South Dakota Medicaid Well-Child Care

A guide to keeping your child healthy
Well-child visits help make sure babies, children and teens get the care they need to be and stay healthy.

All children and teens need regular check-ups. Your child may look or feel healthy, but he or she could have a health problem.

**Getting regular well-child check-ups helps children and teens stay healthy by:**
- Finding health problems early. Regular check-ups help find problems before they become serious.
- Preventing illness by making sure children get the right immunizations.

Well-child check-ups can also be used for Headstart and daycare admission as well as sports physicals.

**What do well-child check-ups include?**
- A complete health and developmental history;
- Comprehensive physical exam;
- Needed immunizations;
- Necessary lab tests;
- Screenings such as vision, hearing, developmental and behavioral; and
- Advice on how to keep your child healthy.

If a problem is found, medically necessary follow-up care is covered by Medicaid with a referral.
Other preventive services:

• Dental cleanings every six months.

• Annual eye exams by an eye doctor can help determine if your child needs glasses, or if your child has other vision problems.

• SD Quitline for help for you or your child to stop smoking or chewing tobacco.

What should I bring to the appointment?

It’s helpful for your child’s primary care provider (PCP) to know your child’s full medical history. Remember to ask the clinic when you schedule the appointment about what medical documents you need to bring to the appointment.

Don’t forget to bring your child’s Medicaid ID card!

Is transportation to a well-child check-up covered?

Yes, there are several options to help your child get to a Medicaid covered appointment. An enrolled community transportation provider or secure medical transportation provider can take your child from home or school to a covered medical appointment. Secure medical transportation is only for individuals who need a wheelchair or stretcher. The non-emergency medical travel benefit can reimburse you for mileage if the appointment is out of town and
When should my child get a well-child check-up?

Children and teens ages 3 to 20 years old need a well-child check-up every year. They should also get a dental cleaning every six months with a dental exam once per year, and see an eye doctor annually for an eye exam.

Babies and toddlers need check-ups more often. They should get 12 check-ups before they are 3 years old. Please refer to the check-up schedule on page 5.

South Dakota Medicaid will mail you a reminder to schedule a well-child check-up during the month of your child’s birthday.

How do I schedule a well-child check-up?

If your child is due for a well-child check-up, please contact your child’s PCP to schedule an appointment. Your child’s PCP may have a busy schedule; it may take time to schedule an appointment.

To ensure your child doesn’t miss a future well-child check-up, South Dakota Medicaid recommends trying these strategies:

• Schedule the appointment 1 to 2 months in advance.

• Set a reminder in your phone or calendar to
schedule an appointment.

• Schedule your next appointment while at the clinic.

• When you have more than one child, try coordinating appointments when possible.

Do older children and teens need well-child care?

Check-ups aren’t just for babies and toddlers. Older children and teens need regular check-ups too! Well-child check-ups can also be used for sport physicals or other activities requiring health screens. A sports physical or other health screening is not a substitute for a wellness exam. (Remember to bring the school’s health screening paperwork with you to the well-child check-up).

• Older children and teens should get a check-up every year even if they feel healthy.

• Keep smiles healthy with a dental cleaning every six months.

As your child gets older, start involving them in their healthcare. Older children and teens can start taking charge of their health by:

• Making their own appointments.

• Going to appointments by themselves or asking a parent or a friend to go with them.

• Talking to their PCP about their health problems and concerns.

• Writing down questions to ask their PCP.

• Asking questions about the medicines they may need to take.
Scheduling Well-Child

- 3-5 days
- 1 month
- 9 months
- 12 months
- 15 months
- Ages 3 to 21

A dental check-up for your child is recommended by age 1 and bi-annually thereafter.

Check-ups are recommended every year around your child’s birthday.

Vision check-ups are recommended ages 3-8-5 and yearly.

Recommended Immunizations

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<th>Birth</th>
<th>1 month</th>
<th>2 months</th>
<th>4 months</th>
<th>6 months</th>
<th>12 months</th>
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# Immunization Schedule

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<th>12 months</th>
<th>15 months</th>
<th>18 months</th>
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1 dose
2 doses

Lead screening is required at 12 and 24 months, and as directed by your child’s PCP.

