

# Division of Behavioral Health

## Substance Use Disorder Outcome Tool

### Family Discharge

Today's Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Client STARS ID: |\_\_|\_\_|\_\_|\_\_|\_\_|\_\_|\_\_|\_\_|\_\_|\_\_|\_\_|\_\_|\_\_|\_\_|\_\_|\_\_|

- Program**
- |  |   |
|--|---|
| <input type="checkbox"/> 1.0 Outpatient                | <input type="checkbox"/> 2.1 Intensive Outpatient                 |
| <input type="checkbox"/> 2.5 Day Treatment             | <input type="checkbox"/> 3.7 Intensive Inpatient Treatment (PRFT) |
| <input type="checkbox"/> 3.1 Low Intensity Residential |   |

#### 1. Would you say that in general your child's health is:

- Excellent    
  Very Good    
  Good    
  Fair    
  Poor

a. Now thinking about your child's physical health, which includes physical illness and injury, how many days during the past 30 days was your child physical health not good? \_\_\_\_\_

b. Now thinking about your child's mental health, which includes stress, depression, and problems with emotions, how many days during the past 30 days was your child's mental health not good? \_\_\_\_\_

c. During the past 30 days, approximately how many days did your child's poor physical or mental health keep you from doing your child's usual activities, such as self-care, school, work, or recreation? \_\_\_\_\_

#### 2. At this moment, how important is it that your child change their current behaviors and/or symptoms? Please circle a number on the scale below:

|                      |  |   |   |   |   |   |   |   |   |    |
|----------------------|--|---|---|---|---|---|---|---|---|----|
| Not important at all | About as important as most of the other things I would like to achieve now |   |   |   |   |   | Most important thing in my life right now |   |   |    |
| 0                    | 1  | 2 | 3 | 4 | 5 | 6 | 7   | 8 | 9 | 10 |

#### 3. At this moment, how confident that you will change their current behaviors and/or symptoms? Please circle a number on the scale below:

|                      |  |   |   |   |   |   |   |   |   |    |
|----------------------|--|---|---|---|---|---|---|---|---|----|
| Not important at all | About as important as most of the other things I would like to achieve now |   |   |   |   |   | Most important thing in my life right now |   |   |    |
| 0                    | 1  | 2 | 3 | 4 | 5 | 6 | 7   | 8 | 9 | 10 |

#### 4. Please answer the following question

In the past 30 days, how many times has your child been arrested?

\*Federally Required Element

Number of  
Nights/Times     Don't know

\_\_\_\_\_    

#### 5. Please answer the following questions based on the past 30 days...

- a. Has your child gotten into trouble at home, at school, work, or in the community, because of their use of alcohol, drugs, inhalants, or gambling?      Yes      No
- b. Has your missed school or work because of using alcohol, drugs, inhalants, or gambling?      Yes      No

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| <b>6. Please answer the following questions based on the <u>past 6 months</u>...</b>  | Number of<br>Nights/Times | Don't<br>know            |
|---|---------------------------|--------------------------|
| a. How many times has your child gone to an emergency room for a psychiatric or emotional problem?  | —                         | <input type="checkbox"/> |
| b. How many nights has your child spent in a facility for:  |                           |                          |
| i. Detoxification?  | —                         | <input type="checkbox"/> |
| ii. Inpatient/Residential Substance Use Disorder Treatment?   | —                         | <input type="checkbox"/> |
| iii. Mental Health Care?  | —                         | <input type="checkbox"/> |
| iv. Illness, Injury, Surgery?   | —                         | <input type="checkbox"/> |
| c. How many times has your child been arrested?   | —                         | <input type="checkbox"/> |
| d. How many nights has your child spent in a correctional facility including JDC or Jail (as a result of an arrest, parole or probation violation)? | —                         | <input type="checkbox"/> |
| e. How many times has your child tried to commit suicide?   | —                         | <input type="checkbox"/> |
| *Federally Required Element   |                           |                          |

| <b>7. Please check the appropriate box on how your child is doing since entering the program that best tells us what you think.</b> | Before the Program          |                          |                          |                          | Now (At end of Program)  |                          |                          |                          |
|---|-----------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
|   | Poor<br>1                   | Average<br>2             | Good<br>3                | Excellent<br>4           | Poor<br>1                | Average<br>2             | Good<br>3                | Excellent<br>4           |
|   | a. Controlling alcohol use. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| b. Controlling drug use.  | <input type="checkbox"/>    | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

