IS YOUR SCHOOL PREPaREd?

- Prevent and prepare for crises
- Reaffirm physical health & welfare, and perceptions of safety & security
- Evaluate psychological trauma risk
- Provide interventions
- and
- Respond to mental health needs
- Examine the effectiveness of crisis preparedness

WHY IS PREPaRE NECESSARY?
Schools meet the needs of not just students but of the entire community. They provide a safe haven, disseminate information, identify individuals at risk, provide mental health services, link individuals with community services, track displaced families, support long-term recovery, and serve as models for ‘normalcy’ in the times of crisis.

1. Crisis prevention and intervention is expected
2. Preparation mitigates traumatic impact and facilitates recovery
3. Multidisciplinary team membership and multi-agency collaboration are essential
4. Schools and school-aged youth have unique needs

WHAT IS WORKSHOP 1 AND WORKSHOP 2?
PREPaRE training consists of two separate workshops. Workshops 1 and 2 can be taken separately. Workshop 1 is not a prerequisite for Workshop 2. Both PREPaRE workshops are eligible for NASP (National Association of School Psychologists) accredited Continuing Professional Development Hours.

WORKSHOP 1
Comprehensive School Safety Planning
Prevention Through Recovery

In this 1-day workshop, participants learn how to establish and sustain comprehensive school safety efforts that attend to both physical and psychological safety. The workshop addresses critical components needed to develop, exercise, and evaluate safety teams and crisis plans. The model also integrates school personnel and community provider roles in school-based crisis preparedness and response activities. Additional topics addressed also include: media/social media, communication, reunification, students with special needs, culture, and memorials. After this workshop, participants are better prepared to improve their school’s climate, student resilience, and the crisis response capabilities of school personnel.

WORKSHOP 2
Mental Health Crisis Interventions
Responding to an Acute Traumatic Stressor in Schools

This 2-day workshop develops the knowledge and skill required to provide immediate mental health crisis interventions to students, staff, and school community members who have been simultaneously exposed to an acute traumatic stressor. The knowledge and skills developed within this session also help to build a bridge to the psychotherapeutic and trauma informed mental health response sometimes required to address challenges associated with trauma exposure. This workshop is an excellent course for all professionals in the district who provide mental health crisis intervention services.

6.5 CPD hours. 13 CPD hours.
**PREPaRE TRAINEES**
As of June 1, 2022 South Dakota trained

<table>
<thead>
<tr>
<th>Workshop 1</th>
<th>Workshop 2</th>
</tr>
</thead>
<tbody>
<tr>
<td>256</td>
<td>193</td>
</tr>
</tbody>
</table>

Participants in Workshop 1 and 2 are scheduled throughout the summer so these numbers will continue to grow.

**PREPaRE TRAINERS**
With grant funding we have trained

<table>
<thead>
<tr>
<th>Workshop 1</th>
<th>Workshop 2</th>
</tr>
</thead>
<tbody>
<tr>
<td>7</td>
<td></td>
</tr>
</tbody>
</table>

They are now helping conduct the trainings across the state.

**PREPaRE DISTRICTS**
As of June 1, 2022 South Dakota had

<table>
<thead>
<tr>
<th>School Districts</th>
</tr>
</thead>
<tbody>
<tr>
<td>Workshop 1</td>
</tr>
<tr>
<td>81</td>
</tr>
</tbody>
</table>

**OUTCOMES**

Participants who completed Workshop 1 are less likely to be anxious about engaging in school safety planning.

Participants who completed Workshop 1 are more confident in their ability to collaborate with others to develop and implement an emergency operations plan.

Participants who completed Workshop 2 are better able to estimate the number of students who may be negatively impacted in the aftermath of a crisis situation and are empowered with interventions to address the needs of the students they serve.

Participants who completed Workshop 2 are less anxious about providing mental health crisis interventions.

Participants who completed Workshop 2 are more knowledgeable about providing school mental health crisis interventions.

Participants who completed Workshop 1 are more knowledgeable about implementing a multitiered approach to providing mental health recovery supports in the aftermath of a crisis.