## Fiscal Year 2020

State Profile Executive Summary



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### **Executive Summary**

The Division of Behavioral Health is pleased to publish the Fiscal Year 2020 (FY20) State Profile Executive Summary. This executive summary introduces key statewide behavioral health outcomes, as reported by South Dakota's publicly funded behavioral health providers.

Publicly funded behavioral health services are held to a high standard of quality and effectiveness. These profiles began in Fiscal Year 2018 (FY18) and reflect the commitment made by the Division as well as representatives from mental health and substance use disorder treatment agencies to accurately and consistently report the data and outcomes of publicly funded treatment services.

The following pages summarize statewide performance measures and key outcomes for the following service areas:

- Adult substance use disorder treatment services: including outpatient services, low intensity
  residential services, intensive inpatient treatment services, and intensive methamphetamine
  treatment services;
- Youth substance use disorder treatment services: including outpatient services and PRTF (psychiatric residential treatment facility) services;
- Adult mental health treatment services: including Comprehensive Assistance with Recovery and Empowerment (CARE) and Individualized and Mobile Program of Assertive Community Treatment (IMPACT) services;
- Youth mental health services: including Child, Youth or Family (CYF) Services
- Targeted services for justice-involved populations: including Cognitive Behavioral Interventions for Substance Abuse (CBISA) and Moral Reconation Therapy (MRT) for adults; and Functional Family Therapy (FFT), Aggression Replacement Therapy (ART), and MRT for youth.

The following pages highlight the many positive outcomes experienced by individuals who received publicly funded behavioral healthcare in FY20 including: satisfaction with the treatment services received, improvements in their mental health and social well-being, increased ability to control substance use and increased motivation to not use substances, and the use of fewer high-cost services.

The Division has also identified areas for improvement. These include outcome tool return rates for youth mental health and justice-involved services as well as successful discharge rates in intensive methamphetamine treatment services and both youth and adult justice-involved services. In Fiscal Year 2021 (FY21), Division staff will continue to work collaboratively with agencies to address these areas, including monitoring outcome tool return rates and supporting competent clinical staff through training and technical assistance in best practices to promote engagement and retention in treatment. Additionally, the Division has created a performance management team dedicated to working with agencies to identify barriers and develop solutions that ensure good outcomes for South Dakotans.

In FY21, the Division will make state and agency profiles available to all stakeholders and consumers online at <a href="https://dss.sd.gov/">https://dss.sd.gov/</a>. It is our hope these profiles will serve as a resource to anyone seeking information about publicly funded behavioral health treatment services in South Dakota.

## **Data Collection Methodology**

The Division of Behavioral Health collaborated closely with members of the Data and Outcomes Work Group (DOWG) to identify the information found in this executive summary and the state and agency profiles. This work group is comprised of representatives from mental health and substance use disorder agencies as well as Division staff.

For FY20 agency profiles, contracted behavioral health agencies collected data from in-person questionnaires. The surveyed population included adults and youth receiving publicly funded behavioral health services between June 1st, 2019 through May 31st, 2020. In addition, parents and guardians of youth receiving services were surveyed. Publicly funded behavioral health services are funded through state general funds, block grant funding, and Medicaid funding.

#### **Data Collection Process**

#### Stakeholder Survey

The Division of Behavioral Health (DBH) collects Stakeholder Survey data once a year for all accredited mental health and substance use disorder agencies. As part of the survey process, accredited agencies are asked to share the survey with at least three stakeholders in their community. In addition, the DBH surveys the Department of Corrections (DOC), Unified Judicial System (UJS), and Child Protection Services (CPS) regarding the accredited agencies.

#### Mental Health Services

Contracted agencies collect mental health outcome data at admission, every six months until discharge from services, and at successful discharge from services. The most significant improvements in mental health are made between admission and the first 6 months of services. However, the DBH requires contracted agencies to continue to collect data every six months to ensure clinical services continue to support changes made in the first 6 months of services. Clients completing the surveys do have the option to skip or refuse to answer questions. As a result, total data points collected may change between questions.

#### Substance Use Disorder Services and Targeted Services for Justice-Involved Clients

Contracted agencies collect substance use disorder outcome data at admission and at successful discharge from services. In addition, follow-up data is collected six months after the completion of services for clients who received targeted substance use disorder services for justice-involved adults. Clients completing the surveys have the option to skip or refuse to answer questions. As a result, total data points collected may change between questions. The Texas Christian University Criminal Thinking Scales (TCU), How I Think Questionnaire (HIT), Gain Short Screener, (Gain-SS) and Aggression Questionnaire (AQ) are secondary tools utilized to measure the impact of Targeted Services for Justice-Involved clients.

#### **Data Reporting**

Appendices A and B contain the data used to build this report. Information includes each data point identified in the Executive Summary, the total number of clients who responded, and their responses. Appendix C includes the Division's Logic Model for service delivery and data collection.



## Stakeholder Survey Results

• Community needs. Ninetytwo percent of behavioral health stakeholders reported publicly funded behavioral health agencies are responsive to the needs within the community. Behavioral health agencies are responsive to the needs within the community

• Location convenience.

Eighty-nine percent of stakeholders reported the location of behavioral health services is convenient for clients.

- Location of behavioral health services is convenient for clients.
- **Quality of services.** Eighty-nine percent of stakeholders reported publicly funded behavioral health agencies provide quality services.
- Community behavioral health agencies provide

 Client needs. Ninety-two percent of stakeholders reported publicly funded behavioral health agencies support the needs of their clients.



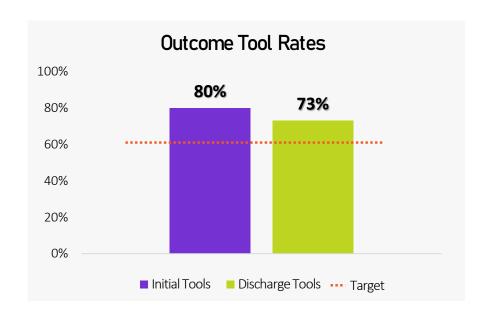
# Adult Substance Use Disorder Services

#### Adult Substance Use Disorder Services

#### **RETURN RATES**

Outcome tool return rates.

Across all types of adult SUD treatment services, agencies achieved an 80% return rate for initial outcome tools and 73% return rate for discharge outcome tools, both exceeding the 60% target.



#### **DISCHARGE RATES**

• Clients discharged from treatment. Seventy-five percent of clients completed treatment, exceeding the national average of 30%. Twelve percent of clients left against professional advice, and 4% of clients were terminated by the

facility.

Discharge Reasons	State Average	National Average
Treatment Completed	75%	30%
Left Against Professional Advice	12%	41%
Terminated by Facility	4%	5%

#### **GENERAL SATISFACTION**

 Overall satisfaction with treatment services received. Ninety-four percent of clients served reported general satisfaction with services.



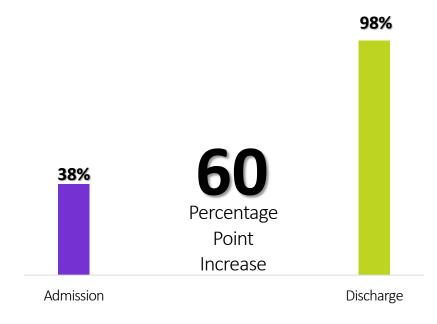
#### **ACCESS TO SERVICES**

 Perception of the ease and convenience of treatment services received. Ninetythree percent of clients served reported ease and convenience when accessing treatment services.



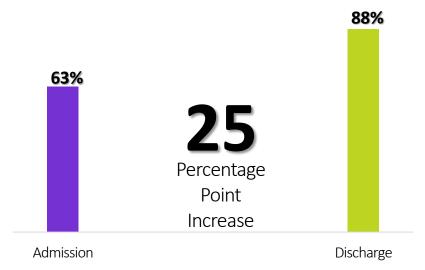
## ABILITY TO CONTROL SUBSTANCE USE

• Client-reported ability. Ninetyeight percent of clients served reported the ability to control their substance use at discharge, compared to 38% at admission.



## MOTIVATION TO NOT USE SUBSTANCES

Client-reported motivation.
 Eighty-eight percent of clients served reported motivation to not use substances at discharge, compared to 63% at admission.



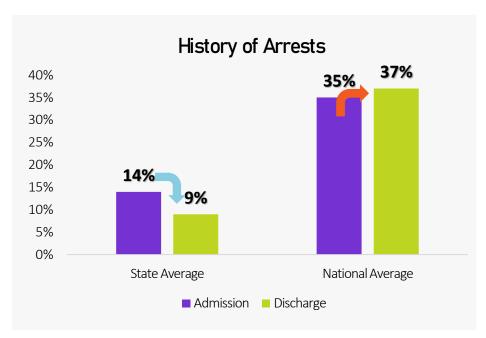
#### **EMPLOYMENT**

 Clients who reported employment. Twenty-seven percent of clients served reported employment at discharge, compared to 23% at admission, which exceeds the national average of 19%.

## 27% Clients who reported employment

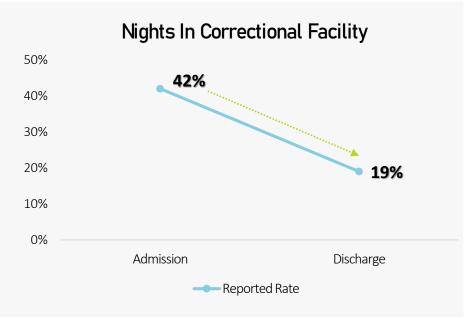
#### **HISTORY OF ARREST**

• **History of arrests.** At discharge, 9% percent of clients served reported an arrest within the last 30 days, compared to 14% at admission, which are below the national averages.



