

SOUTH DAKOTA SUICIDE PREVENTION PLAN 2020-2025

Updated 12/05/2019



**TAKE
ACTION
NOW**

DATA

- › **Utilize the data dashboards** on SDSuicidePrevention.org/data to inform community members.

EDUCATION AND TRAINING

- › **Make a request** on SDSuicidePrevention.org/get-help/request-training to provide a Mental Health First Aid or other training within your community/organization.
- › Complete the minimum requirement of one clock hour of **suicide awareness and prevention training** for educator certification at doe.sd.gov/SuicidePrevention.
- › **Encourage healthcare providers** and behavioral health providers to participate in training. Visit SDSuicidePrevention.org/about-suicide/trainings/.

COMMUNICATIONS

- › **Sign up for the SD Suicide Prevention list serv** to receive updates on the SD Suicide Prevention Plan on SDSuicidePrevention.org.
- › **Visit the training and event calendar** on SDSuicidePrevention.org/events to see what trainings and events are available or post an upcoming training or event.
- › **Order various suicide prevention campaign materials** on SDSuicidePrevention.org/get-help/order-materials to utilize at your school, worksite, or community.
- › **Utilize the Bethe1SD.com press kit** to educate others.
- › **Educate tribal communities** on the Great Plains Native Connections program. Visit bhr.gptchb.org/great-plains-native-connections-program.
- › **Promote the Farm and Rural Stress Hotline** within your community. It's free, confidential and available 24/7, Call 1-800-691-4336.

COMMUNITY ENGAGEMENT

- › **Implement or modify your school district's policy on suicide prevention**, intervention and response by utilizing the *Model School District Policy* available at SDSuicidePrevention.org/professionals/school-staff/.
- › **Share the toolkits** available for Communities, High Schools, and College Campuses located on SDSuicidePrevention.org/toolkits.
- › **Share information about survivor support groups**. Visit SDSuicidePrevention.org/survivors.



Need Help Now? 1-800-273-8255
sdsuicideprevention.org

