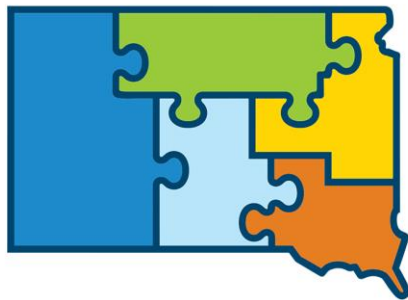


South Dakota Early Childhood Enrichment Program



SOUTH DAKOTA
EARLY
CHILDHOOD
ENRICHMENT



“We believe that every child in South Dakota deserves safe and responsive care. Every adult who impacts children should have the necessary resources, training and supports to provide exceptional care in enriching environments.”

ANNUAL REPORT 2022

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SOUTH DAKOTA EARLY CHILDHOOD ENRICHMENT PROGRAM

Our Mission:

We believe that every child in South Dakota deserves safe and responsive care. Every adult who impacts children should have the necessary resources, training and support to provide exceptional care in enriching environments.

Our History/Purpose:

The Department of Social Services, Child Care Services (CCS) established the Early Childhood Enrichment (ECE) System to meet the growing demand for early childhood and school-age training, and to help recruit and retain quality child care providers, as well as to encourage and support program quality across the state of South Dakota.

South Dakota's ECE programs offer a systematic approach to providing early childhood and school-age education services and technical assistance. Services are available to all child care and after-school providers, parents and others involved in the day-to-day care of children and youth.

The Early Childhood Enrichment (ECE) offices across the state deliver a variety of services focused on parents, family child care providers, childcare center staff, youth development professionals and other early education professionals throughout South Dakota.

For more information, visit the ECE website, www.sdece.org



STRUCTURE



SOUTH DAKOTA

EARLY CHILDHOOD ENRICHMENT



THE RIGHT TURN



SOUTH DAKOTA STATE UNIVERSITY



REGIONS

EARLY CHILDHOOD CONNECTIONS

3645 Sturgis Rd, Ste 110, Rapid City, SD 57702
Autumn Gregory • 605-342-6464
agregory@earlychildhoodconnections.com

THE RIGHT TURN

115 E Sioux Ave, Pierre, SD 57501

SANFORD CHILDREN'S CHILD SERVICES

110 6th Ave SE, Ste 100, Aberdeen, SD 57401
Terra Johnson • 605-226-5675
terra.johnson@sanfordhealth.org

CHILD & FAMILY RESOURCE NETWORK

SDSU Box 2218, Brookings, SD 57007
Rachel Busmann • 605-688-5730
rachel.busmann@sdstate.edu

SANFORD CHILDREN'S CHILD SERVICES

5015 S Western Ave, Ste 120, Sioux Falls, SD 57108
Terra Johnson • 605-312-8390
terra.johnson@sanfordhealth.org

CLIENTS SERVED

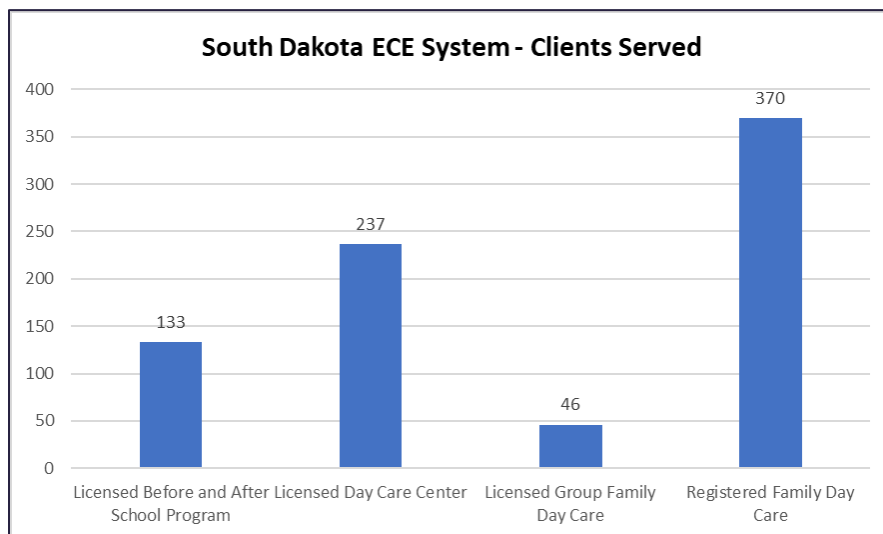
In order to help parents, childcare providers and others promote the importance of providing a safe, healthy and caring environment for children, the SD ECE System works with both regulated and unregulated childcare programs.

Regulated Programs

There are four types of regulated (state registered and licensed) programs.

1. Registered Family Day Care
 - Provide care and supervision of children from more than one unrelated family, in a family home, on a regular basis for part of a day as a supplement to regular parental care, without transfer of legal custody or placement for adoption.
 - Up to 12 children in care
2. Licensed Group Family Day Care Homes
 - Provide group care and supervision of children on a regular basis for part of a day as a supplement to regular parental care, with or without compensation, including children under the age of six living in the home and children from more than one unrelated family received for day care, in any facility, including a family home.
 - Up to 13-20 children in care
3. Licensed Day Care Center
 - Provide group care and supervision of children on a regular basis for part of a day as a supplement to regular parental care, with or without compensation, including children under the age of six living in the home and children from more than one unrelated family received for care in any facility, including a family home.
 - 21 or more children in care
4. Licensed Before and After School Program
 - Provide care and supervision of children on a regular basis before and after regular school hours.

The graph below represents the number and type of childcare providers registered with the state of South Dakota, as of 12/31/2022.



CLIENTS SERVED

In Home and Informal Providers

Informal or in-home providers are exempt from being registered or licensed, but they can receive child care assistance payments for the one family in care, if they meet the minimum standards set by the state and federal government. These standards, that help ensure children's safety, include training, a background check, meeting health and safety standards, and an annual inspection of the home to ensure compliance with health and safety standards.

State Unregulated Providers

There are two programs operating in the state that are not required to be regulated.

1. Unregulated family day care (up to 12 children in care)
2. Relative child care providers

Unregulated Family Day Care providers have the option of being registered with the department but are not able to receive child care assistance payments or other federal funds unless they become state registered. Unregulated providers are not required to meet any federal or state standards.

