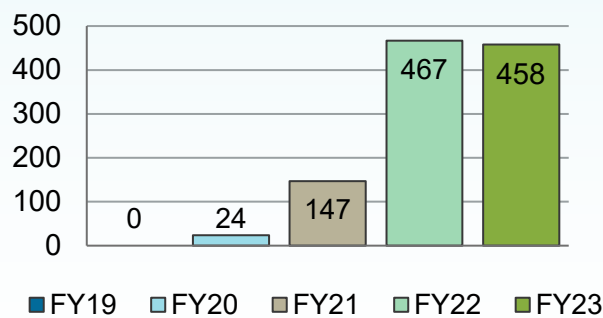
Number of Clients Served

Group Counseling
Telehealth Services



Number of Clients Served

Telehealth Assessments

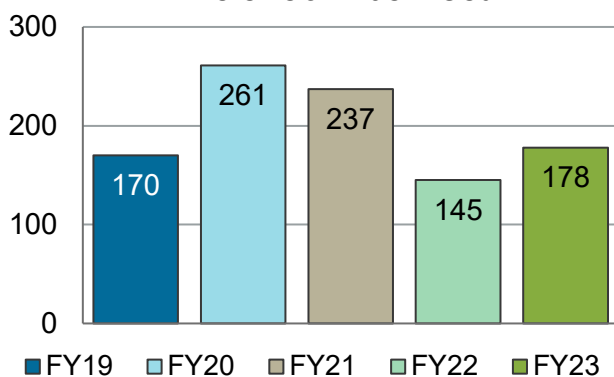


Telehealth Services

Justice Involved

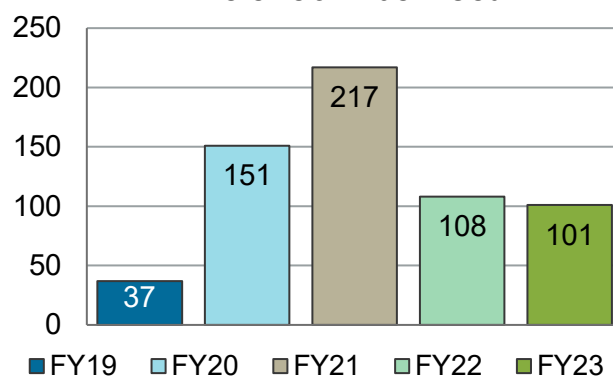
Number of Clients Served

Justice Involved Adults
Telehealth Services*



Number of Clients Served

Justice Involved Youth
Telehealth Services*



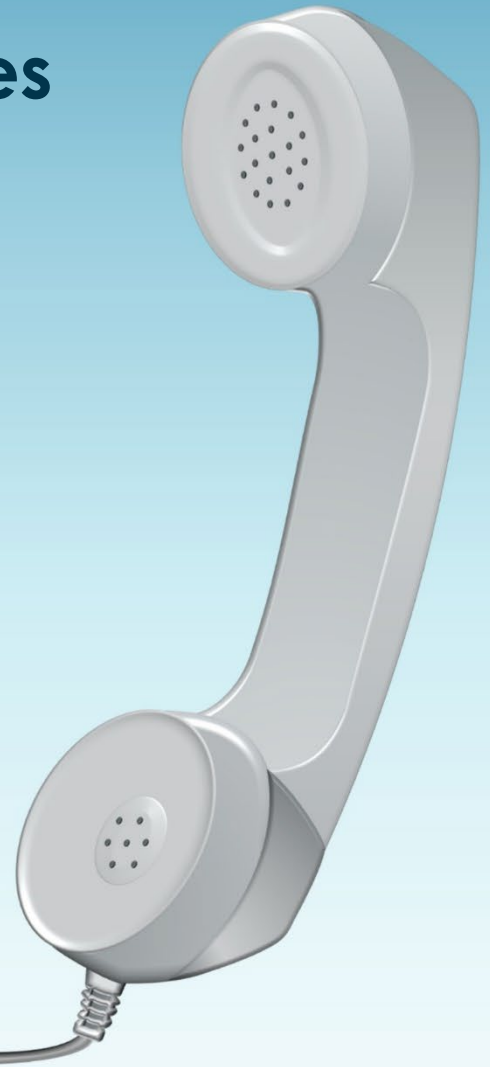
*May include partial duplication due to multiple services represented within this category.

Success Story

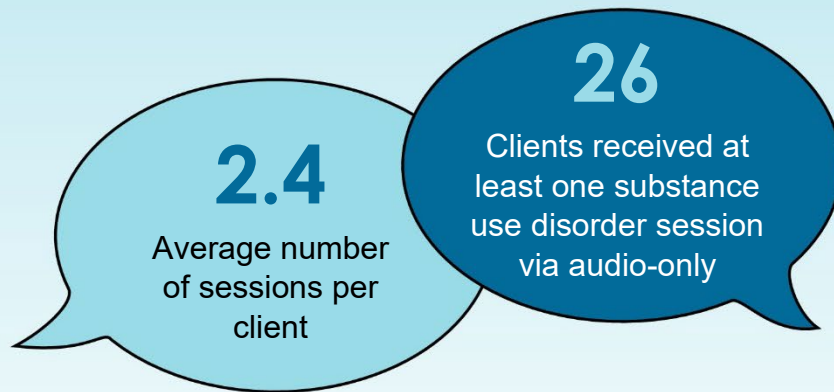
“At the start of the pandemic, a therapist began meeting with a client with severe anxiety that was preventing her from living her life the way she wanted. She was struggling with making it to work and college classes and spending time outside of the house with loved ones. As the pandemic went on, she faced a lot of adversities in all areas of her life. Since showing up consistently to therapy through telehealth, she has come such a long way! We have practiced mindfulness, coping skills, what healthy relationships look like, and communication skills. In January, she’ll begin her dream job, she hasn’t missed a day of work in 2 months, she passed the semester with all A’s, and she’s the most comfortable and confident that she’s ever been!”]

