

**Behavioral Health Advisory Council
Pierre, South Dakota**

April 14, 2016

Advisory Council Members Present:

Amy Iversen-Pollreisz	Ellen Washenberger
Kristi Bunkers	Jane York
Bernie Grimme	Jayne Parsons
Dianna Marshall	Katherine Jaeger
Sheila Weber	Christy Alten-Osmera
Lois Knoke	

Advisory Council Members Absent:

Ann Larsen	Kori Kromminga
Lorraine Polak	Sara Weishaar
Nancy Allard	Joyce Glynn
Susan Kornder	Phyllis Arends
Belinda Nelson	Jacksyn Bakeberg
Susan Sandgren	Daniele Dosch
Roseann Peterson-Olson	Rhonda Baade
	LeLewis Gipp

Division of Behavioral Health Staff Present:

Tiffany Wolfgang	Stacy Bruels
Jennifer Humphrey	Melanie Boetel

Minutes:

I. Call to Order

April 14, 2016 the Behavioral Health Advisory Council meeting was called to order.

II. Review and Approval of Meeting Minutes

The Council's review of the November 2015 meeting minutes was postponed until the next meeting.

III. New Members

Amy Iversen-Pollreisz provided an overview of vacant positions and new members.

Departing Member:

- Chairperson, Sara Weishaar: A family member of a child with SED with a preference for a family member representing a child between the ages of 5 and 12.

Retiring Member:

- Doug Herrmann: Department of Corrections designee

Vacant Positions:

- A family member of a child with SED with a preference for a family member representing a child between the ages of 5 and 12.
- A family member of a child with SED with a preference for a family member representing a child between the ages of 5 and 12.

New Members:

- Kristi Bunkers: Designee for the Department of Corrections is replacing Doug Hermann.

- Christy Alten-Osmera, Keystone Treatment Center: A certified or licensed substance abuse provider who provides direct services at a community agency (not a center director).
- Joyce Glynn, Michael Glynn Memorial Coalition: Representative of an accredited prevention provider.

Amy requested the Council assist in seeking potential interested persons for the open family positions. Council members were asked to email Jennifer Humphrey with names and contact information. The Division of Behavioral Health will collect names and submit them to the Governor's Office for consideration.

IV. Human Services Center (HSC)

Amy Iversen-Pollreisz provided an update on HSC.

The Department of Social Services has named Troy Jones as the HSC Hospital Administrator. Troy is currently the Executive Director/Hospital Administrator at the New Mexico Behavioral Health Institute. Troy's first day will be May 24, 2016.

HSC continues their nationwide search for psychiatrists due to vacancies. HSC, like many other similar facilities across the nation, is experiencing challenges in recruiting psychiatrists due to the shortage of psychiatrists. HSC is currently using locum psychiatric support to ensure the availability of these services.

HSC will be implementing a follow-up call program with the assistance of the HelpLine Center. The HelpLine Center conducts follow-up calls after discharge to individuals who were admitted with suicidal ideation. The program helps ensure individuals are going to their aftercare appointments and utilizing community resources. This effort is part of the Youth Suicide Prevention grant, which targets youth and young adults. Avera Behavioral Health and Rapid City Regional are also participating in the follow-up call program.

V. Behavioral Health System Update

Medicaid Expansion Update

Amy Iversen-Pollreisz provided an update on Medicaid expansion.

A Behavioral Health Implementation Team is currently exploring the recommendations from the South Dakota Health Care Solutions Coalition related to expanding behavioral health services through IHS and Tribal programs.

2016 Legislative Session

Amy Iversen-Pollreisz provided an overview of the 2016 Legislative Session.

Community Behavioral Health Assistant Director

Tiffany Wolfgang announced Melanie Boetel as the new assistant for community behavioral health. She was previously the accreditation program manager. Travis Hallock, the prior assistant director resigned to take another position within DSS.

Fiscal Reports

Stacy Bruels provided an overview of the second quarter report for FY2016 regarding the amount expended for contract and Medicaid services by service area.