## NIGHTS IN A CORRECTIONAL FACILITY

 Clients who reported nights spent in a correctional facility. At discharge, 19% percent of clients served reported at least one night spent in a correctional facility within the last 30 days, compared to 42% at admission.



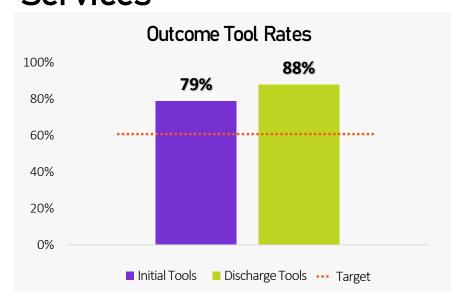
## Intensive Methamphetamine Treatment Services

## Intensive Methamphetamine Treatment Services

#### **RETURN RATES**

Outcome tool return rates.

Agencies achieved a 79% return rate for initial outcome tools and an 88% return rate for discharge outcome tools, both exceeding the 60% target.



#### **DISCHARGE RATES**

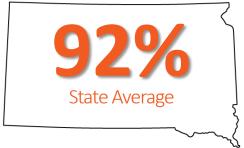
• Clients discharged from treatment. Thirty-five percent of clients completed treatment, which is above the national average of 30%. Thirty-seven percent of clients left against professional advice, and 5% of clients were terminated by the facility.

Discharge Reasons	State Average	National Average
Treatment Completed*	35%	30%
Left Against Professional Advice	37%	41%
Terminated by Facility	5%	5%

#### **GENERAL SATISFACTION**

 Overall satisfaction with treatment services received. Ninety-two percent of clients served reported general satisfaction with services.





#### INTENSIVE METHAMPHETAMINE TREATMENT SERVICES

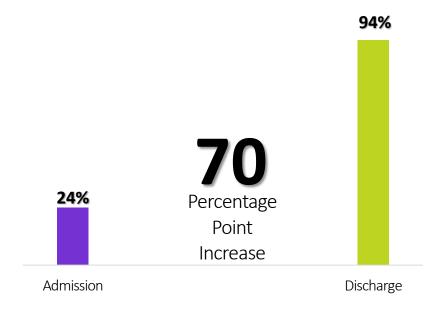
#### **ACCESS TO SERVICES**

 Perception of the ease and convenience of treatment services received. Ninety-one percent of clients served reported ease and convenience when accessing treatment services.



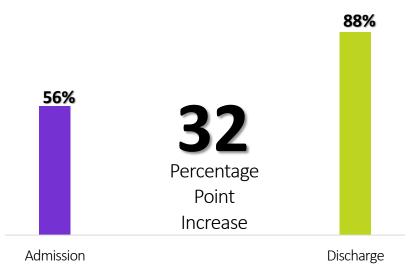
## ABILITY TO CONTROL SUBSTANCE USE

• Client-reported ability. Ninetyfour percent of clients served reported the ability to control their substance use at discharge, compared to 24% at admission.



## MOTIVATION TO NOT USE SUBSTANCES

Client-reported motivation.
 Eighty-eight percent of clients served reported motivation to not use substances at discharge, compared to 56% at admission.



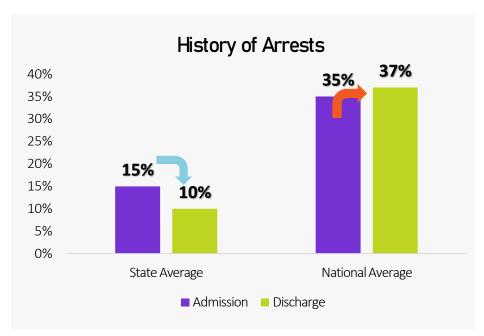
#### **EMPLOYMENT**

• Clients who reported employment. Thirty-eight percent of clients served reported employment at discharge, compared to 7% at admission, which exceeds the national average of 19%.



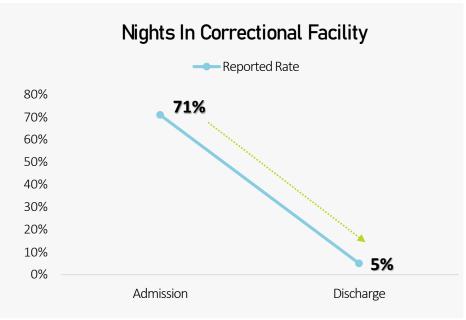
#### **HISTORY OF ARREST**

 History of arrests. At discharge, 10% percent of clients served reported an arrest within the last 30 days, compared to 15% at admission, which are below the national averages.



## NIGHTS IN A CORRECTIONAL FACILITY

• Clients who reported nights spent in a correctional facility. At discharge, 5% percent of clients served reported at least one night spent in a correctional facility within the last 30 days, compared to 71% at admission.



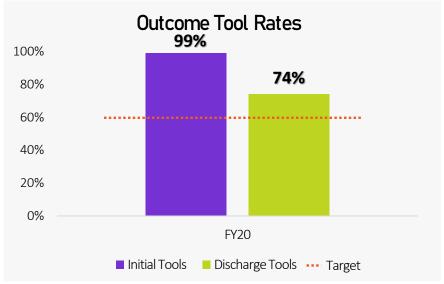
# Pregnant Women and Women with Dependent Children Services

## Pregnant Women and Women with Dependent Children Services

#### **RETURN RATES**

Outcome tool return rates.

Agencies achieved a 99% return rate for initial outcome tools and 74% return rate for discharge outcome tools, both exceeding the 60% target.



#### **DISCHARGE RATES**

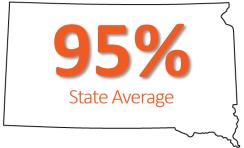
• Clients discharged from treatment. Fifty percent of clients completed treatment, exceeding the national average of 30%. Thirty-nine percent of clients left against professional advice, and 6% of clients were terminated by the facility.

Discharge Reasons	State Average	National Average
Treatment Completed*	50%	30%
Left Against Professional Advice	39%	41%
Terminated by Facility	6%	5%

#### **GENERAL SATISFACTION**

 Overall satisfaction with treatment services received. Ninety-five percent of clients served reported general satisfaction with services.





#### PREGNANT WOMEN AND WOMEN WITH DEPENDENT CHILDREN SERVICES

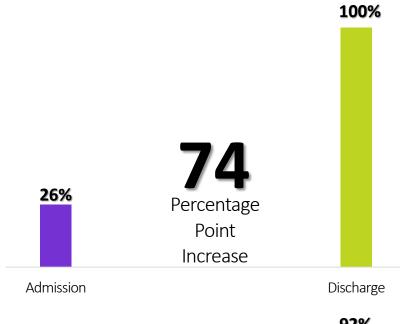
#### **ACCESS TO SERVICES**

 Perception of the ease and convenience of treatment services received. Ninetyeight percent of clients served reported ease and convenience when accessing treatment services.



## ABILITY TO CONTROL SUBSTANCE USE

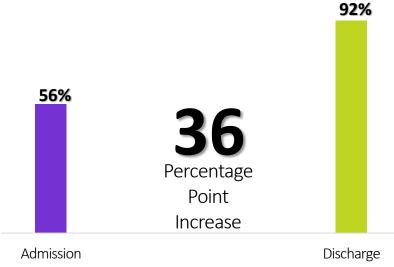
• Client-reported ability. One hundred percent of clients served reported the ability to control their substance use at discharge, compared to 26% at admission.



## MOTIVATION TO NOT USE SUBSTANCES

Client-reported motivation.

Ninety-two percent of clients served reported motivation to not use substances at discharge, compared to 56% at admission.



#### PREGNANT WOMEN AND WOMEN WITH DEPENDENT CHILDREN SERVICES

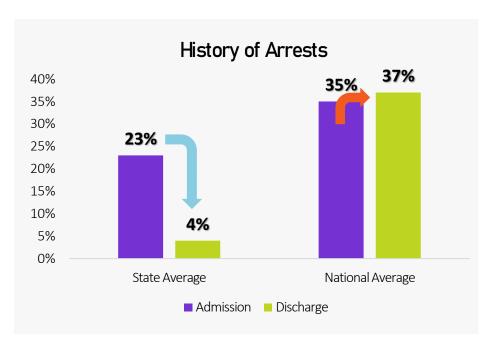
#### **EMPLOYMENT**

• Clients who reported employment. Thirty-three percent of clients served reported employment at discharge, compared to 9% at admission, which exceeds the national average of 19%.



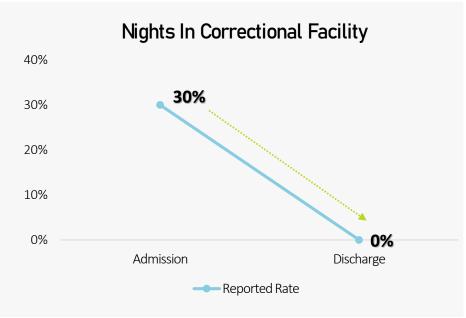
#### **HISTORY OF ARREST**

 History of arrests. At discharge, 4% percent of clients served reported an arrest within the last 30 days, compared to 23% at admission, which are below the national averages.



## NIGHTS IN A CORRECTIONAL FACILITY

• Clients who reported nights spent in a correctional facility. At discharge, 0% percent of clients served reported at least one night spent in a correctional facility within the last 30 days, compared to 30% at admission.



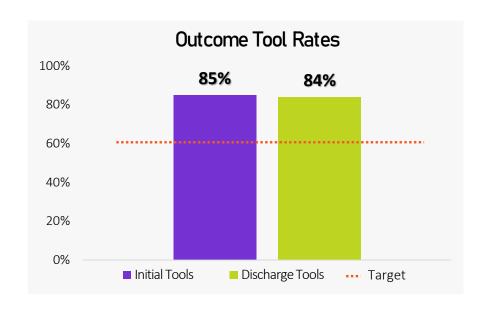
# Youth Substance Use Disorder Services

#### Youth Substance Use Disorder Services

#### **RETURN RATES**

Outcome tool return rates.

