

## PARENTING EDUCATION PARTNERS

Parents, parenting partners, policymakers and community professionals provide families in South Dakota the support and education they need to help them succeed in keeping families strong, safe and healthy. Please see the attached insert for contact information.

## FOR MORE INFORMATION

For more information on the Common Sense Parenting Program, please contact:

- ✓ SD Department of Social Services  
Division of Child Protection Services  
Common Sense Parenting Program  
Pierre, SD 57501-2291
- ✓ **Phone:** 605-773-3227
- ✓ **Web:** [www.dss.sd.gov](http://www.dss.sd.gov)

# Common Sense Parenting Program



Learn about the most exciting  
challenge of your life:  
**PARENTING.**

**DSS**   
**Strong Families - South Dakota's Foundation and Our Future**

## COMMON SENSE PARENTING PROGRAM

- ✓ Do you have to continue to ask your child to do something, whether it be to pick up their clothes or make their bed?
- ✓ Do you get frustrated with your child about something and then completely forget what you wanted to talk to them about in the first place?
- ✓ Do you want to learn how to better praise your child?

If you answered “yes” to any of the above questions, Common Sense Parenting can help you. Common Sense Parenting is a product of years of research compiled by Boys Town.

This program is a proven, step-by-step guide for raising responsible children and provides skills to help parents build strong, healthy families. The South Dakota Department of Social Services’ Division of Child Protection Services offers Common Sense Parenting to help parents make their homes more peaceful, enjoyable and safer for the whole family.

## TOPICS COVERED

- ✓ Positive/Negative Consequences
- ✓ Staying Calm
- ✓ Teaching Self-Control
- ✓ Parents as Teachers
- ✓ Preventive Teaching
- ✓ Corrective Teaching
- ✓ Behavior and what it is
- ✓ Discipline and what it is
- ✓ Effective Praise
- ✓ Family Meetings

## LEARN HOW TO

- ✓ Reduce family stress
- ✓ Support success in school
- ✓ Diminish yelling and fighting
- ✓ Reduce problem behavior
- ✓ Enrich your relationship with your child
- ✓ Increase your confidence as well as your child’s

If you are an excited, first-time parent and a little nervous about certain areas, an experienced parent who wants to improve your parenting skills, or a frustrated parent with a rebellious teenager, Common Sense Parenting can help.