



# Well-Child Check-up REMINDER



## To the parents of:

Your teenager may be due for a well-teen check-up. Doctors recommend teenagers have a well-teen check-up each year.



Well-teen check-ups can keep your teenager healthy by identifying health concerns early. The doctor may talk with your teenager about how school is going, goals for the future, friendships, relationships, stress, and his or her mental health.

An annual well-teen check-up and recommended vaccines are covered at no cost to you as part of your teen's Medicaid/CHIP coverage. Based on the age of your teenager, the following services may be recommended by his or her doctor:

Involving youth in their own healthcare at an early age will ensure a slow smooth transition in the future. If youth are comfortable they can begin to talk one-on-one with the health care provider at their appointments, schedule and check in for their own appointment and know how to contact their health care providers. For more resources visit: <https://doh.sd.gov/family/Youth/wellvisits.aspx>.



You can schedule a well-teen check-up by contacting your teenager's Primary Care Provider (PCP). If you think your teenager may be behind on his or her vaccines, you should discuss whether any additional vaccines are needed with your teenager's PCP.

Physicals for enrollment in schools, camps, and sports programs are not covered. However, your teenager's doctor may complete any applicable forms for school, camp, or sports as part of a covered well-teen check-up.



Keep smiles healthy with an annual dental exam and two cleanings per year. <https://www.insurekidsnow.gov/find-a-dentist/index.html>

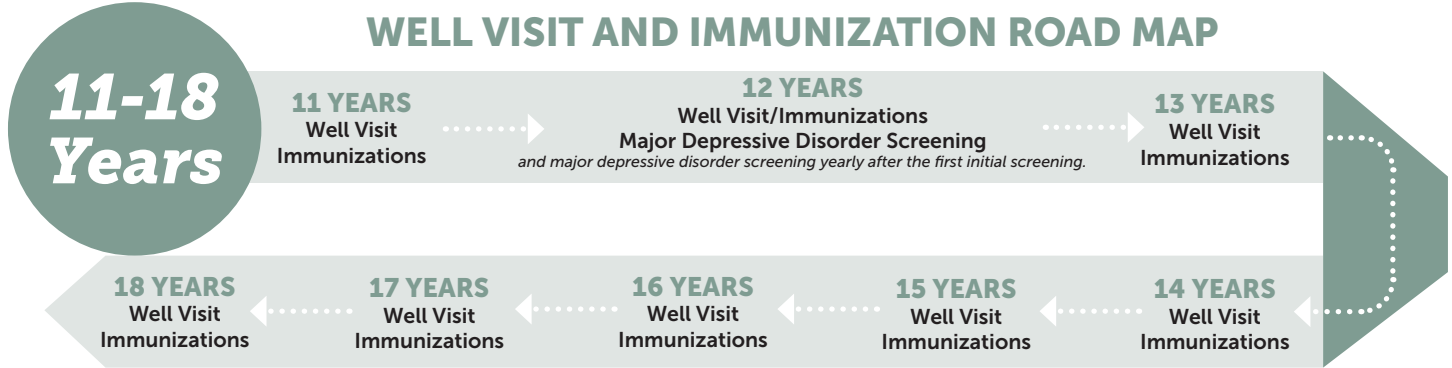


An annual eye exam is recommended.



Department of Social Services - Division of Medical Services  
700 Governors Drive, Pierre, SD 57501  
Ph: 1.800.597.1603 | Fax: 605.773.5246  
[dss.sd.gov/medicaid/recipients/](https://dss.sd.gov/medicaid/recipients/)

# 11 to 18-year-old ANNUAL WELL-CHILD CHECK-UPS



Vaccine	11 - 18 years
COVID 19* (Coronavirus disease)	2 or 3 dose series and booster*
Flu (Influenza)	1 or 2 doses yearly
Tdap (Tetanus, diphtheria, pertussis)	1 dose
HPV* (Human Papillomavirus)	2 or 3 dose series*
MenACWY/MenB (Meningococcal disease - MenACWY/MenB*)	MenACWY/MenB

If your child is behind on immunizations speak with your provider about a modified schedule.

\* Not all manufacturers require this dose, speak with your provider about your child's needed immunizations

## WHY IT'S IMPORTANT TO MAKE TIME FOR WELL-CHILD VISITS

Adolescence is a time of many physical, social, and emotional developments, as well as an increased drive for independence. Youth need to be given the opportunity to ask questions they might not feel comfortable asking others. A PCP can answer questions related to safety, body changes, mental health, emotional well-being, behaviors that put youth at risk, substance use, stress, and sleep.

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