Agencies achieved an 85% return rate for initial outcome tools and 84% return rate for discharge outcome tools, both exceeding the 60% target.



#### **DISCHARGE RATES**

 Clients discharged from treatment. Fifty-nine percent of

youth clients completed treatment. Sixteen percent of youth clients left against professional advice, and 10% of youth clients were terminated by the facility.

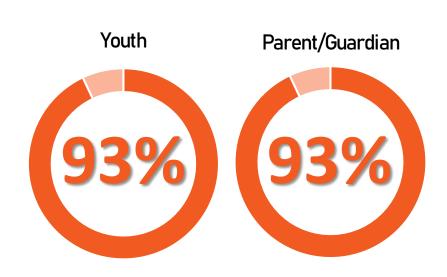
#### Discharge Reasons

Treatment Completed*	59%
Left Against Professional Advice	16%
Terminated by Facility	10%

#### **GENERAL SATISFACTION**

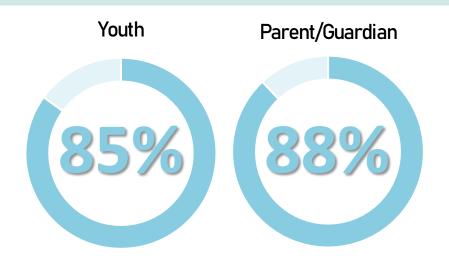
 Overall satisfaction with treatment services received.

> Ninety-three percent of youth clients served and 93% of parents/guardians reported general satisfaction with services



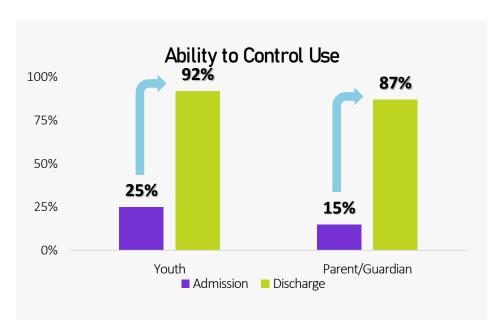
#### **ACCESS TO SERVICES**

• Perception of the ease and convenience of treatment services received. Eighty-five percent of youth clients served, and 88% of parents/guardians reported ease and convenience when accessing treatment services for their youth.



## ABILITY TO CONTROL SUBSTANCE USE

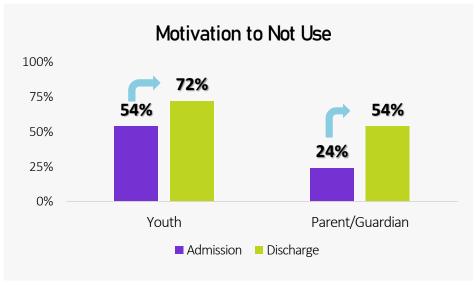
• Client-reported ability. Ninety-two percent of youth clients reported the ability to control their substance use at discharge, compared to 25% at admission. Eighty-seven percent of parents/guardians reported their youth's ability to control substance use at discharge, compared to 15% at admission.



## MOTIVATION TO NOT USE SUBSTANCES

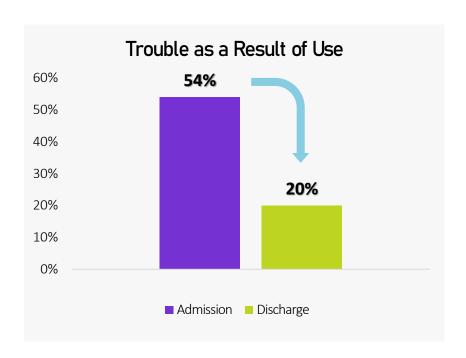
Client-reported motivation.

Seventy-two percent of youth clients reported motivation to not use substances at discharge, compared to 54% at admission. Fifty-four percent of parents/guardians reported their youth's motivation to not use substances at discharge, compared to 24% at admission.



#### TROUBLE AS A RESULT OF USE

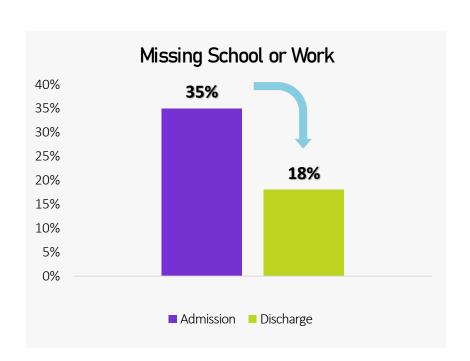
• Clients who reported getting in trouble due to substance use. Fifty-four percent of youth clients served reported getting in trouble due to substance use at admission, compared to 20% at discharge.



#### MISSING SCHOOL OR WORK

 Clients who reported missing school/work due to their substance

**use.** Thirty-five percent of youth clients served reported missing school or work due to substance use at admission, compared to 18% at discharge.



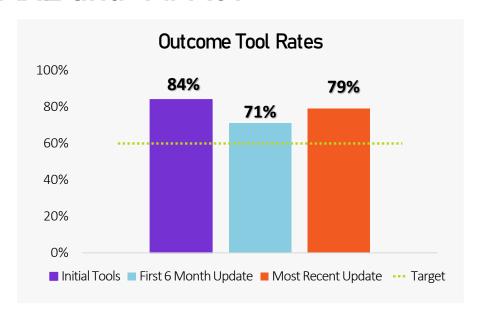
## Adult Mental Health Services

### Adult Mental Health Services-CARE and IMPACT

#### **RFTURN RATES**

Outcome tool return rates.

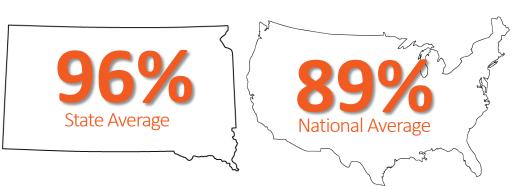
Agencies achieved an 84% return rate for initial outcome tools, 71% return rate for the first 6-month update, and 79% return rate for the most recent update, exceeding the 60% target.



#### **GENERAL SATISFACTION**

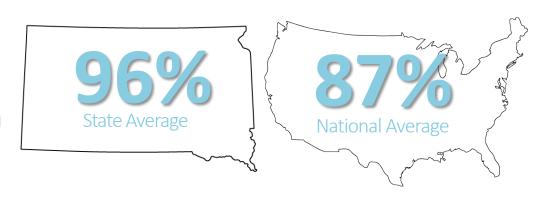
• Overall satisfaction with treatment services received. Ninety-six percent of clients served reported general satisfaction with services, exceeding the national

average of 89%.



#### **ACCESS TO SERVICES**

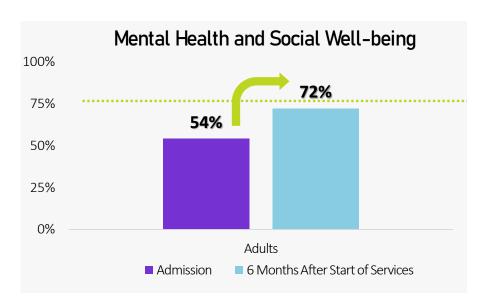
• Perception of the ease and convenience of treatment services received. Ninety-six percent of clients served reported ease and convenience when accessing treatment services, exceeding the national average of 87%.



#### **FUNCTIONING**

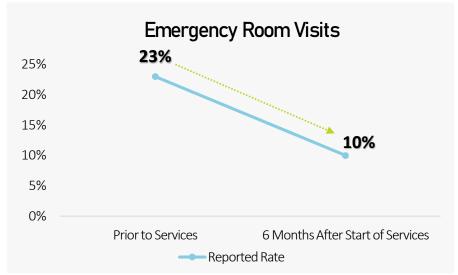
76%.

Deing. Seventy-two percent of clients served reported an increase in their mental health and social well-being at six months after admission, compared to 54% at admission. The national average is



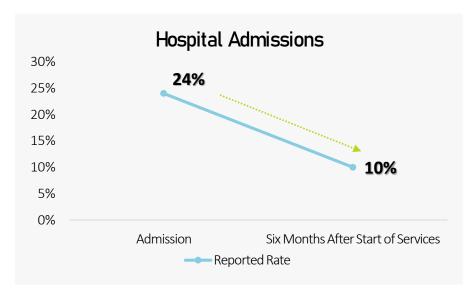
#### **EMERGENCY ROOM VISITS**

• Clients who visited an ER for a psychiatric or emotional problem. Prior to services, 23% of clients served reported visiting the ER for a psychiatric or emotional problem, compared to 10% six months after the start of services.



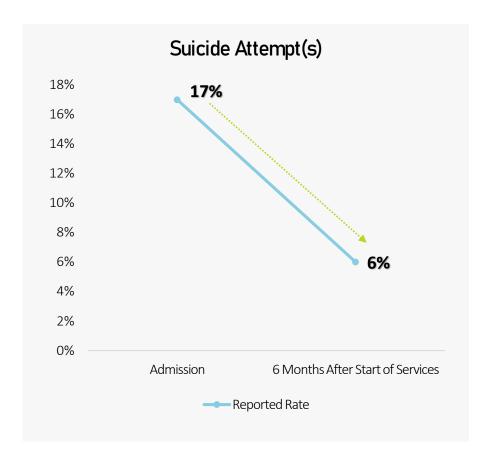
#### **HOSPITAL ADMISSIONS**

• Clients who reported a hospital admission for mental health. Clients served who reported a hospital admission for mental health declined from 24% at admission to 10% six months after the start of services.