Telehealth Services

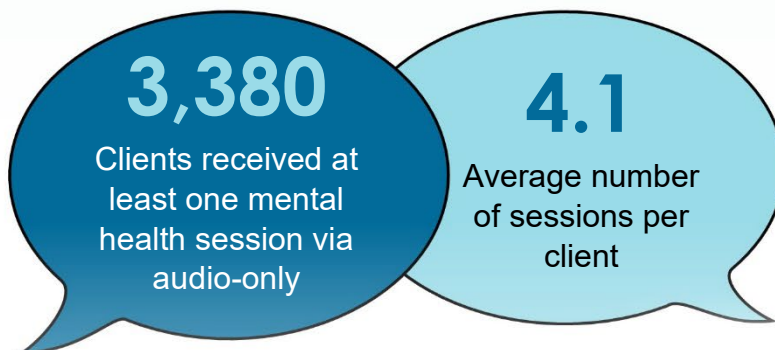
Audio-Only



Audio-Only Substance Use Disorder Services



Audio-Only Mental Health Services



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Rys. 21 Histogramy przedstawiające...
z polskich hut w ramach zakła...
żebrowanych EPSTAL o średnicy...
a) R_e – granica plastyczności (mini...
b) R_m – wytrzymałość na rozcią...
c) A_{gt} – wydłużenie przy...

Appendix A: Supplemental Tables for Behavioral Health Services

Stakeholder Survey Results

Community Needs

Stakeholder Type	1. Strongly Agree	2. Agree	3. Undecided	4. Disagree	5. Strongly Disagree	Total
Court Staff- State and Federal	43.9%	37.4%	6.1%	9.6%	3.0%	100.0%
Law Enforcement	73.9%	13.0%	8.7%	4.3%		100.0%
Medical Providers	69.2%	23.1%	7.7%			100.0%
Prevention Service Providers	100.0%					100.0%
Schools	75.0%	17.1%	3.9%		3.9%	100.0%
State and Tribal	35.1%	38.6%	12.3%	12.3%	1.8%	100.0%
Treatment Agencies	61.1%	33.3%	2.8%	2.8%		100.0%
Total	52.7%	31.4%	6.4%	6.9%	2.5%	100.0%

Location Convenience

Stakeholder Type	1. Strongly Agree	2. Agree	3. Undecided	4. Disagree	5. Strongly Disagree	Total
Court Staff- State and Federal	36.0%	46.2%	9.1%	6.6%	2.0%	100.0%
Law Enforcement	40.9%	45.5%	4.5%	9.1%		100.0%
Medical Providers	41.7%	58.3%				100.0%
Prevention Service Providers	100.0%					100.0%
Schools	76.0%	18.7%	1.3%		4.0%	100.0%
State and Tribal	32.8%	56.9%	8.6%	1.7%		100.0%
Treatment Agencies	47.2%	38.9%	11.1%		2.8%	100.0%
Total	44.6%	42.1%	7.2%	4.0%	2.0%	100.0%

Quality of Services

Stakeholder Type	1. Strongly Agree	2. Agree	3. Undecided	4. Disagree	5. Strongly Disagree	Total
Court Staff- State and Federal	49.5%	33.5%	9.0%	6.0%	2.0%	100.0%
Law Enforcement	65.2%	26.1%	8.7%			100.0%
Medical Providers	46.2%	46.2%		7.7%		100.0%
Prevention Service Providers			100.0%			100.0%
Schools	62.3%	27.3%	6.5%		3.9%	100.0%
State and Tribal	30.9%	43.6%	18.2%	5.5%	1.8%	100.0%
Treatment Agencies	59.5%	27.0%	10.8%	2.7%		100.0%
Total	51.0%	33.0%	9.9%	4.2%	2.0%	100.0%

Client Support

Stakeholder Type	1. Strongly Agree	2. Agree	3. Undecided	4. Disagree	5. Strongly Disagree	Total
Court Staff- State and Federal	48.5%	40.4%	6.1%	3.0%	2.0%	100.0%
Law Enforcement	69.6%	26.1%	4.3%			100.0%
Medical Providers	46.2%	46.2%		7.7%		100.0%
Prevention Service Providers	100.0%					100.0%
Schools	68.8%	27.3%			3.9%	100.0%
State and Tribal	38.6%	52.6%	7.0%	1.8%		100.0%
Treatment Agencies	70.3%	29.7%				100.0%
Total	54.2%	37.9%	4.2%	2.0%	1.7%	100.0%

Positive Outcomes

Stakeholder Type	1. Strongly Agree	2. Agree	3. Undecided	4. Disagree	5. Strongly Disagree	Total
Court Staff- State and Federal	27.8%	49.0%	12.1%	8.6%	2.5%	100.0%
Law Enforcement	36.8%	57.9%	5.3%			100.0%
Medical Providers	38.5%	46.2%	7.7%		7.7%	100.0%
Prevention Service Providers	100.0%					100.0%
Schools	44.1%	42.6%	10.3%		2.9%	100.0%
State and Tribal	24.6%	49.1%	21.1%	3.5%	1.8%	100.0%
Treatment Agencies	47.2%	44.4%	8.3%			100.0%
Total	32.9%	47.7%	12.2%	4.8%	2.3%	100.0%

Service Availability

Stakeholder Type	1. Strongly Agree	2. Agree	3. Undecided	4. Disagree	5. Strongly Disagree	Total
Court Staff- State and Federal	35.0%	46.7%	8.1%	7.1%	3.0%	100.0%
Law Enforcement	47.6%	42.9%	4.8%	4.8%		100.0%
Medical Providers	41.7%	33.3%	25.0%			100.0%
Prevention Service Providers	100.0%					100.0%
Schools	64.9%	28.4%	2.7%		4.1%	100.0%
State and Tribal	27.6%	58.6%	8.6%	5.2%		100.0%
Treatment Agencies	50.0%	44.4%		2.8%	2.8%	100.0%
Total	41.9%	44.1%	6.8%	4.8%	2.5%	100.0%

