

**Department of Human Services
Division of Rehabilitation Services
Assistive Daily Living Services Waiver**



Assistive Daily Living Services Waiver is...

- Physical disability waiver that allows individuals with significant disabilities to manage and self-direct their services and to live as independently as they choose in their home, community and workplace.
- ▶ State/Federal Partnership
- ▶ The State defines the services and how they are delivered

Assistive Daily Living Services (ADLS) Eligibility

- ❖ Must have quadriplegia defined as a substantial functional limitation in all 4 extremities;
- ❖ 18 years of age or older;
- ❖ Require assistance with ADLs
- ❖ Must be medically stable;
- ❖ be able to manage and self-direct services or select a representative to manage and direct their services;
- ❖ SSI/Medicaid eligible.
- ❖ NH LOC

Assistive Daily Living Services (ADLS) Eligibility

Individuals must also be determined financially eligible:

- 300% of SSI
- \$2000 or less in resources
- Long Term Care application approved by the Division of Economic Assistance
 - The application is located at:

<https://dss.sd.gov/formsandpubs/docs/MED/ELGBLTY/EA240.pdf>

Assistive Daily Living Services – Services Offered

❖ Personal Attendant Services–

- ❖ I.e: bathing, dressing, ROM, transfers, etc.

- ❖ Home making services are allowable for the participant who lives alone

❖ Consumer Preparation Services– services provided by the provider agency to assist the participant with self direction

- ❖ I.e: coordinating health services, hiring and managing staff, identifying changes to the care plan

Assistive Daily Living Services - Services cont.

- ❖ In-Home Nursing Services

- ❖ Nursing services order by a physician

- ❖ Respite Services

- ❖ Relief services provided to a primary care taker

- ❖ Respite worker can not live in the home

- ❖ Respite services can not be used while the primary care taker is working

Assistive Daily Living Services - Services cont.

❖ Environmental Accessibility Adaptations

- ❖ Physical adaptations to the persons or a close relatives home such as widening doorways, installing grab bars, ramps (permanent or portable) or walk in showers

❖ Vehicle Modifications

- ❖ Physical adaptations to the persons vehicle or a close relatives who transports them regular basis that could include wheel chair tie downs, ramps for loading, hand controls, etc.

Assistive Daily Living Services - Services cont.

- ❖ Specialized Medical Equipment and Supplies
 - ❖ Devices or controls that allow the participant to live more independently or interact with their environment
 - ❖ Ie: automatic door opener, shower/commode chair, reachers, specialized feeding or cooking utensils
- ❖ Emergency Response Services
 - ❖ Monitored emergency response service connected to a call center

ADLS Self-Direction Philosophy

- ADLS philosophy supports the concept that participants may achieve greater independence by having control over their personal attendant staff and schedule.

Self Direction is the ability to recruit, screen, interview, select, schedule, train, supervise, arrange for emergency coverage, determine the attendant's competency to perform the needed services, direct the attendant to do the task, resolve conflict, and, if necessary, terminate the attendant if the conflict cannot be resolved, all with only a minimal amount of assistance or direction from or collaboration with the Provider Agency.

Responsibilities of ADLS participants

Must be able to independently direct and manage their care by:

- Recruiting Personal Attendants
- Screen, interview and select Personal Attendants to hire as their employee
- Determine attendant's competency to perform the needed services
- Schedule Personal Attendants to perform needed activities of daily living as identified in the Service Plan.
- Train Personal Attendants in duties to assist in performing activities of daily living.
- Supervise and direct the attendant to perform the task
- Arrange for emergency and backup coverage
- Resolve conflict and terminate attendant, if necessary
- **Consumer Prep Specialist can support and assist the participant in these activities

ADLS Providers

- ▶ Services are provided statewide through four qualified in-home providers who are contracted by the Department of Human Services
- ▶ Providers serve as “employer of choice” for waiver participants.

Who to Contact?

