### STRATEGIES SUPPORTING OPIOID AWARENESS, PREVENTION, AND TREATMENT

#### Treatment

**More than 1,500 individuals** have engaged in a Medication Assisted Treatment program at one of the contracted partners.

**Key Partners**

- Project Recovery
- Lewis & Clark Behavioral Health Services
- Center for Family Medicine in partnership with South Dakota State University
- Avera Health

**Strategies**

- Promote capacity building efforts to develop Medication-Assisted Treatment (MAT) and supporting services, including case management and peer supports.
- Provide training and education for addiction treatment professionals on MAT.
- Develop telemedicine-based MAT services statewide.

#### Prevention

**Over 11,900 individuals** have participated in evidence-based awareness and education programming.

**Key Partners**

- The Helpline Center

**Strategies**

- Answer and triage all calls to the Treatment Resource Hotline (staffed 24/7).
- Develop and maintain a searchable online database that includes statewide resources for substance use awareness, education, and treatment, housed on AvoidOpioidSD.com.
- Connect those seeking assistance to resources through Care Coordination.

#### Lives Saved

**More than 700 individuals** at risk of an overdose had an improved response after the administration of NARCAN®.

**Key Partners**

- Face It TOGETHER
- Project Recovery (for clients engaged in Medication-Assisted Treatment)

**Strategies**

- Provide effective, science-based peer coaching for people living with addiction.
- Integrate peer recovery support services within MAT clinics and other acute or treatment settings.
- Increase access to peer coaching through technology.

---

[1] Updated 12/2021

---

If you or someone you know is struggling with addiction - don’t wait. Reach out.

**www.AvoidOpioidSD.com**

Treatment Resource Hotline

1-800-920-4343

For more information on any of these project areas, please contact DSS, Division of Behavioral Health at 605-367-5236.

Funding for this material was made possible by TI083315 from SAMHSA. The views expressed in written materials or publications and by speakers and moderators do not necessarily reflect the official policies of the Department of Health and Human Services; nor does mention of trade names, commercial practices, or organizations imply endorsement by the U.S. Government.
**KEY PARTNERS**

- SD Department of Health, Office of Rural Health
- Law Enforcement and Emergency Responders statewide
- SD Board of Pharmacy

**STRATEGIES**

- Support trainings for emergency responders and others in a position to assist anyone at risk of an opioid-related overdose.
- Increase access to naloxone for anyone at risk of an opioid-related overdose through a statewide standing order to support free access to NARCAN®.
- Equip emergency responders across SD.

- Health care systems
- Addiction treatment professionals and agencies
- Professional associations

- Increase access to training and education events for professionals who serve populations affected by opioid abuse/misuse.
- Support technical assistance for providers seeking to integrate MAT into their practice.
- Support all state contracted substance use disorder treatment agencies in being MAT-capable.

- SD Department of Health
- SD Board of Pharmacy
- The Helpline Center

- Support installation of permanent take-back locations to accept unused or expired medications.
- Provide access to safe at-home disposal options, and the means to safely store medications at home.

- Hot Pink, Ink.
- KAT Marketing and GoodHealthTV®

- Broadcast PSAs and other media statewide, featuring treatment approaches and access.
- Deliver targeted messaging for American Indian youth and adults regarding the dangers of opioid misuse.
- Promote opioid awareness and education using targeted social media strategies.

- Prevention Resource Centers
- Community-Based Prevention Providers

- Deliver evidence-based opioid awareness and education programming through prevention and awareness events in schools and communities.
- Provide education on safe disposal strategies for unused or expired medications.
- Support communities as they work to address the opioid crisis at the local level.

- Prevention Resource Centers
- Community-Based Prevention Providers
- KAT Marketing via GoodHealthTV®
- Boys & Girls Clubs

- Deliver evidence-based opioid awareness and education programming to middle- and high-school youth.
- Partner with after-school programs to integrate evidence-based prevention curriculum
- Create and deliver culturally reflective and age-appropriate educational campaigns.

---

If you or someone you know is struggling with addiction - don't wait. Reach out.
TREATMENT for Opioid Use Disorder

OVERVIEW: Expanding access to Medication-Assisted Treatment (MAT) is a priority for both South Dakota and the nation in combatting the opioid crisis. MAT is the use of FDA-approved medications, in combination with counseling and behavioral therapies, to provide a “whole patient” approach to treatment.

