



SOUTH DAKOTA MEDICAID

# WELL-CHILD CARE

A GUIDE TO KEEPING  
YOUR CHILD HEALTHY



South Dakota  
Department of  
**Social Services**

Well-child visits help make sure babies, children and teens get the care they need to be and stay healthy.

All children and teens need regular check-ups. Your child may look or feel healthy, but he or she could have a health problem.

### Getting regular well-child check-ups helps children and teens stay healthy by:

- ✦ Finding health problems early. Regular check-ups help find problems before they become serious
- ✦ Preventing illness by making sure children get the right immunizations

Well-child check-ups can also be used for Headstart and daycare admission as well as sports physicals.

## What do well-child check-ups include?

- ✦ A complete health and developmental history
- ✦ Comprehensive physical exam
- ✦ Needed immunizations
- ✦ Necessary lab tests
- ✦ Screenings such as vision, hearing, developmental and behavioral
- ✦ Advice on how to keep your child healthy
- ✦ Fluoride varnish for children 1 to 5 years of age

If a problem is found, medically necessary follow-up care is covered by Medicaid with a referral.

### Other preventive services:

- ✦ Dental cleanings every six months
- ✦ Annual eye exams by an eye doctor can help determine if your child needs glasses, or if your child has other vision problems
- ✦ SD Quitline for help for you or your child to stop smoking or chewing tobacco

## What should I bring to the appointment?

It's helpful for your child's primary care provider (PCP) to know your child's full medical history. Remember to ask the clinic when you schedule the appointment about what medical documents you need to bring to the appointment.

**Don't forget to bring your child's Medicaid ID card!**

## Is transportation to a well-child check-up covered?

Yes, there are several options to help your child get to a Medicaid covered appointment. An enrolled community transportation provider or secure medical transportation provider can take your child from home or school to a covered medical appointment. Secure medical transportation is only for individuals who need a wheelchair or stretcher. The non-emergency medical travel benefit can reimburse you for mileage if the appointment is out of town and you, a family member, or friend drives to the appointment. Transportation must be to the closest medical provider capable of providing the service. For more information visit [dss.sd.gov/medicaid/recipients/transportation.aspx](https://dss.sd.gov/medicaid/recipients/transportation.aspx).

## When should my child get a well-child check-up?

Children and teens ages 3 to 20 years old need a well-child check-up every year. They should also get a dental cleaning every six months with a dental exam once per year, and see an eye doctor annually for an eye exam.

Babies and toddlers need check-ups more often. They should get 12 check-ups before they are 3 years old. Please refer to the check-up schedule on page 5.

South Dakota Medicaid will mail you a reminder to schedule a well-child check-up during the month of your child's birthday.

## How do I schedule a well-child check-up?

If your child is due for a well-child check-up, please contact your child's PCP to schedule an appointment. Your child's PCP may have a busy schedule; it may take time to schedule an appointment.

To ensure your child doesn't miss a future well-child check-up, South Dakota Medicaid recommends trying these strategies:

- ✦ Schedule the appointment 1 to 2 months in advance and specifically ask for well-child check-up
- ✦ Set a reminder in your phone or calendar to schedule an appointment
- ✦ Schedule your next appointment while at the clinic
- ✦ When you have more than one child, try coordinating appointments when possible

## Do older children and teens need well-child care?

Check-ups aren't just for babies and toddlers. Older children and teens need regular check-ups too! Well-child check-ups can also be used for sport physicals or other activities requiring health screens. A sports physical or other health screening is not a substitute for a wellness exam. (Remember to bring the school's health screening paperwork with you to the well-child check-up).

