



# South Dakota Department of Social Services Rate Study

## Psychiatric Residential Treatment Facilities

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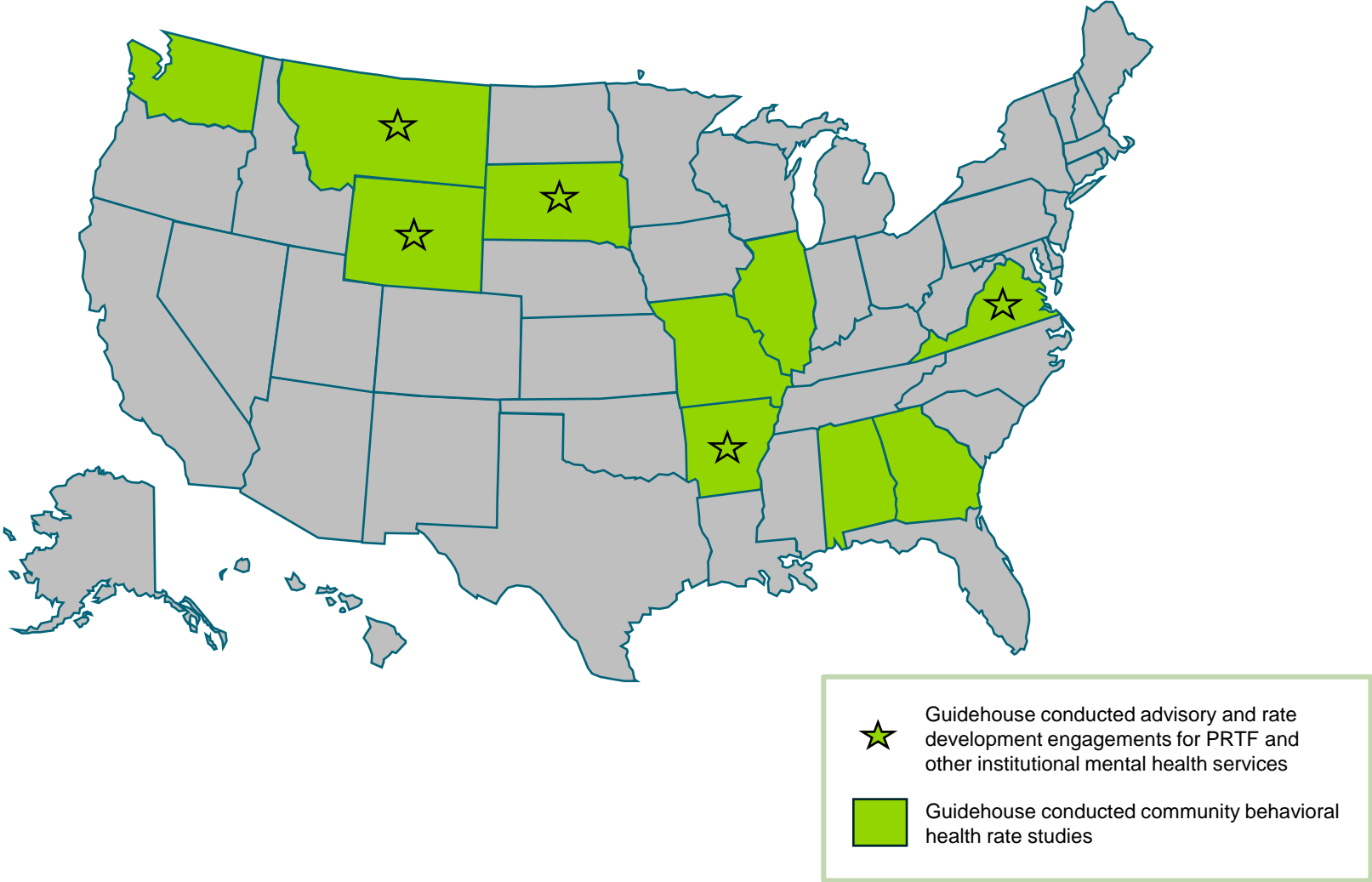
# Welcome, Introductions, and Project Background

# Guidehouse: Recent Rate Study Experience

**The Guidehouse Project Team boasts extensive experience in reimbursement for behavioral health services, including both institutional and home- and community-based rate setting.**

- Guidehouse assists the Wyoming Department of Health, Department of Family Services and Department of Education with annual rate updates for the State's Psychiatric Residential Treatment Facilities (PRTFs), Residential Treatment Centers (RTC), Group Homes and Crisis Shelters.
- We recently conducted a rate study of the State of Montana's children's mental health service array, including residential treatment options in PRTFs and children's homes.
- In Virginia, we assisted the State establish reimbursement guidelines for newly-established neuropsych units servicing clients with traumatic brain injuries (TBI).
- Guidehouse performs rate studies for community behavioral health services in a variety of states across the country.
- We are well-acquainted with the special service challenges facing providers in rural and frontier states like South Dakota and understand their potential impacts on staffing and reimbursement.

