



Adult Services and Aging's Programs & Services

May 29, 2015



Mission:

Strengthening and supporting individuals and families by promoting cost effective and comprehensive services in connection with our partners that foster independent and healthy families



Eligibility

- South Dakota residents
 - 60 years old and older
 - 18 years old and older with a disability
- Assessment demonstrates need for services
- Deficit in two activities of daily living (for most programs)
- Without services, the potential for nursing facility placement exists

Eligibility

- Priority client is someone age 60 and older
- Household resource limit for most programs
- Monthly individual care plan limit
- Cost share required for most programs

Funding for ASA Services

Programs that fund ASA services:

- ASA In-Home Services
- Medicaid State Plan
- Medicaid Home and Community-Based Services (HCBS) Waiver
- Older Americans Act Programs
- Caregiver Program



ASA In-Home Services

- Income and resources guideline
- Assessment must indicate a need for service
- Cost share is a percentage of care plan on sliding scale
- Care plan limit is \$750 per month
- Services: Homemaker, Personal Care, Nursing, Emergency Response, Medical Equipment/Supplies, Nutritional Supplements and Meals, Telehealth, Respite



Medicaid State Plan

- Participants are otherwise Medicaid eligible
 - Elderly, Blind, Disabled
- Assessment indicates a need for services
- No cost share
- Services: Homemaker, Personal Care, Nursing



Medicaid HCBS Waiver

- Level of care and income and resource guidelines
 - 300% of SSI
 - Nursing home level of care
- Assessment indicates a need for service and a physician order indicates a need for waiver services
- Cost share based on individual income
- Services: Homemaker, Personal Care, Nursing, Emergency Response, Telehealth, Medical Supplies and Equipment, Nutritional Supplements and Meals



Older Americans Act Programs

- Long Term Care Ombudsman Program (Title VII)
- Supportive Services Programs (Title III, Part B)
 - Transportation
 - Adult Day Care
- Senior Nutrition (Title III, Part C)
- Legal Services Programs (Title VII)
- National Family Caregiver Support Programs (Title III, Part E)
- Preventive Health Programs (Title III, Part D)

Caregiver Program

- Purpose is to provide respite to non-paid primary caregivers
- Federally funded portion
 - Caregiver must be over age 18
 - Care recipients over the age of 60
 - Care recipients of any age with Alzheimer's
 - Non-parent relative caregivers over age 55
- Services: Respite, Supplemental Services



Caregiver Program (cont.)

- State funded portion
 - Under 60 respite
 - Caregiver must be over age 18
 - Care recipients over the age of 18 with disability
 - Care plan capped per quarter
- Services: Respite only

ASA Services

- Homemaker Services
- Personal Care
- Nursing
- Respite Care
- Adult Day Services
- Telehealth
- Adult Foster Care
- Emergency Response
- Senior Nutrition
- Nutritional Supplements

ASA Services (cont.)

- Specialized Medical Equipment
- Specialized Medical Supplies
- Ombudsman Program
- Senior Transportation
- SHINE
- Adult Protective Services
- Legal Services
- Guardianship/Conservatorship
- Prescription Assistance



Homemaker Services

- Recipient requires assistance with activities of daily living and/or instrumental activities of daily living
- Assistance with basic housecleaning, laundry, etc.
- Providers - Contracts with Homemaker/Home Health agencies across the state, Medicaid Enrolled Providers

Personal Care

- Personal, hands on assistance
 - Bathing and hair care
- Providers - Contracts with Homemaker/Home Health agencies across the state, Medicaid enrolled providers



Nursing Services

- Has a health need that requires a nurse visit
 - Health Monitor, Medication Compliance, Education
- Providers - Contracts with Homemaker/Home Health agencies across the state, Medicaid Enrolled Providers



Respite Care

- Temporary, short term relief for primary caregiver
- In home
- Facility based

Adult Day Services

- Provides supervision, meal and activities
 - May provide limited health services
 - May provide bathing
 - May provide transportation to center
- Providers: Adult Day Centers and some Skilled Nursing Facilities

Adult Day Services

- Individuals over age 60 may attend on donation basis
- Adult day center services are reimbursed by the State through contracts at an established hourly rate for eligible participants (plus participant donations)
- Centers may also provide services under waiver, in home program, Veterans Administration, privately paying individuals
- Eight established stand alone centers currently under contract



Telehealth

- Medical monitoring using technology in client's home which is connected to contract home health agency
- Nurse monitors and communicates with consumer and physician
 - Weight, blood pressure, blood glucose level, oxygen levels
- Reduces hospitalizations/emergency room visits
- Providers: Contracted Agencies

Adult Foster Care

- Provides room, board and general supervision
- Licensed by Department of Health, Office of Licensure and Certification, for up to four non-related individuals
- Age 60 and older
 - Unable to live independently
 - Requires minimal supervision and assistance
- Providers: 17 Licensed Adult Foster Care Homes
- Monthly reimbursement to licensed provider
- Under age 60 served by DHS



