Financial assistance is available, contact a Community Mental Health Center in your area for more information.
Community mental health centers in South Dakota provide quality services to both adults and youth. Services include screenings and assessments, case management, individual therapy, group therapy and crisis intervention, and can be provided via telehealth. Financial assistance for services is available.

Outpatient Services
Outpatient mental health counseling services are provided to individuals of all ages.

Children, Youth and Family (CYF) Services
CYF services are specialized outpatient services provided to youth living with serious emotional disturbance (SED). Services may include case management, individual, group and/or family counseling. Family counseling may include Functional Family Therapy, which is a strength-based model for building skills to improve family relationships, reduce behavioral issues and improve school performance.

Comprehensive Assistance with Recovery and Empowerment (CARE) Services
CARE services may include outpatient counseling, case management services and psychiatric medication management for adults with serious mental illness (SMI).

Individualized and Mobile Program of Assertive Community Treatment (IMPACT)
IMPACT services provide intensive outpatient counseling, case management services and psychiatric medication management for adults living with SMI.

Contact Us
Division of Behavioral Health
Online: dss.sd.gov/behavioralhealth/
Phone: 1.855.878.6057
Email: DSSBH@state.sd.us

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Español (Spanish) - ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1.800.305.9673 (TTY: 711).
Deutsch (German) - ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 1.800.305.9673 (TTY: 711).