

# Prevention Program Strategic Plan

## Vision

South Dakota communities working together to promote behavioral health and wellness across the lifespan

## Mission

Create and sustain a statewide prevention system promoting behavioral health and preventing mental and substance use disorders through evidence-based programs / promising practices

## Goals

- Goal 1: Ensure access to a prevention system to support behavioral health and wellness and reduce substance use disorders
- Goal 2: Improve behavioral health through evidence-based programs/promising practices as determined by community needs
- Goal 3: Foster alignment of prevention strategies at a state level and systems integration at the regional and local levels
- Goal 4: Measure behavioral health outcomes of evidence-based programs/promising practices

**Goal 1: Ensure access to a prevention system to support behavioral health and wellness and reduce substance use disorders**

**Objective A: Develop, implement, and sustain primary prevention services**

**Strategy 1: Identify essential prevention services**  
Activities  
 a) Utilize results and recommendations from the Prevention Practice Workgroup to develop the list of essential services  
 b) Assist communities in prioritizing essential services based on their assessed needs  
 c) Survey communities to determine available services and gaps

**Strategy 2: Identify population(s) to be served**  
Activities  
 a) Review data to determine the population(s) that should receive prevention services  
 b) Identify gaps and limits in available data  
 c) Conduct inventory of prevention providers and determine gaps in services based on identified essential needs  
 d) Match prevention services to the target population(s)  
 e) Provide training and technical assistance to the provider network in implementing identified programming

**Objective B: Develop, implement, and sustain early intervention strategies and the process to link to appropriate services**

**Strategy 1: Identify essential early intervention services**  
Activities  
 a) Utilize results and recommendations from the Prevention Practice Workgroup to develop the list of essential services  
 b) Assist communities in prioritizing essential services based on their assessed needs  
 c) Survey communities to determine available services and gaps

**Strategy 2: Identify population(s) to be served**  
Activities  
 a) Review data to determine the population(s) that should receive early intervention services  
 b) Identify gaps and limits in available data  
 c) Conduct inventory of early intervention providers and determine gaps in services based on identified essential needs  
 d) Match early intervention services to the target population(s)  
 e) Provide training and technical assistance to the provider network in implementing identified programming

**Strategy 3: Develop processes to foster linkage of early intervention services to treatment**  
Activities  
 a) Ensure follow-up processes are established and implemented  
 b) Establish a better system for care coordination and case management

<b>Objective C: Develop, implement and sustain recovery supports</b>	
	<p><b>Strategy 1: Identify essential recovery supports</b></p> <p><u>Activities</u></p> <ul style="list-style-type: none"> <li>a) Utilize results and recommendations from the Prevention Practice Workgroup to develop the list of essential services</li> <li>b) Assist communities in prioritizing essential services based on their assessed needs</li> <li>c) Survey communities to determine available services and gaps</li> </ul>
	<p><b>Strategy 2: Identify population(s) to be served</b></p> <p><u>Activities</u></p> <ul style="list-style-type: none"> <li>a) Review data to determine the population(s) that should receive recovery support services</li> <li>b) Identify gaps and limits in available data</li> <li>c) Conduct inventory of recovery support services and determine gaps in services based on identified essential needs</li> <li>d) Match recovery support services to the target population(s)</li> <li>e) Provide training and technical assistance to the provider network in implementing identified programming</li> </ul>
<b>Goal 2: Improve behavioral health through evidence-based programs/promising practices as determined by community needs</b>	
<b>Objective A: Identify evidence-based programs/promising practices to match community needs</b>	
	<p><b>Strategy 1: Identify evidence-based primary prevention programs/promising practices</b></p> <p><u>Activities</u></p> <ul style="list-style-type: none"> <li>a) Establish Evidence-Based Practice Workgroup</li> <li>b) Create an inventory of effective programs</li> <li>c) Review utilization of evidence-based programs in the state</li> <li>d) Disseminate recommendations for evidence-based programs/promising practices</li> </ul>
	<p><b>Strategy 2: Identify evidence-based early intervention programs/promising practices</b></p> <p><u>Activities</u></p> <ul style="list-style-type: none"> <li>a) Establish Evidence-Based Practice Workgroup</li> <li>b) Create an inventory of effective programs</li> <li>c) Review utilization of evidence-based programs in the state</li> <li>d) Disseminate recommendations for evidence-based programs/promising practices.</li> </ul>
	<p><b>Strategy 3: Identify and implement evidence-based recovery support programs/promising practices</b></p> <p><u>Activities</u></p> <ul style="list-style-type: none"> <li>a) Establish Evidence-Based Practice Workgroup</li> <li>b) Create an inventory of effective programs</li> <li>c) Review utilization of evidence-based programs in the state</li> <li>d) Disseminate recommendations for evidence-based programs/ promising practices.</li> </ul>