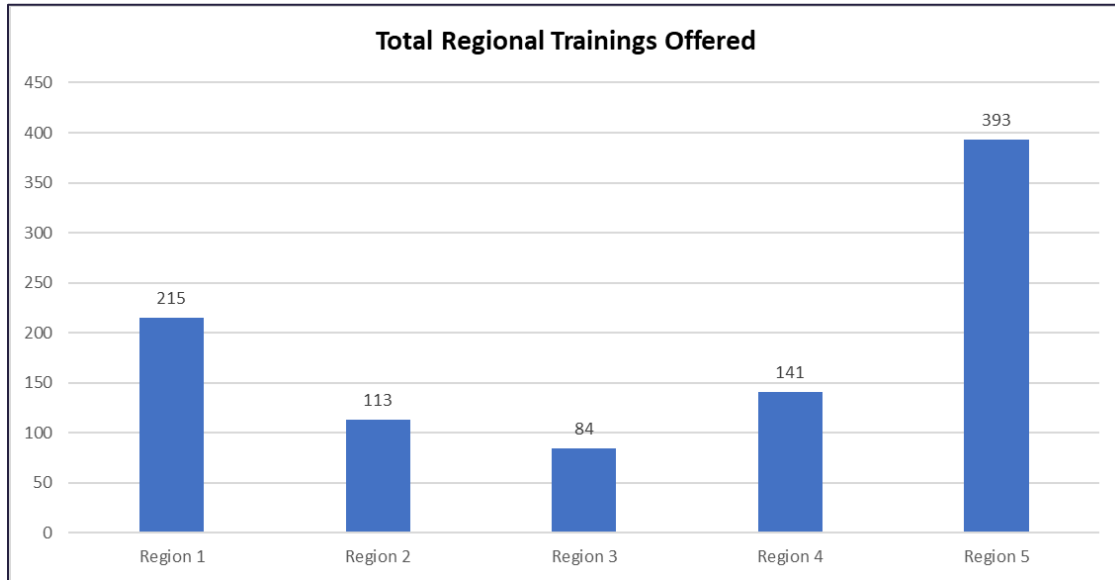
Relative providers care only for children they are related to. Federal and state regulations exempt these relative providers from licensing meaning they can receive child care assistance payments even though they are not required to meet training or other regulations. Families choosing relative care tend to know that type of provider better than a non-relative, and typically have more information about the provider to make informed choices.



CHILDCARE EDUCATION

Regional Classes

The Early Childhood Enrichment (ECE) System offers a variety of evidence and research-based professional development opportunities. Training is accessible to childcare providers across the state through in-person, online, and on-site delivery. Training is offered not only to meet licensing and registration requirements but to also improve the quality of care.



Total ECE Statewide Trainings Offered

Statewide professional development opportunities are offered to childcare professionals and youth development professionals annually; Family Childcare, Preschool, Management/Leadership, Infant Toddler and Out of School Time.

Trainings are categorized into one of the following core competency areas; Business & Management, Communication & Relationships, Curriculum, Environment, Growth & Development, Guidance & Discipline, Health & Safety, Parent Relationships or Responsive Caregiving.



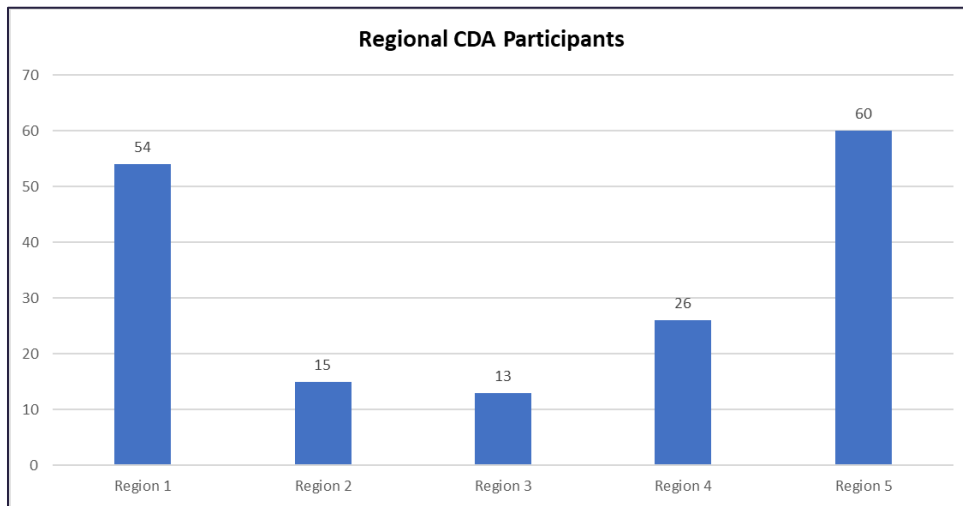
CHILDCARE EDUCATION

Child Development Associate (CDA)

The CDA credential is a nationally recognized early childhood professional credential administered by the Council for Professional Recognition. Providers who pursue the CDA credential learn to demonstrate their ability to nurture young children's physical, social, emotional and intellectual growth. CDA candidates may choose to complete the credentialing procedures for the following endorsements:

- Infant/Toddler
- Preschool
- Family Childcare
- Home Visitor

"I wanted to give you a big thank you for all that you have taught me and lead me through this past year. I feel more confident in what I am doing and on the impact, I am putting on the children. You are an amazing instructor and am deeply thankful for that. Thank you thank you thank you!!!"
- CDA Participant



"Thank you so much for working with me. This has been a great and trying experience, but I am excited to move forward and provide a better learning experience. Thank you for your hard work and dedication."
- CDA Participant

Vision and/or Hearing Screenings

Offered through support from their local United Way agencies, Region 1 and Region 4 also provide Vision and Hearing Screenings to children enrolled in state registered or licensed childcare programs.

- Region 1 completed 336 screenings.
- Region 4 completed 318 screenings.

* Other regional offices provide referrals to these services through other community agencies

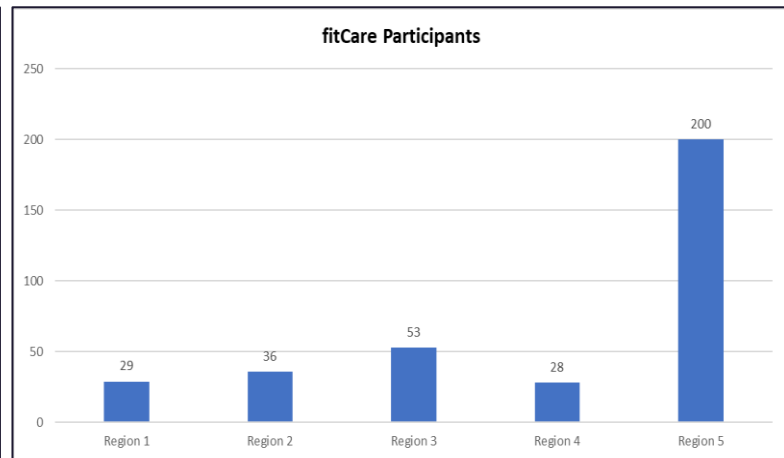
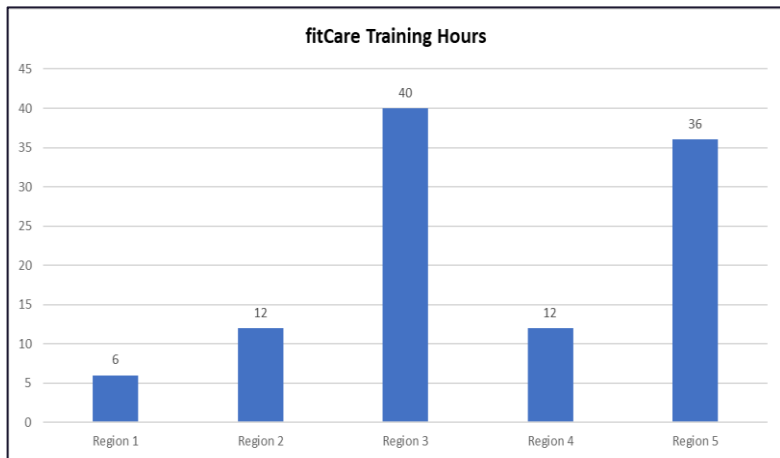
CHILDCARE EDUCATION

fitCare

The fitCare program was developed through a partnership between the South Dakota Department of Health, South Dakota Department of Social Services, Sanford Children's and the Sanford fit Initiative.



fitCare provides participants with education and support to identify best practice to support a child's development of healthy lifestyle habits and to plan for program improvements when needed.