Staff Training

Stakeholder Type	1. Strongly Agree	2. Agree	3. Undecided	4. Disagree	5. Strongly Disagree	Total
Court Staff- State and Federal	46.2%	36.0%	13.2%	3.6%	1.0%	100.0%
Law Enforcement	60.9%	34.8%	4.3%			100.0%
Medical Providers	61.5%	23.1%	7.7%	7.7%		100.0%
Prevention Service Providers		100.0%				100.0%
Schools	67.1%	23.7%	2.6%	2.6%	3.9%	100.0%
State and Tribal	35.7%	37.5%	19.6%	7.1%		100.0%
Treatment Agencies	62.2%	32.4%	5.4%			100.0%
Total	51.4%	33.3%	10.7%	3.5%	1.2%	100.0%

Staff Competency

Stakeholder Type	1. Strongly Agree	2. Agree	3. Undecided	4. Disagree	5. Strongly Disagree	Total
Court Staff- State and Federal	48.0%	35.9%	11.1%	3.5%	1.5%	100.0%
Law Enforcement	65.2%	26.1%	8.7%			100.0%
Medical Providers	61.5%	30.8%		7.7%		100.0%
Prevention Service Providers		100.0%				100.0%
Schools	66.2%	27.0%	1.4%	1.4%	4.1%	100.0%
State and Tribal	32.1%	46.4%	14.3%	7.1%		100.0%
Treatment Agencies	62.2%	35.1%	2.7%			100.0%
Total	51.7%	35.1%	8.5%	3.2%	1.5%	100.0%

Adult Substance Use Disorder Services (Includes IMT, PWWDC, CBISA, MRT)

Discharge Rates

Treatment Services	Incarcerated		Left Against Professional Advice		Other		Terminated by Facility		Transferred		Treatment Completed		Total	
	N	%	N	%	N	%	N	%	N	%	N	%	N	%
Clinically Managed Low Intensity Residential Services (3.1)	32	5.0%	248	38.4%	6	0.9%	136	21.1%	26	4.0%	233	36.1%	645	100.0%
Cognitive Behavioral Interventions for Substance Abuse for Justice-Involved Adults (CBISA)	81	5.6%	329	22.6%	199	13.7%	183	12.6%	61	4.2%	658	45.2%	1,457	100.0%
Detoxification & Medically Monitored Detoxification Services	73	4.3%	127	7.5%	38	2.2%	15	0.9%	34	2.0%	1,544	91.3%	1,692	100.0%
Gambling Services			10	16.7%	13	21.7%	2	3.3%	6	10.0%	31	51.7%	60	100.0%
Intensive Inpatient Treatment (3.7)	9	0.7%	230	17.1%	15	1.1%	107	7.9%	43	3.2%	999	74.2%	1,346	100.0%
Intensive Meth Treatment (IMT)	14	3.4%	175	43.0%	4	1.0%	76	18.7%	13	3.2%	173	42.5%	407	100.0%
Moral Reconciliation Therapy for Justice-Involved Adults (MRT)	28	5.6%	84	16.8%	81	16.2%	73	14.6%	24	4.8%	226	45.3%	499	100.0%
Outpatient and Intensive Outpatient Services (0.5, 1.0, 2.1, & 2.5)	127	3.8%	854	25.7%	574	17.2%	222	6.7%	188	5.6%	1,590	47.8%	3,329	100.0%
Pregnant Women and Women with Dependent Children Program (PWWDC)	3	3.1%	47	49.0%	1	1.0%	7	7.3%	7	7.3%	34	35.4%	96	100.0%
Targeted Services for Justice-Involved & At-Risk Youth (CYT & CBISA)	1	4.3%	7	30.4%	3	13.0%			1	4.3%	11	47.8%	23	100.0%
Total	326	4.3%	1,756	23.3%	840	11.1%	683	9.1%	336	4.5%	4,721	62.6%	7,536	100.0%

General Satisfaction

Treatment Services	Unduplicated Client Count	General Satisfaction with Services
Clinically Managed Low Intensity Residential Services (3.1)	238	4.02
Cognitive Behavioral Interventions for Substance Abuse for Justice-Involved Adults (CBISA)	451	4.20
Detoxification & Medically Monitored Detoxification Services	124	4.00
Gambling Services	22	4.10
Intensive Inpatient Treatment (3.7)	390	4.25
Intensive Meth Treatment (IMT)	127	4.34
Moral Reconciliation Therapy for Justice-Involved Adults (MRT)	188	4.29
Outpatient and Intensive Outpatient Services (0.5, 1.0, 2.1, & 2.5)	1,183	4.28
Pregnant Women and Women with Dependent Children Program (PWWDC)	26	4.36
Total	1,786	4.25

Access to Services

Treatment Services	Unduplicated Client Count	Access to Services	Quality and Appropriateness
Clinically Managed Low Intensity Residential Services (3.1)	238	4.00	4.02
Cognitive Behavioral Interventions for Substance Abuse for Justice-Involved Adults (CBISA)	451	4.15	4.17
Detoxification & Medically Monitored Detoxification Services	124	4.10	4.14
Gambling Services	22	3.98	4.18
Intensive Inpatient Treatment (3.7)	390	4.14	4.30
Intensive Meth Treatment (IMT)	127	4.23	4.31
Moral Reconciliation Therapy for Justice-Involved Adults (MRT)	188	4.25	4.24
Outpatient and Intensive Outpatient Services (0.5, 1.0, 2.1, & 2.5)	1,183	4.19	4.25
Pregnant Women and Women with Dependent Children Program (PWWDC)	26	4.22	4.30
Total	1,786	4.18	4.24

Ability to Control Drug Use

Treatment Services	Unduplicated Client Count	Average Initial	Average Discharge	Change	Percent Change
Clinically Managed Low Intensity Residential Services (3.1)	103	1.91	3.72	1.81	94.9%
Cognitive Behavioral Interventions for Substance Abuse for Justice-Involved Adults (CBISA)	257	2.21	3.75	1.55	70.1%
Detoxification & Medically Monitored Detoxification Services	36	1.35	3.68	2.33	172.2%
Gambling Services	8	1.89	3.89	2.00	105.9%
Intensive Inpatient Treatment (3.7)	133	1.57	3.64	2.07	131.6%
Intensive Meth Treatment (IMT)	107	1.47	3.70	2.23	152.3%
Moral Reconciliation Therapy for Justice-Involved Adults (MRT)	63	2.21	3.67	1.46	66.2%
Outpatient and Intensive Outpatient Services (0.5, 1.0, 2.1, & 2.5)	441	2.02	3.78	1.76	86.9%
Pregnant Women and Women with Dependent Children Program (PWWDC)	18	1.39	3.72	2.33	168.0%
Total	844	2.01	3.76	1.75	86.8%

