



*Think* for two  
*Don't Drink* for two

Pregnancy and alcohol  
*don't mix*

Drinking alcohol while  
you are pregnant or a  
nursing mother can be  
*harmful*  
to your baby

*For information on  
treatment options*

please visit  
[dss.sd.gov/behavioralhealth/services](https://dss.sd.gov/behavioralhealth/services)  
or call 800.920.4343 for  
information and support



South Dakota  
Department of  
**Social Services**

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