

## CARE COORDINATION BENEFITS

Medicaid and CHIP provide health and long-term care coverage to about 116,000 low-income and disabled South Dakotans, of whom about 35% are American Indians who are also eligible for services through the Indian Health Service (IHS). In 2015 a stakeholder group comprised of legislators, tribes, providers, governor’s office and state agency staff began work to develop strategies to improve health outcomes access to services for individuals that rely on Medicaid for their healthcare. In 2016 the federal government changed Medicaid funding policy to allow more services to be 100% federally funded. Full federal funding requires the individual to be a confirmed “patient” of IHS, and the IHS and non-IHS providers must have care coordination agreements and share medical records

Initial efforts focused primarily on coordination of care between the IHS and South Dakota’s largest hospital systems. As these efforts proved successful, a new work group was formed in 2018 to focus on nursing homes, community support providers and psychiatric residential treatment facilities.

As a result of increased federal funding, any state dollars saved are being reinvested in the program. These activities resulted in in \$8.4 million in savings to in State fiscal year (SFY) 2019 and 100% of those funds were reinvested to address service gaps in Medicaid and adjust provider reimbursement rates for targeted services. In addition, better coordination of care and sharing of medical records between I.H.S. and non I.H.S. providers. The SFY 2020 budget includes the following uses for the savings:

<u>Activity</u>	<u>Est. Annual Investment</u>
Effective 7/1/18: Substance-Use Disorder Treatment for Adults (est. 1,900 adults/yr. will access)	\$872,000
Effective 12/1/18: Increase access to Mental Health services (est. 465 recipients/yr. will access)	\$518,862
Effective 4/1/19: Community Health Worker services (est. capacity 1,500 patients/yr.)	\$383,492
1% increase for Community-Based Providers	\$2,137,220
Targeted Rate Adjustments for PRTFs, Nursing Homes, Community Service Providers	\$2,902,155
Reductions to Utilization Increase Request	\$859,402
Shared Savings	<u>\$630,000</u>
	<b>\$8,303,131</b>

- In addition to the items listed above, state general fund savings are funding a partnership between the State of South Dakota and IHS whereby nurses employed by the Department of Social Services (DSS) are embedded at IHS facilities to help increase access to care, strengthen continuity and coordination of care, and improve the health of Medicaid-eligible American Indians. These staff will also be positioned to help with discharge planning and facilitate patients’ return to their communities and reconnection back to IHS and Tribally-administered providers. Nurses are embedded at Pine Ridge and Rosebud today and will eventually serve the IHS unit in Eagle Butte.
- One-time savings also funded innovation grants of up to \$6 million over three years:
  - Up to \$1 million over three years to test ideas aimed at improving health outcomes, such as using new technology to access needed care, and integrating primary care and behavioral health care (see p. 4).
  - Up to \$5 million over three years for nursing facilities seeking support for projects, activities and ideas that improve the quality of life for residents.

**Substance Use Disorder Treatment for Adults**

- Substance use treatment coverage for all adults was added effective 7/1/18. Prior to the change, coverage was available to pregnant women and adolescents. An estimated 1,900 adults now have access to coverage of these services.
- 350 Medicaid recipients accessed services in SFY2019, including 139 American Indians
- Tribal programs are also eligible to enroll and bill Medicaid. Sisseton Wahpeton has enrolled but hasn't yet begun billing for services.

