



Helping you
understand
Medicare and
your benefits



senior health information
& insurance education

Medicare can be complicated and sometimes costly. SHIINE is available to help you find the best and most affordable plan that meets your needs.

Senior Health Information and Insurance Education (SHIINE) is a federally-funded program that advocates for, educates and assists consumers with Medicare and related health information, to allow consumers to make timely and informed decisions and access necessary resources.

SHIINE is committed to providing FREE, confidential and unbiased information to Medicare beneficiaries. SHIINE is not affiliated with any company that sells or distributes a product or service.

Visit SHIINE's website to get information on:

- Medicare Parts A & B
- Medicare Part D Plans
- Choosing a Medigap Policy
- Medicare Advantage Plans
- Medicare Savings Programs
- Extra Help, Low Income Subsidy for Part D
- Protecting your Medicare benefits
- New to Medicare

www.shiine.net

SHIINE has trained volunteer counselors available statewide to assist people who have problems or questions about Medicare benefits. To find help in your area, please contact your regional coordinator:

Eastern South Dakota:

Phone: 605.333.3314 or 1.800.536.8197

Email: SHIINE@activegen.org

Central South Dakota:

Phone: 605.224.3212 or 1.877.331.4834

Email: SHIINE@centralsd.org

Western South Dakota:

Phone: 605.342.8635 or 1.877.286.9072

Email: SHIINE@westriversd.org