Motivation to Change Current Behaviors

Treatment Services	Unduplicated Client Count	Average Initial	Average Discharge	Change	Percent Change
Clinically Managed Low Intensity Residential Services (3.1)	237	8.40	8.60	0.20	2.4%
Cognitive Behavioral Interventions for Substance Abuse for Justice-Involved Adults (CBISA)	446	8.27	8.07	-0.20	-2.4%
Detoxification & Medically Monitored Detoxification Services	123	8.60	8.58	-0.02	-0.2%
Gambling Services	22	8.46	8.46	0.00	0.0%
Intensive Inpatient Treatment (3.7)	387	8.57	8.82	0.25	2.9%
Intensive Meth Treatment (IMT)	127	8.75	8.76	0.01	0.1%
Moral Reconciliation Therapy for Justice-Involved Adults (MRT)	185	8.07	8.07	0.01	0.1%
Outpatient and Intensive Outpatient Services (0.5, 1.0, 2.1, & 2.5)	1,168	8.38	8.38	0.00	-0.0%
Pregnant Women and Women with Dependent Children Program (PWWDC)	26	8.88	9.08	0.19	2.2%
Total	1,767	8.35	8.31	-0.05	-0.6%

Employment

Treatment Services	Unduplicated Client Count	Employment at Admission	Employment at Discharge
Clinically Managed Low Intensity Residential Services (3.1)	697	11.0%	31.4%
Cognitive Behavioral Interventions for Substance Abuse for Justice-Involved Adults (CBISA)	1,565	38.1%	60.0%
Detoxification & Medically Monitored Detoxification Services	1,697	10.8%	11.8%
Gambling Services	62	39.6%	48.1%
Intensive Inpatient Treatment (3.7)	1,166	15.5%	19.9%
Intensive Meth Treatment (IMT)	425	15.8%	42.6%
Moral Reconciliation Therapy for Justice-Involved Adults (MRT)	560	52.3%	62.8%
Outpatient and Intensive Outpatient Services (0.5, 1.0, 2.1, & 2.5)	3,286	36.8%	49.2%
Pregnant Women and Women with Dependent Children Program (PWWDC)	117	10.4%	22.8%
Targeted Services for Justice-Involved & At-Risk Youth (CYT & CBISA)	1	100.0%	0.0%
Total	7,178	24.3%	34.6%

History of Arrests

Treatment Services	Unduplicated Client Count	Arrest at Admission	Arrest at Discharge
Clinically Managed Low Intensity Residential Services (3.1)	228	17.6%	2.2%
Cognitive Behavioral Interventions for Substance Abuse for Justice-Involved Adults (CBISA)	438	7.6%	2.4%
Detoxification & Medically Monitored Detoxification Services	110	21.1%	2.1%
Gambling Services	21	14.3%	4.8%
Intensive Inpatient Treatment (3.7)	363	28.6%	2.8%
Intensive Meth Treatment (IMT)	119	21.7%	1.6%
Moral Reconciliation Therapy for Justice-Involved Adults (MRT)	182	14.1%	1.0%
Outpatient and Intensive Outpatient Services (0.5, 1.0, 2.1, & Pregnant Women and Women with Dependent Children Program (PWWDC)	1,143	19.6%	3.3%
	25	24.0%	0.0%
Total	1,721	16.7%	2.7%

Nights in a Correctional Facility

Treatment Services	Unduplicated Client Count	Average Initial	Average Discharge	Change	Percent Change
Clinically Managed Low Intensity Residential Services (3.1)	94	22.05	2.89	-19.16	-86.9%
Cognitive Behavioral Interventions for Substance Abuse for Justice-Involved Adults (CBISA)	183	21.88	0.37	-21.52	-98.3%
Detoxification & Medically Monitored Detoxification Services	47	16.02	2.22	-13.80	-86.2%
Gambling Services	6	17.43	0.00	-17.43	-100.0%
Intensive Inpatient Treatment (3.7)	152	16.98	3.36	-13.62	-80.2%
Intensive Meth Treatment (IMT)	78	22.54	0.80	-21.74	-96.5%
Moral Reconciliation Therapy for Justice-Involved Adults (MRT)	53	15.33	1.09	-14.24	-92.9%
Outpatient and Intensive Outpatient Services (0.5, 1.0, 2.1, & Pregnant Women and Women with Dependent Children Program (PWWDC)	389	17.10	2.98	-14.13	-82.6%
	10	23.60	0.00	-23.60	-100.0%
Total	638	18.66	2.06	-16.60	-89.0%

Youth Substance Use Disorder Services

Discharge Rates

Treatment Services	Incarcerated		Left Against Professional Advice		Other		Terminated by Facility		Transferred to Another Facility or Program		Treatment Completed		Total	
	N	%	N	%	N	%	N	%	N	%	N	%	N	%
Cognitive Behavioral Interventions for Substance Abuse for Justice-Involved Adults (CBISA)			1	25.0%							3	75.0%	4	100.0%
Intensive Inpatient Treatment (3.7)			30	14.6%	2	1.0%	40	19.5%	13	6.3%	132	64.4%	205	100.0%
Outpatient and Intensive Outpatient Services (0.5, 1.0, & 2.1)	4	2.0%	50	24.9%	28	13.9%	13	6.5%	15	7.5%	94	46.8%	201	100.0%
Targeted Services for Justice-Involved & At-Risk Youth (CYT & CBISA)	1	4.8%	7	33.3%	3	14.3%			1	4.8%	9	42.9%	21	100.0%
Total	4	1.0%	81	20.6%	33	8.4%	52	13.2%	29	7.4%	223	56.7%	393	100.0%