SFY 2019 - New Client Group SUD Services Facility Type	American Indian		Other		Total	
	Paid Amount	Unique Recipients	Paid Amount	Unique Recipients	Paid Amount	Unique Recipients
<b>IHS/Tribal 638</b>	\$ -	0	\$ -	0	\$ -	0
Sisseton Wahpeton Sioux Tribe	\$ -	0	\$ -	0	\$ -	0
<b>Non-IHS</b>	\$ <b>191,116</b>	<b>139</b>	\$ <b>256,929</b>	<b>214</b>	\$ <b>448,045</b>	<b>350</b>
Avera	\$ 23	1	\$ 506	3	\$ 530	4
Bartels Counseling Services INC Behavior Management Systems	\$ 348	1	\$ 8,382	6	\$ 8,730	7
INC	\$ 24,472	4			\$ 24,472	4
Bowling Green Inn of South Dakota	\$ 3,953	4	\$ 2,497	4	\$ 6,449	8
Capital Area Counseling Service	\$ 6,012	10	\$ 3,270	3	\$ 9,282	13
Carroll Institute	\$ 9,196	12	\$ 31,177	33	\$ 40,373	45
Choices Recovery Services INC	\$ 3,560	3	\$ 1,255	2	\$ 4,815	5
Community Counseling Services	\$ 5,064	5	\$ 12,768	17	\$ 17,832	22
Dakota Counseling Institute	\$ 3,479	10	\$ 5,182	8	\$ 8,661	17
East Central MH CD Center INC			\$ 6,109	11	\$ 6,109	11
Glory House	\$ 2,626	4	\$ 1,883	3	\$ 4,509	7
Human Service Agency	\$ 3,984	8	\$ 12,060	22	\$ 16,044	29
Lewis & Clark Behavioral Health	\$ 87,606	21	\$ 108,350	35	\$ 195,956	56
Lutheran Social Services	\$ 3,242	4	\$ 1,180	1	\$ 4,422	5
Morning Star Family Ministries	\$ 7,158	5			\$ 7,158	5
Northeastern Mental Health	\$ 3,108	3	\$ 10,585	10	\$ 13,693	13
Northern Hills Alcohol and Drug	\$ 6,715	2	\$ 5,707	13	\$ 12,422	15
Pennington County	\$ 2,028	12	\$ 7,457	13	\$ 9,485	25
Professional Consultations	\$ 207	1			\$ 207	1
Roads Outpatient Treatment Prog	\$ 852	4	\$ 2,342	3	\$ 3,194	7
South Dakota Urban Indian Health	\$ 3,807	17	\$ 2,519	3	\$ 6,326	20
Southern Hills ALC & Drug Info	\$ 6,657	12	\$ 24,834	21	\$ 31,491	32
Volunteers of America	\$ 7,020	8	\$ 8,865	19	\$ 15,885	27
<b>Grand Total</b>	\$ <b>191,116</b>	<b>139</b>	\$ <b>256,929</b>	<b>214</b>	\$ <b>448,045</b>	<b>350</b>

**Additional Mental Health Providers**

Effective 12/1/18: Increase access to Mental Health services by allowing Licensed Marriage and Family Therapists & Licensed Professional Counselors Under Supervision to enroll (est. capacity to serve 465 recipients/yr.).

- 306 Medicaid recipients accessed services in SFY2019, including 144 American Indians
- Services were provided by dozens of additional providers including two IHS units and South Dakota Urban Indian Health
  - IHS and Urban Indian Health received > \$100,00 in revenue in SFY19 because these additional providers were able to enroll. SFY19 was a partial year of implementation.

SFY 2019 - New BH Providers Facility Type	American Indian		Other		Total	
	Paid Amount	Unique Recipients	Paid Amount	Unique Recipients	Paid Amount	Unique Recipients
<b>IHS/Tribal 638</b>	<b>\$ 98,280</b>	<b>103</b>			<b>\$ 98,280</b>	<b>103</b>
Fort Thompson Indian Health Ser	\$ 19,565	27			\$ 19,565	27
Pine Ridge Indian Health Services	\$ 78,715	76			\$ 78,715	76
<b>Non-IHS</b>	<b>\$ 17,055</b>	<b>41</b>	<b>\$ 66,789</b>	<b>178</b>	<b>\$ 83,844</b>	<b>203</b>
Bethesda Christian Counseling			\$ 2,166	4	\$ 2,166	4
Brian Vandenhul	\$ 3,613	3	\$ 9,599	15	\$ 13,213	18
Bridgeway Counseling Center INC			\$ 113	1	\$ 113	1
Center for Family Medicine	\$ 125	1	\$ 2,200	10	\$ 2,325	11
Craig Mullins	\$ 1,104	1	\$ 3,629	4	\$ 4,734	5
Dakota Counseling Group LLC			\$ 550	1	\$ 550	1
East Central MH CD Center INC			\$ -	14	\$ -	14
Encompass Mental Health LLC	\$ 219	1	\$ 5,336	6	\$ 5,555	6
Gary Kashale			\$ 5,374	5	\$ 5,374	5
Heartland Psychological Service			\$ 509	3	\$ 509	3
Jeffcoat Counseling Services			\$ 4,044	5	\$ 4,044	5
Journey Counseling Services LLC			\$ 613	4	\$ 613	4
Lutheran Social Services	\$ 7,478	18	\$ 15,990	59	\$ 23,469	66
Mary M Weber			\$ 4,528	8	\$ 4,528	8
North American Baptist Seminary			\$ 512	9	\$ 512	9
Rising Hope Counseling LLC	\$ -	1	\$ -	1	\$ -	5
RP Renka MD	\$ 211	1	\$ 313	1	\$ 525	1
South Dakota Urban Indian Health	\$ 3,267	9	\$ -	4	\$ 3,267	2
Stronghold Counseling Services	\$ 548	2	\$ 10,537	23	\$ 11,084	9
The Sanctuary, LLC	\$ -	1	\$ 774	1	\$ 774	25
Other	\$ 489	3	\$ -	2	\$ 489	2
<b>Grand Total</b>	<b>\$ 115,335</b>	<b>144</b>	<b>\$ 66,789</b>	<b>178</b>	<b>\$ 182,124</b>	<b>306</b>

### **Community Health Worker (CHW) Services**

Effective 4/1/19: Community Health Worker agencies may enroll and bill for services (est. capacity 1,500 patients/yr.).