| <b>8. My child would be able to resist the urge to drink heavily and/or use drugs...</b>                                    | Not at all confident <span style="float: right;">Very Confident</span> |   |   |   |   |   |   |   |   |   |    |
|---|--|---|---|---|---|---|---|---|---|---|----|
|   | 0  | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| ... if he/she were angry at the way things had turned out   |  |   |   |   |   |   |   |   |   |   |    |
| ... if he/she had unexpectedly found some booze/drugs or happened to see something that reminded me of drinking/using drugs |  |   |   |   |   |   |   |   |   |   |    |
| ... if other people treated he/she unfairly or interfered with my plans   |  |   |   |   |   |   |   |   |   |   |    |
| ... if he/she were out with friends and they kept suggesting they go somewhere to drink/use drugs                           |  |   |   |   |   |   |   |   |   |   |    |

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| <b>9. Please indicate your level of agreement or disagreement with the statements by checking the choice that best represents your feelings or opinion over the past 6 months. (Please answer for relationships with persons other than your behavioral health provider(s).) *Federally Required</b> | Response Options         |                          |                          |                          |                          |                          |                          |
|--|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
|  | Strongly disagree        | Disagree                 | Undecided                | Agree                    | Strongly agree           | Not applicable           | Refused                  |
| <b>Domain: Social Connectedness Questions 1-4</b>  |                          |                          |                          |                          |                          |                          |                          |
| 1. My child knows people who will listen and understand them when they need to talk.   | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 2. In a crisis, my child would have the support they need from family and friends.   | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 3. My child has people that he/she are comfortable talking with about their problems.  | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 4. My child has people with whom they can do enjoyable things.   | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| <b>Domain: Improved Functioning/ Outcomes Domain: Questions 5-11</b>   |                          |                          |                          |                          |                          |                          |                          |
| 5. My child is better able to do things he or she wants to do.   | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 6. My child gets along better with family members.   | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 7. My child gets along better with friends and other people.   | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 8. My child is doing better in school and/or work.   | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 9. My child is better able to cope when things go wrong.   | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 10. I am satisfied with our family life right now.   | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 11. I am able to do things I want to do.   | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| <b>Domain: Perception of Access to Services Questions 12-13</b>  |                          |                          |                          |                          |                          |                          |                          |
| 12. The location of services was convenient for us.  | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 13. Services were available at times that were convenient for us.  | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| <b>Domains: Perception of Cultural Sensitivity Questions 14-17</b>   |                          |                          |                          |                          |                          |                          |                          |
| 14. Staff treated me with respect.   | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 15. Staff respected my family's religious/spiritual beliefs.   | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 16. Staff spoke with me in a way that I understand.  | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 17. Staff were sensitive to my cultural/ethnic background.   | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| <b>Domain: Perceptions of Participation in Treatment Planning Questions 18-20</b>  |                          |                          |                          |                          |                          |                          |                          |
| 18. I helped to choose my child's services.  | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 19. I helped to choose my child's treatment goals.   | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 20. I was frequently involved in my child's treatment.   | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

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|  | Response Options         |                          |                          |                          |                          |                          |                          |
|--|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
|  | Strongly disagree        | Disagree                 | Undecided                | Agree                    | Strongly agree           | Not applicable           | Refused                  |
| <b>Domain: General Satisfaction Questions 21-26</b>                  |                          |                          |                          |                          |                          |                          |                          |
| 21. Overall I am satisfied with the services my child received here. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 22. The people helping my child have stuck with us no matter what.   | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 23. I feel my child has someone to talk to when he/she is troubled.  | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 24. The services my child and/or family received were right for us.  | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 25. My family got the help we wanted for my child.                   | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 26. My family has gotten as much help as we needed for my child      | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

Question to be answered by Clinician

**10. At this interval period, what is your (clinician's) assessment of the client's understanding and willingness to engage in their treatment program? Please circle a number on the scale below:**

| Unengaged and Blocked | Minimal Engagement in Recovery | Limited Engagement in Recovery | Positive Engagement in Recovery | Optimal Engagement in Recovery |
|-----------------------|--------------------------------|--------------------------------|---------------------------------|--------------------------------|
| <b>1</b>              | <b>2</b>                       | <b>3</b>                       | <b>4</b>                        | <b>5</b>                       |