Behind the Curtain Webinar Series

Specialized Substance Use Disorder Treatment Services
June 9, 2021
The DBH supports …

…Children and adults with serious mental illness.

…Adolescents and adults with substance use disorders (SUD).

…Youth and young adults in need of prevention services.
About DBH

The DBH supports a comprehensive array of publicly funded behavioral health treatment services.

Publicly Funded Behavioral Health Treatment Services

- Outpatient mental health services
- Outpatient and inpatient SUD treatment services
- Prevention services

Strong families – South Dakota’s foundation and our future
Specialized SUD Treatment Services

Agenda

- Specialized High Intensity Services
- Specialized Support Services
- Resources
- Q&A

Strong families – South Dakota’s foundation and our future
Specialized High Intensity Services

Presented by: Melanie Boetel

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SUD Treatment Services

DBH contracts with SUD treatment providers and prevention agencies to provide the following:

- Outpatient Treatment Services
- Low Intensity Residential Treatment Services
- Inpatient Treatment Services
- Detoxification Treatment Services
- Specialized Services
  - Intensive Methamphetamine Treatment
  - Pregnant Women and Women with Dependent Children Programs
- Treatment Services for Justice Involved Adults
- Prevention Services
3.7 Intensive Inpatient Treatment Services

- 7 residential facilities across South Dakota
- Provide residential services with medically monitored intensive treatment for individuals with severe substance use disorders.
- Individuals receive a minimum of 30 hours of services per week with 9 of those hours being on specialized topics that address the individual’s specific needs.
- [SUD Treatment Services Brochure]

Avera St. Luke’s Avera Addiction Care Center
Aberdeen, SD

Dakota Counseling Institute – Stepping Stones
Mitchell, SD

Dakotah Pride Center
Sisseton, SD

Human Services Center
Yankton, SD

Keystone Treatment Center
Canton, SD

Compass Point
Sturgis, SD

Lewis & Clark Behavioral Health Services
Yankton, SD
Pregnant Women and Women with Dependent Children Programs

Provide a supportive living environment for women completing substance use disorder treatment, along with their dependent children (0-10 years of age) and obtain the assistance they need to make a successful transition back into their home community.

- **Recovery Support Services**
  - Wrap around services available to women before admission or after discharge from residential programming
- **Low Intensity Residential Services**
  - Services in a residential setting that allow residents to maintain employment and community supports while residing in a sober living environment
- **Inpatient Services**
  - Provides residential services with medically monitored intensive treatment for individuals with severe substance use disorders

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Intensive Methamphetamine Treatment (IMT) services

• Provide long-term, evidence-based programming for individuals with severe methamphetamine use disorder.
• The extended programming allows for recovery of cognitive capacity as well as ongoing case management.
• Treatment may include residential services, outpatient treatment and case management to support long term recovery.

Best Practices for treating individuals with stimulant use disorders:
• Cognitive Behavioral Therapy
• Motivational Interviewing
• Contingency Management
• Community Reinforcement

• IMT Services Brochure

Avera St. Luke’s Avera Addiction Care Center
Aberdeen, SD

Carroll Institute
Sioux Falls, SD

Dakota Counseling Institute – Stepping Stones
Mitchell, SD

Glory House
Sioux Falls, SD

PCSO – Addiction Treatment Services
Rapid City, SD

Rosebud Sioux Tribe Treatment
Rosebud, SD
Individuals Seeking Services

How an individual finds help

SUD is a disease which occurs when the recurrent use of alcohol and/or drugs causes significant impairments. Impairments may include health problems, disability and failure to meet major responsibilities at work, school or home.

A trained counselor completes clinical assessment and recommends treatment services based on the assessment.

1 Individual and/or referral source contacts a local treatment provider

2 A trained clinician completes a clinical assessment

3 The trained clinical makes clinical recommendations and refers the individual to treatment services
Role of a Treatment Provider

High Intensity Services Referral Process

Many times, outpatient treatment can meet the individual’s needs.

When the disease becomes more severe and causes significant impairments, more intensive services including residential and inpatient treatment can address those needs.

1. Trained clinician determines clinical necessity by completing an assessment

2. Trained clinician completes the Substance Use Disorder High Intensity Referral Form and 3rd Party Release of Information

3. Trained clinician submits the completed forms to the Division of Behavioral Health and South Dakota Foundation for Medical Care (SDFMC) for review

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Clinical Necessity Determination Review

Intensive Inpatient Treatment Services Referrals

- If clinical necessity is not met, SDFMC will communicate with referring agency to notify clinical necessity is not supported and lower level of care is recommended.