KEY PARTNERS:
- Avera Health
- Project Recovery
- Lewis & Clark Behavioral Health Services
- Center for Family Medicine and South Dakota State University (SDSU)

AS OF OCTOBER 2021...

- More than 1,500 individuals have engaged in a MAT program at one of the contracted key partners.
- All state contracted substance use disorder treatment agencies are MAT-capable.
- More than 100 addiction counselors received training in MAT.

CAPACITY BUILDING EFFORTS TO DATE

Avera Health
Building upon its integrated behavioral health services within inpatient settings, Avera Health is working to expand access to MAT among patients served in outpatient settings through referral linkages and coordinated care across Avera’s network to MAT providers via telemedicine. Targeted areas for referral linkages within Avera’s network include the OB service line and the pain clinic. Avera is also partnering with Minnehaha County to support MAT services at The Link Community Triage Center in Sioux Falls.

Lewis & Clark Behavioral Health Services
Recognizing a lack of MAT options in their service area, Lewis & Clark Behavioral Health Services created a program centered on expanding its existing comprehensive substance use treatment continuum of care via office-based patient services for MAT. The program expanded access to MAT in 2020 by utilizing telehealth with numerous partners across the state.

Project Recovery
Stephen Tamang, MD, began treating addiction through Monument Health in 2017. In 2018, he founded Project Recovery, utilizing technology and evidence-based medicine to treat opioid use disorder. Project Recovery provides office-based MAT in the Rapid City area. Project Recovery also provides services via telemedicine, giving behavioral health professionals statewide access to a waivered medical provider.

Center for Family Medicine in partnership with South Dakota State University
Building upon its existing education and training program for family medicine residents, pharmacy students, and medical staff, SDSU and Center for Family Medicine increased their training and staff capacity to support a weekly MAT clinic in Sioux Falls.

To learn more about MAT or to inquire about expanding access in your area, please contact DSS, Division of Behavioral Health at 605-367-5236.

Funding for this material was made possible by T188337 from SAMHSA. The views expressed in written materials or publications and by speakers and moderators do not necessarily reflect the official policies of the Department of Health and Human Services; nor does mention of trade names, commercial practices, or organizations imply endorsement by the U.S. Government.

Updated 10/2021
CONNECTION TO RESOURCES & Care Coordination

OVERVIEW: One of the key priorities identified in the South Dakota Opioid Strategic Plan was to establish a resource hotline and supporting database that could be used to connect individuals with information specific to opioid use and available treatment resources. The Helpline Center created and now manages the Treatment Resource Hotline as well as an Opioid Texting Support Program and searchable online database. Support for those affected by substance misuse is available through the Care Coordination Program, also managed and staffed by The Helpline Center.

AS OF OCTOBER 2021...

- The Treatment Resource Hotline has received 975 phone calls since its launch in October 2018.
- The Treatment Resource Hotline is available statewide and answered 24/7 by trained crisis specialists.
- Care Coordination is offered statewide to connect individuals to resources and support.

CARE COORDINATION

To make a referral to the Care Coordination Program call 1-800-920-4343
Text OPIOID to 898211 to connect with local resources

Individuals struggling with substance misuse, or those affected by someone else’s suspected misuse, are encouraged to connect with the Care Coordination Program. The Program:

- Assists individuals with connection to treatment options, counseling and supports based on needs identified.
- Provides supportive phone calls.
- Connects individuals to community resources that remove or reduce barriers to wellness; i.e. housing, transportation, employment.

STRATEGIES

Answer all calls to the Treatment Resource Hotline, and provide support, crisis intervention, information, and referrals to resources as needed. Manage statewide Opioid Texting Support Program.

Develop and maintain a searchable online database that includes statewide resources for awareness, education, and treatment, housed on www.AvoidOpioidSD.com.

Connect those seeking assistance regarding substance misuse to resources through Care Coordination services.

If you or someone you know is struggling with addiction – don’t wait. Reach out.

www.AvoidOpioidSD.com
Treatment Resource Hotline
1-800-920-4343

To learn more, please contact the Treatment Resource Hotline or call DSS, Division of Behavioral Health at 605-367-5236.

Funding for this material was made possible by T883315 from SAMHSA. The views expressed in written materials or publications and by speakers and moderators do not necessarily reflect the official policies of the Department of Health and Human Services; nor does mention of trade names, commercial practices, or organizations imply endorsement by the U.S. Government.

