

Strong Families - South Dakota's Foundation and Our Future

## Office of Licensing and Accreditation

Accreditation Survey Report for Substance Use Disorder Treatment Providers ARSD 67:61 June 5-7, 2024

Northeastern Mental Health Center

14 S Main Street Aberdeen, SD 57401 Outpatient (1.0, 2.1)

1. Governance		<u>Yes</u>	<u>No</u>	<u>N/A</u>
business corporation,	y, federally recognized tribe, , non-profit corporation or any (0.5 and 1.0 only)	<u> </u>		
b. Policy for not denying (67:61:03:04)	g clients equal access to services			
c. Annual, entity-wide, i financial audit comple	•			
d. Business hours poste on premises (67:61:0	·			
e. Board of directors me and keeps minutes of	eets at least quarterly all meetings (67:61:03:03)			
f. Up-to-date policy and (67:61:04:01)	d procedure manual			
g. Up-to-date organizati	ional chart (67:61:05:09)			
h. Sentinel event policy	(67:61:02:21)			
i. Policy for notifying D	SS of changes (67:61:02:20)			
Comments:				
2. Program Services		<u>Yes</u>	<u>No</u>	N/A
a. Schedule of fees base (67:61:04:06)	ed on client ability to pay			
b. Policy prohibiting clie exploitation (67:61:00				
c. Client rights policy (6	7:61:06:01; 67:61:06:02)			
d. Client grievance polic	y (67:61:06:04)			

e.	Submits accurate statistical data (67:61:04:02)	<u> </u>	
f.	Discharge policy (67:61:06:07)	<u> </u>	
g.	Client orientation policy and procedure (67:61:04:07)	<u> </u>	
h.	Policy for responding to medical emergencies (67:61:04:09)	<u> </u>	
i.	Electronic or written directory with name address, and phone number of support services (67:61:04:10)	<u> </u>	
j.	In level 3.1, 3.2D, and 3.7 facilities, staff is on duty at all times who is trained to respond to fires and natural disasters (67:61:04:09)		

## Comments:

3. <u>Personnel</u>	<u>Yes</u>	<u>No</u>	N/A
<ul> <li>a. Orientation completed within 10 days of hire with all required components (64:61:05:05)</li> </ul>			
b. Office of Inspector General Medicaid exclusion list check (67:61:05:12)			
<ul> <li>In 3.2D facility, all counseling and supervisory staff are trained in emergency first aid, CPR and responding to natural disasters; Documentation in file (67:61:17:06)</li> </ul>			<u> </u>
d. Policy and procedure for supervising employees, volunteers, and interns (67:61:05:06)			
e. Two-step TB test or blood assay test within 2 weeks of hire or 12 months before hire (67:61:05:01)	<u>√</u>		

	f.	Employee TB policies and procedures (67:61:05:01)	<u>√</u>		
	g.	Complete employee records; policies to maintain those records (67:61:05:08)			
Comme	ents:				
4.	<u>Case</u>	Record Management	<u>Yes</u>	<u>No</u>	<u>N/A</u>
	a.	Procedures for closing inactive client records for inpatient programs within 3 days and outpatient programs for 30 days [67:61:07:04(1-2)]		<u>√</u>	
	b.	Policy for case records to be retained for at least 6 years [67:61:07:04(3)]			
	C.	Established ongoing compliance review process (67:61:04:03)			
not bee	en seer had no	ortheastern Mental Health's policy states that outpatient S in ninety days will be closed. Additionally, there were a nu treceived services nor been contacted in over thirty days,	ımber o	f files ir	which
5.	Envir	onmental/Sanitation/Safety/Fire Prevention	<u>Yes</u>	<u>No</u>	<u>N/A</u>
	a.	Health, safety, sanitation, and disaster plan (67:61:10:01)			
Comme	ents:				
6.	Asses	sment (67:61:07:05)	<u>Yes</u>	<u>No</u>	<u>N/A</u>
	a.	Strengths of the client and client's family if appropriate; identification of resources within the family			

C.	Identification of readiness for change in problem areas	<u> </u>	
d.	Current substance use and relevant treatment history, including mental health history and treatment, gambling treatment, psychiatric hospital admissions, medications, relapse history, potential for relapse, physical illness, and hospitalization	✓	
e.	Relevant family history, including family relationship dynamics and family psychiatric and substance use history	<u> </u>	
f.	Family and relationship issues along with social needs	<u> </u>	
g.	Educational history and needs	<u> </u>	
h.	Legal issues	<u> </u>	
i.	Living environment or housing	<u> </u>	
j.	Safety needs and risks with regard to physical acting out, health conditions, acute intoxication, or risk of withdrawal	<u> </u>	
k.	Past or current indications of trauma, domestic violence, or both if applicable	<u> </u>	
l.	Vocational and financial history and needs	<u> </u>	
m.	Behavioral observations or mental status	<u> </u>	
n.	Formulation of a diagnosis	<u> </u>	
0.	Eligibility determination	<u> </u>	
p.	Clinician's signature, credentials, and date	<u> </u>	

	q.	Clinical supervisor's signature, credentials, and date			
	r.	Completed within 30 days of intake			
Commen	ts:				
7. <u>1</u>	<b>Treat</b>	tment Plan (67:61:07:06)	<u>Yes</u>	<u>No</u>	N/A
	a.	Statement of specific client problems to be addressed during treatment, with supporting evidence			
	b.	Diagnostic statement and statement of short and long-term goals			
	C.	Measurable objective or methods leading to the completion of short-term goals including time frames for the anticipated dates of completion of each objective; include interventions that match the client's readiness to change	<u> </u>		
	d.	Statement identifying staff member responsible for facilitating treatment methods			
	e.	Signed and dated by addiction counselor or addiction counselor trainee, and credentials			
	f.	Evidence of the client's meaningful involvement in formulating the plan			
	g.	Completed within:			
		i. Ten calendar days (2.1, 2.5, 3.1, 3.7)	<u> </u>		
		ii. Thirty calendar days (1.0)			
Commen	ts:				