## REDUCTION OF SUICIDE ATTEMPT(S)

Clients who reported suicide attempt(s). Seventeen percent of clients served reported suicide attempt(s) at admission, compared to 6% at six months after the start of services.



#### **EMPLOYMENT**

• Clients who reported employment. Twenty-five percent of clients served reported employment at the most recent update, exceeding the national average of 22%.



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## Youth Mental Health Services

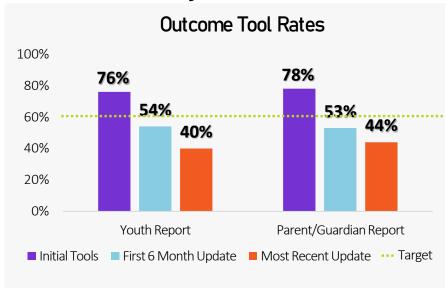
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## Youth Mental Health Services-Child, Youth or Family (CYF)

#### **RETURN RATES**

Outcome tool return rates.

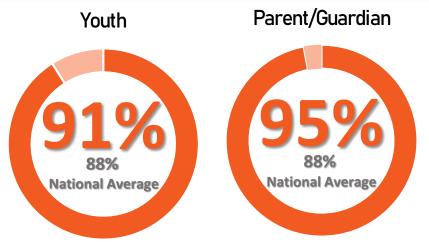
Agencies exceeded the 60% target return rate for both youth and parent/guardian initial outcome tools but did not meet the 60% target rate for the first six-month update or the most recent update.



#### **GENERAL SATISFACTION**

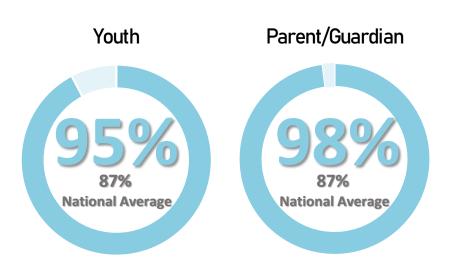
 Overall satisfaction with treatment services

**received.** Ninety-one percent of youth clients served and 95% of parents/guardians reported general satisfaction with services received, exceeding the national average of 88%.



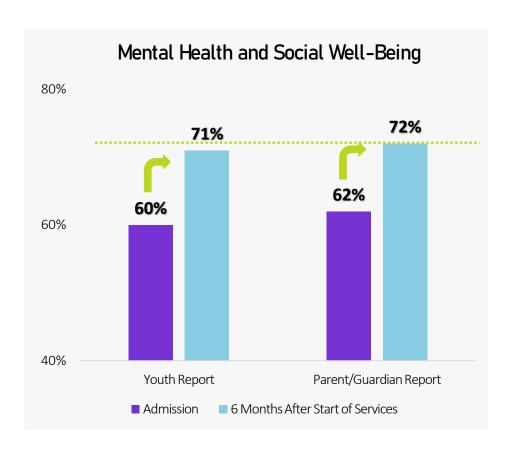
#### **ACCESS TO SERVICES**

• Perception of the ease and convenience of treatment services received. Ninety-five percent of youth clients served and 98% of parents/guardians reported ease and convenience when accessing treatment services, exceeding the national average of 87%.



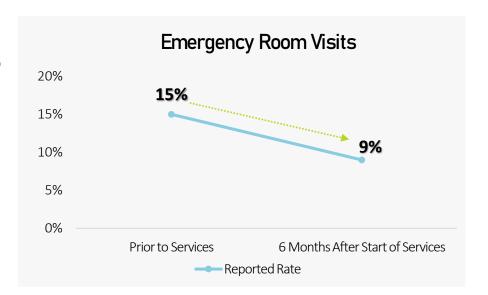
#### **FUNCTIONING**

Client perception of their mental health and social well-being. Seventy-one percent of youth clients served and 72% of parents/guardians reported satisfaction with the youth's mental health and social well-being at the most recent update, compared to 60% and 62% at admission. The national average is 72%.



#### **EMERGENCY ROOM VISITS**

• Youth clients who visited an ER for a psychiatric or emotional problems. Youth clients served reported a reduction in emergency room visits from 15% prior to starting services to 9% six months after starting services..

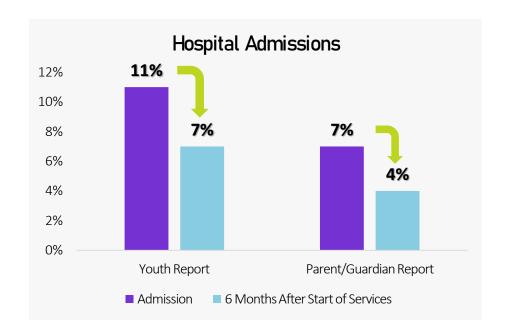


#### **HOSPITAL ADMISSIONS**

Clients who reported a hospital admission for mental health. Youth clients served who reported a hospital admission for mental health reduced from 11% at admission to 7% six months after the start of services.

Parents/guardians of youth served reported a decrease in hospital admissions for mental health for their youth from 7% at admission to 4% six months after the start of

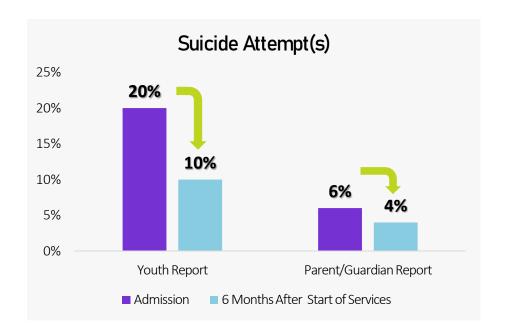
services.



## REDUCTION OF SUICIDE ATTEMPTS

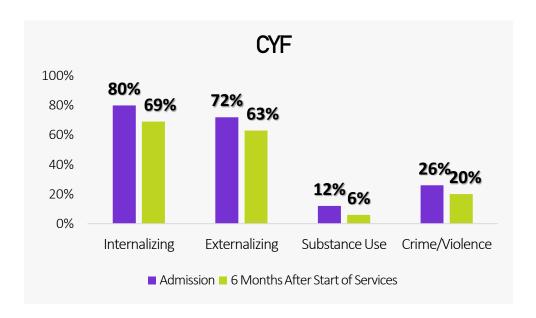
Youth and parents/guardians

who reported suicide
attempt(s). Youth clients served
reported a reduction of suicide
attempts from 20% at admission,
compared to 10% six months after
the start of services.
Parents/guardians of youth clients
served reported a reduction of
suicide attempts by their youth
from 6% at admission, compared to
4% six months after the start of
services.



#### **GAIN-SS**

 Scores for CYF. GAIN-SS scores for clients served in CYF decreased in all areas measured.



# Targeted Services for Justice-Involved Populations

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## Targeted Services for Justice Involved Adults

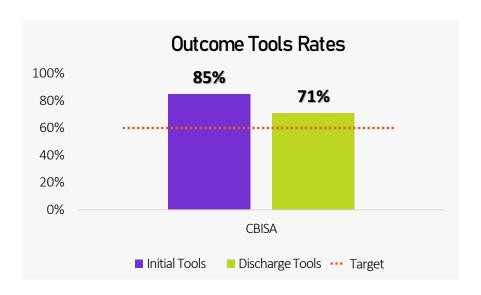
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### Substance Use Disorder Services for Justice Involved Adults

#### **RETURN RATES**

Outcome tool return rates.

Agencies achieved an 85% return rate for initial outcome tools and a 71% return rate for discharge outcome tools, exceeding the 60% return rate target.



#### **DISCHARGE RATES**

• Clients discharged from treatment. Forty-seven percent of clients completed CBISA treatment, exceeding the national average of 30%. Eighteen percent of clients left against professional advice, and 12% of clients were terminated by the facility.

Discharge Reasons	State Average	National Average
Treatment Completed	47%	30%
Left Against Professional Advice	18%	41%
Terminated by Facility	12%	5%

#### **GENERAL SATISFACTION**

 Overall satisfaction with treatment services received. Ninety-six percent of clients served reported general satisfaction with services.



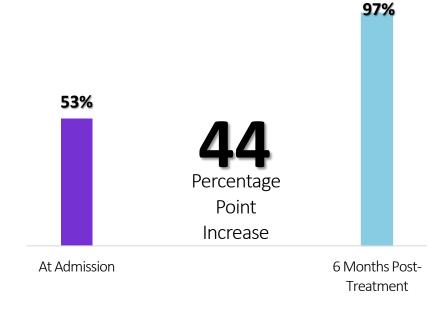
#### **ACCESS TO SERVICES**

 Perception of the ease and convenience of treatment services received. Ninety-four percent of clients served in CBISA reported ease and convenience when accessing treatment services.



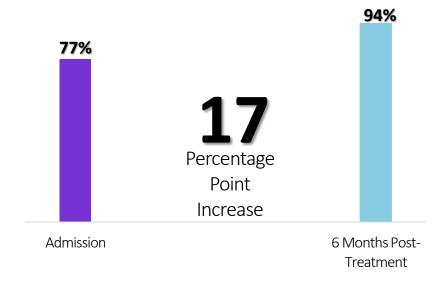
## ABILITY TO CONTROL SUBSTANCE USE

 Client-reported ability. Ninetyseven percent of clients served in CBISA reported the ability to control their substance use six months post treatment services, compared to 53% at admission.



## MOTIVATION TO NOT USE SUBSTANCES

Client-reported motivation.
 Ninety-four percent of clients served in CBISA reported motivation to not use substances six months post treatment, compared to 77% at admission.