# Guidehouse: Recent Rate Study Experience



# Purpose of Rate Study

## Goals of the Rate Study

- Update rates to account for changes staff compensation and other provider costs.
- Create transparent models that are representative of service delivery
- Explore recommendations for competitive benefit assumptions, including health insurance for staff
- Key Deliverables:
  - Provider Survey
  - Rate Models
  - Fiscal Impact
  - Final Report

# Provider Types Included in the Study

## Spectrum of Care

### Type of Facilities

- Psychiatric Residential Treatment Facilities
- Intensive Residential Treatment Centers

### Facility Characteristics

- PRTFs and IRTs are part of the spectrum of care in South Dakota
- Currently, there are 8 PRTFs, 1 IRT, and Boys Intensive Unit.
- The array and intensity of services provided can vary by facility

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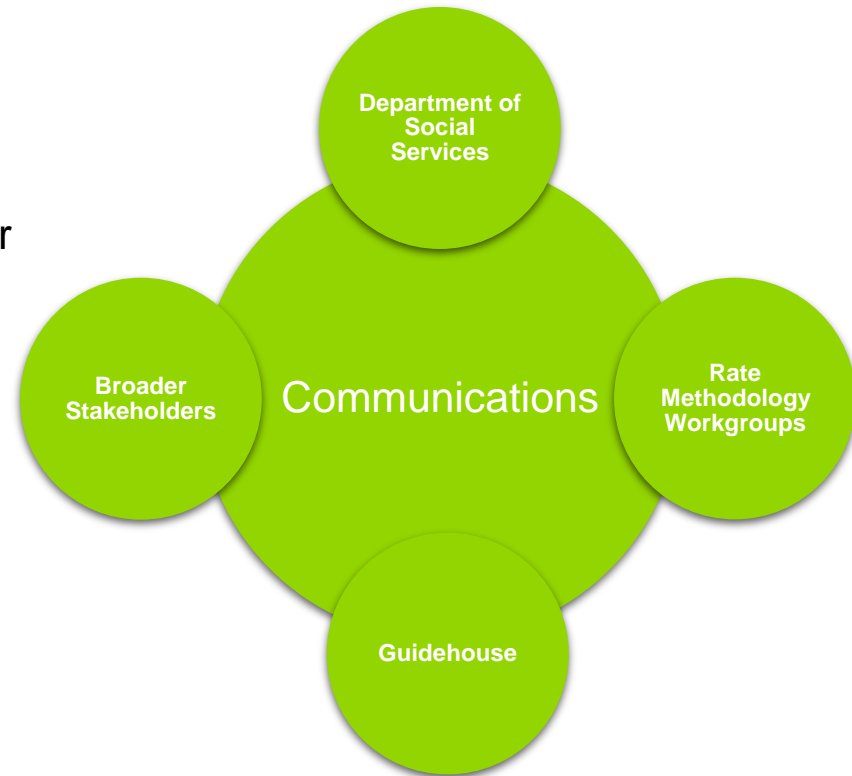
# Stakeholder Engagement



# Communication Goals and Objectives

Communication efforts between all stakeholder groups are intended to:

- Involve diverse perspectives and meaningfully include stakeholders in the study process.
- Advance project goals and objectives, removing communication barriers and bottlenecks, wherever possible.
- Offer transparency on methodology and findings throughout the study.
- Guidehouse takes into consideration of all perspectives throughout the rate methodology study process.
- Adhere to Federal requirements for rate development and stakeholder engagement pursuant to any future changes in programs / policies.



# Purpose of Meeting

## Collaboration and Feedback

- Number of planned meetings: 3
- Gather feedback from individual providers and provider associations directly impacted by rate changes
- Providers have a strong understanding of provider finances, reporting capabilities, and service costs
- Determine the common principles/parameters that will apply to the rate setting methodology
- Providers will facilitate the timely and accurate submission of provider surveys and additional information as requested
- Establish a mechanism for communicating with individual provider organizations, provider associations, and other stakeholders
- Cost, wage and other rate analysis components could demonstrate need for potential changes – both positive and negative – to service rates and level of reimbursement to providers

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# Data Sources

# Data Sources

The following data sources will be considered when analyzing rates

<b>Data Sources</b>
SFY 2023 Provider Cost Reports
SFY 2018 - 2023 State Claims Data
South Dakota PRTF and Group Care Facility Survey (2022)
Bureau of Labor and Statistics Employment Data (BLS)
Medical Expenditure Panel Survey (MEPS)
Guidehouse Provider Survey

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# Provider Survey

# Provider Survey

**Guidehouse will develop and administer a Provider Survey to collect provider information. The survey data will serve as the basis for rate studies.**

## **Purpose of Provider Survey**

- **Cost Updates**
  - Update wage and benefit information
  - Gather needed data to understand current and ideal staffing ratios
- **Placement Details**
  - Investigate barriers to in-state client acceptance
  - Solicit general feedback from providers to explore service delivery improvements and efficiencies
- **Other Provider Information**

# Proposed Survey Topics – Cost Updates

While SFY2023 cost reports provide data helpful to the rate setting process, some additional details are needed.

