# Working in Behavioral Health

# **Career Quiz**

- Would you like to work in a field where one day is never the same as the next?
- Are you hoping to work somewhere that allows for flexibility and a work-life balance?
- Do friends seek you out to talk with them about concerns or worries?
- Do you enjoy listening to people and helping them overcome problems?
- Are you good at solving practical, real-world issues?
- Do you desire a career where you can make a meaningful impact?
- Can you see yourself working with patients/ clients in a doctor's office, hospital, mental health clinic, or community-based setting?
- Do you want to build a career path that best fits you, starting with an entry level degree with an opportunity for career advancement?

If you answered yes, a career in behavioral health might be a good fit for you!

# What is behavioral health?

Behavioral Health includes your mental health resiliency and wellbeing; the treatment of mental health disorders; the prevention and treatment of substance use disorders; and supporting those who experience and/or are in recovery from these conditions, along with their families and communities.



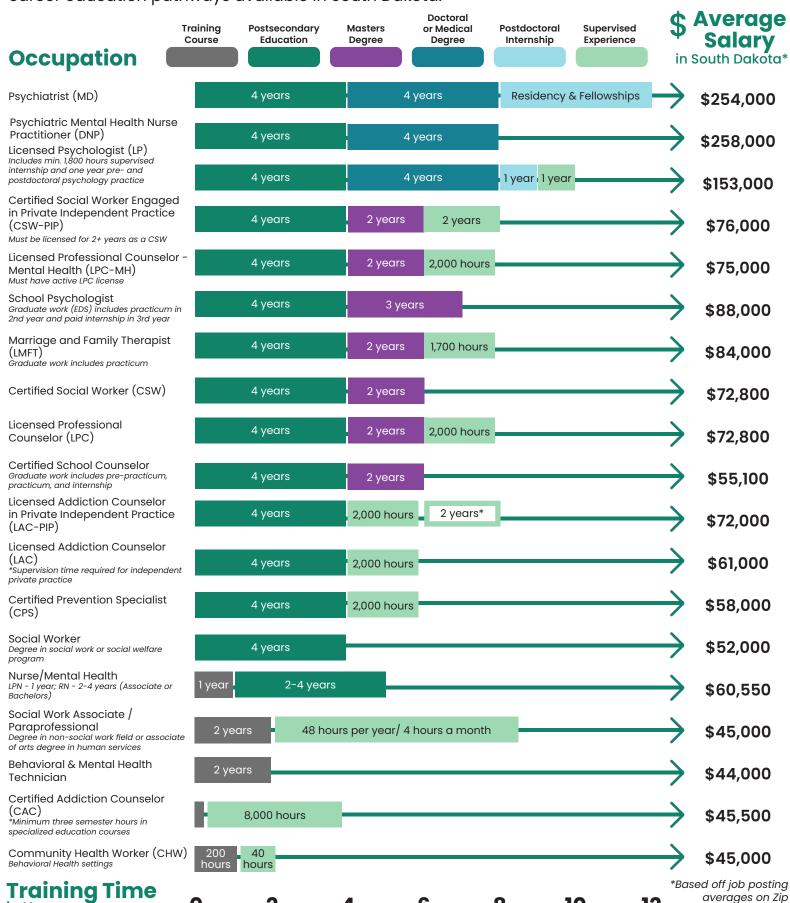
## **About the Work**

- Opportunity to help all ages children, adolescents, adults, and older adults – with a variety of life stresses and problems
- Work one-on-one with individuals or with groups of people in hospitals, clinics, and communitybased settings
- Offers a wide range of careers at all levels - entry, paraprofessional, practitioner, and professional



# How do I get there?

There are a variety of careers to explore in the behavioral health field. Here are a few specific career education pathways available in South Dakota.



6

0

in Years

10

12

Recruiter

8

# Where do I go from here?

## **Training Programs**

You can get it all here in South Dakota! Check out the degrees below and where they are offered.



#### > Doctoral Degree

**Degree/Occupation** 

Education Institution/Degree Program

Psychiatrist (Ph.D)

Psychiatric Mental Health Nurse Practitioner (DNP)

Psychologist, Ph.D

School Psychologist (Ph.D, Ed.S)

University of South Dakota (USD) - Psychiatry - School of Medicine, Residency Program

South Dakota State University (SDSU) - Psychiatric Mental Health Nurse Practitioner \*Post Grad Certificate

USD - Psychology, College of Arts and Sciences

USD - School of Education, Counseling and Psychology in Education

## > Masters Degree

Degree/Occupation

Psychologist (M.A.)