8.	Pro	gress Notes (67:61:07:08)	<u>Yes</u>	<u>No</u>	<u>N/A</u>
	a.	Minimum of one progress note weekly which substantiates all services provided and summarizes significant events occurring throughout the treatment process	<u> </u>		
	b.	Information identifying the client receiving services – name, unique ID number, service activity code, title describing the service, or both, date, time met, units of service, and length of session	<u> </u>		
	C.	Brief assessment of the client's functioning	<u>√</u> _		
	d.	Description of what occurred during the session, including action taken or plan to address unresolved issues	<u>√</u>		
	e.	Brief description of what client and provider plan to work on during the next session			
	f.	Signature and credentials of staff providing the services			
Comme	ents:				
9.	Cont	inued Service Criteria (67:61:07:07)	<u>Yes</u>	<u>No</u>	<u>N/A</u>
	a.	Client meets continued service criteria, and is documented every:  i. Two calendar days (3.2D)			<u> </u>
		ii. Fourteen calendar days (0.5, 2.1, 2.5, 3.7)			
		iii. Thirty calendar days (1.0, 3.1)			
	b.	Progress and reasons for retaining the client at the present level of care			

c.	An individualized plan of action that addresses
	the reasons for retaining the individual in the
	present level of care

Comments: Five of eight applicable reviewed files did not have continued service reviews completed within the required time frames. It was observed that Northeastern Mental Health completes continued service reviews and progress notes on a single document, so when a client has not received services, a progress note is not completed, and thus a continued service review is often not completed in the required time frame either. Northeastern Mental Health must ensure that continued service reviews are being completed every thirty days for clients enrolled in outpatient treatment, and every fourteen days for clients enrolled in intensive outpatient treatment.

Additionally, three of eight applicable reviewed files consistently lacked individualized plans of action to address the reasons for retaining the individual at the present level of care. Again this is likely due to Northeastern Mental Health combining continued service reviews and progress notes on a single document. Northeastern Mental Health appears to use the description of what the client and clinician plan to work on during the next session as the plan of action to address the reasons for retaining the individual at the present level of care. Many times, the plan for next session is not thorough enough to encapsulate a plan of action to address the reasons for retaining the client.

10. Transfer or Discharge Summary (67:61:07:10)	<u>Yes</u>	<u>No</u>	N/A
<ul> <li>a. Completed by an addiction counselor or addiction counselor trainee within five working days after discharge, regardless of the reason for discharge</li> </ul>		✓	
<ul> <li>Summary of the client's problems, course of treatment, and progress toward planned goals and objectives identified in the treatment plan</li> </ul>		<u> </u>	
<ul> <li>c. When a client prematurely discontinues services, reasonable attempts are made and documented by the agency to re-engage the client into services, if appropriate</li> </ul>	<u> </u>		

Comments: Five of eight applicable reviewed files did not have discharge summaries completed within five days of the client's discharge. Additionally, some files contained "discharge" summaries, while other files contained "treatment interruption" summaries. Documents titled "discharge summary" correctly contained the client's problems, course of treatment, and progress toward planned goals. Documents titled "treatment interruption summary" often did not contain the client's problems, course of treatment, and progress toward planned goals. Northeastern must ensure all discharge summaries are completed within five days of the client's discharge and that all summaries contain the necessary requirements.

11. <u>Tube</u>	rculin Screening Requirement (67:61:07:12)	<u>Yes</u>	<u>No</u>	N/A
a.	A tuberculin screening for the absence or presence of symptoms shall be conducted for each new client within 24 hours of onset of services	<u>√</u> _		
Comments:				
<b>12.</b> <u>Inten</u>	sity of Services	Yes	<u>No</u>	N/A
a.	The outpatient program provides less than 9 hours per week of counseling services for adults and less than 6 hours for adolescents. (67:61:13:03)	✓_		
b.	The intensive outpatient program provides counseling at least two times per week. Each adult should be provided with at least 9 hours of services. Adolescents shall be provided at least 6 hours of services.	<u>√</u>		
C.	The day treatment program shall provide at least 15 hours per week of services for adults and adolescents. For adults, the program shall provide an additional 5 hours on specialized topics.			<u>√</u>
d.	The clinically-managed low-intensity residential treatment program shall provide at least 5 hours of services.			

e. The clinically-managed residential detoxification

per day within 48 hours of admission, and an

period.

program shall provide at least 30 minutes of services

additional 30 minutes for each subsequent 24 hour

f.	The medically-monitored intensive inpatient program	 	
	shall provide at least 21 hours of services per week.		
	The program shall also provide at least 9 hours of		
	additional services on specialized topics.		

## Comments:

## 13. Signatures

	Three Year Accreditation (100%-90%)	
Χ	X Two Year Accreditation (89.9% - 70%)	
	Probation (69.9% and below)	
	One Year Provisional Accreditation (70% and above)	

Chris Kenyon Chris Kenyon, Program Specialist	June 17, 2024	
Chris Kenyon, Program Specialist	Date	
June 5-7, 2024		
Date of Site Visit		
Muriel Nelson	June 17, 2024	
Muriel Nelson, Program Manager	Date	