

# Well-Child Check-ups

## Well-Child Scheduling

Contact your child's provider 1 to 2 months in advance to schedule a Well-Child check-up. Setting a reminder in your phone or on your calendar can help you remember the appointment. Keep in mind an average Well-Child check-up takes about 1 hour. Make sure to call and reschedule if you cannot make your appointment.

## Well-Child Services

Well-Child check-ups generally include these services:



**Health history**- You child's provider will ask questions about your child's and family medical history.



**Physical examination and measurements**- The check-up includes a full physical examination. Your child's provider may also check your child's height, weight, and blood pressure.



**Vision and hearing**- Some Well-Child check-ups will include a check of your child's vision and hearing. Your child is also eligible for a full vision exam with an eye doctor.



**Developmental and behavior**- Your child's provider will check his or her social and emotional health and let you know if there are any developmental issues.



**Immunizations**- At the check-up your child's provider will give your child any needed shots.



**Lab tests**- Necessary lab tests are also covered by South Dakota Medicaid.



**Health education, counseling, and goals**- Your child's provider will give you information on keeping your child healthy and well.



**Cleanings and Exam**- Some well-child services are provided outside of the well-child check-up. South Dakota Medicaid covers two teeth cleanings and an exam each year. Contact your dentist to schedule an appointment.

The services below are also provided at some Well-Child check-ups.

Age	Service	Description
Prior to age 1	Depression Screening for Mothers	New moms may experience depression after the birth of their child. A new mother depression screening is covered 3 times prior to age one and is billed under your child's Medicaid ID number.
9, 18, and 30 months	Developmental Screening	This is a short test to check if your child is reaching age appropriate milestones.
9 months to 5 years	Fluoride Varnish	A fluoride varnish helps prevent the dental disease that causes cavities and can be applied at your child's Well-Child check-up. This service is covered up to 3 times a year.
12 and 24 months	Lead Screening	Lead can affect a child's mental and physical development. All children should receive a lead screening at 12 months and again at 24 months. If your child has not had two lead screenings a catch-up screening is recommended between 24 months and 72 months.
18 and 24 months	Autism Spectrum Disorder Screening	An Autism Spectrum Disorder screening is covered and recommended for children at 18 and 24 months.
12 years and older	Depression Screening	A depression screening is covered once annually as part of a Well-Child check-up.
9 to 11 and 17 to 20 years old	Cholesterol Screening	Risk factors present in childhood can greatly increase the likelihood that a child will develop heart disease as an adult. A cholesterol screening should occur at least once between ages 9 and 11 and again between ages 17 and 20.
15 to 18 years old	Infectious Disease Testing	Infectious disease testing is covered and recommended for individuals at increased risk.

## Well-Child Discussion Topics

Well-Child check-ups are a great time to ask your child's provider about things that affect his or her health. Below are a few examples of topics you can discuss with your child's provider.

- Being more active
- Eating healthy foods
- Bicycle helmets
- Television and computer screen time
- Getting enough sleep

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ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-305-9673 (TTY: 711).

ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 1-800-305-9673 (TTY: 711).