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ADLS Waiver Manager
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605-773-3195

<https://dhs.sd.gov/en/rehabilitation-services/services-for-people-with-quadruplegia>

HCBS Waiver Overview

Division of
Developmental
Disabilities



ID/DD Eligibility

- Disability eligibility requirements outlined in Administrative Rules of South Dakota (ARSD) 67:54:04:05
 - An individual is considered developmentally disabled if the individual meets all of the following criteria:
 - 1) The individual has a severe, chronic disability attributable to intellectual disability, cerebral palsy, epilepsy, head injury, brain disease, or autism or any other condition, other than mental illness, closely related to intellectual disability and requires treatment or services similar to those required for individuals with intellectual disabilities. To be closely related to intellectual disability, a condition must cause impairment of general intellectual functioning or adaptive behavior similar to that of intellectual disability;
 - 2) The disability manifested itself before the individual reached age 22; and
 - 3) The disability is likely to continue indefinitely.
- Utilize the diagnostic requirements outlined in the Diagnostic and Statistical Manual of Medical Disorders (DSM)- 5
- Must be receiving SSI or be aged, blind, or disabled and have income less than 300 percent of the SSI standard benefit amount



Family Support 360

- Family Support 360 provides participants with an individualized budget used to self-direct services and supports
 - Assists with identifying natural and paid supports to keep their family together and supported in their home and community.
 - Each individual receiving FS 360 services chooses a Family Support Coordinator who assists the individual and their family make an individualized service plan



Family Support 360 Waiver Services

| Waiver Service | Overview |
|-----------------------|---|
| Support Coordination | Facilitation and development of a comprehensive person-centered individualized support plan |
| Respite Care | Short-term, intermittent breaks for primary caregivers |
| Companion Care | Include supervised integrated socialization, role modeling, and independent living skill development. |
| Personal Care | Provides a range of assistance to enable waiver participants to accomplish tasks including assistance with eating, bathing, personal hygiene, and activities of daily living. |
| Supported Employment | Supports to sustain paid employment at or above minimum wage in an integrated setting in the general workforce |

Family Support 360 Waiver Services

| Waiver Service | Overview |
|---|--|
| Vehicle Modification | Adaptations or alterations to an automobile or van that is the waiver participant's primary means of transportation in order to accommodate the special needs of the participant. |
| Specialized Medical Adaptive Equipment and Supplies | Devices, controls or appliances specified in the plan of care which enable participants to increase or maintain their ability to perform activities of daily living, or to perceive, control, or communicate with the environment in which they live |
| Nutritional Supplements | Products that are used to complement a participant's dietary needs |
| Environmental Accessibility | Include those physical adaptations to the home, which are necessary to ensure the health, welfare, and safety of the participant, or which enable the participant to function with greater independence in the home |

Family Support 360 Providers

- Benchmark
- BHSSC
- CFI
- DM
- LifeScape
- LifeQuest
- SESDAC
- VOA

Approximately 1,300 people supported

CHOICES

- Community, Hope, Opportunity, Independence, Careers, Empowerment, Success (CHOICES)
- The CHOICES waiver is a comprehensive waiver program
 - Goal is to assist individuals in leading healthy, independent and productive lives to the fullest extent possible; promote the full exercise of their rights as citizens of the state of South Dakota; and promote the integrity of their families.

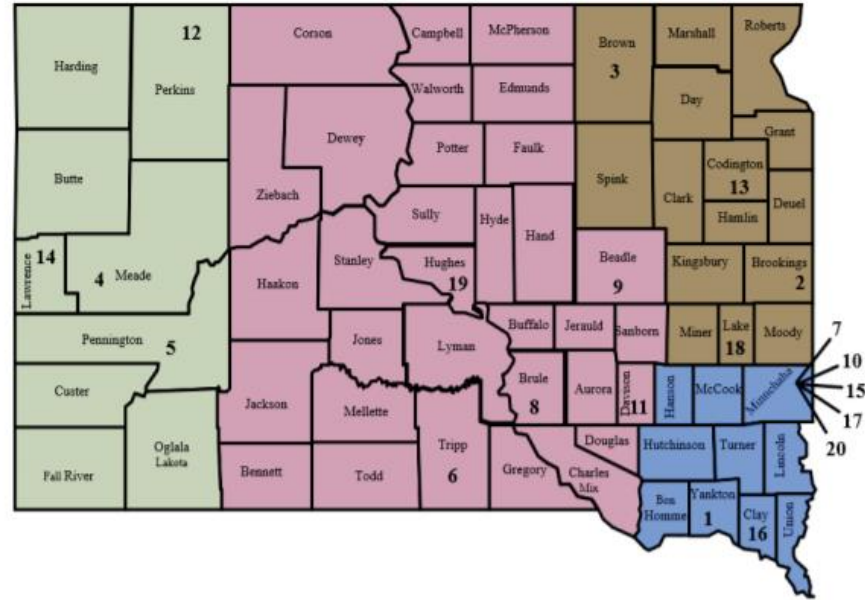


CSP/SP/CM

- CHOICES waiver
 - 20 Community Support Providers
 - 4 Case Management Providers
 - Approximately 2,700 people supported