#### ADULT JUSTICE INVOLVED SERVICES

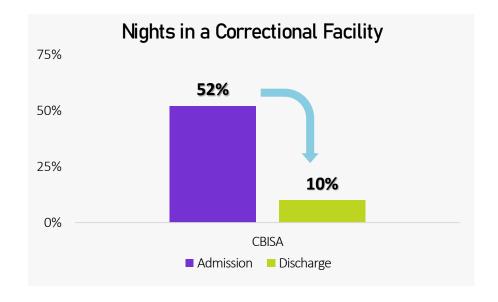
#### **EMPLOYMENT**

• Clients who reported employment. Ninety-four percent of clients served in CBISA reported employment six months post treatment.



#### **CORRECTIONAL FACILITY**

• Clients who reported nights spent in a correctional facility. At discharge, 10% percent of clients served reported at least one night spent in a correctional facility within the last 30 days, compared to 52% at admission.



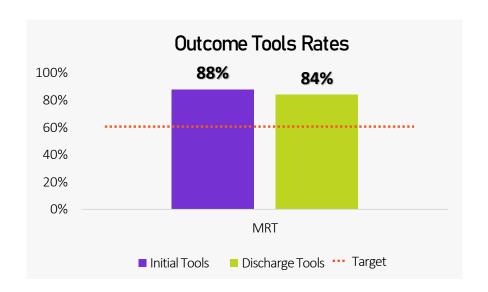
## Criminal Thinking Services for Justice Involved Adults-Moral Reconation Therapy (MRT)

#### **RETURN RATES**

• Outcome tool return rates.

Agencies achieved an 88% return

rate for initial outcome tools and an 84% return rate for discharge outcome tools. Both exceeded the 60% target.



#### **DISCHARGE RATES**

• Clients discharged from treatment. Forty-three percent of clients completed MRT treatment, exceeding the national average of 30%. Eleven percent of clients left against professional advice, and 23% of clients were terminated by the facility.

Discharge Reasons	State Average	National Average
Treatment Completed	43%	30%
Left Against Professional Advice	11%	41%
Terminated by Facility	23%	5%

#### **GENERAL SATISFACTION**

 Overall satisfaction with treatment services received. Ninety-six percent of clients served in MRT reported general satisfaction with services.

#### **General Satisfaction**

96% State Average

#### **ACCESS TO SERVICES**

 Perception of the ease and convenience of treatment services received. Ninetythree percent of clients served in MRT reported ease and convenience when accessing treatment services.

#### Access to Services

93% State Average

#### **EMPLOYMENT**

 Clients who reported employment. Sixty-seven percent of clients served in MRT reported employment at discharge.

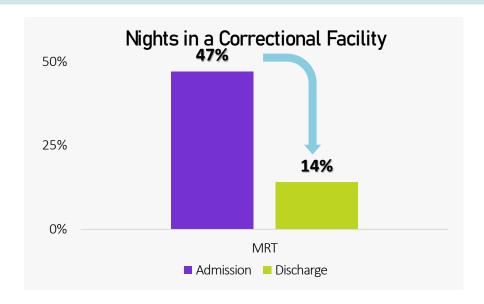


MRT clients who reported employment

#### ADULT JUSTICE INVOLVED SERVICES

#### **CORRECTIONAL FACILITY**

 Clients who reported nights spent in a correctional facility.
 At discharge, 14% percent of clients served reported at least one night spent in a correctional facility within the last 30 days, compared to 47% at admission.



## Targeted Services for Justice Involved Youth

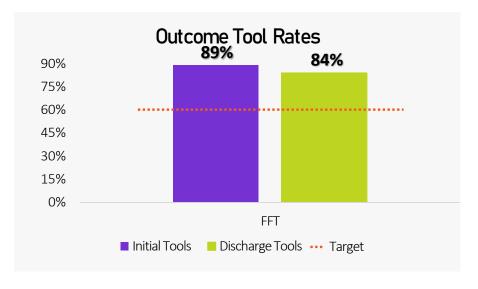
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## Functional Family Therapy for Justice Involved Youth

#### **RETURN RATES**

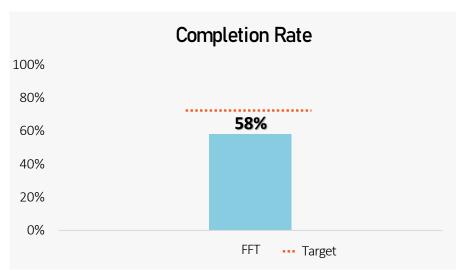
Youth outcome tools.

Agencies achieved an 89% return rate for initial outcome tools and an 84% return rate for discharge outcome tools. Both exceeded the 60% target.



#### **COMPLETION RATES**

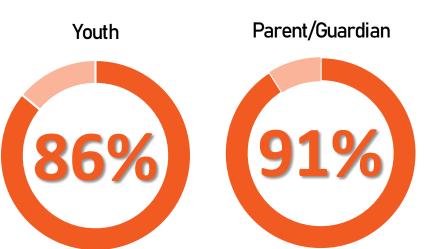
• **Completion rates.** Fifty-eight percent of clients served in Functional Family Therapy (FFT) successfully completed services, which did not meet the 70% target rate.



#### **GENERAL SATISFACTION**

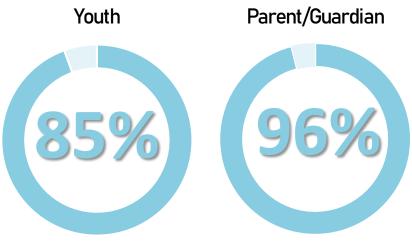
 Overall satisfaction with treatment services

**received.** Eighty-six percent of youth clients served and 91% of parents/guardians reported general satisfaction with services for their youth.



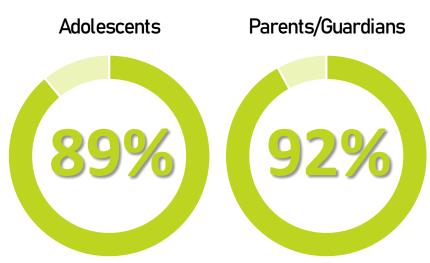
#### **ACCESS TO SERVICES**

Perception of the ease and convenience of treatment services received. Eighty-five percent of youth clients served reported ease and convenience when accessing treatment services. Ninety-six percent of parents/guardians reported ease and convenience when accessing treatment services for their youth.



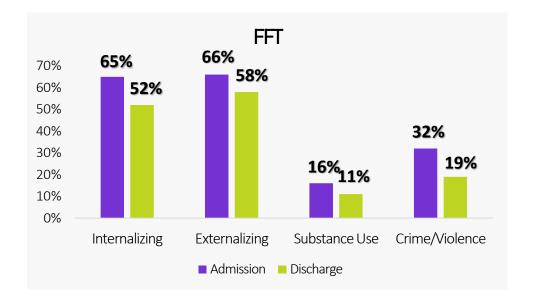
## CLIENT OUTCOME MEASURE (COM)

 Adolescents' (COM-A) and parents' (COM-P) perceptions of behavior and functioning in the youth and family. Adolescents reported an 89% positive general change in their family, while parents/guardians reported an 92% positive general change.



#### **GAIN-SS**

• Scores for FFT. GAIN-SS scores for clients served in FFT decreased in each area measured. FFT services are designed to address externalizing disorders.

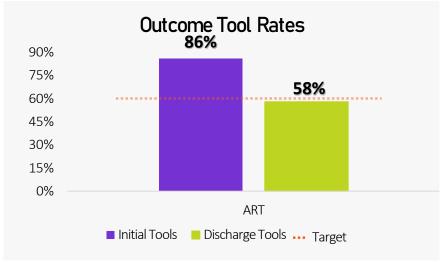


## Aggression Replacement Training for Justice Involved Youth

#### **RETURN RATES**

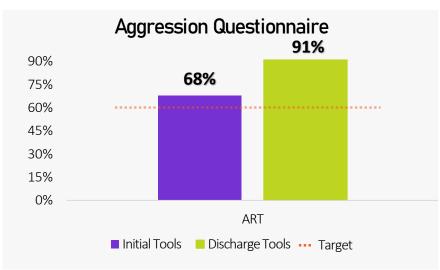
Youth outcome tools.

Agencies achieved an 86% return rate for initial outcome tools and a 58% return rate for discharge outcome tools.



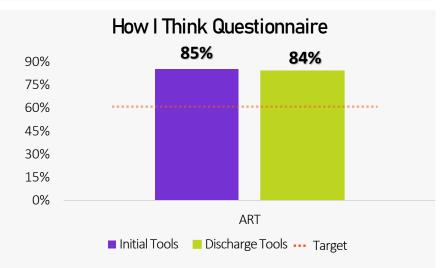
Aggression Questionnaire

Agencies achieved a 68% return rate at admission and a 91% return rate at discharge, exceeding the 60% target rate.



How I Think Questionnaire

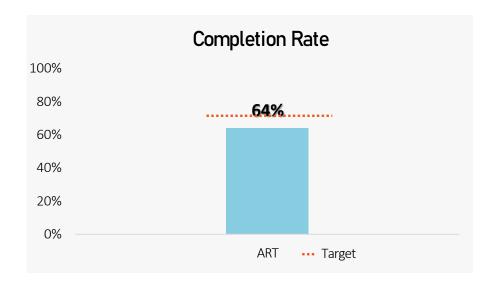
Agencies achieved an 85% return rate at admission and an 84% return rate at discharge, exceeding the 60% target rate.



#### YOUTH JUSTICE INVOLVED SERVICES

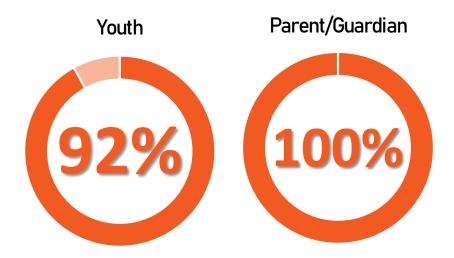
#### **COMPLETION RATE**

 Completion rate. Sixty-four percent of clients served in ART successfully completed services, which did not meet the 70% target rate.



