

# Structured Family Caregiving

*A Caregiver Coaching  
and Support Program*



**NOW  
AVAILABLE  
IN SOUTH  
DAKOTA!**

South Dakota is committed to improving access to long-term care at home. **Structured Family Caregiving** is now available to eligible families, providing financial and professional support to help make in-home care possible.

To find out if Structured Family Caregiving is right for your family, call **Dakota at Home at 1-833-663-9673**. Dakota at Home is the state's free information and referral service to help everyone find resources across the state.



# We believe that staying home matters.

*Families need support to provide care at home and Structured Family Caregiving can help.*

## Program benefits include:

- Financial stipend for the caregiver
- Ongoing coaching and support for the caregiver

## What is Structured Family Caregiving?

Structured Family Caregiving (or SFC) is a caregiver support program designed for family and friends who care for a loved one at home.

If you are helping with...

- Bathing, eating, dressing, walking
- Getting in and out of bed, and other transfers
- Managing disruptive behaviors
- Managing medical appointments and medications

...Structured Family Caregiving can help.

## Who is Eligible?

Individuals who are eligible for the HOPE Waiver can access Structured Family Caregiving. The individual who needs help must live in the same home as the family member or friend who is their caregiver.

## Why Choose SFC?

Individuals want to stay at home and family caregivers want that too. Coaches available through SFC know how to work with family caregivers. Coaches can help with challenges a caregiver might have - for example, managing challenging behaviors associated with Alzheimer's or other chronic conditions. Coaches also make sure caregivers take care of themselves.