CHOICES Community Support Provider Map



- | | | |
|-----|--|--------------|
| 1. | Ability Building Services, Inc. | 605.665.2518 |
| 2. | ADVANCE | 605.692.7852 |
| 3. | ASPIRE | 605.229.0263 |
| 4. | Black Hills Special Services Cooperative | 605.423.4444 |
| 5. | Black Hills Works | 605.343.4550 |
| 6. | Community Connections, Inc. | 605.842.1708 |
| 7. | DakotAbilities | 605.334.4220 |
| 8. | Dakota Milestones | 605.734.5542 |
| 9. | Huron Area Center for Independence | 605.352.1005 |
| 10. | LifeScope | 605.336.7100 |
| 11. | LifeQuest | 605.996.2032 |
| 12. | LIVE | 605.374.3742 |
| 13. | New Horizons | 605.884.3500 |
| 14. | Northern Hills Training Center | 605.642.2785 |
| 15. | RHD-Shared Living | 605.371.6490 |
| 16. | SESDAC, Inc. | 605.624.4419 |
| 17. | Southeastern Directions for Life | 605.336.0510 |
| 18. | Valiant Living | 605.256.6628 |
| 19. | Vista Care | 605.224.4501 |
| 20. | Volunteers of America | 605.367.4293 |

CHOICES Waiver Services

| Waiver Service | Overview |
|---|--|
| Nursing | Screenings and assessments, nursing diagnosis, treatment, staff training for individuals who provide services to participants, scheduling medical appointments, monitoring of medical care and related services, providing health education/prevention, policy and procedure development and review and response to medical illnesses and emergencies. |
| Specialized Medical Equipment and Drugs | Devices, controls or appliances specified in the plan of care which enable participants to increase or maintain their ability to perform activities of daily living, or to perceive, control, or communicate with the environment in which they live |
| Other medically related services- speech, hearing, and language | Implementation of direct therapies, treatment and services which are limited to those not available under the State Plan. |

CHOICES Waiver Services

| | |
|--|---|
| Case Management | Facilitation and development of a comprehensive person-centered individualized support plan |
| Residential Supports | Options range from 24/7 supervision and support to intermittent support throughout the day or week in a person's private apartment or house. This includes Shared Living |
| Day Services | Intended to assist the person to gain opportunities for meaningful life experiences in coordination with the person's personal goals and supports and agreed upon by the ISP team |
| Supported Employment Individual & Group | Supports to sustain paid employment at or above minimum wage in an integrated setting in the general workforce |
| Career Exploration | Designed to assist participants in identifying and developing skills that prepare them for integrated competitive |

CHOICES vs Family Support 360

- DDD certifies and funds 20 Community Support Providers (CSP) and 4 Case Management Organizations to deliver CHOICES waiver services
 - Of those providers, 7 Community Support providers and 1 Case Management Organization are also certified to deliver Family Support 360
 - Benchmark- Case Management Organization
 - BHSSC, CFI, Dakota Milestones, LifeQuest, LifeScape, SESDAC, VOA- CSP



CHOICES vs Family Support 360



| CHOICES (Comprehensive Waiver) | Family Support 360 (Self-Directed Waiver) |
|--|---|
| Case Management | Support Coordination |
| Residential Habilitation | Personal Care |
| Career Exploration | Respite Care |
| Day Services | Companion Care |
| Supported Employment | Supported Employment |
| Medical Equipment and Drugs | Specialized Medical Adaptive Equipment and Supplies |
| Nursing | Nutritional Supplements |
| Other Medically Related Services- Speech, Hearing & Language | Environmental Accessibility Adaptations |
| | Vehicle Modification |

HOPE Waiver

Department of Human Services
Division of Long Term Services and Supports



LTSS
LONG TERM SERVICES & SUPPORTS

LTSS

LONG TERM SERVICES & SUPPORTS

MISSION FOR SERVICES

As a Division of South Dakota's Department of Human Services, Long Term Services and Supports (LTSS) promotes opportunities to enhance the quality of life for South Dakota's older adults, adults with disabilities, and their caregivers. LTSS provides home and community-based services to people aged 60 and older, as well as adults with disabilities who are age 18 and older.