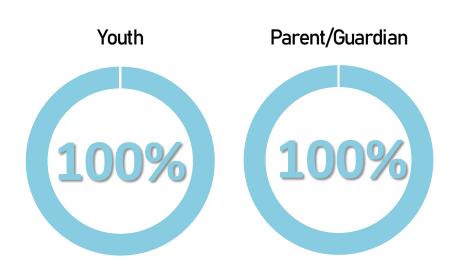
#### **GENERAL SATISFACTION**

 Overall satisfaction with treatment services
 received. Ninety-two percent of youth clients served and 100% of parents/guardians reported general satisfaction with services for their youth.



#### **ACCESS TO SERVICES**

• Perception of the ease and convenience of treatment services received. One hundred percent of youth clients served as well as parents/guardians reported ease and convenience when accessing treatment services.



## AGGRESSION QUESTIONNAIRE OUTCOMES

• Youth who showed an overall improvement in levels of aggression. The AQ is designed to measure levels of aggression. Seventy-six percent of clients served in ART showed an overall improvement.





#### Overall Improvement



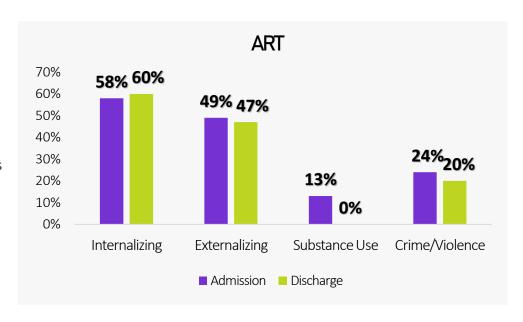
#### **HIT QUESTIONNAIRE**

 Youth who showed an overall improvement in levels of criminal thinking.

The HIT is designed to measure levels of criminal thinking. Eighty-one percent of clients served in ART showed an overall improvement.

#### **GAIN-SS**

 Scores for ART. GAIN-SS scores for clients served in ART decreased or remained the same in three areas measured. Scores increased for internalizing disorders. ART services are designed to address violence and aggression.

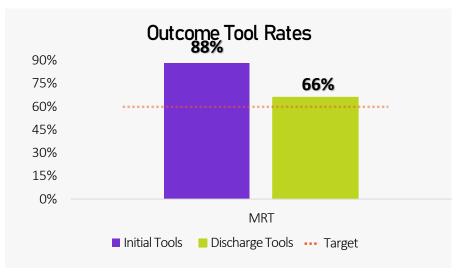


## Moral Reconation Therapy for Justice Involved Youth

#### **RETURN RATES**

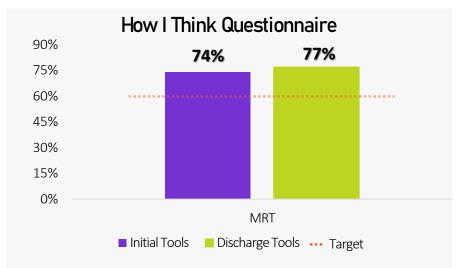
#### Youth outcome tools.

Agencies achieved an 88% return rate for initial outcome tools and 66% return rate for discharge outcome tools, neither meeting the 60% target rate...



#### How I Think Questionnaire (HIT).

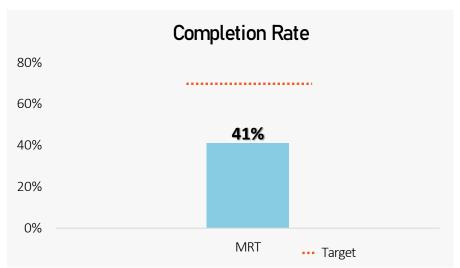
Agencies achieved a 74% return rate at admission and a 77% return rate at discharge, exceeding the 60% target rate.



#### **COMPLETION RATE**

#### MRT completion rate.

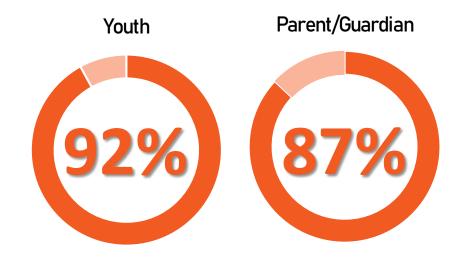
Forty-one percent of clients served in MRT successfully completed services, which did not meet the 70% target rate.



#### YOUTH JUSTICE INVOLVED SERVICES

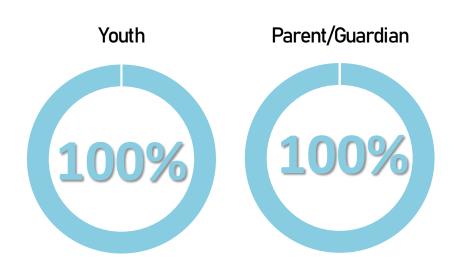
#### **GENERAL SATISFACTION**

 Overall satisfaction with treatment services received. Ninety-two percent of youth clients served and 87% of parents/guardians reported general satisfaction with services for their youth.



#### **ACCESS TO SERVICES**

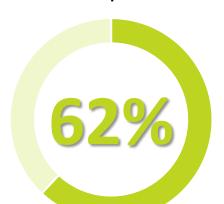
• Perception of the ease and convenience of treatment services received. One hundred percent of youth clients served as well as parents/guardians reported ease and convenience when accessing treatment services.



#### **HIT QUESTIONNAIRE**

 Youth who showed an overall improvement in levels of criminal thinking.

The HIT is designed to measure levels of criminal thinking. Sixty-two percent of clients served in MRT showed an overall improvement.

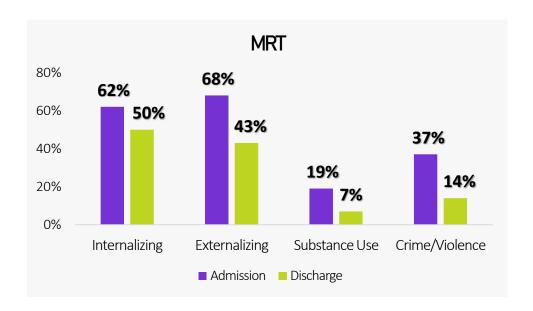


Overall Improvement

#### YOUTH JUSTICE INVOLVED SERVICES

#### **GAIN-SS**

• Scores for MRT. GAIN-SS scores for clients served in MRT decreased in each area measured. MRT services are designed to address crime/criminal thinking.



## Appendix A: Supplemental Tables for Indicators

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### Stakeholder Survey Responses

Stakeholder Survey Responses				
				Total
	Disagre	e Undecided	Agree	Responses
Community Needs	9	21	325	355
Location Convenience	17	23	318	358
Quality of Services	7	32	322	361
Client Needs	13	17	334	364

#### Adult Substance Use Disorder Services

Return Rates			
		# of Tools	
	# of Admissions	Submitted	Return Rate
Initial Outcome Tool Return Rate	5080	4071	80%
Discharge Outcome Tool Return Rate	2320	1703	73%

Discharge Rates		
	State Average	
Treatment Completed	8033	
Left Against Professional Advice	1250	
Terminated by Facility	403	
Transferred to Another Facility or Program	391	
Incarcerated	234	
Other	400	
Total	10711	

General Satisfaction		
	State Average	
Number of clients who agree or strongly agree	1362	
Total Clients	1443	

Access to Services		
	State Average	
Number of clients who agree or strongly agree	1320	
Total Clients	1416	

Ability to Control Substance Use		
	Admission	Discharge
Number of clients who reported good or excellent	575	1554
Total Clients	1528	1584

Motivation to Not Use Substances		
	Admission	Discharge
Number of clients who reported good or excellent	3298	1435
Total Clients	5239	1637

#### Adult Substance Use Disorder Services Continued

Employment Status		
	Admission	Discharge
Number of clients who are employed	1857	2549
Total Clients	5666	5666

History of Arrest		
	Admission	Discharge
Number of clients who were arrested	702	445
Total Clients	5125	5125

Nights in a Correctional Facility		
	Admission	Discharge
Number of clients who reported nights	1804	253
Total Clients	4264	1351

#### Youth Substance Use Disorder Services

Return Rates				
# of Tools # of Admissions Submitted Return Rate				
Initial Outcome Tool Return Rate	523	445	85%	
Discharge Outcome Tool Return Rate	256	216	84%	

Discharge Rates			
	State Average		
Treatment Completed	320		
Left Against Professional Advice	89		
Terminated by Facility	56		
Transferred to Another Facility or Program	41		
Incarcerated	6		
Other	29		
Total	541		

General Satisfaction			
Youth Parent/Guardia			
Number of clients who agree or strongly agree	200	91	
Total Clients	516	98	

Access to Services			
Youth Parent/Guardian			
Number of clients who agree or strongly agree	171	86	
Total Clients	202	98	

#### Youth Substance Use Disorder Services Continued

Ability to Control Substance Use				
Youth Parent/Guardian			uardian	
Admission Discharge		Admission	Discharge	
Number of clients who reported good or excellent	52	185	14	80
Total Clients	206	202	93	92

Motivation to Not Use Substances				
	Youth Parent/Guardian			
	Admission	Discharge	Admission	Discharge
Number of clients who reported good or excellent	230	125	69	51
Total Clients	424	173	291	95

Trouble As a Result of Use			
Admission Discharge			
Number of clients who reported getting into trouble	265	42	
Total Clients	492	209	

Missing School or Work			
Admission Discharge			
Number of clients who reported missing school or work	173	37	
Total Clients	492	210	