Information is reviewed by South Dakota Foundation for Medical Care (SDFMC) for clinical necessity.

Referral information sent to DBH

IMT and Pregnant Women and Women with Dependent Children Services Referrals

Information is reviewed by Division of Behavioral Health for clinical necessity.

If clinical necessity is determined, DBH sends the referral to the appropriate treatment provider and program eligibility screen is completed in STARS when required.

If clinical necessity is not met, DBH will communicate with referring agency to notify clinical necessity is not supported and lower level of care is recommended.
How is Clinical Necessity is Determined?

The Six Dimensions of ASAM Criteria

The Division of Behavioral Health and the South Dakota Foundation for Medical Care (SDFMC) use the six dimensions of the ASAM Criteria to determine clinical needs.

• What is the ASAM Criteria?
  • The ASAM Criteria is a guide for making clinically appropriate treatment and placement recommendations for individuals with substance use disorders.

• How is the ASAM Criteria Used?
  • The ASAM Criteria provides a thorough multidimensional assessment of the patient’s needs in each of the identified six dimensions, across the continuum of care.
How is Clinical Necessity is Determined?

3.7 Intensive Inpatient Clinical Need

To meet clinical need for Intensive Inpatient Services the following criteria must be met (ARSD 67:61:18:01):

1. The client shall meet one of the following:
   a) The client is experiencing moderate to severe withdrawal or is at risk of severe withdrawal based on previous withdrawal history (Dimension One);
   b) The client’s continued substance use causes imminent risk to biomedical conditions (Dimension Two); or
   c) The client’s continued substance use causes imminent risk to emotional, behavioral, and cognitive conditions (Dimension Three)

AND

2. The client shall meet one of the following:
   a) The client requires intensive monitoring and support to promote progress through the stages of change (Dimension Four);
   b) The client is in immediate danger of continued severe substance use or relapse and such behaviors present significant risk of serious adverse consequences to the client, others, or both (Dimension Five); or
   c) The client’s recovery environment poses a threat to safety, engagement in treatment, or both (Dimension Six).
How is Clinical Necessity is Determined?

Clinical Necessity is Not Met

If clinical necessity is not met, lower level of care is recommended
• Depending on clinical need one of the following levels of care may be recommended
• These levels of care do not require prior authorization by DBH

- Early Intervention Services (Level 0.5)
  - Early Intervention services offer outpatient services to individuals who may have substance use related problems but are not diagnosed with a substance use disorder.
  - Dimensions with risk:
    - Dimension Four
    - Dimension Five
    - Dimension Six

- Outpatient Treatment Services (Level 1.0, 2.1, 2.5)
  - Outpatient treatment services provide counseling services to individuals diagnosed with substance use disorders.
  - Dimensions with risk:
    - Dimension One
    - Dimension Three
    - Dimension Four
    - Dimension Five
    - Dimension Six

- Low Intensity Residential Treatment Services (Level 3.1)
  - Services include residential, peer-oriented treatment programs for individuals with substance use disorder (SUD) whose living situation or recovery environment is incompatible with recovery goals. The program provides SUD counseling and case management services.
  - Dimensions with risk:
    - Dimension One
    - Dimension Three
    - Dimension Four
    - Dimension Five
    - Dimension Six
Specialized Support Services

Present by: Kaitlyn Broesder

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Strategies Supported by State Opioid Response (SOR) Grant

- The SOR grant supports individuals struggling with an opioid use disorder and/or stimulant use disorder.
- Visit the Avoid Opioid website site for more information.

Avoid Opioid

PRESCRIPTION ADDICTION

Specialized Support Services

- More than 650 individuals have been treated for opioid addiction by key partners or state-contracted agencies.
- Over 10,000 individuals have participated in evidence-based awareness and education programming.
- More than 500 individuals had an improved response in their condition after administration of Naloxone by EMS personnel.

STRATEGIES SUPPORTING OPIOID AWARENESS, PREVENTION, AND TREATMENT

TREATMENT
- Avoid Opioid Use Disorder
  - To learn more, contact the Division of Behavioral Health at 605-397-5238

PREVENTION
- Connection to Resources
  - For Care Coordination, call the SD Resource Hotline at 1-800-522-4343

LIVES SAVED
- Strategies Supported by State Opioid Response (SOR) Grant
- The SOR grant supports individuals struggling with an opioid use disorder and/or stimulant use disorder.
- Visit the Avoid Opioid website site for more information.

