Frequently Asked Questions

How are services determined?
A trained clinician recommends treatment services based on an assessment with the individual.

Who is appropriate for services?
IMT programs provide treatment services for adults who are assessed with a severe methamphetamine use disorder and who require 24-hour structure and support due to the imminent risk for relapse. These individuals will benefit from an extended period of treatment to allow for brain recovery and recovery of cognitive capacity.

Where can I receive these services?
Current IMT providers include the following:
- Carroll Institute in Sioux Falls
- Glory House in Sioux Falls
- Dakota Counseling Institute - Stepping Stones in Mitchell
- Keystone Outreach in Sioux Falls
- Pennington County Sheriff’s Office - Addiction Treatment Services in Rapid City
- Rosebud Sioux Tribe Treatment Program in Rosebud

How are services funded?
A variety of funding options are available for an individual who is assessed as needing treatment services. Funding options include the following:
- Insurance
- Private pay
- Other 3rd party payers
- Combination of state and federal funding
- Medicaid

Contact Us
For questions or more information, please contact the Division of Behavioral Health online at dss.sd.gov/behavioralhealth/, by phone at 1.855.878.6057 or by email at DSSBH@state.sd.us.

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Español (Spanish) - ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1.800.305.9673 (TTY: 711).

Deutsch (German) - ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 1.800.305.9673 (TTY: 711).
Intensive Methamphetamine Treatment Services

Intensive Methamphetamine Treatment (IMT) services offer long-term, evidence-based programming to individuals with severe methamphetamine use disorders. Individuals receiving IMT services require extended treatment to allow for recovery of cognitive capacity as well as ongoing case management. Treatment may include residential services, outpatient treatment and care coordination to support long-term recovery.

**What to Expect**
Individuals attend a minimum of three group sessions per week in addition to individual sessions, family sessions and care coordination as clinically appropriate.

**Programming Provided**
Best practices for the treatment of severe methamphetamine disorders includes a combination of Cognitive Behavioral Therapy (CBT), Motivational Interviewing (MI), Contingency Management and community reinforcement approaches. The core curriculum used is the Matrix Model, which includes the above approaches.

**Matrix Model**
The Matrix Model includes eight topic sessions on early recovery, 32 sessions covering relapse prevention, 12 sessions of family involvement and education, involvement in 12-Step or self-help programs and continuing care services. The core curriculum is 16 weeks in length. Clients will participate in continuing care services and 12-Step or self-help programs following the completion of the core programming to continue to establish a healthy recovery program.

**Additional Services**
Clients will be assessed for additional services including mental health counseling such as Dialectical Behavior Therapy (DBT), medication management, case management and criminal thinking programming.

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**Resources for Local Treatment Providers**
- SAMHSA Treatment Locator - findtreatment.samhsa.gov/
- DSS - dss.sd.gov/behavioralhealth/agencycounty.aspx