Updated 10/2021
RECOVERY SUPPORT SERVICES

OVERVIEW: The process of recovery is highly personal and occurs via many pathways. Recovery-oriented care and recovery support systems help people with mental and substance use disorders manage their conditions successfully. Recovery is a process of change through which people improve their health and wellness, live self-directed lives, and strive to reach their full potential.

KEY PARTNERS:
• Bethany Christian Services
• Oxford House Inc.
• Face It TOGETHER
• Project Recovery (for clients engaged in Medication-Assisted Treatment)

AS OF OCTOBER 2021...

The Oxford House has seven houses with a combined total of 65 beds in South Dakota.

More than 850 individuals have engaged in peer recovery coaching services provided by coaches from Face It TOGETHER.

More than 30 pregnant or postpartum women impacted by opioid or stimulant use received intensive case management services.

CAPACITY BUILDING EFFORTS TO DATE

Specialized Case Management Services
Case managers work to identify psychosocial issues, anticipating potential issues their client may encounter, and helping the client obtain resources needed to support their recovery. Bethany Christian Services support expectant and new mothers impacted by opioid or stimulant use through evidence-based specialized case management services through their signature prevention program, ReNew (Recovering Mothers with Newborns).

Peer Recovery Support Services
South Dakota’s peer recovery support model that of SAMHSA, utilizing Peer Support Workers, or individuals who have been successful in the recovery process. Peer support workers engage in a wide range of activities such as advocating for people in recovery, sharing resources and building skills, building community and relationships, leading recovery groups, mentoring, and goal-setting. Services can be stand-alone or integrated into clinics, treatment agencies, or other settings.

Supportive Recovery Housing
Recovery housing is an intervention that is specifically designed to address the recovering person’s need for a safe and healthy living environment while supplying the requisite recovery and peer supports. Increasing access to supportive recovery-oriented transitional housing for South Dakotans impacted by addiction is a key priority supported by the State Opioid Response grant. In partnership with Oxford House, Inc., new recovery homes are under development, each of which will allow admittance of individuals in medication-assisted treatment for their recovery from substance abuse. Oxford House will also aid in the establishment of a South Dakota chapter to support sustainable implementation of the model and provide guidance to existing Oxford Homes statewide.

If you or someone you know is struggling with opioid addiction – don’t wait. Reach out.

www.AvoidOpioidSD.com
Treatment Resource Hotline 1-800-920-4343

To learn more about recovery support services, please contact DSS, Division of Behavioral Health at 605-367-5236.

Updated 10/2021
OVERVIEW: Overdose Education & Naloxone Distribution (OEND) in South Dakota is the result of a partnership between the Department of Health and Department of Social Services to reduce harm and risk of life-threatening overdoses and opioid-related deaths. Managed by the Office of Rural Health, the project aims to educate, train, and equip emergency medical service personnel and other first responders on the rising dangers of opioids, how to recognize an opioid overdose, and the use of Naloxone, commonly referred to by the name brand NARCAN®, to reverse an overdose.

STRATEGIES
Support trainings for Emergency Responders and others in a position to assist to receive education about recognizing and responding to a suspected opioid overdose, and expand access to that training through online learning.

Provide emergency responders and SD-based organizations that serve clients who may be at risk with NARCAN®, equipping them with life-saving medication to use for a suspected opioid overdose.

Issued a statewide standing order allowing all pharmacies to dispense Naloxone to anyone at risk of an opioid-related overdose or those in a position to assist someone at risk (family members, friends or close third party). Individuals can access Naloxone at participating pharmacies statewide with funding assistance available.

DISTRIBUTION NUMBERS
Kits are distributed by Department of Health at the request of those trained in OEND. The majority of kits have been distributed to law enforcement statewide.

To find a participating Naloxone pharmacy near you, visit: https://www.avoidopioidsd.com/take-action/reverse-overdose/find-a-naloxone-pharmacy/

AS OF OCTOBER 2021...

- Over 700 individuals at risk of an overdose have had an improved response after the administration of NARCAN®.
- 46 pharmacies are participating in the statewide standing order offering free access to NARCAN®.
- More than 1,500 first responders have been trained to recognize and respond to an opioid overdose.
TRAINING & EDUCATION

OVERVIEW: Beginning in 2018, sponsorships have been awarded to numerous organizations for training and education events aimed at professionals who serve populations affected by opioid abuse or misuse, as well as other drugs.