- **Staffing Wages and Benefits**

- Up-to-date wage information
- Recent wage increases, staff retention bonuses, etc.
- Total current FTE and staffing mix
- Benefits currently offered (Health, Dental, Vision, Retirement, etc.)

- **Recent Increases to Other Cost Centers**

- Capital investments
- Recruitment

# Proposed Survey Topics – Placement Details

Quantitative and qualitative details regarding placement will help to further the goal of increasing in-state placements.

- **Occupancy Details**

- In-state, out-of-state, private pay mix
- Furloughed units

- **Admission/Exclusion Criteria**

- Current criteria
- Sub-population specializations
- Provider needs to expand acceptance criteria



# Proposed Survey Topics – Other Provider Information


Concerns and information from providers that will assist the state in making rate development decisions.

## Open Discussion

# Direct Care and Supervisory Staff Types

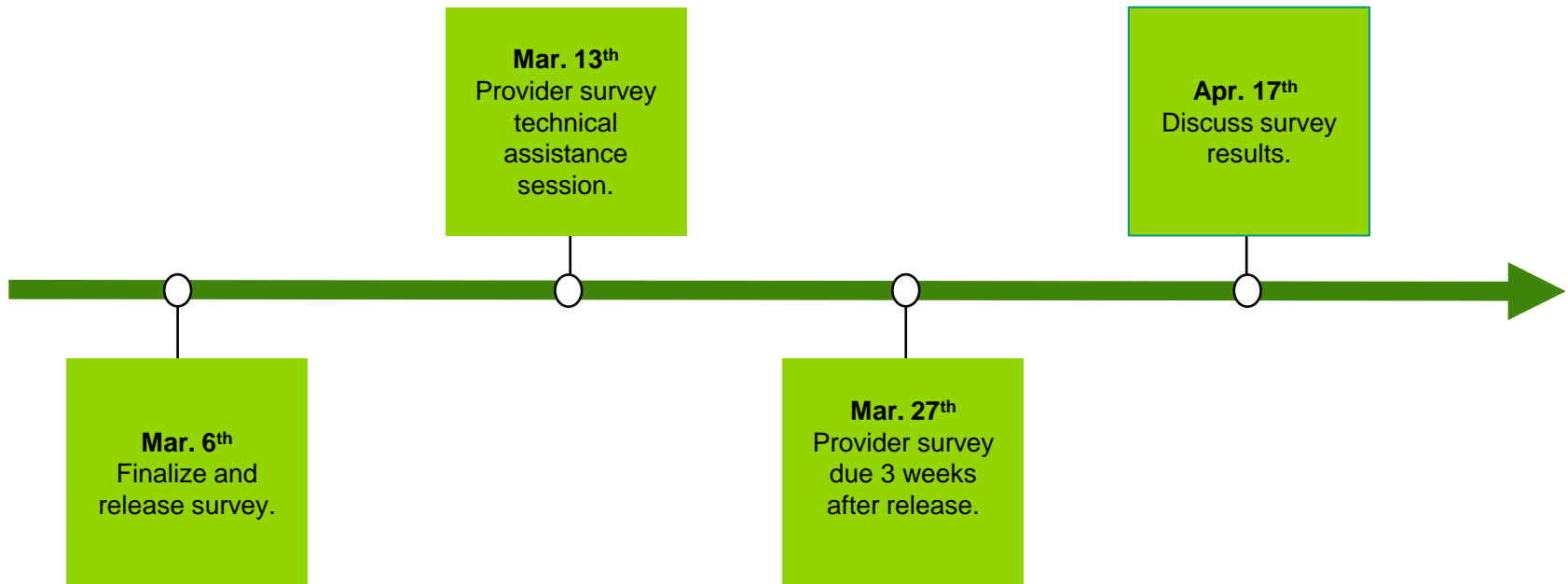
The list below contains common job types from provider cost reports

Direct Care Staff	
Admission Coordinator	EE Growth & Development
Admissions Manager	Family Services
Associate Director	Intern
Child Care Supervisor/Case Manager	Nurse Associate
Child Care Worker/Residential Worker	Nurse/PA/CNP
Clinical Director/Medical Director	Program Manager/Director
Compliance Specialist	Program Specialist
Counselor/Therapist/Group Leader	Psychiatrist/Psychologist/ Physician
Direct Support Professional/Job Coach	Social Worker
Education & Public Awareness	Other



# Timelines and Next Steps

# Proposed Survey Timeline



Participation in the survey is an opportunity to provide critical information that will help inform the development and rebasing of rate setting methodologies and service rates.

# Provider Survey Training and Assistance

During the provider survey reporting period, providers will have multiple sources available for assistance.

## Technical Assistance Session

- Technical assistance session, March 13<sup>th</sup>
- Guidehouse will provide detailed instructions within the survey
- Guidehouse will circulate responses to FAQs from stakeholders within a week following the training



## On-Demand Provider Support

- Guidehouse will provide ongoing technical assistance
  - A dedicated inbox ([sdratestudy@guidehouse.com](mailto:sdratestudy@guidehouse.com)) will be monitored for provider questions
  - Responses to inquiries will be sent within one business day



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# Thank You

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