Well-Child Check Ups

Well-Child Scheduling
Contact your child’s provider 1 to 2 months in advance to schedule a Well-Child check-up. Setting a reminder in your phone or on your calendar can help you remember the appointment. Keep in mind an average Well-Child check-up takes about 1 hour. Make sure to call and reschedule if you cannot make your appointment.

Well-Child Services

- Health History
  Your child’s provider will ask questions about your child’s and family medical history.

- Physical Examination and Measurements
  The check-up includes a full physical examination. Your child’s provider may also check your child’s height, weight, and blood pressure.

- Vision and Hearing
  Some Well-Child check-ups will include a check of your child’s vision and hearing. Your child is also eligible for a full vision exam with an eye doctor.

- Developmental and Behavior
  Your child’s provider will check his or her social and emotional health and let you know if there are any developmental issues.

- Immunizations
  At the check-up your child’s provider will give your child any needed shots.

- Lab Tests
  Necessary lab tests are also covered by South Dakota Medicaid.

- Health Education, Counseling, and Goals
  Your child’s provider will give you information on keeping your child healthy and well.

- Cleanings and Exam
  Some well-child services are provided outside of the well-child check-up. South Dakota Medicaid covers two teeth cleanings and an exam each year. Contact your dentist to schedule an appointment.

Well-Child Discussion Topics
Well-Child check-ups are a great time to ask your child’s provider about things that affect his or her health. Below are a few examples of topics you can discuss with your child’s provider:

- Being more active
- Eating healthy foods
- Bicycle helmets
- Television and computer screen time
- Getting enough sleep
The services below are also provided at some Well-Child check-ups.

<table>
<thead>
<tr>
<th>Age</th>
<th>Service</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Prior to age 1</td>
<td>Depression Screening for Mothers</td>
<td>New moms may experience depression after the birth of their child. A new mother depression screening is covered 3 times prior to age one and is billed under your child’s Medicaid ID number.</td>
</tr>
<tr>
<td>9, 18, and 30 months</td>
<td>Developmental Screening</td>
<td>This is a short test to check if your child is reaching age appropriate milestones.</td>
</tr>
<tr>
<td>9 months to 5 years</td>
<td>Fluoride Varnish</td>
<td>A fluoride varnish helps prevent the dental disease that causes cavities and can be applied at your child’s Well-Child check-up. This service is covered up to 3 times a year.</td>
</tr>
<tr>
<td>12 and 24 months</td>
<td>Lead Screening</td>
<td>Lead can affect a child’s mental and physical development. All children should receive a lead screening at 12 months and again at 24 months. If your child has not had two lead screenings a catch-up screening is recommended between 24 months and 72 months.</td>
</tr>
<tr>
<td>18 and 24 months</td>
<td>Autism Spectrum Disorder Screening</td>
<td>An Autism Spectrum Disorder screening is covered and recommended for children at 18 and 24 months.</td>
</tr>
<tr>
<td>12 years and older</td>
<td>Depression Screening</td>
<td>A depression screening is covered once annually as part of a Well-Child check-up.</td>
</tr>
<tr>
<td>9 to 11 and 17 to 20 years</td>
<td>Cholesterol Screening</td>
<td>Risk factors present in childhood can greatly increase the likelihood that a child will develop heart disease as an adult. A cholesterol screening should occur at least once between ages 9 and 11 and again between ages 17 and 20.</td>
</tr>
<tr>
<td>15 to 18 years</td>
<td>Infectious Disease Testing</td>
<td>Infectious disease testing is covered and recommended for individuals at increased risk.</td>
</tr>
</tbody>
</table>