

Assistive Daily Living Services

Division of Rehabilitation Services
Department of Human Services
Pierre, SD

Ronda Williams
ADLS Waiver Manager

ADLS Waiver

- Physical disability waiver that allows individuals with significant disabilities to manage and self-direct their services and to live as independently as they choose in their home, community and workplace.
- 1915 (c) of the Social Security Act- Waiver permits a State to furnish an array of home and community-based services that assist Medicaid beneficiaries to live in the community and avoid institutionalization.
- Waiver of Nursing Facility Level of Care

ADLS History

- **1995** – HCBS Waiver approved for the implementation of the Assisted Daily Living Services Program.
- **2011** - Amendment to disallow earned income from the cost share formula
- **2012** – Most recent CMS approval of the ADLS Waiver (waiver renewal every 5 years)

Administrative Authority/Operating Agency

- Department of Social Services, Division of Medical Services is the designated Single State Medicaid Agency and has administrative authority
- Department of Human Services, Division of Rehabilitation Services is the designated operating agency
- Department of Social Services, Division of Economic Assistance determines eligibility for all people applying for Medicaid in SD

ADLS Waiver Eligibility

- The Division of Rehabilitation Services (DRS) provides DSS with a recommendation of eligibility for the Waiver based on:
 - Administrative Rules of South Dakota (ARSD 67:54:06)
 - Must have quadriplegia defined as a substantial functional limitation in all 4 extremities. Examples include ataxia, cerebral palsy, rheumatoid arthritis, muscular dystrophy, multiple sclerosis, traumatic brain injury, accident or injury to the spinal cord, multiple sclerosis.
 - The applicant is 18 years of age or older
 - The disability is likely to continue indefinitely
 - Must meet nursing facility level of care
 - Must be medically stable
 - Must be able to manage and self-direct services

Waiver Process

- Level of Care - program assessment which determines if applicant meets Administrative Rule of South Dakota requirements for eligibility. Must be re-evaluated at least annually.
- A Personal Attendant Service Plan is developed in collaboration with the participant. This plan is signed by both the participant and the Case Manager.
- At a minimum, one Waiver service must be provided every month.

Service Plan

- Service plans address all participants' assessed needs and goals
- State monitors service plan development
- Service plans are updated at least annually or when warranted
- Services are delivered in accordance with service plan (type, scope, amount, duration & frequency specified in service plan)
- Participants are afforded choice: between waiver services and institutional care; and between/among waiver services and providers

Waiver Services

- **Personal Attendant Services** - personal care service provided to a participant. Participant is responsible for hiring, training, supervision, discipline, and can also choose to terminate this staff. Friends and family can become a paid PA if they meet hiring requirements of the chosen provider. PA services are limited to 42 hours per week.
- **Case Management** - provided by the provider agency and responsible for the completion of the initial assessment, annual assessments, and coordinates all services and supports participant needs to be independent.
- **Consumer Preparation Services** - these services support the participant in the hiring and supervising of personal attendants.
- **Skilled Nursing Services** - provided as determined needed by the participant's physician that cannot be provided by the personal attendant.
- **Emergency Response Services** - monthly subscription charges for a participant to have a telephone service that allows them to access emergency services by pushing on a pendant.
- **Incontinent Supplies**- any supplies that support bowel and bladder maintenance up to \$100 per month.

ADLS Providers

- Services are provided statewide through three qualified providers who are contracted by the Department of Human Services
- Providers serve as “employer of choice” for waiver participants.
- Providers must meet the provider qualifications as outlined in ARSD 67:54:06

ADLS Providers

- **Independent Living Choices**
 - Main office – Sioux Falls
 - Statewide services

- **Homecare Services of South Dakota**
 - Main office – Pierre
 - Statewide services

- **Preferred Home Health**
 - Main office – Buffalo
 - West River services

Contact Information

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<http://dhs.sd.gov/drs/il/ADLS.aspx>