- ✦ Older children and teens should get a check-up every year even if they feel healthy
- ✦ Keep smiles healthy with a dental cleaning every six months

As your child gets older, start involving them in their healthcare. Older children and teens can start taking charge of their health by:

- ✦ Making their own appointments
- ✦ Going to appointments by themselves or asking a parent or a friend to go with them
- ✦ Talking to their PCP about their health problems and concerns
- ✦ Writing down questions to ask their PCP
- ✦ Asking questions about the medicines they may need to take

## How do I find a dentist?

- ✦ To find a list of enrolled dentists please visit [www.insurekidsnow.gov/find-a-dentist/index.html](http://www.insurekidsnow.gov/find-a-dentist/index.html)
- ✦ If you're unable to access the internet, call local dental offices in your area to see if they are accepting new patients. Call Delta Dental at 877.841.1478 if you are unable to locate a provider

# Well Visit & Immunization ROAD MAP

**0-18+ Years**

**NEWBORN**  
(3-5 DAYS OLD)  
Well Visit  
Immunizations  
*Blood Screen if needed*

**1 MONTH**  
Monitoring  
Growth/Development  
*additional hearing tests if needed*

**2 MONTHS**  
Well Visit  
Immunizations

**4 MONTHS**  
Well Visit  
Immunizations

**12 MONTHS**  
Lead and Anemia screening/Immunizations  
Dental checkup recommended by age 1  
*and dental checkups twice a year after the first checkup*

**9 MONTHS**  
Well Visit  
Developmental  
Screening

**6 MONTHS**  
Well Visit  
Immunizations

**15 MONTHS**  
Well Visit  
Immunizations

**18 MONTHS**  
Developmental Screening  
Immunizations

**24 MONTHS**  
Well Visit Immunizations  
Lead Screening

**4 YEARS**  
Well Visit  
Immunizations

**3 YEARS**  
Well Visit/Immunization  
Vision check-up between ages 3-5  
*and vision checkups yearly after first checkup*

**30 MONTHS**  
Developmental  
Screening

**5 YEARS**  
Well Visit  
Immunizations

**6 YEARS**  
Well Visit  
Immunizations

**7 YEARS**  
Well Visit  
Immunizations

**8 YEARS**  
Well Visit  
Immunizations

**11 YEARS**  
Well Visit  
Immunizations

**10 YEARS**  
Well Visit  
Immunizations

**9 YEARS**  
Well Visit  
Immunizations

**12 YEARS**  
Well Visit/Immunizations  
Major Depressive Disorder Screening  
*and major depressive disorder screening yearly after the first initial screening.*

**13 YEARS**  
Well Visit  
Immunizations

**14 YEARS**  
Well Visit  
Immunizations

**17 YEARS**  
Well Visit  
Immunizations

**16 YEARS**  
Well Visit  
Immunizations

**15 YEARS**  
Well Visit  
Immunizations

**18+ YEARS**  
Well Visit  
Immunizations



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*Strong Families - South Dakota's Foundation and Our Future*



**Immunizations vary by age. Please check with your child's primary care provider about which immunizations are recommended for your child.**

# RECOMMENDED IMMUNIZATION SCHEDULE

Vaccine	Birth	1 month	2 months	4 months	6 months	12 months	15 months	18 months	19-23 months	2-3 years	4-6 years	7 -10 years	11 - 18 years
<b>HepB</b> (Hepatitis B)	1st dose	2nd dose			3rd dose								
<b>RV*</b> (Rotavirus)			1st dose	2nd dose	3rd dose*								
<b>DTap</b> (Tetanus, diphtheria, pertussis)			1st dose	2nd dose	3rd dose		4th dose				5th dose		
<b>Hib*</b> (Haemophilus influenzae type b)			1st dose	2nd dose	3rd dose*	Booster							
<b>PCV</b> (Pneumococcal)			1st dose	2nd dose	3rd dose	4th dose							
<b>IPV</b> (Polio)			1st dose	2nd dose	3rd dose						4th dose		
<b>COVID 19*</b> (Coronavirus disease)					2 or 3 dose series and booster*								
<b>Flu</b> (Influenza)					1 or 2 doses yearly								
<b>MMR</b> (Measles, Mumps, Rubella)						1 dose					2nd dose		
<b>Varicella</b> (Chickenpox)						1 dose					2nd dose		
<b>HepA</b> (Hepatitis A)						1st dose		2nd dose					
<b>Tdap</b> (Tetanus, diphtheria, pertussis)													1 dose
<b>HPV*</b> (Human Papillomavirus)												2 or 3 dose series*	
<b>MenACWY/MenB</b> (Meningococcal disease - MenACWY/MenB*)												MenACWY/MenB	

If your child is behind on immunizations speak with your provider about a modified schedule.

