South Dakota Medicaid
Well-Child Care

A guide to keeping your child healthy

DSS
Strong Families - South Dakota's Foundation and Our Future
Well-child visits help make sure babies, children and teens get the care they need to be and stay healthy.

All children and teens need regular check-ups. Your child may look or feel healthy, but he or she could have a health problem.

**Getting regular well-child check-ups helps children and teens stay healthy by:**

- Finding health problems early. Regular check-ups help find problems before they become serious.
- Preventing illness by making sure children get the right immunizations.

Well-child check-ups can also be used for Headstart and daycare admission as well as sports physicals.

**What do well-child check-ups include?**

- A complete health and developmental history;
- Comprehensive physical exam;
- Needed immunizations;
- Necessary lab tests;
- Screenings such as vision, hearing, developmental and behavioral; and
- Advice on how to keep your child healthy.

If a problem is found, medically necessary follow-up care is covered by Medicaid with a referral.
Other preventive services:

• Dental cleanings every six months.

• Annual eye exams by an eye doctor can help determine if your child needs glasses, or if your child has other vision problems.

• SD Quitline for help for you or your child to stop smoking or chewing tobacco.

What should I bring to the appointment?

It’s helpful for your child’s primary care provider (PCP) to know your child’s full medical history. Remember to ask the clinic when you schedule the appointment about what medical documents you need to bring to the appointment.

Don’t forget to bring your child’s Medicaid ID card!

Is transportation to a well-child check-up covered?

Yes, there are several options to help your child get to a Medicaid covered appointment. An enrolled community transportation provider or secure medical transportation provider can take your child from home or school to a covered medical appointment. Secure medical transportation is only for individuals who need a wheelchair or stretcher. The non-emergency medical travel benefit can reimburse you for mileage if the appointment is out of town and
you, a family member, or friend drives to the appointment. Transportation must be to the closest medical provider capable of providing the service. For more information visit dss.sd.gov/medicaid/recipients/transportation.aspx

When should my child get a well-child check-up?

Children and teens ages 3 to 20 years old need a well-child check-up every year. They should also get a dental cleaning every six months with a dental exam once per year, and see an eye doctor annually for an eye exam.

Babies and toddlers need check-ups more often. They should get 12 check-ups before they are 3 years old. Please refer to the check-up schedule on page 5.

South Dakota Medicaid will mail you a reminder to schedule a well-child check-up during the month of your child’s birthday.

How do I schedule a well-child check-up?

If your child is due for a well-child check-up, please contact your child’s PCP to schedule an appointment. Your child’s PCP may have a busy schedule; it may take time to schedule an appointment.

To ensure your child doesn’t miss a future well-child check-up, South Dakota Medicaid recommends trying these strategies:

• Schedule the appointment 1 to 2 months in advance.
• Set a reminder in your phone or calendar to schedule an appointment.

• Schedule your next appointment while at the clinic.

• When you have more than one child, try coordinating appointments when possible.

Do older children and teens need well-child care?

Check-ups aren’t just for babies and toddlers. Older children and teens need regular check-ups too! Well-child check-ups can also be used for sport physicals or other activities requiring health screens. (Remember to bring the school’s health screening paperwork with you to the well-child check-up).

• Older children and teens should get a check-up every year even if they feel healthy.

• Keep smiles healthy with a dental cleaning every six months.

As your child gets older, start involving them in their healthcare. Older children and teens can start taking charge of their health by:

• Making their own appointments.

• Going to appointments by themselves or asking a parent or a friend to go with them.

• Talking to their PCP about their health problems and concerns.

• Writing down questions to ask their PCP.

• Asking questions about the medicines they may need to take.
### Scheduling Well-Child

- **3-5 days**: 1 month
- **9 months**: Ask your child's hearing tests
- **12 months**: A dental check-up for your child is recommended by age 1 and bi-annually thereafter.
- **Ages 3 to 21**: Check-ups are recommended every year around your child’s birthday.
- **15 months**: Vision check-ups are recommended ages 3 and 5 and yearly thereafter.

### Recommended Immunizations

<table>
<thead>
<tr>
<th>Vaccine</th>
<th>Birth</th>
<th>1 month</th>
<th>2 months</th>
<th>4 months</th>
<th>6 months</th>
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<tbody>
<tr>
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<td>RV</td>
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<td>HepA</td>
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<td>MCV4</td>
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<td>HPV</td>
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**Lead Check-ups**

- 2 months
- 4 months
- 6 months
- 18 months
- 30 months
- 24 months

Refer to immunization schedule other recommended check-ups / screenings

Lead screening is required at 12 and 24 months, and as directed by your child’s PCP.

More recommended between 30 months and yearly thereafter.

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**Immunization Schedule**

<table>
<thead>
<tr>
<th>12 months</th>
<th>15 months</th>
<th>18 months</th>
<th>19-23 months</th>
<th>2-3 years</th>
<th>4-6 years</th>
<th>11-12 years</th>
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**DSSO**
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How do I find a dentist?

• To find a list of enrolled dentists please visit www.insurekidsnow.gov/coverage/find-a-dentist/.

• If you’re unable to access the internet, call local dental offices in your area to see if they are accepting new patients. Call Delta Dental at 1.877.841.1478 if you are unable to locate a provider.

What do I need to know about blood lead testing?

Children are required to have blood lead testing at age 12 and 24 months. Talk to your child’s PCP about scheduling a catch-up test if your child has never been tested.

Why does my child need a blood lead test?

Lead exposure can impact nearly every system in the body, and often goes undetected because at low levels of exposure it can occur without any obvious symptoms. Exposure to lead can cause damage to the brain and nervous system, slowed growth and development, learning and behavior problems and hearing and speech problems. The goal of lead screening is to assist children before they are harmed.
Contact Us

Phone numbers:
• South Dakota Medicaid: 1.800.597.1603
• Delta Dental Number: 1.877.841.1478
• SD Quits Number: 1.866.SD.QUITS
• Title XIX Transportation Information: 1.866.403.1433

Address:
700 Governors Drive
Pierre, SD 57501

Email:
DSS.MEDICAID@state.sd.us

Online:
dss.sd.gov/medicaid/recipients/
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  • Qualified sign language interpreters
  • Written information in other formats (large print, audio, accessible electronic formats, other formats)
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  • Qualified interpreters
  • Information written in other languages

If you need these services, contact your local DSS office.

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This statement is in accordance with the provisions of Title VI of the Civil Rights Act of 1964, Section 504 of the Rehabilitation Act of 1973, Title II of the Americans with Disabilities Act of 1990, the Age Discrimination Act of 1975, and the Regulations of the U.S. Department of Health and Human Services issued pursuant to these statutes at Title 45 Code of Federal Regulations (CFR) Parts 80, 84, and 91, and 28 CFR Part 35, the Omnibus Crime Control and Safe Streets Act of 1968, Title IX of the Education Amendments of 1972, Equal Treatment for Faith-based Religions at 28 CFR Part 38, the Violence Against Women Reauthorization Act of 2013, and Section 1557 of the Affordable Care Act.
How do I know if my child is getting all of the recommended care?

☐ My child has a well-child check-up with his or her doctor every year.

☐ My child gets two teeth cleanings each year and has an exam with a dentist once a year.

☐ My child has a vision exam every year with an eye doctor.

☐ My child received a blood lead test at 12 and 24 months of age.

☐ My child is up to date on all immunizations according to the schedule.

☐ My child gets a flu shot every year.