#### Adult Mental Health Services

Return Rates			
# of Tools			
	# of Admissions	Submitted	Return Rate
Initial Outcome Tool Return Rate	1427	1200	84%
First 6 Month Update Outcome Tool Return Rate	1002	714	71%
Most Recent Update Outcome Tool Return Rate	8677	6855	79%

General Satisfaction		
	State Average	
Number of clients who agree or strongly agree	2835	
Total Clients	2943	

Access to Services		
	State Average	
Number of clients who agree or strongly agree	2783	
Total Clients	2906	

Functioning			
		6 months After Start	
	Admission	of Services	
Number of clients who agree or strongly agree	1186	2669	
Total Clients	2209	3696	

#### Adult Mental Health Services Continued

Emergency Room Visits					
			6 months After		
	Admissio	า	Start of Services		
Number of clients who reported times	503		385		
Total Clients	2223		3729		
Hospital Admissions					
			6 months After		
	Admission		Start of Services		
Number of clients who reported times	540		356		
Total Clients	2206		3698		
Reduction of Suicide Attempt(s)					
	Admission		6 months After		
			Start of Services		
Number of clients who were arrested	374		229		
Total Clients	2238		3730		
Employment Status					
		Мо	st Recent Update		
Number of clients who are employed		772			
Total Clients		3032			

#### Youth Mental Health Services

Return Rates						
		# of Tools				
	# of Admissions	Submitted	Return Rate			
Initial Outcome Tool Return Rate	1575	1197	76%			
First 6 Month Update Outcome Tool Return Rate	1093	586	54%			
Most Recent Update Outcome Tool Return Rate	3467	1401	40%			

General Satisfaction				
	Youth	Parent/Guardian		
Number of clients who agree or strongly agree	419	791		
Total Clients	459	832		

Access to Services				
	Youth	Parent/Guardian		
Number of clients who agree or strongly agree	437	816		
Total Clients	459	833		

## Youth Mental Health Services Continued

Functioning				
	Youth Parent/Guardia			Guardian
		6 months After		6 months After
	Admission	Start of Services	Admission	Start of Services
Number of clients who reported good or excellent	872	623	1816	997
Total Clients	1449	883	2913	1391

Emergency Room Visits			
6 months After			
Admission Start of Services			
Number of clients who reported times	211	78	
Total Clients	1442	876	

Hospital Admissions					
	Youth Parent/Guardian				
		6 months After		6 months After	
	Admission	Start of Services	Admission	Start of Services	
Number of clients who reported times	165	63	213	55	
Total Clients	1439	867	2980	1403	

Reduction of Suicide				
	Youth Parent/Guardian			
	6 months After			6 months After
	Admission Start of Services		Admission	Start of Services
Number of clients who reported times	283	90	180	52
Total Clients	1447	870	2957	1395

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# Appendix B: Supplemental Tables for Targeted Services for Justice- Involved Populations

# Substance Use Disorder Services for Justice Involved Adults

Return Rates				
# of Tools				
# of Admissions Submitted Return Rate				
Initial Outcome Tool Return Rate	2272	1931	85%	
Discharge Outcome Tool Return Rate	983	702	71%	

Discharge Rates			
	In-Person	Telehealth	
Treatment Completed	1031	66	
Left Against Professional Advice	400	17	
Terminated by Facility	265	50	
Transferred to Another Facility or Program	102	8	
Incarcerated	198	5	
Other	199	0	
Total	2195	146	

General Satisfaction		
State Average		
Number of clients who agree or strongly agree	617	
Total Clients	646	

Access to Services		
	State Average	
Number of clients who agree or strongly agree	600	
Total Clients	641	

Ability to Control Substance Use			
6 Months Post			
Admission Treatment			
Number of clients who reported good or excellent 364 86			
Total Clients	690	89	

Motivation to Not Use Substances			
6 Months Post			
	Admission	Treatment	
Number of clients who reported good or excellent	2248	84	
Total Clients	2905	89	

Employment Status			
6 Months Post			
	Admission	Treatment	
Number of clients who are employed	995	103	
Total Clients	2217	110	

# Substance Use Disorder Services for Justice Involved Adults Continued

Nights in a Correctional Facility				
Admission Discharge				
Number of clients who reported nights 1152 63				
Total Clients 2227 628				

## Criminal Thinking Services for Justice Involved Adults

Return Rates			
# of Tools			
	# of Admissions	Submitted	Return Rate
Initial Outcome Tool Return Rate	904	792	88%
Discharge Outcome Tool Return Rate	409	343	84%

TCU Return Rates			
# of Tools			
	# of Admissions	Submitted	Return Rate
Pre-Test Return Rate	965	823	85%
Post-Test Return Rate	448	287	64%

Discharge Rates				
	In-Person	Telehealth		
Treatment Completed	411	15		
Left Against Professional Advice	108	6		
Terminated by Facility	218	18		
Transferred to Another Facility or Program	54	3		
Incarcerated	39	3		
Other	116	0		
Total	946	45		

General Satisfaction		
	State Average	
Number of clients who agree or strongly agree	334	
Total Clients	348	

Access to Services		
	State Average	
Number of clients who agree or strongly agree	322	
Total Clients	348	

Employment Status			
Admission Discharge			
Number of clients who are employed	551	655	
Total Clients	981	981	

## Criminal Thinking Services for Justice Involved Adults Continued

Nights in a Correctional Facility			
Admission Discharge			
Number of clients who reported nights	475	48	
Total Clients	1016	340	

### Functional Family Therapy for Justice Involved Youth

Return Rates				
# of Tools				
	# of Admissions	Submitted	Return Rate	
Initial Outcome Tool Return Rate	199	177	89%	
Discharge Outcome Tool Return Rate	128	107	84%	

Completion Rate		
	State Average	
Number of clients who completed	199	
Total Clients	341	

General Satisfaction		
	Youth	
Number of clients who agree or strongly agree	79	
Total Clients	92	
Access to Services		
	Youth	
Number of clients who agree or strongly agree	78	
Total Clients	92	

Client Outcome Measure (COM)			
Adolescents Parents			
Number of clients who reported 3 or greater	169	220	
Total Clients	189	238	

GAIN-SS				
	Admission		Discharge	
	# of responses		# of responses	
	greater than 1	Total Clients	greater than 1	<b>Total Clients</b>
Internalizing Disorders	163	250	50	96
Externalizing Disorders	164	250	56	96
Substance Disorder	40	250	11	96
Crime/Violence	80	250	18	250

## Aggression Replacement Training for Justice Involved Youth

Return Rates			
# of Tools			
	# of Admissions	Submitted	Return Rate
Initial Outcome Tool Return Rate	50	43	86%
Discharge Outcome Tool Return Rate	19	11	58%

Aggression Questionnaire Return Rate				
# of Tools				
	# of Admissions	Submitted	Return Rate	
Initial Tool Return Rate	74	50	68%	
Discharge Tool Return Rate	32	29	91%	

How I Think Questionnaire Return Rate				
# of Tools				
	# of Admissions	Submitted	Return Rate	
Initial Tool Return Rate	74	63	85%	
Discharge Tool Return Rate	32	27	84%	

Completion Rate		
	State Average	
Number of clients who completed	39	
Total Clients	61	

General Satisfaction		
	Youth	
Number of clients who agree or strongly agree	11	
Total Clients	12	

Access to Services		
	Youth	
Number of clients who agree or strongly agree	11	
Total Clients	11	

Aggression Questionnaire Outcomes		
	Overall Improvement	
Clients who indicated a decrease in behavior	25	
Clients who indicated an increase in behavior	8	
Clients who indicated no change in behavior	0	
Total Clients	33	

HIT Questionnaire Outcomes		
	Overall Improvement	
Clients who indicated a decrease in behavior	21	
Clients who indicated an increase in behavior	5	
Clients who indicated no change in behavior	2	
Total Clients	26	

# Aggression Replacement Training for Justice Involved Youth Cont.

GAIN-SS					
	Admission		Admission Discharge		rge
	# of responses		# of responses		
	greater than 1	Total Clients	greater than 1	Total Clients	
Internalizing Disorders	32	55	9	15	
Externalizing Disorders	27	55	7	15	
Substance Disorder	7	55	2	15	
Crime/Violence	13	55	3	15	

#### Moral Reconation Therapy for Justice Involved Youth

Return Rates			
# of Tools			
	# of Admissions	Submitted	Return Rate
Initial Outcome Tool Return Rate	49	43	88%
Discharge Outcome Tool Return Rate	32	21	66%

How I Think Questionnaire Return Rate			
# of Tools			
	# of Admissions	Submitted	Return Rate
Initial Tool Return Rate	166	123	74%
Discharge Tool Return Rate	39	30	77%

Completion Rate			
	State Average		
Number of clients who completed	58		
Total Clients	142		

General Satisfaction				
	Youth			
Number of clients who agree or strongly agree	11			
Total Clients	12			

Access to Services				
	Youth			
Number of clients who agree or strongly agree	12			
Total Clients	12			

HIT Questionnaire Outcomes				
	Overall Improvement			
Clients who indicated a decrease in behavior	28			
Clients who indicated an increase in behavior	17			
Clients who indicated no change in behavior	0			
Total Clients	45			

# Moral Reconation Therapy for Justice Involved Youth Continued

GAIN-SS				
	Adm	ission	Discharge	
	# of responses	# of responses		
	greater than 1	Total Clients	greater than 1	Total Clients
Internalizing Disorders	39	63	7	14
Externalizing Disorders	43	63	6	14
Substance Disorder	12	63	1	14
Crime/Violence	23	63	2	14