Youth General Satisfaction

Treatment Services	Unduplicated Client Count	General Satisfaction with Services
Cognitive Behavioral Interventions for Substance Abuse for Justice-Involved Adults (CBISA)	3	4.28
Intensive Inpatient Treatment (3.7)	96	4.18
Outpatient and Intensive Outpatient Services (0.5, 1.0, & 2.1)	86	4.22
Targeted Services for Justice-Involved & At-Risk Youth (CYT & CBISA)	8	4.31
Total	134	4.20

Family General Satisfaction

Treatment Services	Unduplicated Client Count	General Satisfaction with Services
Intensive Inpatient Treatment (3.7)	67	4.22
Outpatient and Intensive Outpatient Services (0.5, 1.0, & 2.1)	48	4.24
Targeted Services for Justice-Involved & At-Risk Youth (CYT & CBISA)	2	5.00
Total	84	4.19

Youth Access to Services

Treatment Services	Unduplicated Client Count	Access to Services
Cognitive Behavioral Interventions for Substance Abuse for Justice-Involved Adults (CBISA)	3	4.67
Intensive Inpatient Treatment (3.7)	96	4.01
Outpatient and Intensive Outpatient Services (0.5, 1.0, & 2.1)	88	4.11
Targeted Services for Justice-Involved & At-Risk Youth (CYT & CBISA)	8	4.56
Total	136	4.06

Family Access to Services

Treatment Services	Unduplicated Client Count	Access to Services
Intensive Inpatient Treatment (3.7)	68	4.21
Outpatient and Intensive Outpatient Services (0.5, 1.0, & 2.1)	48	4.38
Targeted Services for Justice-Involved & At-Risk Youth (CYT & CBISA)	2	5.00
Total	85	4.29

Youth Ability to Control Drug Use

Treatment Services	Unduplicated Client Count	Average Initial	Average Discharge	Change	Percent Change
Cognitive Behavioral Interventions for Substance Abuse for Justice-Involved Adults (CBISA)	3	1.00	3.00	2.00	200.0%
Intensive Inpatient Treatment (3.7)	74	1.31	3.37	2.06	157.5%
Outpatient and Intensive Outpatient Services (0.5, 1.0, & 2.1)	41	1.63	3.48	1.85	113.3%
Targeted Services for Justice-Involved & At-Risk Youth (CYT & CBISA)	7	1.50	3.38	1.88	125.0%
Total	103	1.45	3.39	1.94	133.5%

Family Ability to Control Drug Use

Treatment Services	Unduplicated Client Count	Average Initial	Average Discharge	Change	Percent Change
Intensive Inpatient Treatment (3.7)	46	1.14	3.29	2.14	187.5%
Outpatient and Intensive Outpatient Services (0.5, 1.0, & 2.1)	19	1.70	3.55	1.85	108.8%
Targeted Services for Justice-Involved & At-Risk Youth (CYT & CBISA)	1	3.00	4.00	1.00	33.3%
Total	57	1.32	3.37	2.05	155.7%

Motivation to Change Current Behaviors

Treatment Services	Unduplicated Client Count	Average Initial	Average Discharge	Change	Percent Change
Cognitive Behavioral Interventions for Substance Abuse for Justice-Involved Adults (CBISA)	3	6.33	6.67	0.33	5.3%
Intensive Inpatient Treatment (3.7)	96	6.88	8.51	1.63	23.7%
Outpatient and Intensive Outpatient Services (0.5, 1.0, & 2.1)	86	6.98	7.98	1.00	14.3%
Targeted Services for Justice-Involved & At-Risk Youth (CYT & CBISA)	8	7.22	8.00	0.78	10.8%
Total	134	7.03	8.22	1.19	16.9%

Trouble as a Result of Substance Use

Treatment Services	Unduplicated Client Count	Average Initial	Average Discharge	Change	Percent Change
▲ Cognitive Behavioral Interventions for Substance Abuse for Justice-Involved Adults (CBISA)	3	0.33	0.00	-0.33	-100.0%
Intensive Inpatient Treatment (3.7)	95	0.74	0.25	-0.48	-65.3%
Outpatient and Intensive Outpatient Services (0.5, 1.0, & 2.1)	86	0.63	0.23	-0.40	-63.2%
Targeted Services for Justice-Involved & At-Risk Youth (CYT & CBISA)	8	0.33	0.00	-0.33	-100.0%
Total	133	0.64	0.22	-0.43	-66.3%

Missing School or Work Due to Substance Use

Treatment Services	Unduplicated Client Count	Average Initial	Average Discharge	Change	Percent Change
▲ Cognitive Behavioral Interventions for Substance Abuse for Justice-Involved Adults (CBISA)	3	0.00	0.00	0.00	NaN
Intensive Inpatient Treatment (3.7)	96	0.59	0.23	-0.36	-60.7%
Outpatient and Intensive Outpatient Services (0.5, 1.0, & 2.1)	86	0.44	0.16	-0.27	-62.5%
Targeted Services for Justice-Involved & At-Risk Youth (CYT & CBISA)	8	0.00	0.00	0.00	NaN
Total	134	0.45	0.17	-0.28	-61.5%

Adult Mental Health Services (Including CARE and IMPACT)

General Satisfaction

Treatment Services	Unduplicated Client Count	Average First Update	Average Most Recent Update
Child or Youth and Family Services (CYF)	2	5.00	5.00
Comprehensive Assistance with Recovery and Empowerment Services (CARE)	1,146	4.21	4.21
Forensic Assertive Community Treatment (FACT)	15	3.81	3.88
Individualized and Mobile Program of Assertive Community Treatment (IMPACT)	69	3.94	4.01
Outpatient Services	83	4.25	4.19
Room and Board and Other Services	130	4.06	4.11
Total	1,248	4.19	4.19