Out-of-School (OST) Credential

Youth Development Professionals working in programs serving school-age children may enroll in the South Dakota Out-of-School Time (OST) Credential training program. The SD OST Credential is a state-administered professional credential, modeled after the Child Development Associate (CDA) credential.

Contact your local ECE office for more information.



CHILDCARE EDUCATION

South Dakota Orientation to Childcare – Level I

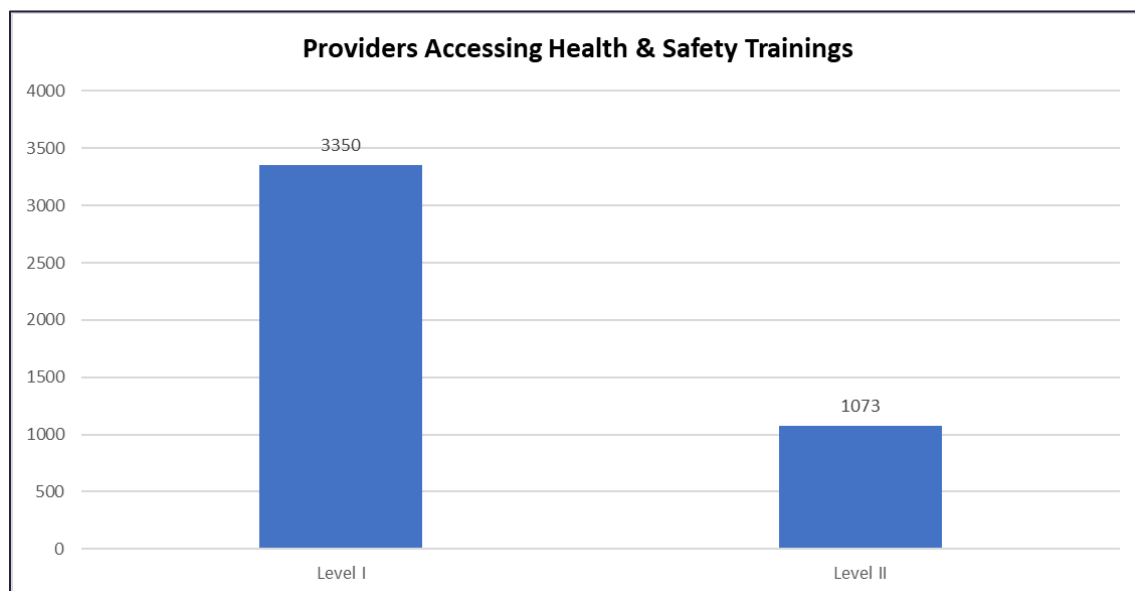
All new childcare providers, newly hired staff members or volunteers working in a registered or licensed childcare program are required to complete orientation training within 90 days of hire. To provide better access to child care providers, the Orientation Trainings are available online, on-demand. These trainings provide an overview on the topics of:

1. Prevention and Control of Infectious Diseases
2. Safe Sleep Practices and Reducing the Risk of Sudden Infant Death Syndrome
3. Administration of Medications in Childcare
4. Prevention and Response to Emergencies Due to Food and Allergic Reactions
5. Building and Physical Premises Safety
6. Prevention of Shaken Baby Syndrome and Abusive Head Trauma
7. Emergency Preparedness and Response Planning
8. Handling and Storage of Hazardous Materials and Bio Contaminants
9. Appropriate Precautions in Transporting Children
10. Recognizing and Reporting Child Abuse and Neglect
11. Child Development
12. Pediatric First Aid
13. CPR

South Dakota Orientation to Childcare – Level II

The Level II online, on-demand series meets ongoing training requirements for staff working in state licensed and registered childcare programs who have completed the Level I SD Orientation to Childcare training series. The Level II training is to be taken within 5 years of employment or Level I orientation training as long as it was taken within the first 90 days of employment. Classes in the Level II Training briefly review content from the 11 topic areas covered in the Level 1 SD Orientation classes as well as taking a deeper look into each area. CPR certification is offered separately at the local ECE offices.

- 3350 providers accessed Level I training.
- 1073 providers accessed Level II training.

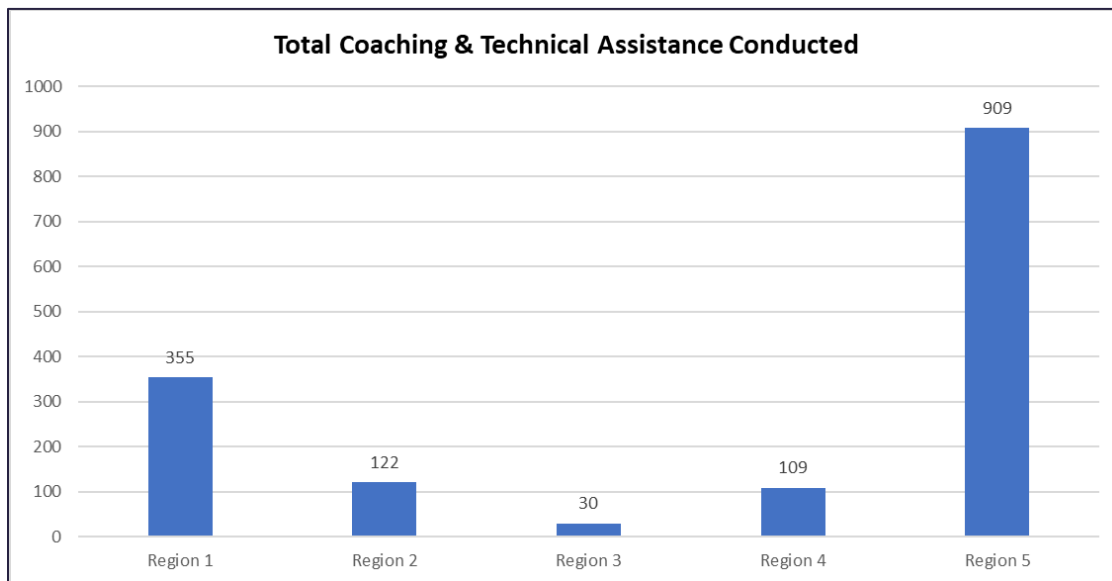


CHILDCARE COACHING & TECHNICAL ASSISTANCE

Coaching & Technical Assistance

All Technical Assistance (TA) is focused on increasing the knowledge and confidence of the provider to promote and support optimal development for every child. Social development and emotional development is critical for optimal development and is a major component of all Technical Assistance programs.

TA is offered through consultation and coaching which provides support, education, and resources. Our educators assist providers in understanding and developing the capacity of each child to form close and secure adult and peer relationships; experience, regulate, and express emotions in socially and culturally appropriate ways; and explore the environment and learn. The ECE System also provides Technical Assistance (TA) to childcare providers. TA is a multi-level process, which offers a range of assistance that includes consultation, coaching, modeling, observation, and support. TA strengthens the quality of care for young children.



Staff Training for Coaches

To provide the best coaching and technical assistance to childcare providers, coaches had the opportunity to attend the following education/training opportunities in 2022.