Funding is available for training and education sponsorship opportunities across South Dakota through the Department of Social Services (DSS), Division of Behavioral Health.

AS OF OCTOBER 2021...

- 89 graduate program students received training on evidence-based pain management strategies.
- More than 400 professionals were trained in strategies to identify and respond to needs of drug-endangered children.
- More than 140 social workers received virtual training on opioid awareness and available treatment.

SAMPLE FUNDED PROJECTS

Mount Marty University purchased equipment for their Graduate Program in Nurse Anesthesia to enhance students’ learning through the use of ultrasounds and simulators that teach regional anesthesia techniques for Enhanced Recovery after Surgery (ERAS). ERAS is a patient-centered, evidence-based pain management strategy employed by nurse anesthetists to reduce the need for opioids and improve patient outcomes. A total of 89 nurse anesthetist practitioners and students completed this training in the 2020-21 academic year.

The Helpline Center in partnership with DSS will coordinate and host a professional workshop in 2022 aimed at educating professionals on overdose awareness and available prevention efforts and interventions.

The Center for the Prevention of Child Maltreatment at the University of South Dakota provided training sessions at its Annual Community Response to Child Maltreatment Conferences held in 2018, 2019, and 2021, targeted to medical providers regarding strategies to identify and respond to the needs of drug endangered children and their mothers.

In partnership with the South Dakota Dental Association, 60 dental professionals participated in training on Chemical Dependence and Prescription Writing in June 2020, and 70 dental professionals participated in training on effective alternatives to opioids for pain management in May 2021.

To learn more about sponsorship funding availability and guidelines review open Funding Opportunities at https://dss.sd.gov/behavioralhealth/grantinfo.aspx

If you or someone you know is struggling with addiction - don’t wait. Reach out.

www.AvoidOpioidSD.com
Treatment Resource Hotline
1-800-920-4343

To learn more about training events within your community, please contact DSS Division of Behavioral Health at 605-367-5236.

Funding for this material was made possible by TI083315 from SAMHSA. The views expressed in written materials or publications and by speakers and moderators do not necessarily reflect the official policies of the Department of Health and Human Services; nor does mention of trade names, commercial practices, or organizations imply endorsement by the U.S. Government.
SAFE MEDICATION STORAGE & DISPOSAL

Any medication - including those you buy without a prescription - can be harmful if taken in the wrong way or by the wrong person. Some medications can be toxic to pets, children, and even the environment. Several key initiatives of the Department of Health and Department of Social Services address these concerns. **Medication take-back programs** allow the public to bring unused drugs to numerous locations across the state. **Safe at-home disposal options** such as DisposeRx® help households get rid of their unused or expired medications. For medications still in use, **safe and secure storage** helps ensure that medicine is only accessible to the prescription holder. All of these efforts aim to ultimately reduce the risk for accidental overdose or misuse of medications.

**TAKE-BACK SITES**

Many take back locations like pharmacies and police stations accept unused or expired medications year-round. The SD Board of Pharmacy has placed more than 80 permanent Trilogy MedWaste’s MedDrop receptacles in South Dakota hospitals and retail pharmacies. For more information about adding a permanent drug take-back receptacle in your community, contact Melissa DeNoon at the SD Board of Pharmacy (Melissa.DeNoon@state.sd.us).

**SAFE AT-HOME DISPOSAL**

Safely get rid of unused or expired prescription medication at home. DisposeRx packets contain an FDA-approved ingredient that chemically and physically neutralizes the drugs when mixed with water. It can be used with pills, tablets, capsules, liquids and powders and thrown away safely at home. Free DisposeRx packets can be requested on the Avoid Opioid SD website listed below.

**MEDICATION LOCK BOXES**

Storing medications safely at home and on-the-go can help keep everyone safe. A medication lock box is a secure container that ensures medicine is only accessible to the prescription holder, and can be used by individuals, realtors, senior living centers, pharmacies, when traveling, or in other situations. Funding is available to provide free lock boxes for individuals that request them - to order, complete the simple form on [https://www.avoidopioidsd.com/take-action/medication-lock-boxes/](https://www.avoidopioidsd.com/take-action/medication-lock-boxes/).

**AS OF OCTOBER 2021...**

- A total of **20,454 pounds** of drugs have been returned for destruction through the MedDrop Program.
- More than **800 DisposeRx packets** have been sent to individuals for safe at-home medication disposal.
- More than **500 lock boxes** have been distributed at no cost for individuals to safely secure their medication.