KEY PARTNERS
- Project Recovery
- Lewis & Clark Behavioral Health Services
- Center for Family Medicine in partnership with South Dakota State University
- Avera Health
- The HelpLine Center
- Face IT TOGETHER
- Project Recovery (Medication-Assisted Treatment)

STRATEGIES
- Promote capacity building efforts to develop Medication-Assisted Treatment (MAT) and supporting services, including case management and peer supports.
- Provide training and education for addiction treatment professionals on MAT.
- Develop telemedicine-based MAT services statewide.
- Answer and blogs all calls to the SD Resource Hotline (800-222-4343)
- Develop and maintain a searchable online database that includes statewide resources for substance use awareness, education, and treatment.
- Connect those seeking assistance to resources through Care Coordination.
- Provide evidence, science-based peer coaching for people living with addiction.
- Integrate peer recovery support services within MAT clinics and other acute or treatment settings.
- Increase access to peer coaching through technology.

RECOVERY SUPPORT SYSTEMS
- Bethany Christian Services
- Oxford House Inc.

Training & Education
- For resources and more information visit AvoidOpioidSD.com for providers.

Public Awareness
- Avoid Opioid website

Avoid Opioid

PRESCRIPTION ADDICTION

STRATEGIES
- HD trainings for emergency responders to receive education about recognizing and responding to a suspected opioid overdose.
- Increase access to naloxone for anyone at risk of an opioid-related overdose.
- Equip emergency responders across SD with naloxone for use in a suspected opioid overdose.

- Increase access to training and education events for professionals who serve populations affected by opioid abuse misuse.
- Support technical assistance for providers looking to integrate MAT into their practice.
- Support statewide action teams to address opioid use disorder treatment agencies in being MAT-capable.
- Build capacity for Project ECHO in South Dakota, which provides a hub-and-spoke knowledge sharing approach where expert clinicians provide ongoing consultation to local providers.
- Support continuation of existing ECHO hubs in South Dakota in the areas of addiction medicine and alternative pain management strategies.

- Broadcast PSA and other media statewide, featuring treatment approaches and access.
- Deliver targeted messaging for American Indian youth and adults regarding the dangers of opioid misuse.
- Promote opioid awareness and education using traditional social media strategies.
- Deliver evidence-based opioid awareness and education programming through presentations and awareness events in schools and communities.
- Provide education on safe disposal strategies for unused or expired medications.
- Support communities as they work to address the opioid crisis at the local level.
- Deliver evidence-based opioid awareness and education programming to middle- and high-school youth.
- Partner with all-act school programs to integrate evidence-based prevention curriculum.
- Create and deliver culturally responsive and age-appropriate educational campaigns.

South Dakota Department of Social Services

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- **Medication Assisted Treatment (MAT)**
  - Contract with 4 providers that expand access to MAT statewide through office-based and telemedicine-based care.
  - Avera Health
  - Center for Family Medicine in partnership with South Dakota State University
  - Lewis & Clark Behavioral Health Services
  - Project Recovery

- **Indigent Medication Program**
  - Can be used to cover the costs associated with MAT.
  - Continue to support temporary financial assistance for cost of medications associated with MAT.

- **Indigent Medication Application**
Specialized Support Services

• **Peer Recovery Supports**

  • Peer Recovery Support Services are available to provide effective, science-based peer coaching for people living with addiction, including their loved ones.

  • Face It TOGETHER offers in-person and virtual sessions to expand reach to individuals across the state.

  • In February 2020, one of our contracted MAT providers also began offering Peer Recovery support services.

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- **Oxford House**
  - **What Makes Oxford House Different?**
    - The house is democratically self-run
    - The house membership is responsible for all household expenses
    - The house must immediately expel any member who uses alcohol or drugs.
    - All houses are MAT-friendly
    - All houses have naloxone and are trained to administer.
  - **Future Expansion in South Dakota**
    - New Oxford Houses will continue to be opened across South Dakota
    - Each Outreach Worker will open houses in his/her region
    - Cities currently looking to expand to are Rapid City, Aberdeen, Pierre, and Yankton.
- **Oxford House Vacancy website**

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The Supported Housing for Addiction Recovery and Empowerment (SHARE) program provides structure and support outside of a formal treatment setting including supported housing and related services to individuals 18 and older diagnosed with a substance use disorder or experiencing issues related to substance use, including those with co-occurring mental illness, who due to their challenges, are unable to live independently without additional supports.