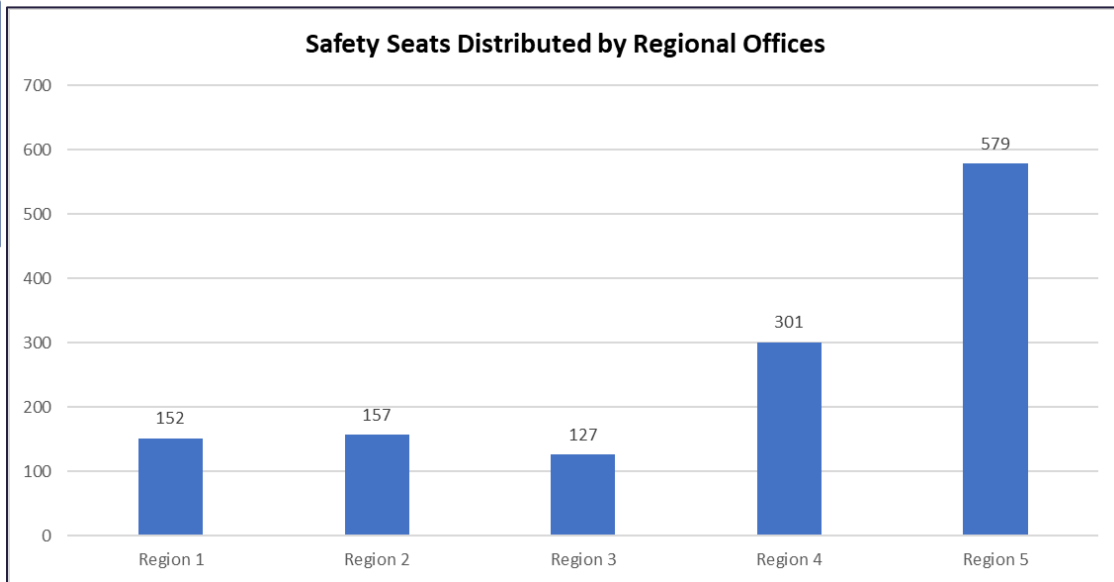
- Circle of Security
- Social Emotional Pyramid Model
- Relationship Based Care Series
- Practice Based Coaching with Early EdU and South Dakota State University
- Bob Pike Group Interactive Virtual Train the Trainer Workshop
- Infant/Toddler Environment Rating Scale (ITERS-3)
- Early Childhood Environment Rating Scale (ECERS-3)
- How to Coach Devereux Early Childhood Assessment (DECA) Program Implementation

PARENT EDUCATION & RESOURCES

Child Safety Seat Distribution Program

The statewide Child Safety Seat Distribution Program focuses on keeping children safe by providing child safety seats, at no cost, to families that meet income eligibility requirements to ensure that they are in the best child seat for their height and weight.

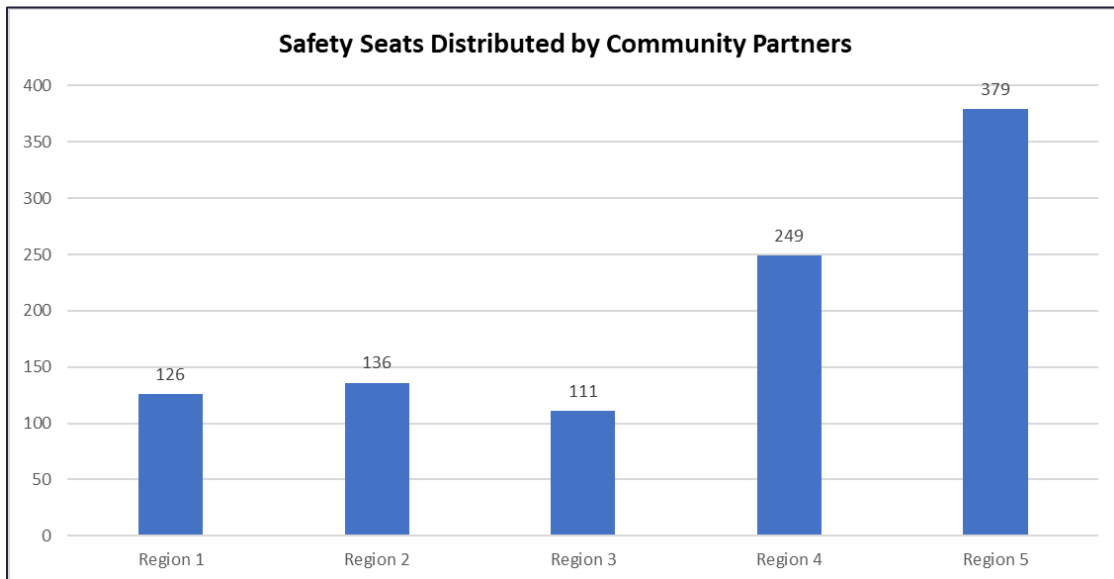
"It is so great you guys do this, we really appreciate it. Thank you for all your help."
- Recipient of a Car Seat



"You saved the day...thank you so much!"

- Recipient of a Car Seat

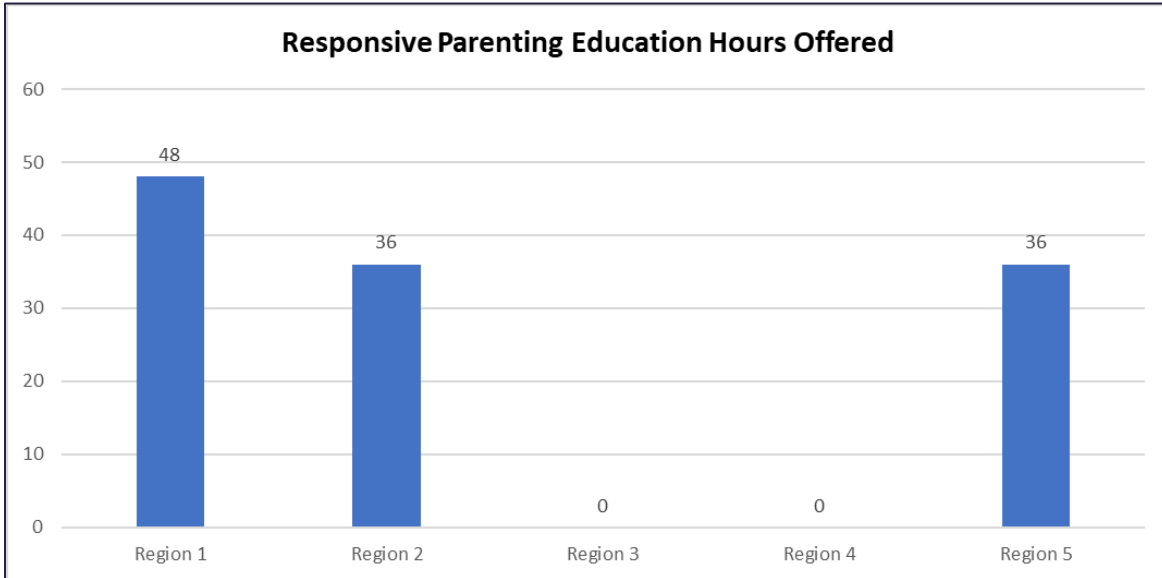
Distributions are coordinated with 69 community partner agencies in 45 counties across the state to support families' child seat needs.



