

Division of Behavioral Health



Medicaid Tribal Consultation
Meeting
July 12, 2018
Melanie Boetel

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Division of Behavioral Health

- Overview
- DSS - Behavioral Health Website
<https://dss.sd.gov/behavioralhealth/>

Suicide Prevention Resources

Suicide Awareness Activities

- **“Bethe1SD” Public Awareness Campaign**
 - Informs about actions we can all take to:
 - prevent suicide
 - reduce the stigma surrounding mental health
 - promote the National Suicide Prevention Lifeline (1-800-273-TALK)
 - Website and social media
 - www.bethe1sd.com
 - Instagram: bethe1SD
- **Other suicide prevention activities**
 - College crisis texting programs
 - Suicide prevention trainings
 - Follow up program for youth and young adults discharging from a hospital following a suicidal crisis

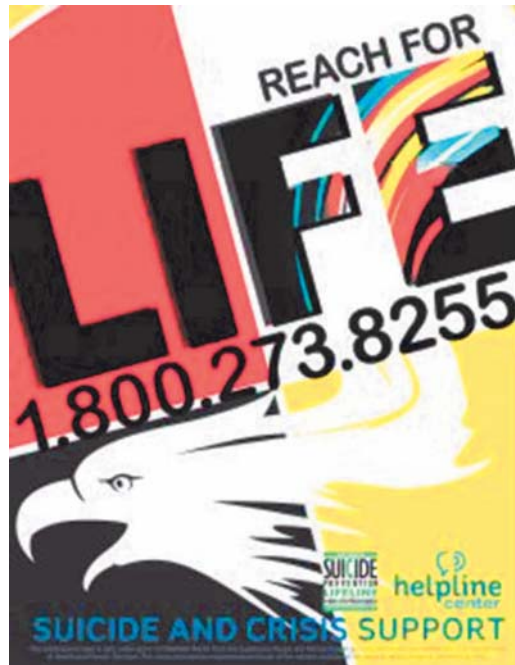
Community Coalition Partners

- There are currently 9 active community suicide prevention coalitions in South Dakota:
 - Aliive Roberts County – Sisseton
 - Mitchell Area Suicide Prevention – Mitchell
 - EMPOWER – Hot Springs
 - Front Porch Coalition – Rapid City
 - Michael Glynn Memorial Coalition – White River
 - Watertown Healthy Youth – Watertown
 - Sioux Falls Suicide Prevention Task Force – Sioux Falls
 - Northern State University – Aberdeen
 - Wellness Coalition – University of South Dakota, Vermillion

Suicide Prevention Community Engagement

- Development of Suicide Prevention website
 - Information for professionals (counselors, clergy, ER personnel, 1st responders, schools, primary care providers, etc.)
 - Population-specific information (American Indian, college students, parents, seniors, teens, veterans, workplace, etc.)
 - <http://sdsuicideprevention.org/>
- Development of suicide prevention toolkits for communities
 - Includes statewide and community data, information on evidence-based prevention strategies, and steps communities can take to develop a community-wide effort
 - Toolkits can be found on Suicide Prevention website
- Availability of technical assistance to communities
 - Helpline Center

Awareness campaigns



Awareness campaigns



Zero Suicide

- A workshop was held May 24, 2017 in Sioux Falls
- 54 people participated from 13 organizations including 7 community mental health centers, Avera, Sanford, Regional Health, Our Home, Human Services Center, and Indian Health Services
- Community of Learning webinars and conference calls took place from October 2017 through May 2018.

Zero Suicide

- Two 1-day workshops were held in June 2018:
 - June 12 was a refresher training for the providers who attended the Zero Suicide workshop in May 2017
 - June 13 was for those who have not attended a Zero Suicide workshop in the past
- 59 people participated from 17 organizations including 5 community mental health centers, Avera, Regional Health, Our Home, Human Services Center, Correctional Behavioral Health, Department of Health, Lutheran Social Services, Catholic Social Services, Helpline Center, Veterans Affairs, and Indian Health Services.

For More Information...