Access to Services

Treatment Services	Unduplicated Client Count	Average First Update	Average Most Recent Update
Child or Youth and Family Services (CYF)	2	5.00	5.00
Comprehensive Assistance with Recovery and Empowerment Services (CARE)	1,146	4.11	4.11
Forensic Assertive Community Treatment (FACT)	15	3.73	3.86
Individualized and Mobile Program of Assertive Community Treatment (IMPACT)	69	4.03	3.99
Outpatient Services	83	4.25	4.15
Room and Board and Other Services	130	3.85	3.85
Total	1,248	4.10	4.10

Improved Functioning

Treatment Services	Unduplicated Client Count	Average Initial	Average First Update	Average Most Recent Update	Change	Percent Change
Child or Youth and Family Services (CYF)	1	3.75	4.00	4.00	0.25	6.7%
Comprehensive Assistance with Recovery and Empowerment Services (CARE)	997	3.18	3.61	3.61	0.44	13.8%
Forensic Assertive Community Treatment (FACT)	12	3.73	3.38	3.42	-0.31	-8.4%
Individualized and Mobile Program of Assertive Community Treatment (IMPACT)	63	3.47	3.71	3.72	0.25	7.3%
Outpatient Services	74	3.24	3.66	3.63	0.38	11.9%
Room and Board and Other Services	110	3.27	3.59	3.63	0.35	10.8%
Total	1,087	3.19	3.61	3.62	0.43	13.3%

Emergency Room Visits

Treatment Services	Unduplicated Client Count	Average Initial	Average First Update	Average Most Recent Update	Change	Percent Change
Comprehensive Assistance with Recovery and Empowerment Services (CARE)	242	2.51	0.76	0.72	-1.79	-71.3%
Forensic Assertive Community Treatment (FACT)	5	1.60	0.80	0.60	-1.00	-62.5%
Individualized and Mobile Program of Assertive Community Treatment (IMPACT)	21	3.43	0.38	0.29	-3.14	-91.7%
Outpatient Services	19	2.40	0.40	0.50	-1.90	-79.2%
Room and Board and Other Services	32	3.21	0.55	0.36	-2.85	-88.7%
Total	267	2.61	0.74	0.69	-1.93	-73.7%

Hospital Admissions

Treatment Services	Unduplicated Client Count	Average Initial	Average First Update	Average Most Recent Update	Change	Percent Change
Comprehensive Assistance with Recovery and Empowerment Services (CARE)	249	16.83	3.25	2.65	-14.19	-84.3%
Forensic Assertive Community Treatment (FACT)	4	2.00	7.50	7.50	5.50	275.0%
Individualized and Mobile Program of Assertive Community Treatment (IMPACT)	30	41.30	2.10	1.00	-40.30	-97.6%
Outpatient Services	22	19.95	10.09	10.09	-9.86	-49.4%
Room and Board and Other Services	41	29.12	5.80	5.24	-23.88	-82.0%
Total	281	19.72	3.84	3.15	-16.57	-84.0%

Attempts to Die by Suicide

Treatment Services	Unduplicated Client Count	Average Initial	Average First Update	Average Most Recent Update	Change	Percent Change
Child or Youth and Family Services (CYF)	1	0.00	0.00	0.00	0.00	NaN
Comprehensive Assistance with Recovery and Empowerment Services (CARE)	967	0.40	0.16	0.13	-0.27	-67.1%
Forensic Assertive Community Treatment (FACT)	10	1.70	3.00	3.50	1.80	105.9%
Individualized and Mobile Program of Assertive Community Treatment (IMPACT)	59	0.35	0.13	0.06	-0.29	-81.8%
Outpatient Services	73	0.39	0.16	0.13	-0.26	-66.7%
Room and Board and Other Services	107	0.46	0.16	0.12	-0.33	-73.1%
Total	1,054	0.41	0.19	0.16	-0.25	-60.7%

Employment

Treatment Services	Unduplicated Client Count	Average Initial	Average First Update	Average Most Recent Update
Child or Youth and Family Services (CYF)	1	0.0%	0.0%	0.0%
Comprehensive Assistance with Recovery and Empowerment Services (CARE)	1,145	27.3%	36.7%	37.0%
Forensic Assertive Community Treatment (FACT)	15	12.5%	25.0%	25.0%
Individualized and Mobile Program of Assertive Community Treatment (IMPACT)	69	8.1%	19.2%	20.5%
Outpatient Services	83	38.7%	44.3%	45.5%
Room and Board and Other Services	130	6.7%	16.3%	19.1%
Total	1,247	26.9%	36.1%	36.6%

Homelessness

Treatment Services	Unduplicated Client Count	Average Initial	Average First Update	Average of Most Recent Update
Child or Youth and Family Services (CYF)	1	0.0%	0.0%	0.0%
Comprehensive Assistance with Recovery and Empowerment Services (CARE)	1,145	5.3%	2.8%	2.7%
Forensic Assertive Community Treatment (FACT)	15	31.3%	6.3%	6.3%
Individualized and Mobile Program of Assertive Community Treatment (IMPACT)	69	13.5%	1.3%	2.6%
Outpatient Services	83	2.2%	1.1%	1.1%
Room and Board and Other Services	130	3.7%	2.1%	2.8%
Total	1,247	5.7%	2.7%	2.7%

Youth Mental Health Services

Youth General Satisfaction

Treatment Services	Unduplicated Client Count	Average First Update	Average Most Recent Update
Child or Youth and Family Services (CYF)	396	4.02	4.02
Comprehensive Assistance with Recovery and Empowerment Services (CARE)	20	4.18	4.20
Outpatient Services	19	4.32	4.32
Total	417	4.03	4.03

Family General Satisfaction

Treatment Services	Unduplicated Client Count	Average First Update	Average Most Recent Update
Child or Youth and Family Services (CYF)	859	4.24	4.24
Comprehensive Assistance with Recovery and Empowerment Services (CARE)	11	4.35	4.35
Outpatient Services	20	4.43	4.43
Total	880	4.24	4.24

Youth Access to Services

Treatment Services	Unduplicated Client Count	Average First Update	Average Most Recent Update
Child or Youth and Family Services (CYF)	359	4.11	4.11
Comprehensive Assistance with Recovery and Empowerment Services (CARE)	20	4.20	4.20
Outpatient Services	19	4.16	4.16
Total	380	4.12	4.12