If you or someone you know is struggling with opioid addiction – don’t wait. Reach out.

**www.AvoidOpioidSD.com**

Treatment Resource Hotline

1-800-920-4343

For more information about available safe medication storage and disposal options, visit [www.AvoidOpioidSD.com/take-action/](http://www.AvoidOpioidSD.com/take-action/)

Funding for this material was made possible by T1083315 from SAMHSA. The views expressed in written materials or publications and by speakers and moderators do not necessarily reflect the official policies of the Department of Health and Human Services; nor does mention of trade names, commercial practices, or organizations imply endorsement by the U.S. Government.

Updated 10/2021
OVERVIEW: Raising public awareness about the dangers of misusing prescription opioids is a shared priority between the Department of Health and Department of Social Services. In partnership, relevant and educational information about opioid abuse and misuse has been shared with South Dakotans through various forms of media, backed by comprehensive and targeted prevention campaigns.

KEY PARTNERS:
• Imagine Agency, LLC (Hot Pink, Ink)
• KAT Marketing (GoodHealthTV®)

AS OF OCTOBER 2021...

Over 1.5 million individuals have been reached with AvoidOpioidSD messages since the beginning of the campaign.
Website visits increased by 75% in the past year, and new content continues to be added online as services are enhanced or added.
Over 540,000 South Dakotans have been reached with messaging on safe at-home medication disposal options via social media.

MEDIA CAMPAIGN MATERIALS

Campaign materials include a website, social media, and PSAs, as well as print materials, such as brochures, business cards, and display materials.

STRATEGIES

Broadcast PSAs and other forms of media, including video testimonials featuring South Dakotans with lived experience and feature stories regarding treatment approaches and access.

Deliver targeted messaging for American Indian youth and adults regarding the dangers of opioid misuse via the GoodHealthTV® closed network.

Promote opioid awareness and education using targeted social media strategies.

Continue promotion of the statewide opioid education and prevention website and share relevant, up-to-date information.

If you or someone you know is struggling with addiction - don’t wait. Reach out.

www.AvoidOpioidSD.com
Treatment Resource Hotline 1-800-920-4343

To learn more about prevention activities within your community, please contact DSS, Division of Behavioral Health at 605-367-5236.

Funding for this material was made possible by T083315 from SAMHSA. The views expressed in written materials or publications and by speakers and moderators do not necessarily reflect the official policies of the Department of Health and Human Services, nor does mention of trade names, commercial practices, or organizations imply endorsement by the U.S. Government.
OVERVIEW: The South Dakota Department of Social Services and the Department of Health actively work with numerous partners to provide prevention awareness and education. Supported activities are evidence-based and in alignment with SAMHSA's Opioid Overdose Prevention Toolkit.

KEY PARTNERS:
- Prevention Resource Centers
- Community-Based Prevention Providers

STRATEGIES:
- Deliver evidence-based opioid awareness and education programming to communities across South Dakota by hosting prevention and awareness town hall events.
- Support South Dakota communities as they build capacity and establish multi-sector partnerships to address the opioid epidemic at the local level. Plan and execute community-specific conversations and training events.
- Provide education on safe disposal strategies for unwanted, unused, or expired medications.

COMMUNITIES THAT CARE
Preventing problems before they start.
In 2020, SD DOH solicited proposals for and awarded three communities with funding to support implementation of the Communities That Care® (CTC) Prevention Framework. CTC is proven to reduce youth health and behavior problems within communities, and helps local coalitions develop community-specific prevention plans based on their unique problems and risk and protective factors. CTC's 5-phase process provides communities with a step-by-step guide and tools to build a high functioning prevention coalition, develop a community profile, and create and ultimately implement action plans in response to needs identified. FFY22 will see expanded implementation of CTC in an additional 10 communities.

More than 2,500 individuals have participated in locally-delivered prevention training or town hall meetings.
CTC Prevention Framework has been implemented in 3 communities identified as high-risk for opioid overdose.
Over 9,400 youth have been impacted by evidence-based prevention programming across SD communities.

To learn more about prevention activities across South Dakota, please contact DSS, Division of Behavioral Health at 605-367-5236.