PARENT EDUCATION & RESOURCES

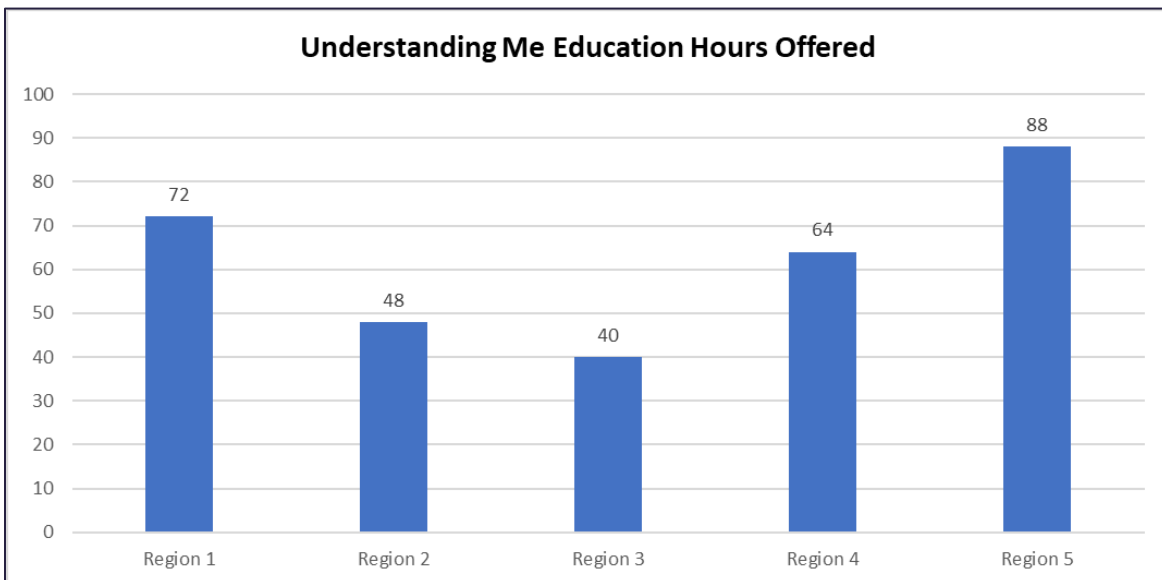
Responsive Parenting

Responsive Parenting is a six-week series for parents with children ages birth to three years old. Parents will learn about topics such as social-emotional growth, early brain development, safety, temperament, and guidance.



Understanding Me Up to Age 3

Understanding Me Up to Age 3 is a four-week series for parents with children ages birth to three years old. Parents will learn about topics such as social-emotional growth, early brain development, safety, temperament, and guidance.



REGION 1 – EARLY CHILDHOOD CONNECTIONS



Address: 3645 Sturgis Road, Suite 110
Rapid City, SD 57702

Phone: 605-342-6464 or 888-999-7759

Email: econn@rushmore.com

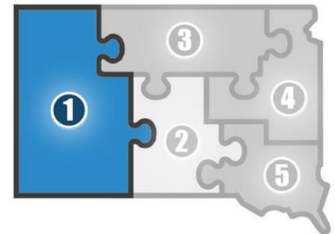
Website: <http://earlychildhoodconnections.com/>

Staff

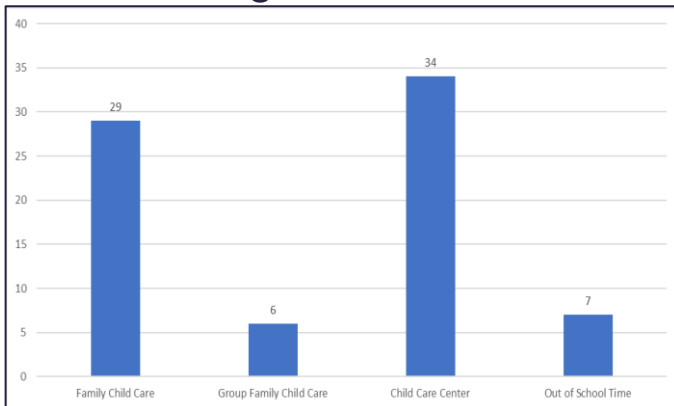
- Autumn Gregory, Coordinator
- Jessi Beedle, Early Education Specialist
- Janessa Bixel, Early Education Specialist
- Megan Brown, Infant/Toddler Specialist
- Krista Caldwell, Out-of-School Time Specialist
- Dana Dieter, Office Manager
- Joe Doyle, Assistant Director
- Carole Foster, Social Emotional Specialist
- Kayla Herbener, Social Emotional Specialist
- Dennise Orrenbachner, Early Education Coach
- Sunni Toczek, Family Support Specialist

Service Areas

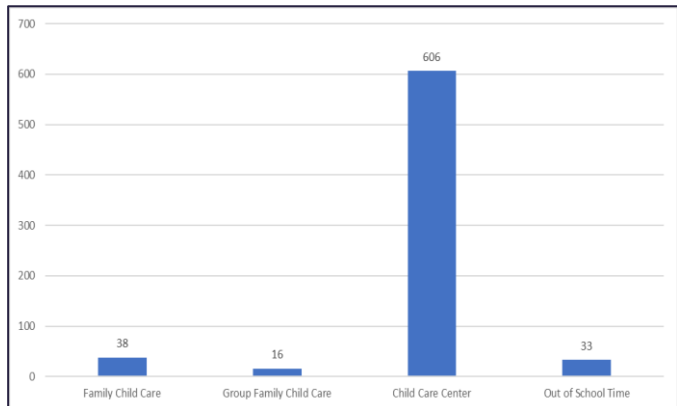
Early Childhood Connections serves 13 counties in South Dakota, including Bennett, Butte, Custer, Fall River, Haakon, Harding, Jackson, Lawrence, Meade, Oglala Lakota, Pennington, Perkins and Ziebach.



Childcare Programs Served:



Clients Served:



Additional Programs/Services

- Grow Campus Garden
- Hearing Screenings - partnering with South Dakota School for the Deaf
- Mini Masters Child Art Collection & Show
- Social Development and Emotional Development Coaching/Building Friendship Skills
- Social Development and Emotional Development Competence Program
- Starting Strong Rapid City
- Vision Screenings - partnering with Northern Plains Eye Institute

REGION 2 – THE RIGHT TURN, INC



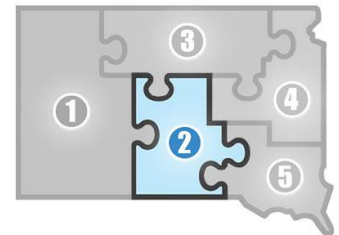
Address: 115 E. Sioux Ave.
Pierre, SD 57501
Phone: 605-773-4755 or 1-866-206-8206
Email: trtpierre@gmail.com
Website: www.TheRightTurn.net

Staff

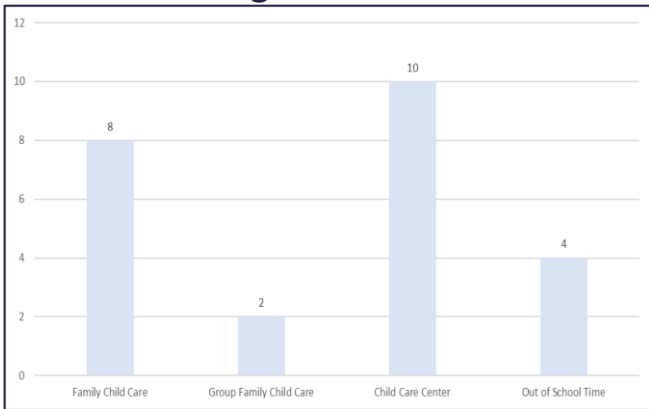
- Joanna Powell, Manager/Director
- Rhea Dry, Part Time Early Childhood Specialist
- Brandy Ohman, Non-Profit Assistant
- Krissy Pauly, Community Trainer
- Nancy Schlichenmayer, Community Trainer
- Mandy Vogel, Community Trainer
- Brittany Westergren, Early Childhood Specialist

