

What can I do?

- **Never mix.** Never take opioids with alcohol or any other prescribed or over-the-counter medications.
- **No loose pills.** Keep prescriptions in the bottle provided by the pharmacy and keep track of how many have been taken and how many are left.
- **Never share or sell.** Selling prescription opioids is illegal and sharing them can result in life-changing consequences. Don't risk it.
- **Store in a secure place.** Keep prescriptions – in a locked cabinet – out of reach of children, family, friends, and visitors.
- **Properly dispose of unused medication.** Find drug take-back locations in your community or talk to your pharmacist.
- **Talk about it.** Talk to your doctor, your pharmacist, your children, and family and friends.



[AvoidOpioidSD.com](https://www.AvoidOpioidSD.com)

South Dakota Opioid Resource Hotline **1-800-920-4343**

Opioid Texting Support

Text **OPIOID** to **898211** to connect with local resources that best fit your needs. Answer a few questions and get help for yourself or a loved one who is struggling. Services provided by The Helpline Center.



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Avoid Opioid

PRESCRIPTION ADDICTION

You just might save a life.

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