May 9, 2022

RE: South Dakota Medicaid State Plan Amendment # SD-22-0007

The South Dakota Department of Social Services intends to make changes to the South Dakota Medicaid State Plan regarding community health worker services. Currently the services may be ordered by a physician, physician assistant, nurse practitioner, or certified nurse midwife. The proposed State Plan Amendment (SPA) allows dentists to also order services. The SPA clarifies what services are considered non-covered and updates the community health worker certification criteria. The SPA amends Attachment 3.1-A, page 26a and 26b.

The Department intends to make this SPA effective June 1, 2022. The Department estimates there will be no fiscal impact associated with the SPA in FFY 22 or FFY 23.

Please contact me at Matthew.Ballard@state.sd.us within 30 days if you have any questions or comments.

Sincerely,

Matthew Ballard
Deputy Director
Division of Medical Services
South Dakota Department of Social Services

CC: Laurie R. Gill, Cabinet Secretary
Sarah Aker, Director
Medicaid State Plan Amendment Proposal

Transmittal Number:  SD-22-0007

Effective Date:  June 1, 2022

Brief Description:  The SPA allows dentists to also order services. The SPA clarifies what services are considered non-covered and updates the community health worker certification criteria.

Area of State Plan Affected:  Attachment 3.1-A

Page(s) of State Plan Affected:  26a and 26b

Estimate of Fiscal Impact, if Any:  None

Reason for Amendment:  To provide additional flexibilities regarding community health worker services.
13c. Preventive Services

1. Diabetes Self-Management Training

Diabetes Self-Management Training is a preventive health service for persons diagnosed with diabetes. The service requires a physician referral. The training will increase the individual's understanding of diabetes progression and enable monitoring skills to prevent complications, disease progression, and disability.

Training content is based upon the American Diabetes Association and South Dakota Department of Health standards. Enrolled diabetes education training providers must be capable of offering instruction in each of the content areas as established by the American Diabetes Association and Department of Health standards. Examples include, but are not limited to, diabetes overview, nutrition, exercise and activity, foot care, skin care, dental care, medications, and medication management.

Covered Services
The following services are covered:

   a. Individual diabetes self-management training
   b. Group diabetes self-management training

Practitioner Qualifications
Outpatient diabetes self-management education must be provided by a diabetes education team that is certified or recognized by the American Diabetes Association or the South Dakota Department of Health. The team must consist of licensed RNs and licensed dieticians to meet certification standards. Claims must be submitted by an enrolled provider.

Limitations
   a. Outpatient diabetes self-management education is limited to ten hours of comprehensive education for newly-diagnosed recipients and follow-up education sessions of two hours per year based upon assessment of need and documented physician order. Limits can be exceeded if determined medically necessary by the state.
   b. Diabetes self-management education is not separately covered when:
      1) The individual is institutionalized and the training is not delivered in an outpatient setting; or
      2) The individual receives this service in a FQHC or RHC.

2. Community Health Worker Services

Community Health Worker services is a preventive health service to prevent disease, disability, and other health conditions or their progression for individuals with a chronic condition or at risk for a chronic condition who are unable to self-manage the condition or for individuals with a documented barrier that is affecting the individual’s health.

Community health worker services must be ordered by a physician, physician assistant, nurse practitioner, certified nurse midwife, or dentist and delivered according to a care plan. Services must be related to a medical intervention outlined in the individual’s care plan and may include the following:

   a. Health system navigation and resource coordination includes helping a recipient find Medicaid providers to receive a covered service, helping a recipient make an appointment for a Medicaid covered service, arranging transportation to a medical appointment, attending an appointment with the recipient for a covered medical service, and helping a recipient find other relevant community resources such as support groups.
   b. Health promotion and coaching includes providing information or training to recipients that make positive contributions to their health status such as cessation of tobacco use, reduction in the misuse of alcohol or drugs, improvement in nutrition, improvement of
physical fitness, family planning, control of stress, pregnancy and infant care including prevention of fetal alcohol syndrome.

c. Health education and training to train and/or promote to recipients methods and measures that have been proven effective in avoiding illness and/or lessening its effects including, but not limited to, immunizations, control of high blood pressure, control of sexually transmittable disease, prevention and control of diabetes, control of toxic agents, occupational safety and health, and accident prevention. The content of the education must be consistent with established or recognized healthcare standards.

The following services are non-covered services:
   a. Advanced care planning;
   b. Advocacy on behalf of the recipient;
   c. Case management/care management;
   d. Child care;
   e. Chore services including shopping and cooking;
   f. Companion services;
   g. Employment services;
   h. Exercise classes;
   i. Helping a recipient enroll in government programs or insurance;
   j. Interpreter services;
   k. Medication, medical equipment, or medical supply delivery;
   l. Personal care services/homemaker services;
   m. Respite care;
   n. Services not listed in the recipient’s care plan;
   o. Services provided prior to the recipient’s care plan being finalized;
   p. Services provided to non-Medicaid patients;
   q. Services that duplicate another covered Medicaid service;
   r. Socialization;
   s. Transporting the recipient; and
   t. Travel time.

Community Health Worker Qualifications
Providers must be enrolled with South Dakota Medicaid as a community health worker agency. Individual community health workers must be employed and supervised by an enrolled community health worker agency.

Community Health Worker Certification
Effective January 1, 2023, CHWs must be certified by the Community Health Worker Collaborative of South Dakota in order for the service to be covered. For services to be covered prior to January 1, 2023 CHWs must either be certified by the Community Health Worker Collaborative of South Dakota or have completed one of the following: Indian Health Services Community Health Representative basic training, a community health worker program approved by the South Dakota Board of Technical Education, the South Dakota Board of Regents, the Community Health Worker Collaborative of South Dakota, or a Community Health Worker training program approved by the department.

Continuing Education
Community Health Workers must complete a minimum of 6 hours of continuing education training annually.