Funding for this material was made possible by T1D83335 from SAMHSA. The views expressed in written materials or publications and by speakers and moderators do not necessarily reflect the official policies of the Department of Health and Human Services; nor does mention of trade names, commercial practices, or organizations imply endorsement by the U.S. Government.
YOUTH PREVENTION

OVERVIEW: The South Dakota Department of Social Services and Department of Health work with prevention professionals and communities across the state to promote evidence-based opioid prevention programs and deliver educational materials to middle- and high-school youth.

KEY PARTNERS:
• Prevention Resource Centers
• Community-Based Prevention Providers
• KAT Marketing via GoodHealthTV®
• Boys & Girls Clubs across South Dakota

STRATEGIES
Deliver evidence-based opioid awareness and education programming to middle and high-school youth in partnership with community-based coalitions and the Prevention Resource Centers across SD.

Implement the Communities That Care® (CTC) Prevention Framework in communities to build prevention capacity while promoting healthy youth development, improve youth outcomes, and reduce problem behaviors.

Support public awareness efforts that feature personal testimonials from individuals with lived experience that reflect the cultural and geographic diversity of South Dakota.

COUNTIES SERVED AS OF OCTOBER 2021

AS OF OCTOBER 2021...

Over 9,400 youth have received opioid education through a school or after-school setting.

Partnered with 14 Boys & Girls Clubs to deliver Positive Action* and outreach activities with youth and families.

Educational videos targeted to Native American students air monthly in all participating tribal schools.

COUNTIES SERVED AS OF OCTOBER 2021

If you or someone you know is struggling with addiction - don’t wait. Reach out.

www.AvoidOpioidSD.com
Treatment Resource Hotline
1-800-920-4343

To learn more about prevention activities within your community, please contact DSS, Division of Behavioral Health at 605-367-5236.

Funding for this material was made possible by T083315 from SAMHSA. The views expressed in written materials or publications and by speakers and moderators do not necessarily reflect the official policies of the Department of Health and Human Services; nor does mention of trade names, commercial practices, or organizations imply endorsement by the U.S. Government.

Updated 10/2021
PRESCRIPTION
DRUG MONITORING
PROGRAM (PDMP)

OVERVIEW: The SD Prescription Drug Monitoring Program (PDMP) is an electronic database that collects dispensed controlled substance prescription data. Program goals are to both improve patient care, ensuring patients maintain access to appropriate pharmaceutical therapy, and to deter drug diversion. PDMPs can help identify patients at risk of misuse and abuse and get them on the path to treatment and recovery. According to the CDC, PDMPs are one of the most promising state-level interventions to improve opioid prescribing, inform clinical practice, and protect patients at risk.

SD PDMP DATA

Visit the Key Data section on www.AvoidOpioidSD.com for updated PDMP data dashboards on prescription count, prescription total quantity and prescription total days of supply.

PDMP Introduction

South Dakota’s PDMP was established by the state legislature in 2010 (SDCL 34-20E) to improve patient care and reduce drug diversion.

- Operations began in March 2012 under the purview of the SD Board of Pharmacy. The system included retroactive data from July 2011.

PDMP Management

South Dakota’s PDMP is managed by the SD Board of Pharmacy, which requires the following:

- Dispensers must submit their dispensed controlled substance prescription data for schedules II, III, and IV (in SD schedule IV includes V) at least once every twenty-four hours (federal facilities are not required to submit, though IHS and the VA participate).
- Mandated PDMP registration for all prescribers with a SD Controlled Substance Registration began July 1, 2017. (SDCL 34-20E-2.1)

PDMP Expansion

Enhancement projects for the SD PDMP include:

- Continued integration into health systems’ electronic health records and pharmacy management systems
- Quarterly Prescriber Reports
- Platform updated to the NarxCare PDMP Report

For more information, contact the SD PDMP at sdpdmp@state.sd.us or by calling the SD Board of Pharmacy at (605) 362-2737.

75 copies of this document have been printed by the South Dakota Department of Health at a cost of $0.42 each, funded 100% by CDC under grant #NU17CE924866-03-00, with 0% financed with non-governmental source. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement of the U.S. Government.

Updated 10/2021
OVERVIEW: Through a special Committee on Pain Management and Prescription Drug Abuse, the South Dakota State Medical Association (SDSMA) worked to develop evidence-based guidelines for prescribing opiate analgesics to effectively treat pain and minimize patient risk. The work resulted in two white papers (which serve as guidance for all prescribers), as well as a library of resources available through the SDSMA website and statewide educational training opportunities, available at www.sdsma.org.

