

A hand with red-painted fingernails holds a bright green sticky note. The note has handwritten text in black ink. The text reads "YOU MATTER" in all caps, with "MATTER" underlined. Below that, it says "no matter what" in lowercase. The background is a soft-focus indoor setting with warm lighting.

YOU
MATTER
no matter
what

Whatever you're going through, know that someone cares.

SD BEHAVIORAL
HEALTH