South Dakota Suicide Prevention Website
<http://sdsuicideprevention.org/>



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State Targeted Response to the Opioid Crisis Grant Activities



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Prescription Opioid Abuse Advisory Committee

Tom Martinec, South Dakota Department of Health, Chair
Kristen Bunt, South Dakota Association of Healthcare Organizations
Sara DeCoteau, Sisseton-Wahpeton Oyate of the Lake Traverse Reservation
Maureen Deutscher, Family Representative
Chris Dietrich, MD, South Dakota State Medical Association
Margaret Hansen, South Dakota Board of Medical & Osteopathic Examiners
Amy Hartman, Volunteers of America - Dakotas
Amy Iversen-Pollreisz, South Dakota Department of Social Services
Steve Lee, South Dakota Pharmacy Association
Jon Schuchardt, Great Plains Indian Health Services
Kari Shanard-Koenders, South Dakota Board of Pharmacy
Senator Jim White, Huron
Brian Zeeb, South Dakota Office of Attorney General



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South Dakota's Opioid Road Map

- Developed by the Opioid Advisory Committee
- Framework adapted from the National Governor's Association's *Finding Solutions to the Prescription Opioid and Heroin Crisis: A Road Map for States*
 - Prevention and early identification
 - Treatment and recovery
 - Reducing illicit supply
 - Response to opioid misuse and abuse
- 13 key strategies identified



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Prevention and Early Identification Strategies

- Develop and update guidelines for opioid prescribers in South Dakota
- Promote and provide education and training for all opioid prescribers on the appropriate prescribing of opioids
 - Partnering with SDSMA on prescriber education on opioids through live trainings, webinars, and online resources
- Maximize the use and effectiveness of the South Dakota Prescription Drug Monitoring Program (PDMP)
- Raise public awareness about the dangers of prescription opioids
 - Media campaign (tv, radio, web-based, social media, etc.) to increase awareness of risks of prescription opioids
 - Additional media campaign focusing on Native Americans
 - Website to support awareness as well as key data dashboards
- Improve treatment access via connection to resources and information through call center support (1-800-920-4343 SD Opioid Resource Hotline)

Treatment and Recovery Strategies

- Increase professional competency in OUD treatment and better connect treatment providers, prescribers and recovery support services in complex case management and staffing of OUD cases
- Expand access to MAT across SD through enhanced referral systems and linkages to in-person and virtual MAT clinics
 - RFP for clinical expertise/consultation to develop the clinical framework of MAT in SD as well as hub and spoke model to support medical providers
- Enhance awareness of treatment options and cost assistance available
- Improve treatment retention and recovery through peer and family support services

Reducing Illicit Supply Strategies

- Explore the potential for a comprehensive opioid management program within SD Medicaid
 - Implemented an 85% early refill threshold, MME equivalent limits, etc.
 - Reviewing medical records related to Rx for top opioid users and scheduling peer review discussions with prescribers
- Expand drug take-back programs to increase accessibility to safe disposal options for prescription opioids
 - Drug take back programs in Chamberlain, DeSmet, Madison, Millbank, Pierre, Rapid City, Sioux Falls, Sisseton, and Viborg
 - Law enforcement-based programs
 - Larger pharmacies (i.e., Walgreens) starting to implement own programs

Response to Opioid Misuse and Abuse Strategies

- Equip first responders and emergency departments with naloxone to increase statewide access and support distribution in high-need communities
 - As of 4/10/18, 536 individuals (DOC, sheriff/police, EMS, ER, DCI, GFP) have been trained in naloxone use and 807 doses of naloxone have been provided to these first responders
- Offer training on available treatment options to jails statewide (which are independently operated)

Next Steps

- Strategy implementation/Monitoring of key data points
- Advisory Committee oversight
 - Will meet at least twice next year
- Ongoing monitoring
 - CDC/SAMHSA grants
 - Efforts in other states
 - President's Commission on Combating Drug Addiction and the Opioid Crisis/Natl. Governors Assn. (NGA)/Assn. of State & Territorial Health Officers (ASTHO)

Media



AvoidOpioidSD.com

WHAT ARE OPIOIDS? TAKE ACTION FIND HELP KEY DATA ABOUT

"he took one pill - one pill too many"
NOAH —
lost his father to prescription opioids.

South Dakota Opioid Hotline 1-800-920-4343

Avoid Opioid Prescription Addiction. Opioids are highly addictive narcotics commonly prescribed to treat pain. South Dakota opioid deaths have steadily increased since 2012, so even though they can provide relief for those struggling with chronic pain, only use opioids with extreme caution.

What are Opioids? What are the side effects? What are the Risks?

South Dakota Opioid Hotline 1-800-920-4343

Avoid Opioid
PRESCRIPTION ADDICTION

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CDC Rx Awareness Campaign

Prescription opioids can be
addictive and dangerous.

It only takes a little to lose a lot.

 cdc.gov/RxAwareness

“IT TOOK EVERYTHING THAT I HAD.”
-TAMERA



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For More Information...

South Dakota's Statewide Targeted Response to the Opioid Crisis strategic plan available at:

<http://doh.sd.gov/news/Opioid.aspx>