Individuals applying for services may be asked to complete a resource and income form to determine financial eligibility, and whether the individual will share the monthly cost of their services. To learn more about your eligibility for LTSS's services, please contact Dakota at Home.



dhs.sd.gov/ltss



dakotaathome@state.sd.us



1 (833) 663-9673

LTSS

LONG TERM SERVICES & SUPPORTS

HOPE Waiver

The Home and Community-Based Options and Person-Centered Excellence (HOPE) waiver provides home and community-based services to people who need nursing facility level of care. The waiver allows people age 65 and older, and people age 18 and older who have a qualifying disability, to live at home or in the setting that is most independent for them.

*There is assistance available in completing the Medicaid or LTSS Application.



dhs.sd.gov/ltss



dakotaathome@state.sd.us



1 (833) 663-9673

LTSS

HOPE Waiver Services

LONG TERM SERVICES & SUPPORTS

- Adult Day Services
- Chore
- Homemaker
- Personal Care
- In-Home Respite Care
- Residential Respite Care
- Specialized Medical Equipment
- Specialized Medical Supplies
- Adult Companion Services
- Assisted Living
- Environmental Adaptations
- In-Home Nursing Services
- Meals
- Nutritional Supplements
- Emergency Response System
- Community Transition Supports
- Community Transition Coordination
- Community Living Home
- Structured Family Caregiving



LTSS

LONG TERM SERVICES & SUPPORTS

HOPE Waiver Eligibility

Who Is Eligible?

To qualify, a person must:

- Be age 65 and older or age 18 and older with a [qualifying disability](#) - a disability that results in needs requiring long-term supports and services that cannot be provided in a less restrictive environment
- Meet a [nursing facility level of care](#)
 - Continuing direct care services ordered by physician and provide by or under supervision of a licensed nurse (daily management, direct observation, monitoring or performance of complex nursing procedures)
 - Assistance of another person for the performance of any activity of daily living
 - Skilled therapeutic services
 - Physical, occupational, or speech therapy in any combination provided at least once a week
 - Continuing mental health services through CARE or IMPACT and a need for waiver services to prevent nursing facility placement
- Participate in an assessment of needs
- Not be a resident of a hospital, nursing facility, or an Intermediate Care Facility (ICF)
- Have an assessed need for one or more waiver services at least one time per month
- Meet financial eligibility as decided by [Economic Assistance](https://sdlegislature.gov/Rules/Administrative/67:44:03:02) (<https://sdlegislature.gov/Rules/Administrative/67:44:03:02>)



Assessment Tool

LTSS uses the interRAI Home Care Assessment (HCA) when assessing individuals to determine if they meet the Nursing Facility Level of Care Criteria.

- The HCA is completed initially, annually, and when significant changes occur
- Assesses each participant's cognitive and functional status
- Provides “Triggers” that are addressed in the participant's Individual Support Plan



Nurse Consultants



- A Nurse Consultant employed by the Department of Human Services determines if an individual meets Nursing Facility LOC
- The Level of Care is an impartial, objective determination based on information provided by the LTSS Case Management Specialist through the interRAI Home Care Assessment (HCA)



SERVICES

HOMEMAKER AND CHORE SERVICES

Homemaker services provide help with general household activities to maintain a safe and healthy living environment. This makes it possible for individuals to live in their own home, or return to their home, and receive assistance with day-to-day household tasks. Outdoor chore services homeowners are required to do by city or county ordinances may also be available.

Services can include:

- Grocery Shopping
- Laundry
- Light Housekeeping
 - Dusting
 - Dishes
 - Vacuuming
 - Taking Out Trash
 - Assisting with Mail
- Light Meal Preparation
- Medication Pickup
- Lawn Mowing
- Snow & Ice Removal



HEMECARE SERVICES

PERSONAL CARE SERVICES

Personal care is provided to individuals who are unable to perform routine tasks independently.

This includes, but is not limited to, these day-to-day activities:

- Bathing
- Dressing
- Eating
- Using the Bathroom
- Assisting with Personal Hygiene



HEMOCARE SERVICES

ADULT COMPANION SERVICES

Assistance, supervision or socialization can be provided to an individual through Adult Companion Services.



HEMOCARE SERVICES

NURSING SERVICES

Individuals may be eligible for nursing services if they live at home with a physical or chronic health problem that requires tasks to be completed by a Licensed Nurse.

Examples of nursing tasks our services could cover are:

- Catheter Care
- Consulting with Physicians and Pharmacists
- Drawing Blood
- Giving Injections
- Health Education
- Health Status Monitoring and Screening
- Setting Up, Dispensing, and Monitoring Medications
- Nutritional Assessments
- Physical Health Assessments
- Foot and Nail Care
- Wound Care



SAFETY AND MOVING AROUND

MEDICAL EQUIPMENT & SUPPLIES

Individuals with a disability or medical condition may receive medical equipment and supplies to help them stay safe and independent at home.