\* Not all manufacturers require this dose, speak with your provider about your child's needed immunizations

## What do I need to know about blood lead testing?

Children are required to have blood lead testing at age 12 and 24 months. Talk to your child's PCP about scheduling a catch-up test if your child has never been tested.

## Why does my child need a blood lead test?

Lead exposure can impact nearly every system in the body, and often goes undetected because at low levels of exposure it can occur without any obvious symptoms. Exposure to lead can cause damage to the brain and nervous system, slowed growth and development, learning and behavior problems and hearing and speech problems. The goal of lead screening is to assist children before they are harmed.

## Contact Us

### Phone numbers

South Dakota Medicaid: 800.597.1603  
 Delta Dental Number: 877.841.1478  
 SD Quits Number: 866.SD.QUITS  
 Title XIX Transportation: 866.403.1433

### Address

South Dakota Medicaid  
 700 Governors Drive  
 Pierre, SD 57501

### Email

[DSS.MEDICAID@state.sd.us](mailto:DSS.MEDICAID@state.sd.us)

### Online

[dss.sd.gov/medicaid/recipients/](https://dss.sd.gov/medicaid/recipients/)

## Notice of Nondiscrimination

As a recipient of Federal financial assistance and a State or local governmental agency, the Department of Social Services does not exclude, deny benefits to, or otherwise discriminate against any person on the ground of race, color, or national origin, or on the basis of disability or age in admission or access to, or treatment or employment in, its programs, activities, or services, whether carried out by the Department of Social Services directly or through a contractor or any other entity with which the Department of Social Services arranges to carry out its programs and activities; or on the basis of actual or perceived race, color, religion, national origin, sex, gender identity, sexual orientation or disability in admission or access to, or treatment or employment in, its programs, activities, or services when carried out by the Department of Social Services directly or when carried out by sub-recipients of grants issued by the United States Department of Justice, Office on Violence against Women.

The Department of Social Services:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as:
  - Qualified sign language interpreters
  - Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provides free language services to people whose primary language is not English, such as:
  - Qualified interpreters
  - Information written in other languages

If you need these services, contact your local DSS office.

If you believe that DSS has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a discrimination complaint or grievance with: Discrimination Coordinator, Director of DSS Division of Legal Services, 700 Governors Drive, Pierre, SD 57501. Phone: 605.773.3305, Fax: 605.773.7223, [DSSInfo@state.sd.us](mailto:DSSInfo@state.sd.us). You can file a discrimination complaint or grievance in person or by mail, fax, or email. If you need help filing a discrimination complaint or grievance, the Discrimination Coordinator, Director of DSS Division of Legal Services is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at: U.S. Department of Health and Human Services 200 Independence Avenue, SW Room 509F, HHH Building Washington, D.C. 20201 1.800.368.1019, 1.800.537.7697 (TDD) Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>.

This statement is in accordance with the provisions of Title VI of the Civil Rights Act of 1964, Section 504 of the Rehabilitation Act of 1973, Title II of the Americans with Disabilities Act of 1990, the Age Discrimination Act of 1975, and the Regulations of the U.S. Department of Health and Human Services issued pursuant to these statutes at Title 45 Code of Federal Regulations (CFR) Parts 80, 84, and 91, and 28 CFR Part 35, the Omnibus Crime Control and Safe Streets Act of 1968, Title IX of the Education Amendments of 1972, Equal Treatment for Faith-based Religions at 28 CFR Part 38, the Violence Against Women Reauthorization Act of 2013, and Section 1557 of the Affordable Care Act.

