



# Well-Child Check-up REMINDER



## To the parents of:

Your child may be due for a well-child check-up. Doctors recommend children have a well-child check-up each year. Well-child check-ups can keep your child healthy by identifying health concerns early. Your child may also be due for recommended vaccines. Vaccines can help prevent serious health problems including diseases that can be fatal.

An annual well-child check-up and recommended vaccines are covered at no cost to you as part of your child's Medicaid/CHIP coverage. Based on the age of your child, the following services may be recommended by his or her doctor:

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You can schedule a check-up by contacting your child's Primary Care Provider (PCP). If you think your child may be behind on his or her vaccines, you should discuss whether any additional vaccines are needed with your child's PCP.

Physicals for enrollment in schools, camps, and sports programs are not covered. However, your child's doctor may complete any applicable forms for school, camp, or sports as part of a covered well-child check-up.



Department of Social Services - Division of Medical Services  
700 Governors Drive, Pierre, SD 57501  
Ph: 1.800.597.1603 | Fax: 605.773.5246  
[dss.sd.gov/medicaid/recipients/](https://dss.sd.gov/medicaid/recipients/)

# 10 to 12-year-old ANNUAL WELL-CHILD CHECK-UPS

**10-12  
Years**

## WELL VISIT AND IMMUNIZATION ROAD MAP

**10 YEARS**  
Well Visit. Flu Vaccine.

**11 YEARS**  
Well Visit. Flu Vaccine. Immunizations.  
*See immunizations below for 11, and 12-year-olds*

**12 YEARS**  
Well Visit. Immunizations. Flu Vaccine.  
*See immunizations below for 11, and 12-year-olds*



### RECOMMENDED IMMUNIZATIONS BETWEEN 11 AND 12 YEARS OLD

- ✓ **Tdap\*** (Tetanus, Diphtheria, Pertussis)
- ✓ **MCV4\*** (Meningococcal)
- ✓ **HPV** (Human Papillomavirus) - 2 doses
- ✓ **Flu** (Influenza) - Annually

*\*School entry requirement for South Dakota 6th grade students*



### DENTAL EXAM

Keep smiles healthy with an annual dental exam and two cleanings per year.

<https://www.insurekidsnow.gov/find-a-dentist/index.html>



### EYE EXAM

An annual eye exam is recommended.



### GET THEM INVOLVED

Getting your child involved in their own healthcare is the first step to helping them begin to take charge of their health. Youth can begin to learn their personal family medical history, write down questions, and talk directly with their healthcare provider.

For more resources visit: <https://doh.sd.gov/family/Youth/wellvisits.aspx>.

### WHY IT'S IMPORTANT TO MAKE TIME FOR WELL-CHILD VISITS

This is a time when their bodies begin to change and hormones fluctuate, so pre-teens may be at risk for things like depression and eating disorders. A PCP can answer questions related to safety, puberty, healthy eating, physical activity, and computer and television screen time. They can also help distinguish between moodiness and something more serious.



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