Role of Chronic Disease Self-Management Programs (CDSMP) in Health Home Model:

- National Committee for Quality Assurance (NCQA) Recognition Standards reinforce the critical role of patient self-management
- Self-Management is part of the following South Dakota Medicaid Health Home Core Services:
  - Health Promotion
  - Referrals to Community and Social Support Services

Reimbursement for CDSMP through Health Behavior Assessment & Intervention (HBAI):

- Coverage
  - Covered benefit under Medicare Part B program and South Dakota Medicaid
- Purpose
  - Service intended to identify and address the psychological, behavioral, emotional, cognitive, and social factors important to treatment and management of physical health problems.
  - HBAI is expected to support the consumer in building the skills necessary to overcome the non-mental health perceived barriers to self-management of chronic disease(s).
- Codes
  - 96150 – Initial HBAI Assessment to determine participant’s barriers and limitations for disease self-management
  - 96152 – Additional one-on-one time conducted with a participant to address barriers
  - 96153 – Participation in group sessions
- 2016 Rates
  - 96150 – Rate $21.84/unit – 4 units – Total $87.36
  - 96153 – Rate $4.65/unit – 60 units – Total $279.00
  - TOTAL - $366.46
- Limits
  - Services are billed in 15-minute unit increments
  - The initial HBAI Assessment would be expected to be completed in 1 hour = 4 units
  - Time billed using codes 96152 and 96153 accumulate toward a 15-hour calendar year threshold limit, per beneficiary.
- Eligibility
  - Consumer must have an underlying physical illness or injury
  - Must be non-psychiatric factors impacting person’s ability to manage chronic disease
  - Consumer must have a referral from a healthcare provider
    - Physician, Nurse Practitioner, Physician Assistant, Clinical Psychologist

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