**KEY**
- Well-Child Check-ups
- Refer to immunization schedule
- Other recommended check-ups/screenings

DSS Department of Social Services

*South Dakota*

**Child’s PCP if additional visits are needed.**
How do I find a dentist?

• To find a list of enrolled dentists please visit www.insurekidsnow.gov/coverage/find-a-dentist/.

• If you’re unable to access the internet, call local dental offices in your area to see if they are accepting new patients. Call Delta Dental at 1.877.841.1478 if you are unable to locate a provider.

What do I need to know about blood lead testing?

Children are required to have blood lead testing at age 12 and 24 months. Talk to your child’s PCP about scheduling a catch-up test if your child has never been tested.

Why does my child need a blood lead test?

Lead exposure can impact nearly every system in the body, and often goes undetected because at low levels of exposure it can occur without any obvious symptoms. Exposure to lead can cause damage to the brain and nervous system, slowed growth and development, learning and behavior problems and hearing and speech problems. The goal of lead screening is to assist children before they are harmed.
Contact Us

Phone numbers:
- South Dakota Medicaid:
  1.800.597.1603
- Delta Dental Number:
  1.877.841.1478
- SD Quits Number:
  1.866.SD.QUITS
- Title XIX Transportation Information:
  1.866.403.1433

Address:
700 Governors Drive
Pierre, SD 57501

Email:
DSS.MEDICAID@state.sd.us

Online:
dss.sd.gov/medicaid/recipients/
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  • Qualified interpreters
  • Information written in other languages

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Español (Spanish) - ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1.800.305.9673 (TTY: 711).

Deutsch (German) - ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 1.800.305.9673 (TTY: 711).

繁體中文 (Chinese) - 注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1.800.305.9673 (TTY: 711).

نارود (Karen) - ယခုလူနီတွေနဲ့သူပဲ လူနှစ်ပါးနဲ့ ဗေဒကို အသံ ကြည့်တာနဲ့ 711 သိမ်းပါဦး၏ 1.800.305.9673 (TTY: 711).

Tiếng Việt (Vietnamese) - CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1.800.305.9673 (TTY: 711).

नेपाली (Nepali) - यान दनुहोस्: तपाई ले नेपाल बो नह छ भन तपाई को नि त भाषा सहायता सेवाह न: क पमा उपल ध छ। फोन 1.800.305.9673 (ट टवाइ: 711)


አማርኛ (Amharic) - የሚንጨርት ቁጥር በእርዳታ ድርጅቶቹ፣ በነጻ ሊያግዝዎት ተዘጋጀተዋል፡ ወደ ሚከተለው ቁጥር ይደውሉ 1.800.305.9673 (መስማት ሊተሳናቸው: 711).

Sudanic Adamawa (Fulfulde) MAANDO: To a waawi [Adamawa], e woodi ballooji-ma to ekkitaaki wolde caahu. Noddu 1.800.305.9673 (TTY: 711).

Tagalog (Tagalog – Filipino) - PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 1.800.305.9673 (TTY: 711).

한국어 (Korean) - 주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1.800.305.9673 (TTY: 711) 번으로 전화해 주십시오.

Русский (Russian) - ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1.800.305.9673 (телетайп: 711).


Український (Ukrainian) - УВАГА: Якщо ви говорити українською мовою, перекладачі послуги, безкоштовно, доступні для вас. Телефонуйте. Телефонуйте 1.800.305.9643 (TTY: 711).

Français (French) - ATTENTION : Si vous parlez français, des services d’aide linguistique vous sont proposés gratuitement. Appelez le 1.800.305.9673 (ATS : 711).
How do I know if my child is getting all of the recommended care?

- My child has a well-child check-up with his or her doctor every year.
- My child gets two teeth cleanings each year and has an exam with a dentist once a year.
- My child has a vision exam every year with an eye doctor.
- My child received a blood lead test at 12 and 24 months of age.
- My child is up to date on all immunizations according to the schedule.
- My child gets a flu shot every year.

South Dakota Department of Social Services