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# Appendix C: Logic Model

Service Line	Resources /Inputs	Activities	Outputs	Outcomes	Impacts/Return on Investment
Community	Funding	Annual Contracts	SUD/MH Data Elements:	Mental Health	Improving Public
Behavioral	<ul> <li>Block Grant</li> </ul>	with Agencies:	<ul> <li>Expenditure</li> </ul>	and Substance Use Services	safety by
Health Adult	<ul> <li>General</li> </ul>	Direct Treatment	Utilization Reports	<ul> <li>Increase or Maintain Employment</li> </ul>	decreasing the
Services/	Funds	Services	<ul> <li>Number of Clients</li> </ul>	<ul> <li>Change or Maintain Living Arrangement</li> </ul>	number of
Programs:	<ul> <li>Medicaid</li> </ul>		Served by Service	<ul> <li>Reduction in the number arrests 30 Days/180</li> </ul>	<ul> <li>Arrests</li> </ul>
	<ul> <li>Other</li> </ul>	DBH Responsibilities:	Line	Days	
Mental Health		Communicate	<ul> <li>Number of Clients by</li> </ul>	<ul> <li>Client Perception in the following areas:</li> </ul>	Decrease the
<ul> <li>IMPACT (T)</li> </ul>	Division Staff	Training	Demographic	<ul> <li>Social Connectedness</li> </ul>	reliance on
<ul> <li>CARE (T)</li> </ul>		Opportunities	Information	<ul> <li>Access to Services</li> </ul>	publicly funded
<ul> <li>Transition Age</li> </ul>	Accredited	Conduct Annual	<ul> <li>Diagnosis</li> </ul>	<ul> <li>Quality and Appropriateness of Services</li> </ul>	services
Youth	Agencies	Stakeholder Survey	Information	<ul> <li>Outcome of Services</li> </ul>	<ul> <li>Nights Spent in</li> </ul>
<ul> <li>First Episode</li> </ul>		Monitor Contract	<ul> <li>Substance of Use</li> </ul>	<ul> <li>Participation in Treatment Planning</li> </ul>	the Hospital
Psychosis (T)	Contracted	Utilization	<ul> <li>Reasons for Discharge</li> </ul>	General Satisfaction	Emergency
<ul> <li>CYF Services</li> </ul>	Agencies	Monitor Outcome	<ul> <li>Outcome Tools</li> </ul>	<ul> <li>Change in Quality of Life</li> </ul>	Room (ER)
(T)		Tool Return Rates Monitor Service Line	Return Rates	<ul> <li>Behavior Change as measured by the GAIN-SS</li> </ul>	visits
<ul> <li>Outpatient</li> </ul>	Partnering	Outputs and	<ul> <li>Age of First Use</li> </ul>	(Adolescents Only)	Nights spent in
Services (T)	Agencies	Outcomes	<ul> <li>Co-Occurring</li> </ul>	DERS	a Correctional
<ul> <li>IFS (T)</li> </ul>	• CPS	Monitor Access to	Substance Abuse and		Facility
<ul> <li>JJRI- FFT (T)</li> </ul>	• DOC	Services	Mental Health		Homelessness
<ul> <li>JJRI -MRT (T)</li> </ul>	• DOE	Provide Annual	Problems	Mental Health Services Only	Inpatient TX
<ul> <li>JJRI- ART (T)</li> </ul>	• DOH	Agency Profile	<ul> <li>Source of Referrals</li> </ul>	<ul> <li>Reduction in Psychiatric Hospital</li> </ul>	Detox
<ul> <li>SOC (T)</li> </ul>	• DTR	Reports	<ul> <li>Source of</li> </ul>	Readmissions (30Days/180 Days after	
	• EA	Provide Technical	Income/Support	discharge) (HSC Data Only)	Increase or
SUD Services	HSC	Assistance	<ul> <li>Payment Source</li> </ul>	<ul> <li>FFT Only (Adolescents Only)</li> </ul>	Maintain Quality
<ul> <li>CJI-CBISA (T)</li> </ul>	• IHS	11010111110	<ul> <li>Pregnancy Status</li> </ul>	<ul> <li>Changes in</li> </ul>	of Life
<ul> <li>CJI- MRT (T)</li> </ul>	<ul> <li>Medical</li> </ul>	Agency	<ul> <li>Frequency of Use</li> </ul>	Behavior/Thoughts	Employment
<ul> <li>JJRI SUD</li> </ul>	Services	Responsibilities:	<ul> <li>Route of</li> </ul>	Using the OQ Tool,	• School
Services (T)	• OLA	•	Administration	YOQ Tool, COM-A	Attendance

	urces outs Activities	Outputs	Outcomes	Impacts/Return on Investment
• Intensive Meth Services (T)  • 1.0 Services (T) • 2.1 Services (T) • 2.5 Services • 3.1 Services • 3.2 Detox Services • 3.7 Inpatient Treatment Services  Treatment Services  T- Telehealth Services Provided  MH-Technol Transfe Center (TTC)  Mental Block G Technic Assistant Abuse E Grant	ent Attend EBP Trainings and Program Support Calls/Work Groups Ensure curriculum fidelity through quality assurance r (ATTC) Solicit Feedback from Referral Sources for Stakeholder Survey Utilize Agency Profiles and Stakeholder Surveys to Improve Services Line Outcomes  Health rant Cal Workforce Development Evidence Based/ Competency	Frequency of attendance at self-help programs 30 days prior to admission/30 prior to discharge     Type of Services received at admission/discharge     Number of Referrals for High Intensity Services     Access to Services Monitoring     Including: Referral to Start Date (CJI/JJRI, IMT)     Number of Outreach Events (FEP Only) Number of Persons who Attended State Supported Trainings / Number of Trainings Provided  Quality Assurance:     Number of Reviews Conducted	Tool, COM-P Tool, and TOM Tool  MRT and ART Only (Adolescents Only) Changes in behavior using: HIT Questionnaire Aggression Questionnaire (ART Only) URICA (IMT Only)  Substance Use Disorders Services Only Client's ability to control use and motivation to not use at admission, discharge, 6 months (CJI Only) post services Clinician's perception of client's engagement in treatment admission, discharge TCU (CJI MRT only) Trouble/ Missing School and Work	Sobriety/ Harm     Reduction     Suicide     Attempts     (decrease)     Overall General     Health

	Resources				Impacts/Return
Service Line	/Inputs	Activities	Outputs	Outcomes	on Investment
	Technical Assistance  Meth TA Consultants  MI Consultant Supports OnTrack New York Western Interstate for Higher Education (WICHE) Education and Treatment Alternatives FFT, LLC. University of Cincinnati Clare Matrix Institute	ART FFT DBT MI ASAM Matrix Model CYT FEP ACT Cultural Awareness Contingency Management Continue Collaboration with AHEC and HOSA SDAAP  Quality Assurance and Fidelity Monitoring for Evidence Based Practices	Average Scores by State, by Agency  Accreditation     Number of Accredited and Contracted Agencies, by Service Line     Number of Reviews Conducted Annually     Average Accreditation Score, by Agency, by Service Line		

Service Line	Resources /Inputs	Activities	Outputs	Outcomes	Impacts/Return on Investment
	Correctional     Counseling     Institute     Swiftbird				
	Consulting  • Behavioral Tech				

Resource Service Line /Inputs		Outputs	Outcomes	Impacts/Return on Investment
Acronym List: ACT: Assertive Community Treatment AHEC: Area Health Education Center ART: Aggression Replacement Trainin, ASAM: American Society of Addiction Medicine BCI Tables: Basic Client Information CARE: Comprehensive Assistance with Recovery and Empowerment CBISA: Cognitive Behavioral Intervent for Substance Abuse CJI: Criminal Justice Initiative COM-A Tool: Client Outcome Measure- Adolescent COM-P Tool: Client Outcome Measure- Parent CPS: Child Protection Services CYT: Cannabis Youth Treatment DBH: Division of Behavioral Health DBT: Dialectical Behavioral Therapy DERS: Difficulties in Emotion Regulati Scale DOC: Department of Corrections DOE: Department of Education DOH: Department of Health DTR: Department of Tribal Relations EA: Economic Assistance FEP: First Episode Psychosis FFT: Functional Family Therapy Gain-SS: Gain Short Screen	ions	RED FONT: Federally Required Data Elements for Mental Health and Substance Use Disorders  GREEN FONT: Federally Required SUD  Federal Reporting  • Annual Block Grant Reports/BCI/SHR/URS Tables (MH) - Submitted December 1st of Year • TEDS (SUD)- Submitted the 1st of each month	RED FONT: Federally Required Data Elements for Mental Health and Substance Use Disorders  BLUE FONT: Federally Required Data Elements for Mental Health Only  GREEN FONT: Federally Required Data Elements for Substance Use Only	Key:  FONT IN ITALICS: Data Elements for Substance Use Disorder Only  RED FONT: Federally Required Data Elements for Mental Health and Substance Use Disorders

	Resources				Impacts/Return
Service Line	/Inputs	Activities	Outputs	Outcomes	on Investment
HIT: How I Think Que	stionnaire				
HOSA: Healthcare Occ	rupations Students of				
America					
HSC: Human Services					
IFS: Intensive Family S					
IHS: Indian Health Ser					
IMPACT: Individualize					
of Assertive Communi					
JJRI: Juvenile Justice R	teinvestment				
Initiative					
MH: Mental Health					
MI: Motivational Inter	•				
MRT: Moral Reconation					
OQ Tool: Outcome Que	estionnaire				
OLA: Office of Licensin	g & Accreditation				
SDAAP: South Dakota	Association of				
Addiction Professiona	ls				
SHR Tables: State Hos	pital Readmission				
SOC: Systems of Care					
SUD: Substance Use D	isorder				
TCU: Texas Christian	University Criminal				
Thinking Subscales					
TEDS: Treatment Epis					
TOM Tool: Therapist (					
UJS: Unified Judicial S					
URICA: University of R	thode Island Change				
Assessment Scale					
URS Tables: Unified R					
YOQ Tool: Youth Outc	ome Questionnaire				

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