Juvenile Justice Reinvestment Initiative (JJRI)

Tiffany Wolfgang informed the Council that the Request for Proposals (RFPs) for Functional Family Therapy were awarded to the eleven Community Mental Health Centers and Lutheran Social Services. Training has been completed and services began in January.

Criminal Justice Initiative (CJI)

Tiffany Wolfgang shared information on the CJI initiative, including that the CJI workgroup is reviewing several different data elements that will afford the opportunity to collect client satisfaction outcomes, clinical outcomes, and actual recidivism rates.

Dialectical Behavior Therapy (DBT)

Tiffany Wolfgang provided information on the Dialectical Behavior Therapy kick-off that occurred this month. DBT is a cognitive behavioral treatment that is effective at treating a wide range of disorders including borderline personality disorder, substance use dependence, depression, and post-traumatic disorder. Three Community Mental Health Centers, HSC and 34 correctional mental health professionals are in the process of being trained.

Motivational Interviewing

Tiffany Wolfgang shared information on Motivational Interviewing training for correctional behavioral health staff, community mental health centers, and HSC. Motivational Interviewing is a method used to facilitate and engage motivation and resolve ambivalence within the client in order to change their behavior.

Data & Outcomes Workgroup

Tiffany Wolfgang provided information on the Data & Outcomes workgroup, which is working to develop a uniform data set that will enable the DBH staff to monitor outcomes and determine need for all behavioral health services across the state.

Administrative Rules of South Dakota (ARSD) Workgroup

Melanie Boetel provided an update on the ARSD Workgroup. She reminded the Council that the changes will not affect how services are provided in South Dakota but will streamline and clarify the regulations and eliminate unnecessary duplication.

IMPACT Program

Melanie Boetel shared that the Western Interstate Commission for Higher Education (WICHE) has completed their 3rd IMPACT fidelity review. Reports will be used to identify training for staff. An interactive online webinar will be available in four training sessions. The webinars will focus on core principles, team roles and function, community resources and integration of treatment.

First Episode Psychosis

Tiffany Wolfgang informed the Council that the Substance Abuse and Mental Health Services Administration informed states that there will be an additional increase for the First Episode Psychosis (FEP) program bringing the total to 10 percent of Block Grant funds. The final Fiscal Year 2016 Mental Health Block Grant allocation for South Dakota is \$1,051,067, which includes the 10 percent set-aside as \$105,107 for the FEP program.

Methamphetamine Awareness Campaign

Tiffany Wolfgang provided information on a methamphetamine awareness campaign that will kick-off this summer with community activities, followed by school-based trainings beginning in the fall. Epicosity, LLC in Sioux Falls is creating the campaign, which is geared at educating high school students and community members on the dangers of methamphetamine use. Prevention providers will conduct the community activities and school-based trainings throughout FY 2017.

Peer Support Services

Tiffany Wolfgang shared that the Substance Abuse and Mental Health Services Administration will be providing technical assistance for the possible development of peer support services.

The technical assistance will involve working with a consultant to discuss our state's needs, research what other states have done, and explore options regarding the possible development of peer support services in South Dakota.

Upcoming Trainings

Tiffany Wolfgang announced the following upcoming trainings:

- Native American Curriculum sponsored through the Addiction Technology Transfer Center and the Division of Behavioral Health:
 - April 26-28, 2016 in Rapid City;
 - May 24-26, 2016 in Sioux Falls.
- Hope & Healing After Suicide Conference – Saturday, April 30, 2016 in Oacoma.
- Youth Mental Health First Aid Trainings:
 - April 21, 2016 and May 4, 2016 in Sioux Falls
 - April 21, 2016 in Lower Brule
 - April 26, 2016 in Watertown
 - May 26, 2016 in Sisseton
 - April 28, 2016 in Pierre

VI. Future Meetings

The next Council meeting will be held on Wednesday, June 15th from 1:00 p.m. to 3:30 p.m. (CST) at RedRossa.

Future presentation requests and agenda items should be directed to Jennifer Humphrey.

VII. Adjourn

Meeting was adjourned.