Since June 2017...
- Physician use of the SD Prescription Drug Monitoring Program (PDMP) has increased significantly since 2017. The SD PDMP is a valuable tool for prescribers as it allows them the ability to review the controlled substance prescriptions of patients.
- White Papers and Provider's Toolkit can be viewed at www.sdsma.org

Prescriber Guidelines and Toolkit

White Papers

Opiate Analgesics for Chronic Non-Cancer Pain
and the corresponding Checklist for Prescribing Opiates for Chronic, Non-Cancer Pain (June 2017)
- Endorsed by the SD Board of Medical and Osteopathic Examiners and the SD Board of Nursing

Effective Management of Acute Pain (January 2021)
- Endorsed by the SD Board of Pharmacy, SD Pharmacy Association, SD Board of Nursing, Nurse Practitioner Association of SD, SD Academy of Physician Assistants, SD Board of Dentistry, SD Dental Association, SD Board of Medical & Osteopathic Examiners, and the SD Chapter of the American College of Emergency Physicians

Resource Library and Provider's Toolkit

The Provider's Toolkit includes:
- Checklist for Prescribing Opiates for Chronic, Non-Cancer Pain
- Algorithm for Pain Management
- Opioid Dose Calculator
- Sample Patient/Provider Agreement
- South Dakota Codified Law
- Patient Pain Assessments
- Patient Assessments for other Conditions
- Patient Education and Pain Management
- Treatment Services for Addiction
- Model for Clinic Workflow
- Prescription Drug Storage and Disposal information

If you or someone you know is struggling with opioid addiction – don’t wait. Reach out.
www.AvoidOpioidSD.com
Treatment Resource Hotline
1-800-920-4343
For more information about Prescribing Guidelines and Prescriber Education, please contact SDSMA at 605-336-1965

Updated 10/2021

75 copies of this document have been printed by the South Dakota Department of Health at a cost of $0.42 each, funded 100% by CDC under grant #NU17CE924866-03-00, with 0% financed with non-governmental source. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement of the U.S. Government.
COMMUNITIES THAT CARE

OVERVIEW: Communities that Care is a community-based prevention system proven to reduce youth health and behavior problems community-wide. This evidence-based program utilizes a five-phase process that guides communities through the development of a high functioning community prevention coalition. Utilizing the Social Development Strategy, Communities that Care fosters the success and health of young people through every stage of development by focusing on protective factors identified as increasing the likelihood of health and success.

For more information on the Communities that Care prevention model, visit https://www.communitiesthatcare.net/
For all other questions please call 605-773-3737.

SINCE JUNE 2020...

3 communities are participating in Communities that Care, representing Brown County, Pierre / Fort Pierre, and the Cheyenne River Reservation. An additional expansion is planned for January 2022.

5 Communities that Care coaches are being trained to deliver technical assistance and support ongoing program development across South Dakota.

Guiding Principles:
- Locally owned and operated - a local collaborative makes decisions from local data to address priority needs.
- Data-driven and outcome focused. Community-specific data are used to set goals, measure progress, and adjust as needed.
- Addresses the underlying causes (risk and protective factors) of youth health and behavior problems.
- Uses proven programs matched to local priorities selected from local data.

Five Phases of Communities that Care
- **Phase 1:** Communities get ready to introduce CTC
  Community group explores key leader interest, attend orientation meetings, and recruit board members.
- **Phase 2:** Communities form a board or work within an existing coalition
  Community board formed, and work begins to learn about prevention science, organize workgroups, and set a timeline for implementation of the CTC model.
- **Phase 3:** Communities assess community risk and strengths, and identify existing resources
  Review data, identify priority risk and protective factors, assess available resources, and identify gaps.
- **Phase 4:** Community board creates a plan for prevention work in their community
  Define clear, measurable outcomes using assessment data, and select and expand programs for use in the community.
- **Phase 5:** Implementation & Evaluation
  Implement selected programs and policies, monitor, measure results, and track progress towards community goals.

If you or someone you know is struggling with opioid addiction – don’t wait. Reach out.

www.AvoidOpioidSD.com
Treatment Resource Hotline
1-800-920-4343

75 copies of this document have been printed by the South Dakota Department of Health at a cost of $0.42 each, funded 100% by CDC under grant #NU17CE924866-03-00, with 0% financed with non-governmental source. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement of the U.S. Government.

Updated 11/2021