Equipment and supplies may include, but are not limited to, the following:

- Equipment Purchases or Rentals
 - Hospital Beds
 - Wheelchairs
 - Medication Administration Devices
 - Telehealth/Health Monitoring
- Disposable Supplies
 - Bed Pads
 - Urostomy Bags
 - Colostomy Bags
 - Ostomy Supplies
 - Diabetic Test Strips
 - Syringes
 - Bandages
 - Incontinence Pads/Briefs



SAFETY AND MOVING AROUND

ASSISTIVE DEVICES

Assistive devices are tools, devices or equipment that help people do everyday tasks. They can help make you more independent, move around, and do things like bathing safely at home. This includes Emergency Response Systems (ERS), which are devices that call for help when you need it. An ERS is important for people who are at risk of falling. These devices come with pendants that let you call for help from a pre-programmed number in an emergency.

The devices that may be provided to an individual include, but are not limited to the following:

- Bathroom Accessibility
 - Grab Bars
 - Toilet Risers
 - Shower Chairs & Bath Benches
- Improving Mobility
 - Wheelchairs/Scooters
 - Lift Chairs
 - Repairs to Existing Devices



SAFETY AND MOVING AROUND

ENVIRONMENTAL ACCESSIBILITY ADAPTATIONS

Additionally, adaptations can be made to an individual's home to help them stay safe and secure.

Services do not cover home repair—like carpeting, roof repair, central air conditioning, or others—that are not a direct medical benefit.

Available adaptations are as follows:

- Installing Ramps & Grab Bars
- Widening Doorways
- Modifying Bathroom Facilities
- Installing Electric or Plumbing Systems Needed to Accommodate Medical Equipment or Supplies



NUTRITION & MEALS

Nutritious meals may be available in a community setting—like a senior center, community building, restaurant, or local kitchen. A group dining atmosphere offers a great opportunity to socialize with others while having a nutritious meal. Meals may be delivered directly to someone’s home depending on their needs. Additionally, nutrition screenings, supplements, education and counseling may be available.

Nutrition & Meals provide these benefits:

- Fulfills Up to One-Third of An Individuals Dietary Needs
- Offers a Variety of Food
- A Social Opportunity to Meet Others



CAREGIVER SUPPORT

STRUCTURED FAMILY CAREGIVING

Structured Family Caregiving provides a stipend for a family member who cares for an aging adult or an adult with a disability in the person's own home or in the caregiver's home. The goal is to enable the person to live in their community while getting needed care and supervision from a paid family caregiver. The caregiver receives ongoing support and training from a provider.



CAREGIVER SUPPORT

RESPITE CARE

Respite care offers a primary caregiver temporary relief from providing continuous support to an older adult, or an adult with a disability. It can be used to give caregivers a break overnight, on weekends, to run errands, or to take vacations.

Respite Care may include:

- Completing Personal Hygiene Tasks
- Light Housekeeping
- Meal Preparation
- Providing Companionship



CAREGIVER SUPPORT

ADULT DAY SERVICES

Adult Day Services help people stay at home longer by offering activities, care, and supervision outside of the home for part of the day. This allows the main caregiver to work or pursue other daytime activities when they need to.

Locations are expanding to include the following communities:

- Sioux Falls
- Rapid City
- Belle Fourche
- Lake Norden
- Howard

With Adult Day Services, people can enjoy activities and nutritious meals. Some nursing services may also be available, like health checkups and help managing medication.

You can find Adult Day Services at a senior center, assisted living facility, or as a separate program.

There are more locations offered privately or through VA assistance.



RESIDENTIAL LIVING SERVICES

COMMUNITY LIVING HOMES

Community living homes promote independence for individuals through a combination of supportive services and assistance with activities in a homelike setting.



RESIDENTIAL LIVING SERVICES

ASSISTED LIVING

Assisted living services provide 24-hour staffing, three meals a day, housekeeping, laundry services, supervision and assistance with medication management. This allows people to live more independently while also getting supervision and socialization, while feeling safe and secure.

Assisted living centers help with:

- Daily Living Activities
 - Eating
 - Bathing
 - Dressing
 - Personal Care
- Social and Recreational Programming
- Laundry Service
- Housekeeping



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LONG TERM SERVICES & SUPPORTS

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STEVENS AMENDMENT:

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