Family Access to Services

Treatment Services	Unduplicated Client Count	Average First Update	Average Most Recent Update
Child or Youth and Family Services (CYF)	784	4.35	4.36
Comprehensive Assistance with Recovery and Empowerment Services (CARE)	11	4.32	4.32
Outpatient Services	17	4.53	4.53
Total	804	4.36	4.36

Improved Functioning

Treatment Services	Unduplicated Client Count	Average Initial	Average First Update	Average Most Recent Update	Change	Percent Change
Child or Youth and Family Services (CYF)	377	3.39	3.65	3.65	0.26	7.8%
Comprehensive Assistance with Recovery and Empowerment Services (CARE)	20	3.40	3.68	3.74	0.34	9.9%
Outpatient Services	19	3.50	3.65	3.65	0.14	4.1%
Total	398	3.40	3.66	3.66	0.26	7.8%

Emergency Room Visits:

Treatment Services	Unduplicated Client Count	Average Initial	Average First Update	Average Most Recent Update	Change	Percent Change
Child or Youth and Family Services (CYF)	52	2.07	0.63	0.63	-1.45	-69.8%
Comprehensive Assistance with Recovery and Empowerment Services (CARE)	1	2.00	0.00	0.00	-2.00	-100.0%
Outpatient Services	1	3.00	0.00	0.00	-3.00	-100.0%
Total	52	2.07	0.63	0.63	-1.45	-69.8%

Hospital Admissions:

Treatment Services	Unduplicated Client Count	Average Initial	Average First Update	Average Most Recent Update	Change	Percent Change
Child or Youth and Family Services (CYF)	50	21.04	2.28	2.28	-18.75	-89.1%
Comprehensive Assistance with Recovery and Empowerment Services (CARE)	2	5.50	0.00	0.00	-5.50	-100.0%
Outpatient Services	1	1.00	56.00	56.00	55.00	5500.0%
Total	51	20.67	3.28	3.28	-17.39	-84.1%

Attempts to Die by Suicide:

Treatment Services	Unduplicated Client Count	Average Initial	Average First Update	Average Most Recent Update	Change	Percent Change
Child or Youth and Family Services (CYF)	377	0.36	0.27	0.27	-0.09	-26.0%
Comprehensive Assistance with Recovery and Empowerment Services (CARE)	19	0.53	0.37	0.37	-0.16	-30.0%
Outpatient Services	17	0.35	0.65	0.65	0.29	83.3%
Total	397	0.36	0.28	0.28	-0.08	-21.7%

Targeted Services for Justice-Involved and At-Risk Youth

Discharge Rates

Treatment Services	Juvenile Justice/ Incarcerated		Left Against Professional Advice		Mental Health Placement		Treatment Completed Successfully		Total	
	N	%	N	%	N	%	N	%	N	%
Agression Replacement Training for Justice-Involved and At-Risk Youth (ART)	1	3.1%	7	21.9%			24	75.0%	32	100.0%
Functional Family Therapy for Justice-Involved and At-Risk Youth (FFT)	2	1.6%	27	22.1%	1	0.8%	92	75.4%	122	100.0%
Moral Reconciliation Therapy for Justice-Involved and At-Risk Youth (MRT)	3	3.6%	33	39.3%	1	1.2%	47	56.0%	84	100.0%
Total	5	2.6%	60	30.6%	2	1.0%	129	65.8%	196	100.0%

Youth General Satisfaction

Treatment Services	Unduplicated Client Count	General Satisfaction with Services
Agression Replacement Training for Justice-Involved and At-Risk Youth (ART)	9	3.43
Functional Family Therapy for Justice-Involved and At-Risk Youth (FFT)	37	3.84
Moral Reconciliation Therapy for Justice-Involved and At-Risk Youth (MRT)	15	3.50
Total	41	3.90

Family General Satisfaction

Treatment Services	Unduplicated Client Count	General Satisfaction with Services
Agression Replacement Training for Justice-Involved and At-Risk Youth (ART)	6	4.36
Functional Family Therapy for Justice-Involved and At-Risk Youth (FFT)	34	4.52
Moral Reconciliation Therapy for Justice-Involved and At-Risk Youth (MRT)	9	4.37
Total	36	4.52

Youth Access to Services

Treatment Services	Unduplicated Client Count	Access to Services
Agression Replacement Training for Justice-Involved and At-Risk Youth (ART)	9	3.72
Functional Family Therapy for Justice-Involved and At-Risk Youth (FFT)	32	3.88
Moral Reconciliation Therapy for Justice-Involved and At-Risk Youth (MRT)	12	3.75
Total	34	3.91

Family Access to Services:

Treatment Services	Unduplicated Client Count	Access to Services
Aggression Replacement Training for Justice-Involved and At-Risk Youth (ART)	6	4.58
Functional Family Therapy for Justice-Involved and At-Risk Youth (FFT)	27	4.50
Moral Reconciliation Therapy for Justice-Involved and At-Risk Youth (MRT)	7	4.50
Total	28	4.52

Youth Client Outcome Measure:

Client Outcome Measure-Youth (COM-Y)

Program	Unduplicated Client Count	General Change	Communication Skills	Youth Behavior	Caregiver Skills	Caregiver Supervision	Family Conflict
Functional Family Therapy for Justice-Involved and At-Risk Youth (FFT)	111	82.9%	80.2%	78.4%	74.8%	82.0%	77.5%

Family Client Outcome Measure:

Client Outcome Measure-Caregiver (COM-C)

Treatment Service	Unduplicated Client Count	General Change	Communication Skills	Youth Behavior	Caregiver Skills	Caregiver Supervision	Family Conflict
Functional Family Therapy for Justice-Involved and At-Risk Youth (FFT)	149	79.2%	83.2%	71.1%	79.9%	79.2%	79.2%

Aggression Questionnaire (Including total # of clients who filled out AQ)

Overall Aggression Questionnaire Score

Program	Unduplicated Client Count	Average Initial	Average Discharge	Change	Percent Change
Aggression Replacement Therapy for Justice-Involved and At-Risk Youth (ART)	20	3.18	3.06	-0.12	-3.7%