Service Areas

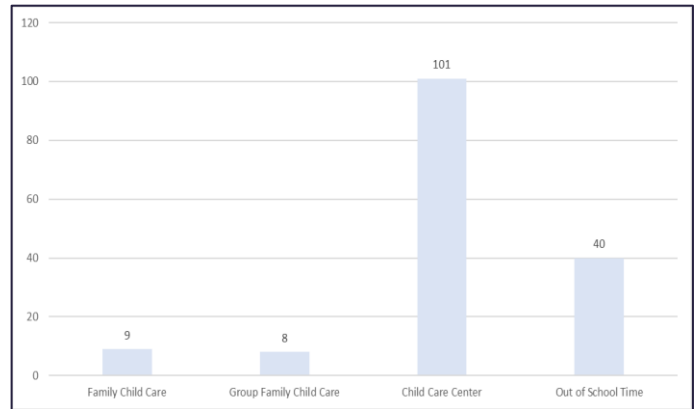
The Right Turn, Inc. serves 12 counties in South Dakota, including Brule, Buffalo, Gregory, Hughes, Hyde, Jones, Lyman, Mellette, Stanley, Sully, Todd and Tripp.



Childcare Programs Served:



Clients Served:



Additional Programs/Services

- Adult Education and Literacy Program
- American Red Cross Babysitting Clinics
- Barton Reading Tutoring
- Computer Training
- English Language Learning Program
- Homeschool Support
- Test Proctoring
- Toy & Resource Lending Library
- Tutoring Services

REGION 3 – SANFORD CHILDREN'S CHILD SERVICES, ABERDEEN



Address: 110 6th Ave SE., Suite 100
Aberdeen, SD 57401

Phone: 605-226-5675

Email: childservices.aberdeen@sanfordhealth.org

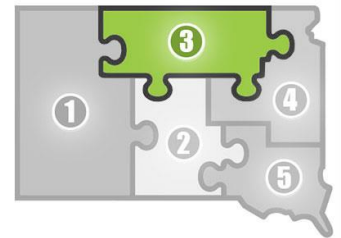
Website: <http://sanfordhealth.org/CHILDServices>

Staff

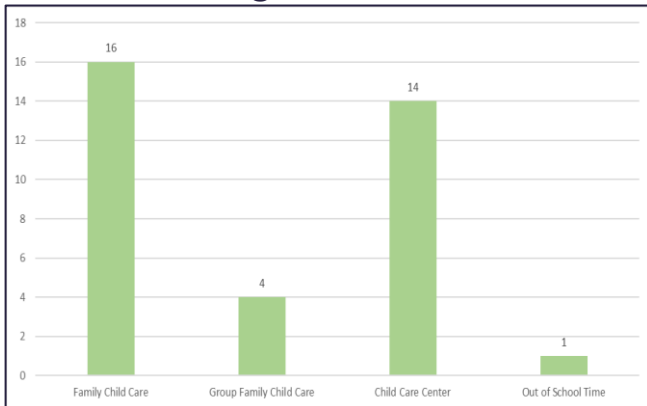
- Terra Johnson, Manager
- Misty Barber, Family Life Educator
- Shawn Freudenthal, Administrative Assistant
- Amanda Daniels, Family Life Educator
- Mindy Greenfield, Coordinator
- Nikki McLaughlin, Coordinator
- Janie Steckley, Coordinator
- Lisa Wobst, Social Worker
- Kayla Wolfe, Family Life Educator

Service Areas

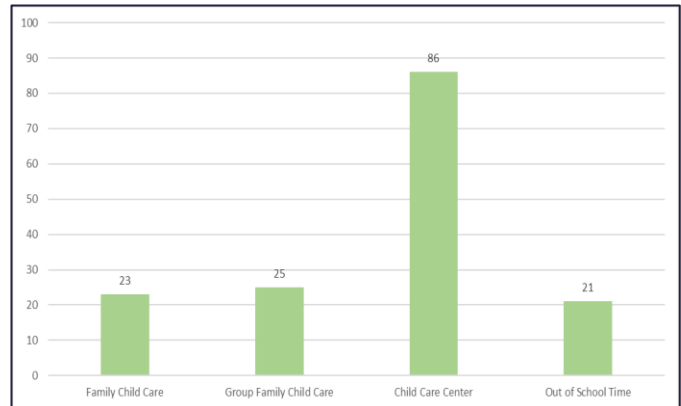
Sanford Children's CHILD Services of Aberdeen serves 12 counties in South Dakota, including Brown, Campbell, Corson, Day, Dewey, Edmunds, Faulk, Marshall, McPherson, Potter, Spink and Walworth.



Childcare Programs Served:



Clients Served:



Additional Programs/Services

- Sanford Health, fit Initiative
- Sanford Health, Parenting Program
- Toy Resource Lending Library

REGION 4 – CHILD AND FAMILY RESOURCE NETWORK



Address: SDSU, Box 2218
Brookings, SD 57007

Phone: 605-688-5730 or 800-354-8238

Email: SDSU.FRN@sdstate.edu

Website: <http://www.sdstate.edu/cfrn>

Staff

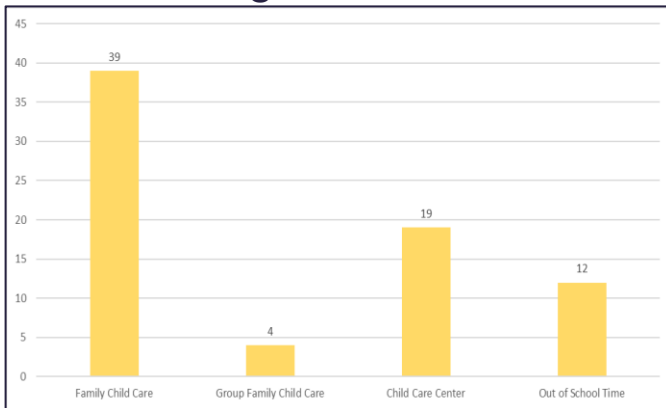
- Rachel Busmann, Outreach Coordinator
- April Flemming, Assistant Outreach Coordinator
- Kami Bartels, Training Specialist
- Pamela Emmett, Senior Secretary
- Maria Picek, QRIS Coach
- Susan Plaine, Curriculum Reviewer
- Jan Stange, Training Specialist
- Amy Trautner, Training Specialist

Service Areas

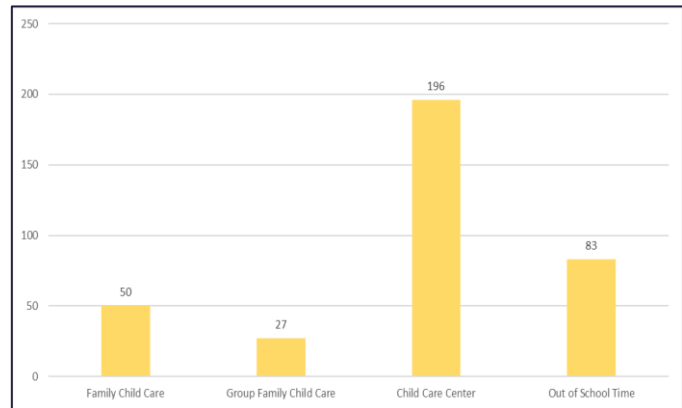
The Child and Family Resource Network serves 13 counties in South Dakota, including Beadle, Brookings, Clark, Codington, Deuel, Grant, Hamlin, Hand, Kingsbury, Lake, Miner, Moody and Roberts.