- Supportive services must include, at a minimum case management services targeting life domains that have been impacted by the SUD (or substance related issues) and are preventing the individual from living independently.
- In additional, supporting services may include the following
  - direct assistance to obtain basic life necessities
  - assistance to perform daily living activities
  - liaison services
  - employment services
  - other case management services based on the needs of the individual

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- **ReNew Program Overview**

- **Maternal Wraparound and Attachment Parenting Education**
  - Serving **Recovering Mothers with Newborns**
  - ReNew engages expectant mothers and their newborns to attain positive, life-changing behavior.
  - Bethany’s ReNew Maternal Wraparound Program (Recovering Mothers with Newborns) is a specialized case management model that supports pregnant women with Substance Use Disorders (SUD) by empowering and equipping them for **successful recovery before and after the birth of their child**.
  - The model’s goals are to promote treatment compliance, maternal health, improve birth outcomes, and reduce the risks and adverse complications of prenatal substance exposure for both mothers and newborns. ReNew integrates evidence-based models and practices across formal systems of child welfare, medical, and substance abuse treatment from pregnancy **through the first year** of the child’s life.

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- **Care Coordination**
  - Care Coordination provides extra support & follow-up care, and can help connect individuals with social support, counseling, treatment options and other services in their area that may be a barrier to recovery.
    - Connect individuals with food assistance, parenting support, childcare, employment, help with scheduling appointments and will provide ongoing support and follow-up for as long as an individual requests.

- **Resource Hotline**
  - The Resource Hotline is available 24 hours a day, 365 days a year – for free, confidential support, whether you’re concerned about yourself or a loved one.
  - **Strategies**
    - Answer and triage all calls to the Resource Hotline (staffed 24/7).
    - Develop and maintain a searchable online database that includes statewide resources for substance use awareness, education, & treatment.
    - Connect those seeking assistance to resources through Care Coordination
Resources

Presented by: Melanie Boetel
How to find treatment services

https://dss.sd.gov/behavioralhealth/agencycounty.aspx
or call the 24/7 Treatment Resource Hotline at 1-800-920-4343

Behavioral Health Services County Map

Mental health and substance use disorder treatment services are available including if you need assistance in paying for services. Click the county nearest to you for contact information or visit the national Behavioral Health Treatment Services Locator.

In an effort to increase access to publicly funded services, the days/hours of substance use disorder providers offering walk-in assessments is provided below.

- List of substance use disorder treatment providers offering walk-in assessments
DSS Website Resources

For Providers
• Find information related to Accreditation, Financial Eligibility, High Intensity Treatment Services, STARS Information
• https://dss.sd.gov/behavioralhealth/providers.aspx

For Individuals Seeking Information About Services
• Find information about behavioral health services available, Involuntary Commitment process, and Prevention Services
• https://dss.sd.gov/behavioralhealth/services.aspx
Q&A Session

Hosted by: Melanie Boetel & Kaitlyn Broesder

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<td><strong>Intensive Inpatient Services and IMT Services</strong>&lt;br&gt;Name: Kathy Wingert, CAC&lt;br&gt;Agency: DCI - Stepping Stones&lt;br&gt;Role: Residential Supervisor and IMT counselor</td>
<td><strong>ReNew Program</strong>&lt;br&gt;Name: Dione Krush and Heidi Thomas&lt;br&gt;Agency: Bethany Christian Services&lt;br&gt;Role: Intensive Case Management Support for pregnant and postpartum women with SUD</td>
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<td><strong>Pregnant Women and Women with Dependent Children</strong>&lt;br&gt;Name: Amy Hartman&lt;br&gt;Agency: VOA – New Start&lt;br&gt;Role: Managing Director of Behavioral Health</td>
<td><strong>Medication Assisted Treatment (MAT)</strong>&lt;br&gt;Name: Pam VanMeeteren, Psychiatric Mental Health Practitioner&lt;br&gt;Agency: Lewis &amp; Clark Behavioral Health Services</td>
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<td><strong>Recovery Housing</strong>&lt;br&gt;Name: Mark Wald and Jessica Hromas&lt;br&gt;Agency: Oxford Housing</td>
<td><strong>Resource Hotline/Care Coordination</strong>&lt;br&gt;Name: Taylor Funke, BS, CAC, CPS, CRS and Certified Crisis Worker&lt;br&gt;Agency: Helpline Center&lt;br&gt;Role: Substance Use Program Manager</td>
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Upcoming Webinars

Future Webinar Dates/Topics

• Session 2: Prevention Services
  August 11, 2021

• Session 3: FY21 Data and Outcomes
  October 13, 2021

• Session 4: Correctional Behavioral Health
  December 8, 2021

• Session 5: Behavioral Health Prevalence Data Overview
  February 9, 2022

• Session 6: Mental Health Services
  April 13, 2022

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