Aggression Questionnaire (Including clients who reported overall improvement)

Overall Aggression Questionnaire Score

Program	Unduplicated Client Count	Average Initial	Average Discharge	Change	Percent Change
Aggression Replacement Therapy for Justice-Involved and At-Risk Youth (ART)	11	3.65	3.80	0.15	4.0%

How I Think Questionnaire (Including total # of clients who filled out HIT)

Overall HIT Score

Treatment Service	Unduplicated Client Count	Average Initial	Average Discharge	Change	Percent Change
Aggression Replacement Therapy for Justice-Involved and At Risk Youth (ART)	22	3.03	3.22	0.19	6.3%
Moral Reconciliation Therapy for Justice-Involved and At-Risk Youth (MRT)	17	2.79	1.78	-1.01	-36.1%
Total	38	2.86	2.21	-0.65	-22.7%

How I Think Questionnaire (Including clients who reported overall improvement)

Overall HIT Score

Treatment Service	Unduplicated Client Count	Average Initial	Average Discharge	Change	Percent Change
Aggression Replacement Therapy for Justice-Involved and At Risk Youth (ART)	14	3.24	3.58	0.34	10.4%
Total	14	3.24	3.58	0.34	10.4%

Systems of Care

	Family Satisfaction	Emotional Needs Met
Number of families with most needs met or no unmet needs	166	161
Total Families	220	220
Percentage	75%	73%

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clearly defined, well-regulated, and
definitely set (Latin: related to
firm)

■ **Usage** See note at *definitive*.

definite article *n.* the word (*the* in English) preceding a noun and implying a specific instance.

definition /,defɪ'nɪʃ(ə)n/ *n.* 1 a de
b statement of the meaning of a word, etc. 2 distinctness in outline
photographic image

Glossary



GLOSSARY



Ability to Control Drug Usage *(Adult and Youth Substance Use)*


Clients rate their ability to control their drug usage at discharge.

Access to Services *(Adult and Youth Substance Use; Adult and Youth Mental Health)*

Clients rate their access to treatment services.

Attempts to Die by Suicide *(Adult and Youth Mental Health)*

Clients report the number of attempts to die by suicide during the most recent six-month update.



Client Support *(Stakeholder Survey)*

This provider is supportive of clients' needs.

Community Needs *(Stakeholder Survey)*

This provider is responsive to the needs within the community.



Discharge from Treatment Services *(Adult and Youth Substance Use)*

Client discharge from treatment services can include Treatment Completed, Left Against Professional Advice, Terminated by Facility, Incarcerated, Transferred, or Other.



Emergency Services *(Crisis Services)*

Community Mental Health Centers report the average number of emergency services contacts per center, per month for persons experiencing a mental health emergency or crisis, including those with co-occurring disorders.

Emergency Room Visits *(Adult and Youth Mental Health)*

Clients report the number of times visiting an emergency room for psychiatric or emotional problems during the most recent six-month update.

Emotional Needs *(Youth Mental Health)*

Families report emotional needs had been met.

Employment *(Adult Mental Health and Substance Use)*

Clients report employment status at the most recent six-month update.



General Satisfaction *(Youth and Adult Substance Use; Youth and Adult Mental Health)*

Clients rate their satisfaction with treatment services.

History of Arrests *(Adult Substance Use)*

Percentage of clients reporting arrest in the past thirty days.

Homelessness *(Adult Mental Health)*

Clients report number of days homeless from the time of admission to the most recent six-month update.

Hospital Admissions *(Adult and Youth Mental Health)*

Clients report the number of times visiting a hospital for mental health care during the most recent six-month update.

Hours of Emergency Services Provided *(Crisis Services)*

Community Mental Health Centers report the number of emergency services for persons experiencing a mental health emergency or crisis, including those with co-occurring substance use disorders.

Improved Functioning *(Adult and Youth Mental Health)*

Clients are asked to rate their mental health and social wellbeing at the time of admission and at every six-month update.

Location Convenience *(Stakeholder Survey)*

The location of services are convenient for the client.

Missing School or Work Due to Substance Use *(Youth Substance Use)*

Youth report missing school or work due to their substance use at admission and discharge of services.

Motivation to Change Current Behaviors *(Adult and Youth Substance Use)*

Clients rate their motivation to change their current behaviors, such as substance use, at discharge.

Nights in a Correctional Facility *(Adult Substance Use)*

Clients report the number of nights spent in a correctional facility in the past thirty days.

Overall Improvement in Levels of Aggression *(Youth Mental Health)*

Youth receiving Aggressive Replacement Therapy complete the Aggression Questionnaire (AQ), which is designed to measure levels of aggression in youth.

Positive Outcomes *(Stakeholder Survey)*

Clients report satisfaction with the outcome of services.





Quality of Services (*Stakeholder Survey*)

This provider delivers quality services.



Satisfaction with Family Life (*Youth Mental Health*)

Families report satisfaction with their Family Life.

Service Availability (*Stakeholder Survey*)

Services are available at times that are convenient for clients.

Staff Competency (*Stakeholder Survey*)

Staff at this provider are competent to deliver treatment services.

Staff Training (*Stakeholder Survey*)

Staff at this provider are respectful and well trained.

Stakeholder Survey

The Division of Behavioral Health conducts an annual Stakeholder Survey of all behavioral health providers accredited by the South Dakota Department of Social Services. This survey supports continued collaboration and responsiveness to the needs of the clients and the community. Agency level results can be found at <https://dss.sd.gov/behavioralhealth/providersearch.aspx>



Total Emergency Services Provided (*Crisis Services*)

Community Mental Health Centers report the total number of emergency services contacts for persons experiencing a mental health emergency or crisis, including those with co-occurring substance use disorders.

Trouble as a Result of Substance Use (*Youth Substance Use*)

Youth report number of times getting into trouble due to substance use at admission and discharge of services.



Division of Behavioral Health

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<https://dss.sd.gov>

Photo by Travel South Dakota



South Dakota
Department of
Social Services