Childcare Programs Served:



Clients Served:



Additional Programs/Services

- Brookings Area United Way Vision & Hearing Screenings
- Common Sense Parenting
- Community Partner with the Brookings Early Care and Education Collaborative
- Community Partner with the Codington County Child Care Discussions
- Toy & Resource Lending Library for Providers and Programs
- Coordinate & oversee the SD Orientation to Child Care and Ongoing Health and Safety Training

REGION 5 – SANFORD CHILDREN'S CHILD SERVICES, SIOUX FALLS



Address: 5015 S. Western Ave., Suite 120
Sioux Falls, SD 57108

Phone: 605-312-8390 or 800-235-5923

Email: childsrv@sanfordhealth.org

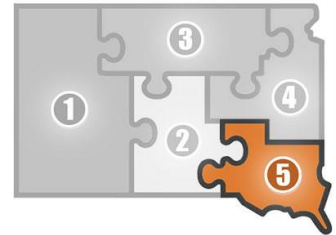
Website: <http://sanfordhealth.org/CHILDServices>

Staff

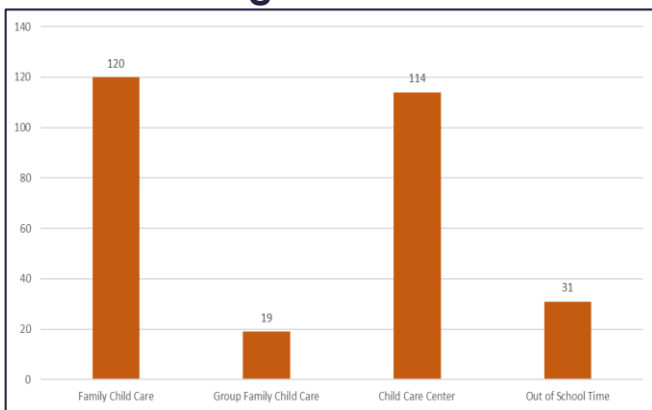
- Terra Johnson, Manager
- Rachelle Borah, Senior Administrative Assistant
- Abby Christiansen, Family Life Educator
- Jessica Dalldorf, Administrative Assistant
- Mindy Greenfield, Coordinator
- Kiana Haveman, Senior Social Worker
- Britney Kullander, Family Life Educator
- Nikki McLaughlin, Coordinator
- Nancy Raether, Coordinator
- Sharon Schmidt, Coordinator
- Molly Schoenfelder, Senior Social Worker
- Jessi Skoglund, Family Life Educator
- Janie Steckley, Coordinator
- Tom Timmerman, Parent Navigator
- Sara Tirrel, Family Life Educator

Service Areas

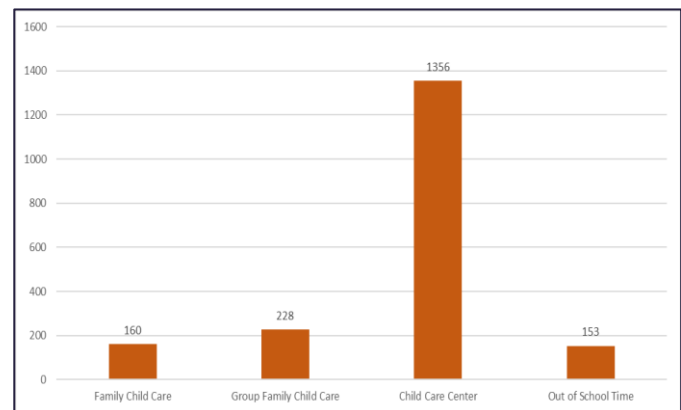
Sanford Children's CHILD Services serves 16 counties in South Dakota, including Aurora, Bon Homme, Charles Mix, Clay, Davison, Douglas, Hanson, Hutchinson, Jerauld, Lincoln, McCook, Minnehaha, Sanborn, Turner, Union and Yankton.



Childcare Programs Served:



Clients Served:



Additional Programs/Services

- City of Sioux Falls, Family Childcare Training Program
- Sanford Health, fit Initiative
- Sanford Health, Parenting Newborns Program
- Sanford Health, Parenting Program
- South Dakota Department of Education Child & Adult Nutrition Services, Child and Adult Care Food Program
- United Way, Success by Six

SUMMARY OF 2022

ECE regions continually collaborate to best serve the childcare providers and Out of School Time (OST) programs in South Dakota. Beyond training and technical assistance, the regions were able to provide additional resources and supports for childcare providers and OST programs in multiple settings and across all age groups.

Statewide Promotion and Improvement Efforts:

- Hosted Director Lunch and Learn Sessions.
- Due to grant funding, able to offer free CPR classes to providers.
- Due to grant funding, able to offer free Child Development Associate (CDA) to providers.
- Expanded Physical Activity Technical Assistance (PATA) Program to Region 3 and Region 4.
- Conducted quarterly, regional meetings to collaborate with the Office of Licensure and Accreditation to support statewide childcare providers.
- Creation of statewide Social Emotional Literacy training initiative for Infant/Toddler, Preschool, and Out of School Time (OST) settings.

Region 1 Promotion and Improvement Efforts:

- Continued improvements to the Early Childhood Connections outdoor classroom and community garden located at the SD Games Fish and Parks Outdoor Campus West.
- Hosted annual art exhibit at The Dahl Fine Art Gallery for a month, featuring art pieces from childcare programs within Region 1 called the Mini Masters Art Exhibit in association with the Week of the Young Child.
- Promoted Social Emotional Learning and Development through #SELday (Social Emotional Learning Day) by providing games and activities for 200 children and their teachers from Region One. Teachers were able to participate and observed 10 different games promoting Social Development skills. Teachers also received resources and materials to use in their classrooms.
- Worked with community initiatives like Early Learner Rapid City, Early Learner South Dakota, and the Different Lens Initiative to promote Early Childhood Education in the Region.
- Collaborated with the Statewide Family Engagement Center to develop a Resources file containing development materials to give to parents.
- Hosted the Mindful Moves mini conference.
- Participated in the Lakota Nations Education Conference and provided trainings, hosted a booth and shared literacy materials.
- Distributed Baby's First Book bags through collaboration with Black Hills Reads.
- Starting Strong Preschool Program.

Region 2 Promotion and Improvement Efforts:

- Responsive Parenting training was offered with the Rosebud Sioux Tribe.
- The agency website was redesigned featuring the Early Childhood Enrichment program: www.TheRightTurn.net. Revised April 2023
- Provided Resource kits on diversity and disabilities to Registered and Licensed providers
- Provided information on the ECE System and provided books to children at a variety of community events including the Farm Home and Sport Show in Pierre, Trapper's Game, Capital Area United Way Kickoff Event, First Thursdays in Fort Pierre. During Trader Days in Fort Pierre, Healthy Kids Day in Pierre.

