To the parents of:

Your teenager may be due for a well-teen check-up. Doctors recommend teenagers have a well-teen check-up each year. Well-teen check-ups can keep your teenager healthy by identifying health concerns early. The doctor may talk with your teenager about how school is going, goals for the future, friendships, relationships, stress, and his or her mental health.

An annual well-teen check-up and recommended vaccines are covered at no cost to you as part of your teen’s Medicaid/CHIP coverage. Based on the age of your teenager, the following services may be recommended by his or her doctor:

You can schedule a well-teen check-up by contacting your teenager’s Primary Care Provider (PCP). If you think your teenager may be behind on his or her vaccines, you should discuss whether any additional vaccines are needed with your teenager’s PCP.

Physicals for enrollment in schools, camps, and sports programs are not covered. However, your teenager’s doctor may complete any applicable forms for school, camp, or sports as part of a covered well-teen check-up.
Adolescence is a time of many physical, social, and emotional developments, as well as an increased drive for independence. Youth need to be given the opportunity to ask questions they might not feel comfortable asking others. A PCP can answer questions related to safety, body changes, mental health, emotional well-being, behaviors that put youth at risk, substance use, stress, and sleep.