Español (Spanish) - ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1.800.305.9673 (TTY: 711).

Deutsch (German) - ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 1.800.305.9673 (TTY: 711).

繁體中文 (Chinese) - 注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1.800.305.9673 (TTY: 711)。

ကဠိ (Karen) - တသ့ၣ်တသး-နမ့ၢ်ကတိၣ်ကညီၣ်အယီၣ်,နမ့ၢ်ကတိၣ်အတၢ်မၤစၢၤလၢတလၢတၢ်သ့ၣ်လၢၣ်စ့ၤနီၣ်တမံၤတၢ်သ့ၣ်န့ၣ်လီၤ.တီ:1.800.305.9673 (TTY: 711).

Tiếng Việt (Vietnamese) - CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1.800.305.9673 (TTY: 711).

नेपाली (Nepali) - यान दनुहोस्: तपाइ ले नेपाल बो नह छ भन तपाइ को नि त भाषा सहायता सवाह नश क पमा उपल थ छ । फोन गनुहोस् 1.800.305.9673 ( त टवाइ: 711)

Srpsko-hrvatski (Serbo-Croatian) - OBAVJEŠTENJE: Ako govorite srpsko-hrvatski, usluge jezičke pomoći dostupne su vam besplatno. Nazovite 1.800.305.9673 (TTY- Telefon za osobe sa oštećenim govornom ili sluhom: 711).

አማርኛ (Amharic) - ማስታወሻ: የሚናገሩት ቋንቋ አማርኛ ከሆነ የትርጉም እርዳታ ድርጅቶች፣ በነጻ ሊያግዝዎት ተዘጋጅተዋል። ወደ ሚከተለው ቁጥር ይደውሉ 1.800.305.9673 (መሰማት ለተሳናቸው: 711)።

Sudanic Adamawa (Fulfulde) MAANDO: To a waawi [Adamawa], e woodi ballooji-ma to ekkitaaki wolde caahu. Noddu 1.800.305.9673 (TTY: 711).

Tagalog (Tagalog – Filipino) - PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 1.800.305.9673 (TTY: 711).

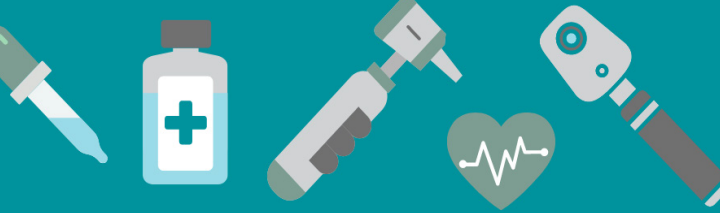
한국어 (Korean) - 주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1.800.305.9673 (TTY: 711) 번으로 전화해 주십시오.

Русский (Russian) - ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1.800.305.9673 (телефайп: 711).

Cushite Oroomiffa (Oromo) - XIYYEEFFANNAA: Afaan dubbattu Oroomiffa, tajaajila gargaarsa afaanii, kanfaltiidhaan ala, ni argama. Bilbilaa 1.800.305.9673 (TTY: 711).

Український (Ukrainian) - УВАГА: Якщо ви говорите українською мовою, перекладацькі послуги, безкоштовно, доступні для вас. Телефонуйте. Телефонуйте 1.800.305.9643 (TTY: 711).

Français (French) - ATTENTION : Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 1.800.305.9673 (ATS : 711).



## How do I know if my child is getting all of the recommended care?

- My child has a well-child check-up with his or her doctor every year.
- My child gets two teeth cleanings each year and has an exam with a dentist once a year.
- My child has a vision exam every year with an eye doctor.
- My child received a blood lead test at 12 and 24 months of age.
- My child is up to date on all immunizations according to the schedule.
- My child gets a flu shot every year.
- My child gets a fluoride varnish at his or her well-child check-up from age 1 to 5.



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