Emergency Response Systems

- Emergency Call System
 - Designated responders or National Call Center
- At Risk Indicators
 - Live in rural, isolated areas
 - Frequent falls
- Providers: Contracted Agencies



Meals and Nutritional Supplements

- Maintain health and nutrition
- Providers: Contracted Nutrition Projects, Others



Senior Nutrition

- Meal sites provide:
 - Socialization
 - Nutrition education
 - Meals which meet Daily Reference Intake (DRI)
 - Supplemental Nutrition Assistance Program (SNAP) can be utilized
- Over age 60 – contribution for meal
- Qualified disabled adult – contribution for meal
- Anyone can participate and pay full cost of meal
- Home Delivered option
- Providers: Senior Nutrition Projects



Other Meals and Nutritional Supplements

- Assessment determines need
- Utilized when:
 - Individual is not eligible under Older Americans Act Program
 - Evenings/weekends
 - Specialized diet/meals are required and otherwise unavailable
- Providers: Statewide Nutrition Projects, Hospitals



Specialized Medical Equipment

- Assessment determines need
- Medication management devices
- Grab bars, assistive devices, walkers, canes
- Providers: Durable Medical Equipment Providers



Specialized Medical Supplies

- Assessment determines need
- Expendable and/or reusable supplies related to treatment and care of:
 - Incontinence
 - Diabetes
 - Wound care due to pressure ulcers
 - Limited amount
- Providers – ASA or Local Providers



Ombudsman Program

- Resident centered service for individuals residing in:
 - Nursing homes
 - Assisted living centers
 - Residential living centers
- Federally sponsored and required program
 - Funding is provided under Older Americans Act
 - Each state has an Office of the State Long Term Care Ombudsman

Ombudsman Program

- Ombudsman Responsibilities:
 - Advocate – represent resident’s interest during dispute
 - Mediate – assist to achieve resolution
 - Investigate – inquire into abuses of resident rights
 - Educate – provide education regarding resident rights
- Typical Complaint Investigations
 - Notice of transfer/Discharge/Eviction
 - Resident rights
 - Allegation of staff neglect or exploitation - DOH
 - Quality of care issues – DOH



Senior Transportation

- Funds are awarded to senior centers, public transit systems and other community organizations to help provide transportation for elderly people
- Interagency agreement with Department of Transportation
- Rides are provided to/from:
 - Medical appointments
 - Shopping and banking
 - Senior center activities
 - Nutrition programs
 - Adult day centers

Senior Transportation

- Individuals 60 years of age and older may ride for a suggested donation
- Medicaid reimbursement for allowable medical transportation



Senior Health Information & Insurance Education (SHINE)

- Education regarding all parts of Medicare
- Counseling sessions and enrollment assistance are available during Medicare Part D open enrollment period
- Free service for SD Medicare beneficiaries
- Confidential

SHIINE (Cont.)

- Three Regional Coordinators:
 - Rapid City
 - Pierre
 - Sioux Falls
- Volunteer network across the state
- SD SHIINE program was the top performer in 2014

Adult Protective Services

- Services provided when abuse, neglect or exploitation of a vulnerable adult is suspected:
 - Receive calls of concern
 - Investigation of circumstances
 - Referral to other professional agencies
 - Law enforcement
 - Legal service
 - Domestic abuse shelters
 - Mental health agencies
 - Short term housing
 - Transition to services with Adult Services and Aging if needed

Adult Protective Services

- Other Services Provided:
 - Education to individuals and groups regarding signs of abuse and neglect
 - Education to individuals and groups regarding signs of financial exploitation
 - Partner with Attorney General's Office of Consumer Protection

Legal Services

- Older Americans Act Funding
- Provide legal assistance to persons age 60 and older
- Types of services provided:
 - Advance directives
 - Wills
 - Consumer problems
 - Housing and rental disputes
- Providers:
 - Dakota Plains Legal Services
 - East River Legal Services



Guardianship/Conservatorship

- Guardian is a person/entity appointed by a court to look after personal affairs of a person whom the court has determined to be in need of protection.
- Conservator is a person/entity appointed by a court to look after the estate and financial affairs of a person whom the court has determined to be in need of protection.
- Guardianship may be appointed for someone whose ability to respond to people, events, and environments is impaired to an extent that the individual is unable to meet essential requirements for health care, safety, habilitation, or therapeutic needs.

Guardianship/Conservatorship (Cont.)

- Limited financial assistance available to assist family/friend in establishing guardianship
- DSS by statute serves as guardian of last resort when no other suitable guardian can be located

Prescription Assistance

- Assistance to help people apply for drug company assistance programs which supply prescription medications at low or no cost
- Not all prescription medications are available
- Does not:
 - Pay for medications
 - Reimburse past medication expenses



Thank you.

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