Psychiatric Mental Health Nurse Practitioner

Social Worker (MSW)/Mental Health Counselor

Clinical Mental Health Counselor (M.S./M.A.)

Marriage and Family Counselor (M.S.)

Marriage and Family Therapist (M.A.)

Counselor (M.A.)

School Counselor (M.S./M.A.)

Rehabilitation Counselor Specialization (M.S.)

Addiction and Prevention Counselor (M.A.)

**Education Institution/Degree Program** 

<u>USD - College of Arts and Sciences/Psychology</u>

Mount Marty University, School of Nursing

USD - School of Health Sciences/ Social Work

<u>Augustana University - Sharon Lust School of Education, Social Work</u>

<u>SDSU - School of Education and Human Sciences, Counseling and Human Development, Clinical Mental Health Specialization</u>

USD - School of Education, Counseling and Psychology in Education

**Northern State University** 

SDSU - School of Education and Human Sciences, Counseling and Human Development, Marriage and Family Counseling Specialization

Sioux Falls Seminary/Kairos University

Sioux Falls Seminary/Kairos University

<u>SDSU - College of Education and Human Sciences, Counseling and Human Resource Development - School Counseling Specialization</u>

<u>USD - School of Education, Counseling and Psychology in Education, School Counseling K-12</u>

Northern State University - K-12 School Counseling

SDSU - College of Education and Human Sciences, Counseling and Human Resource Development, Rehabilitation Counseling Specialization

USD - Graduate Addiction Counseling & Prevention, School of Health Sciences

# **Training Programs**

## > Bachelor's Degree

#### Degree/Occupation

#### **Education Institution/Degree Program**

Social Work (BSW)

<u>USD - School of Health Sciences/Social Work</u>

Augustana University - Sharon Lust School of Education, Social Work

University of Sioux Falls (USF), Social Work

Oglala Lakota College

Sitting Bull College

Case Manager (B.A./B.S.)

Case Worker/Prevention Specialist (B.A./B.S.)

Human Services Worker/ Social Services Worker (Children, Families, Disability, or Aging) (B.A./B.S.)

Addiction and Prevention Counselor/Case Manger (B.A.)

Nurse (LPN/RN)

<u>Augustana University - Social Sciences Division, Psychology</u>

Black Hills State University, School of Behavioral Sciences, <u>Human Services</u> or <u>Psychology</u>

Mount Marty University - <u>Social Sciences</u>, <u>Human Service</u>, <u>Social Services</u>, <u>Disability Services</u> or <u>Psychology</u>

SDSU - School of Education and Human Sciences, Counseling and Human Development, Human Development and Family Studies or School of Psychology, Sociology and Rural Studies, Psychology

Sinte Gleska University, Human Services, \*M.A. also available

Sisseton Wahpeton College, Behavioral Science

USF - Applied Sciences and Mental Health, Psychology

Ihanktonwan Community College, Concentrations in Chemical Dependency, Mental Health

<u>Lake Area Tech, Mitchell Tech, Western Dakota Tech, Southeast Tech, SGU, OLC, SDSU, USD, USF, Mount Marty University, DWU, Augustana University - with Mental Health Certificate</u>

## > Associate's Degree

#### Degree/Occupation

Education Institution/Degree Program

Case Worker/Social Services Assistant (Children, Families, Disability, or Aging) (A.A./A.S./ A.S.W) Southeast Technical College, Behavioral Mental Health Technician

Lake Area Technical College, Associate of Social Work, CHW Certificate

<u>Ihanktonwan Community College</u>

Sisseton Wahpeton College, <u>Addiction and Diversity Counseling</u> or <u>Behavioral Science</u>

Sitting Bull College, Human Services Technician

Black Hills State University, Human Services

#### > Certificate Program

#### Degree/Occupation

**Education Institution/Degree Program** 

Community Health Worker, Behavioral Health Settings (Certificate) Southeast Technical College

Lake Area Technical College