

STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT

State/Territory: South Dakota

TARGETED CASE MANAGEMENT SERVICES

A. Target Group:

Case Management services are targeted to adults age 18 and over who are severely and persistently mentally ill as defined by the State of South Dakota Division of Mental Health (with assistance from the National Institute of Mental Health) and who meet the meet the conditions in 1, 2, and 3 below:

1. Are eligible for Title XIX Medical Assistance coverage as a categorically needy eligible recipient.
2. Have a severe mental illness. The individual's severe and persistent emotional, behavioral, or psychological disorder has resulted in at least one of the following:
 - a. Has undergone psychiatric treatment more intensive than outpatient care more than once in a lifetime (e.g., emergency services, alternative residential living, or inpatient psychiatric hospitalization);
 - b. A single episode of psychiatric hospitalization during a lifetime of at least six months duration;
 - c. Maintained with psychotropic medication for at least one year; or
 - d. Frequent, crisis contacts with a mental health or medical facility for more than six months as a result of a severe and persistent psychiatric illness.
3. Have impaired role functioning. The individual's severe and persistent emotional, behavioral, or psychological disorder has resulted in at least three of the following:
 - a. Is unemployed or has markedly limited job skill and/or a poor work history;
 - b. Is employed in a sheltered setting;
 - c. Is unable to perform basic daily living skills without assistance;
 - d. Exhibits inappropriate social behavior which results in concern by the community and/or requests for mental health or judicial/legal systems;
 - e. Is unable to procure appropriate public support services without assistance;
 - f. Requires public financial assistance for out of hospital maintenance;
 - g. Lacks social support systems in a natural environment (e.g., no close friends, family, isolated);

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- h. Is in constant or cyclical turmoil with family or social system; or
- i. Is a non-compliant recipient of mental health services when clear need is evident.

B. Areas of the State in which services will be provided:

Entire State.

Only in the following geographic areas (authority of section 1915(g)(1) of the Act is invoked to provide services less than Statewide:

C. Comparability of Services:

Services are provided in accordance with section 1902(a)(10)(B) of the Act.

Services are not comparable in amount, duration, and scope. Authority of section 1915(g)(1) of the Act is invoked to provide services without regard to the requirements of section 1902(a)(10)(b) of the Act.

D. Definition of Services:

Case Management services shall include:

1. Client identification and follow-up.

- a. Assist the client in obtaining needed services, supports, and entitlements.
- b. Inform client of his rights related to mental health treatment.
- c. Follow-up to persons who decline treatment services or who are unable to access needed services.

2. Coordination of needs assessment.

- a. Assess client needs based on:
 - (1) Identifying information.
 - (2) Physical health/substance abuse.
 - (3) Activities of daily living.
 - (4) Social/emotional status.
 - (5) Social/family support network.
 - (6) Physical environment.
 - (7) Vocational/educational status.
 - (8) Legal status.
- b. Determine client's willingness and clinical/social need for services.
- c. Participate in the treatment planning process to ensure coordination of medical/mental health and support services.

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3. Case Management service plan development.
 - a. Develop and implement a written individualized Case Management service plan.
 - b. Perform periodic review/revision of the Case Management service plan.
4. Service mobilization, linkage, and monitoring.
 - a. Assist in coordinating services with other agencies, resources, and support systems.
 - b. Document unmet or changing need.
 - c. Assist and follow-through on appropriate referrals.
 - d. Assist client in accessing 24-hour crisis services.
 - e. Monitor service delivery, and continually evaluate client status and quality of services needed.
 - f. Monitor client's continuing need for Case Management services.
 - g. Advocate for providers and community members to respond to client needs.

E. Qualification of Providers:

Case Managers shall be employees of an independently enrolled provider who is a comprehensive mental health facility which provides the following array of services:

1. Outpatient services;
2. Emergency services;
3. Liaison services;
4. Psychiatric rehabilitation;
5. Community residential services; and
6. Consultation and education.

The overall Case Management program at each enrolled provider must be directed by a qualified mental health professional as defined in the South Dakota Mental Health rules. Each Case Manager must meet at least one of the following requirements:

1. Qualified Mental Health Professional (QMHP) consistent with South Dakota Mental Health rules;
2. Masters degree level in a human services field;
3. Bachelors degree level in a human services field with a minimum of one year experience in mental health or human services;
4. Bachelors degree level in a non-human services field with a minimum of two years experience in mental health or human services; or
5. Registered Nurse (2 or 3 year degree) with a minimum of two years experience in mental health or human services.

Human services field, for purposes of determining Case Manager qualifications, includes degrees in Psychology, Sociology, Social Work, Nursing, and Human Services.

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All Case Managers who meet the above qualifications standards must participate in a training program developed and conducted by the South Dakota Division of Mental Health. This provision is included to ensure that the Case Managers for this target population are capable of ensuring that eligible clients receive needed services.

F. Freedom of Choice Assurances:

The State assures that the provision of Case Management services will not restrict an individual's free choice of providers in violation of section 1902(a)(23) of the Act.

South Dakota assures that any severely and persistently mentally ill adult age 18 and over who is eligible for Case Management services may obtain those services from any enrolled provider of Case Management services.

G. Duplication of Payment:

Payment for case management services under the plan does not duplicate payments made to public agencies or private entities under other program authorities for this same purpose.

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