<b>Objective B: Implement evidence-based programs/promising practices to align with community priorities</b>	
	<p><b>Strategy 1:</b> Implement evidence-based primary prevention programs/promising practices</p> <p><u>Activities</u></p> <ul style="list-style-type: none"> <li>a) Provide training on evidence-based programs, curricula, and strategies that support primary prevention services</li> <li>b) Provide ongoing technical assistance to support local evidence-based programs/promising practices</li> </ul>
	<p><b>Strategy 2:</b> Implement evidence-based early intervention programs/promising practices</p> <p><u>Activities</u></p> <ul style="list-style-type: none"> <li>a) Provide training on evidence-based programs, curricula, and strategies that support early intervention services</li> <li>b) Provide ongoing technical assistance to support local evidence-based programs/promising practices</li> </ul>
	<p><b>Strategy 3:</b> Implement evidence-based recovery support programs/promising practices</p> <p><u>Activities</u></p> <ul style="list-style-type: none"> <li>a) Provide training on evidence-based programs, curricula, and strategies for recovery support services</li> <li>b) Provide ongoing technical assistance to support local evidence-based programs/promising practices</li> </ul>
<b>Goal 3: Foster alignment of prevention strategies at a state level and systems integration at the regional and local levels</b>	
<b>Objective A: Coordinate and enhance prevention policies, programs and practices to align at the state level</b>	
	<p><b>Strategy 1:</b> Identify prevention activities occurring across state government</p> <p><u>Activities</u></p> <ul style="list-style-type: none"> <li>a) Survey state departments currently providing support to prevention efforts to determine gaps in prevention services and overlap of prevention services</li> <li>b) Bring key stakeholders together to review survey data</li> <li>c) Identify cross agency and state level policies, programs and practices</li> <li>d) Map state level activities into primary prevention, early intervention, and recovery supports programming</li> <li>e) Analyze survey findings and develop a communication and dissemination plan on prevention activities in state government</li> </ul>
	<p><b>Strategy 2:</b> Support alignment of prevention activities across state agencies</p> <p><u>Activities</u></p> <ul style="list-style-type: none"> <li>a) Develop recommended standards for prevention</li> <li>b) Coordinate recommended standards for prevention services across state agencies</li> <li>c) Develop a more coordinated funding stream for prevention activities</li> </ul>

<p><b>Objective B:</b> Facilitate community development for a comprehensive integrated prevention system</p>	
	<p><b>Strategy 1:</b> Assist communities in assessing what current local prevention infrastructure exists</p> <p><u>Activities</u></p> <ul style="list-style-type: none"> <li>a) Develop and provide tools to assist in capturing information about existing prevention efforts</li> <li>b) Assist in analyzing data to build an integrated system of prevention efforts</li> </ul>
	<p><b>Strategy 2:</b> Work with communities to develop a framework to align infrastructure</p> <p><u>Activities</u></p> <ul style="list-style-type: none"> <li>a) Bring community stakeholders together to educate on gaps and overlaps on local prevention efforts</li> <li>b) Educate local communities on state plan</li> <li>c) Meet with existing prevention groups to determine priorities for developing a comprehensive community prevention plan</li> </ul>
<p><b>Goal 4: Measure behavioral health outcomes of evidence-based programs/ promising practices</b></p>	
<p><b>Objective A:</b> Assess state and community needs and identify prevention priorities</p>	
	<p><b>Strategy 1:</b> Expand data and information systems capacity to collect and report behavioral health indicators across key agencies at the state level</p> <p><u>Activities</u></p> <ul style="list-style-type: none"> <li>a) Review current mental health and substance abuse indicators and identify new behavioral health indicators</li> <li>b) Meet with state agencies to ascertain important prevention indicators for their agency/constituents</li> <li>c) Review data systems to determine current capacity and needed enhancements</li> <li>d) Provide training and technical assistance on the collection of behavioral health indicators</li> <li>e) Identify and develop assessment tools and resources to support local efforts to collect behavioral health indicators</li> <li>f) Collect data, analyze and identify priorities</li> </ul>
	<p><b>Strategy 2:</b> Expand data and information systems capacity to collect and report behavioral health indicators across key community sectors</p> <p><u>Activities</u></p> <ul style="list-style-type: none"> <li>a) Review current mental health and substance abuse indicators and identify new behavioral health indicators</li> <li>b) Meet with stakeholders to ascertain important prevention indicators for their community</li> <li>c) Review local data systems to determine current capacity and needed enhancements</li> <li>d) Provide training and technical assistance on the collection of behavioral health indicators</li> <li>e) Identify and develop assessment tools and resources to support local efforts to collect behavioral health indicators</li> <li>f) Collect data, analyze and identify local priorities</li> </ul>

**Objective B: Strengthen data and evaluation capacity to measure outcomes**

**Strategy 1:** Expand capacity of the prevention workforce to evaluate programs and improve outcomes

Activities

- a) Provide training and technical assistance to enhance evaluation capacity for local prevention providers
- b) Identify and develop evaluation tools and resources to support local providers to evaluate their programs
- c) Disseminate evaluation tools to local providers

**Strategy 2:** Create statewide data infrastructure framework for evaluating prevention programs

Activities

- a) Review current process, short-term, intermediate and long-term measures
- b) Identify data gaps in the prevention systems and proposed strategies for filling the data gaps
- c) Meet with state agencies to ascertain important outcome measures required by each agency
- d) Review data systems to determine current capacity and needed enhancements
- e) Collect data, analyze and identify priorities

**Strategy 3:** Implement coordinated data collection and reporting processes across prevention programs and providers

Activities

- a) Expand current data systems to allow for coordinated collection and reporting of data
- b) Provide guidance and support for data system enhancement
- c) Provide training and technical assistance in using data systems