Community Supports for People with Intellectual and Developmental Disabilities

January 2018

Service Options

• Medicaid Waiver Services
  • DDD operates the CHOICES waiver to provide services to South Dakotans with intellectual or developmental disabilities (I/DD)
    • CHOICES waiver
      • Comprehensive waiver services
      • 2,700 participants
      • Long-term supports
The CHOICES waiver began in 1981 introducing community support services as an alternative to institutional services. The waiver allows people to choose community-based services. CHOICES services support a person’s independence to live, work and actively participate in the community.

CHOICES Waiver

CHOICES services
- Case Management
- Residential supports
- Day habilitation
- Pre-vocational
- Supported employment
- Nursing
- Specialized Medical Services, Equipment, and Drugs
- **CHOICES does not provide funding for room and board**

Medicaid Waiver Services
Administrative Authority / Operating Authority

- Department of Social Services, Division of Medical Services, is the designated State Medicaid Agency

- Department of Human Services, Division of Developmental Disabilities, is the designated operating agency

I/DD Eligibility

- The DDD provides DSS with a recommendation of eligibility for the waiver based on:
  - Administrative Rules of South Dakota (67:54:03:03)
  - The individual has a severe chronic disability attributable to intellectual disability, cerebral palsy, epilepsy, head injury, brain disease, autism or another condition closely related to intellectual disability and requires treatment similar to those required for the intellectually disabled.
  - To be closely related to intellectual disability, a condition must cause impairment of general intellectual functioning or adaptive behavior similar to that of intellectual disability.
  - The disability manifested itself before the individual reached age 22; and
  - The disability is likely to continue indefinitely.
Waiver Eligibility

• All of the following components must be present for eligibility:

  • Medicaid eligibility;
  • Level of care assessment;
  • Member of the target group;
  • Plan of care established; and
  • Waiver services identified

Community Support Providers

<table>
<thead>
<tr>
<th>Ability Building Services, Yankton</th>
<th>Dakota Milestones, Chamberlain</th>
<th>20 Community Support Providers</th>
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</thead>
<tbody>
<tr>
<td>ASPIRE, Aberdeen</td>
<td>Every Citizen Counts Organization, Madison</td>
<td>Resources for Human Development</td>
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<tr>
<td>ADVANCE, Brookings</td>
<td>Center for Independence, Huron</td>
<td>OAHE, Inc., Pierre</td>
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<tr>
<td>Black Hills Special Services Cooperative, Sturgis</td>
<td>LifeQuest, Mitchell</td>
<td>South Dakota Achieve, Sioux Falls</td>
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<td>Black Hills Works, Rapid City</td>
<td>LIVE Center, Lemmon</td>
<td>Southeastern Directions for Life, Sioux Falls</td>
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<td>Community Connections, Inc., Winner</td>
<td>New Horizons, Watertown</td>
<td>Southeast SD Activities Center, Vermillion</td>
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<tr>
<td>DakotAbilities, Sioux Falls</td>
<td>Northern Hills Training Center, Spearfish</td>
<td>Volunteers of America, Sioux Falls</td>
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Community Support Providers

Case Management Regional Map

http://dhs.sd.gov/dd/cfcm/
Other Services

Community training services (CTS):
- Supports for daily living and employment
- Provided by Community Support Providers
- Supports approximately 320 people who don’t require CHOICES waiver services

Adult foster care:
- Supports 3-4 people needing minimal assistance in daily living

Private intermediate care facility for individuals with intellectual disabilities:
- LifeScape/Children’s Care Hospital and School in Sioux Falls
- Serves children through age 21 with significant disabilities
- Residential, therapeutic, educational and other medically necessary services
- Supports 65 children

Respite care:
- Temporary relief for care givers of children or adults with disabilities who live at home with families
- Approximately 725 participants

Questions/Comments

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2018 CHOICES Waiver Renewal

The Centers for Medicare and Medicaid Services (CMS) require that all Medicaid Home and Community Based waivers be renewed every five years. The current CHOICES waiver expires on May 31, 2018. Significant changes to the waiver are required to go through a public input process. The public input period for the CHOICES waiver renewal will run from January 08, 2018 to February 07, 2018. Comments may be submitted via phone, mail or email to Colin Hutchison at the address and phone number listed above. Comments may also be submitted via email to Colin.Hutchison@state.sd.us.

Below is an outline of planned revisions to each appendix within the CHOICES waiver. The completed waiver renewal will be submitted to CMS on March 01, 2018, with a planned implementation date of June 01, 2018.

Appendix A

In 2017 the DDD re-defined the role of key positions within the division to further enhance existing quality assurance processes. The DDD created the Office of Waiver Management (OWM) and added a Quality Assurance Manager position. The OWM consists of a Waiver Administrator and two Qualified Intellectual Disability Professionals (QIDP). The OWM will provide oversight for all participant level of cares, waiver amendments, renewals, and other waiver related functions as needed. The Quality Assurance Manager will work within the SMART system, the Critical Incident Report system, and other existing quality assurance systems to analyze data, identify trends, and generate reports to assist Program Specialists in identifying opportunities for technical assistance to their assigned providers. This change will require multiple language changes to account for the Office of Waiver Management and the Quality Assurance Manager position.

The Department of Social Services and Department of Human Services updated the Memorandum of Understanding (MOU) between the two departments to more accurately reflect roles and responsibilities of the two departments.