Region 3 Promotion and Improvement Efforts:

- Added social development and emotional development materials as an enhancement to the Toy Lending Library for parents and providers
- Conducted promotional visits with providers in all counties
- Events held for Family Child Care Recruitment
- Training in environmental rating scales to assist with QRIS Pilot
- Provided fit in a box for providers to use with children in their program in order to:
 - Increase physical activity
 - Increase knowledge of healthy food choices
 - Provide skills of how to relax and recharge
 - Provide awareness about emotions and how they affect choices

Region 4 Promotion and Improvement Efforts:

- Assisted communities in addressing childcare needs, evaluating options, surveying needs, and strategic planning.
- Continued statewide curriculum reviews for the 14 QRIS Training Series and federal mandated trainings to ensure high quality and up to date information.
- Finalize work to move QRIS Training Series to an On-Demand training platform to support ongoing professional development.
- Emailed a bi-monthly newsletter with resources, research, and various supports to over 750 regional contacts.
- Collaborated with SDSU Extension to offer a Saturday conference in Watertown on Resilience and Supporting Children's Behaviors.
- Collaborated with Worthy We to offer Community Resilience Training for professionals.
- Collaborated to support a Child Care Director Summit in July 2022.
- Presented at South Dakota Early Childhood Education Conference, Family Child Care Professional Conference, and the SoDakSACA Conference to support statewide childcare and youth development programs.
- Conducted simultaneous delivery of in person and online Understanding Me Up to Age 3 parenting series using new technology to support rural parents.
- Added Common Sense parenting classes to support family engagement for families with children five years old and up.
- Training in environmental rating scales to assist with QRIS pilot.

Region 5 Promotion and Improvement Efforts:

- Understanding Me Parenting Series conducted at Joe Foss school and aimed at pregnant/expecting parents as well as Teddy Bear Den for economically disadvantaged pregnant women through the age of 2 years old.
- Provided fit in a box for providers to use with children in their program in order to:
 - Increase physical activity.
 - Increase knowledge of healthy food choices.
 - Provide skills of how to relax and recharge.
 - Provide awareness about emotions and how they affect choices.
- Expanded Management 360 program to Region 4.
- Added social development and emotional development materials for parents and providers to check out.
- Events held for Family Child Care Recruitment
- Training in environmental rating scales to assist with QRIS Pilot

WHAT THE FUTURE HOLDS

We believe that every child in South Dakota deserves safe and responsive care. Every adult who impacts children should have the necessary resources, training, and support to provide exceptional care in enriching environments.

- Increase access to state licensed and registered child care for parents and families across the state.
- Support and promote evidence-based early learning and care through quality standards and professional development.
- Enhance communication and consumer education tools and support to elevate the field of child care and youth development.
- Develop tools and utilize data to improve administrative efficiency, support decision-making, and enhance family and provider experiences.
- Promote targeted strategies that promote recruitment and retention for our states child care and youth development workforce.

Statewide Program Improvements in 2023:

- **CDA Curriculum.** Launch of revised CDA (Child Development Associates) curriculum.
- **fit Kits.** Provided Resource kits for fitCare to Registered and Licensed providers.
- **Promotional Booths.** Regions will be having booths at various conferences, to promote the Regional and Statewide ECE Services.
- **South Dakota 360 Program.** Program is developed with a partnership between South Dakota Office of Licensing and Accreditation and the ECE programs. The goal of the SD 360 Program is to build a positive, strong relationship between the childcare program directors, SD ECE Programs and the SD Office of Licensing and Accreditation.
- **Statewide QRIS Classes.** In 2023, the QRIS classes will be available as 'on demand', which will allow providers to access the training and receive credit at their convenience.
- **Supporting Environmental Rating Scales (ERS) Observations throughout the state.**

Statewide Specialty Trainings in 2023:

- **Partnered with Worthy Well Empowered to offer the following trainings:**
 - **Community Resiliency Model: Trauma Informed Care and Mental Wellness (Part 1 of 2).** Providers' mental well-being is the most critical component to nurturing, trauma-informed care. Join us in learning about the Community Resiliency Model: how stress and trauma affect our bodies, how to support ourselves in times of stress, and the first of 6 CRM skills to get us back into our Resilient Zones!
 - **Community Resiliency Model: Mental Wellness with CRM Skills (Part 2 of 2).** Continue diving into the six CRM skills of how to get back to a place of wellbeing so that providers bring their best self to work and to all aspects of their life. When we have a common language around mental wellness skills, we can help ourselves, our co-workers, and the children in our care. Leave with a plan of growing their resiliency professionally, with all ages of children in their care, and in the agency.
 - **Resiliency Training for Childcare Providers.** Childcare providers have the opportunity to engage and practice the six wellness skills of the Community Resiliency Model. These trainings by empower providers to strengthen their mental wellbeing in 3-hour and 6 hour interactive sessions. creating a common language for wellness across provider workforce.

- **Using Books for Infant & Toddler Social Emotional Development.** Infants and toddlers have lots of big feelings! In this class, you will receive high-quality books and book nooks which have hands-on activities to support infant and toddler social and emotional skill building.
- **Using Books for Preschool Social Emotional Development.** Social emotional literacy is vital for successful friendships and school readiness. In this class, you will receive high-quality books and book nooks which have hands-on activities to support preschool social and emotional skill building.
- **Using Books to Support Social Emotional Development in Out of School Time Programs.** Social emotional literacy is vital for successful friendships and school success. In this class, you will receive high-quality books and book nooks which have hands on activities to support out of school time social and emotional skill building.



WHAT THE FUTURE HOLDS

New Regional Trainings in 2023:

- Breathe for Change: The Power of Communication with Mindful Movement
- Breathe for Presence and Mindfulness in Childcare
- Building Resilience in Children with Challenging Behaviors
- Classrooms Activities that Build Memory, Flexible Thinking & Self Control
- Creating Mini Masters
- Don't Feel the Burn! – Out in OST
- Environmental Rating Scales: A Foundation for Quality Childcare
- Expanding Perspective Taking
- Explore and Play Throughout the Day with Infants and Toddlers
- FLIP IT!
- Full STEAM Ahead for Infants & Toddlers
- Grooming 101 for Child Care Providers, presented by guest speaker from Sanford Child's Voice
- Helping Children Take on Challenges
- How On-going Stress Affects the Brain
- How Personality Traits & Temperament Affect Interpersonal Relationships
- How Social Identity Affects Self-Esteem
- Immersive Art
- Intentional Interactions with Infant and Toddlers
- It Takes Two: The Role of Co-Regulation
- Making Moxie: Conference on Resiliency
- Mindful Moves in Early Childhood
- Mindfulness Matters
- More than a Musical Moment
- Motivating Traumatized Children
- Nurturing Environments
- Physical Abuse 101 for Child Care Providers, presented by guest speaker from Sanford Child's Voice
- Power to the Profession (PTTP) Podcast Club
- Promoting Positive Child Outcomes through Families
- Puppets
- Push Past It!
- Setting Boundaries with Parents
- Sexual Abuse 101 for Child Care Providers, presented by guest speaker from Sanford Child's Voice
- Skills that Build Resiliency in Adults
- Skills that Build Resiliency in Young Children
- Social Emotional Learning Series – Emotion Management
- Social Emotional Learning Series – Empathy
- Social Emotional Learning Series – Friendship Skills & Problem Solving
- Social Emotional Learning Series - Introduction to Social & Emotional Learning
- Social Emotional Learning Series - Skills for Learning
- Strategies to Support Children with ASD
- Strengthening Resilience in Preschool Teachers
- Supporting Dual Language Children and Their Families
- Teaching Young Children How to Problem Solve
- The Mighty Manipulative Toy
- The Third Teacher
- Tone of Voice Important? YES!
- Toxic Stress & Children
- Transition Strategies
- Trauma and the Brain
- Trauma Informed Care
- Using Choice & Preference to Improve Behavior
- Using Temperament as a Foundation for Parent Communication
- What Do I See?
- What Exactly IS Social Emotional Teaching
- What is Inclusive Care for Infants and Toddlers?