CHW services are a preventive health services to prevent disease, disability and other health conditions or their progression for individuals with a chronic condition or at risk for a chronic condition, who are unable to self-manage the condition or for individuals with a documented barrier that is affecting the individual's health

- Services became billable April 1, 2019
- No programs/providers enrolled yet. Outreach efforts to assist with enrollment are ongoing.
- Time dedicated at the end of Tribal Consultation on Oct. 17 to provide technical assistance on how to enroll/bill for interested groups. Tribal or I.H.S. providers are eligible to enroll.

**Primary and Prenatal Care Innovation Grants**

DSS awarded \$1 million dollars of innovation grants to improve primary and prenatal care for women in the Medicaid program. Three awards of \$333,000 each were provided to Avera Health, Center for Family Medicine, and Native Women’s Health Care.

<b>Provider</b>	<b>Summary</b>	<b>Innovation Being Tested</b>	<b>Geographic Target Areas</b>	<b>Metrics</b>	<b>Use of funds</b>
Avera	Helps pregnant women in South Dakota diagnosed with gestational diabetes by providing remote blood sugar monitoring, specialized test strips and video visits with a diabetic educator/ dietician. Patients will be supported AveraNow mobile application.	Non-traditional tele-health model testing correlation between use of technology for management of gestational diabetes improved birth outcomes. Pilot with I.H.S. to serve patients referred by I.H.S to the program in targeted areas.	Huron (Beadle County), Aberdeen (Brown County), parts of Sioux Falls (Minnehaha and Lincoln Counties) Aurora, Brule, Buffalo, Charles Mix, Davison, Douglas, Gregory, Hanson, Hutchinson, Jerauld, Lyman, Miner, McCook, Sanborn, and minimum of one Indian Health Service site yet to be finalized.	Rates for C-sections, full term births, healthy birth weight, maternal morbidity, birth complications, overall child health.	Remote patient monitoring, specialized test trips, and assistance with internet access.
Native Women's Health Care (OST)	Helps patients by linking primary and prenatal services to behavioral health services. Leverages comprehensive care team including primary care, behavioral health, and community health workers.	Use of comprehensive care team to manage both physical and behavioral health will improve rates of substance use disorder (SUD) screening and treatment adherence. Tests pregnancy as a qualifying condition for Medicaid health home services.	Rapid City Area	Success and improved adherence rates for SUD treatment, increased screening, preventive, and primary/prenatal care.	Transportation services for high-risk patients, technology including iPads and specialized software for case managers, support accreditation for day treatment and residential treatment.
Center for Family Medicine	Provides patients with a birth center/pregnancy health home approach to provide full array of prenatal and postnatal care. This project will also train family medicine resident physicians in innovative, evidence-based prenatal care models.	Testing if application of health home model and use of technology to deliver patient education results in improved health outcomes.	Sioux Falls, Pierre	Pre-term and post term birth weights, C-Sections, birth complications.	Nurse case manager, physician, and other care team members. Home blood pressure and other monitoring equipment that links to electronic health record, transportation to appointments, i-Pads and other equipment.

\*The Department of Human Services (DHS) is also in the process of awarding innovation grants worth up to \$5 million over three years to fund innovative projects, activities and ideas that improve the quality of life for residents of nursing facilities.

## **638 Programs Enrolled in South Dakota Medicaid**

Several tribally-administered programs have been enrolled in the Medicaid program:

### Cheyenne River Sioux Tribe

- Cheyenne River Dental Program
- Cheyenne River Health Department (Eagle Butte, Swiftbird, Cherry Creek, Red Scaffold, and White Horse)
- Medicine Wheel Village Assisted Living
- Behavioral Health Department

### Flandreau Santee Sioux Tribe

- Flandreau Santee Sioux Tribal Health Clinic

### Lower Brule Sioux Tribe

- Lower Brule Counseling Service
- Lower Brule Community Health Representative Program
- Lower Brule Ambulance Service
- Lower Brule Patient Transport

### Oglala Sioux Tribe

- Native Women's Healthcare
- Tribal Ambulance Service
- Oglala Sioux Tribal Health Department

### Rosebud Sioux Tribe

- White River Nursing Home
- Rosebud Ambulance Service

### Sisseton Wahpeton Sioux Tribe

- Dakota Pride Center

\*A quarterly South Dakota Medicaid Indian Health Services and Tribal Medicaid Expenditures is published online here:  
<https://dss.sd.gov/medicaid/generalinfo/tribalconsultation.aspx>

## SUMMARY