Appendix B

Appendix B will be updated to reflect changes in the Inventory for Client and Agency Planning (ICAP) process. The ICAP serves as an initial eligibility document for entrance to the waiver. Currently the ICAP

Non-Discrimination
The Department of Human Services does not exclude, deny benefits to, or otherwise discriminate against any person on the basis of actual or perceived race, color, religion, national origin, sex, age, gender identity, sexual orientation or disability in admission or access to, or treatment or employment in its programs, activities, or services. For more information about this policy or to file a Discrimination Complaint you may contact: Discrimination Coordinator, Legal Services, 3800 E. Hwy 34, c/o 500 E Capitol Ave., Pierre SD 57501. Phone: 605.773.5990. Email: dhsinfo@state.sd.us.
is required to be reassessed on an annual basis. Moving forward the ICAP will be reassessed every three years or on an as-needed basis.

Appendix B will also be updated to reflect more accurate “unduplicated” participant projections from June 01, 2018 to May 31, 2022.

The performance measure outlining Level of Care determinations that were made correctly will be removed as it is already addressed within Appendix A performance measures.

Appendix C

Appendix C houses waiver service definitions and will require the following revisions:

**Case Management** – The Case management definition will be revised to include Transition Case Management. Transition Case Management allows a case manager to bill for the provision of case management services prior to the participant’s entrance into the CHOICES waiver. This process assists with transitioning identified participants from institutional settings into home and community based settings.

**Prevocational Services** – This service provides participants with workforce training in order to prepare them for integrated competitive employment in the community. Prevocational services will be renamed to Career Exploration. Per Federal mandates this service will be time limited. A participant may receive 18 months of Career Exploration services. The participant’s team may request two additional 3 month extensions.

**Residential Habilitation** – This service provides residential assistance to participants. Shared Living will be added to the Residential habilitation service definition. Shared Living affords participants the option to choose to live and receive day services within a family home.

**Supported Employment** – Supported Employment services provide on the job supports to participants working in an integrated community setting. Group Supported Employment will be added to the Supported Employment definition. Group Supported Employment refers to groups of participants (2-8) that work together in an integrated community setting with support from a staff member.

Appendix D

Appendix D will also be updated to reflect changes in the Inventory for Client and Agency Planning (ICAP) process. The ICAP serves as an initial eligibility document for entrance to the waiver. Currently the ICAP is required to be reassessed on an annual basis. Moving forward the ICAP will be reassessed every three years or on an as-needed basis.

Additional changes to Appendix D include language changes to account for the addition of the Office of Waiver Management and the new Quality Assurance Manager position.

Appendix F
Appendix F will be revised to reflect a change in the Fair Hearings process and language revisions to reflect references to Adult Services and Aging, which is now known as Long Term Services and Supports.

Appendix G

Appendix G outlines how the Division of Developmental Disabilities addresses participant safety and welfare. This appendix will be updated to reflect language changes regarding the addition of the Office of Waiver Management and the new Quality Assurance Manager position. Additionally, the appendix will be updated to reflect the Quality Assurance Manager’s role in analyzing Critical Incident Report data.

Appendix H

Appendix H addresses the waiver’s Quality Improvement strategy. This appendix will be updated to redefine the role of core stakeholders groups and their relationship to the DD Advisory Group.

Appendix I

Appendix I is the waiver’s financial accountability section. This appendix will be updated to more accurately reflect how the rate structure applies to service cost projections in Appendix J.

Appendix J

Appendix J illustrates cost projections for the life of the waiver (5 years). This appendix will be readjusted to more accurately project service costs, participant numbers, and average annual usage of services.
The CHOICES waiver is due for renewal in June of 2018. The Centers for Medicare and Medicaid Services (CMS) requires states to renew waivers every five years. The 2018 CHOICES waiver renewal will include revisions to service definitions, process revisions, and general language updates. Significant revisions to the CHOICES waiver are outlined below:

**Employment Service Definitions**

- Time limitations for prevocational services.
- Addition of Group Supported Employment definition.

**Case Management Service Definition**

- Revising language within current definition to include Transition Case Management services.
- Transition Case Management services assist individuals to transition from an institutional setting to a community setting.

**Residential Service Definition**

- Revisions to the Residential Habilitation service definition to include Shared Living services.
- Shared Living is an arrangement of services provided in the private home of a participant or a family in which care is provided to a participant(s) with a developmental disability.

**Inventory for Client and Agency Planning (ICAP) Assessment**

- Currently an annual ICAP re-evaluation is required for each waiver participant.
- Annual ICAP re-evaluation requirements will be revised to require an ICAP re-evaluation every three years.

**Core Stakeholders structure**

- Restructuring the Core Stakeholders Group to include multiple groups that report back to a centralized membership.

The Division of Developmental Disabilities encourages all stakeholders to participate in a public input conference call scheduled for January 8, 2018, 3:00p – 5:00pm CST. Stakeholders can call into 1-866-410-8397 and enter the Conference ID: 4114566223 to participate.

Comments regarding waiver revisions will be collected during the January 8, 2018 conference call and may also be submitted through January 31st, 2018. Written comments can be submitted via email to Colin Hutchison, Waiver Administrator, at Colin.Hutchison@state.sd or via phone at (605)-773-3438.