South Dakota Medicaid
Well-Child Care

A guide to keeping your child healthy

DSS
Strong Families - South Dakota's Foundation and Our Future
Well-child visits help make sure babies, children and teens get the care they need to be and stay healthy.

All children and teens need regular check-ups. Your child may look or feel healthy, but he or she could have a health problem.

**Getting regular well-child check-ups helps children and teens stay healthy by:**

- Finding health problems early. Regular check-ups help find problems before they become serious.
- Preventing illness by making sure children get the right immunizations.

Well-child check-ups can also be used for Headstart and daycare admission as well as sports physicals.

**What do well-child check-ups include?**

- A complete health and developmental history;
- Comprehensive physical exam;
- Needed immunizations;
- Necessary lab tests;
- Screenings such as vision, hearing, developmental and behavioral; and
- Advice on how to keep your child healthy.

If a problem is found, medically necessary follow-up care is covered by Medicaid with a referral.
Other preventive services:

• Dental cleanings every six months.

• Vision exams and eye glasses with an eye doctor.

• SD Quitline for help for you or your child to stop smoking or chewing tobacco.

What should I bring to the appointment?

It’s helpful for your child’s primary care provider (PCP) to know your child’s full medical history. Remember to ask the clinic when you schedule the appointment about what medical documents you need to bring to the appointment.

Don’t forget to bring your child’s Medicaid ID card!

Can I be reimbursed for out-of-town travel to medical appointments?

You may be reimbursed for non-emergency medical transportation for mileage, lodging and meals. Transportation must be to the closest medical facility or medical provider capable of providing the necessary services. The service must be a Medicaid-covered service provided by a medical provider who is enrolled in South Dakota Medicaid. For more information, please call 1.866.403.1433 or visit dss.sd.gov/travel.
When should my child get a well-child check-up?

Children and teens ages 3 to 20 years old need a well-child check-up every year. They should also get a dental cleaning every six months with a dental exam once per year, and see an eye doctor annually for an eye exam.

Babies and toddlers need check-ups more often. They should get 12 check-ups before they are 3 years old. Please refer to the check-up schedule on page 5.

South Dakota Medicaid will mail you a reminder to schedule a well-child check-up during the month of your child’s birthday.

How do I schedule a well-child check-up?

If your child is due for a well-child check-up, please contact your child’s PCP to schedule an appointment. Your child’s PCP may have a busy schedule; it may take time to schedule an appointment.

To ensure your child doesn’t miss a future well-child check-up, South Dakota Medicaid recommends trying these strategies:

• Schedule the appointment 1 to 2 months in advance.

• Set a reminder in your phone or calendar to schedule an appointment.

• Schedule your next appointment while at the clinic.
• When you have more than one child, try coordinating appointments when possible.

Do older children and teens need well-child care?

Check-ups aren’t just for babies and toddlers. Older children and teens need regular check-ups too! Well-child check-ups can also be used for sport physicals or other activities requiring health screens. (Remember to bring the school’s health screening paperwork with you to the well-child check-up).

• Older children and teens should get a check-up every year even if they feel healthy.

• Keep smiles healthy with a dental cleaning every six months.

As your child gets older, start involving them in their healthcare. Older children and teens can start taking charge of their health by:
• Making their own appointments.
• Going to appointments by themselves or asking a parent or a friend to go with them.
• Talking to their PCP about their health problems and concerns.
• Writing down questions to ask their PCP.
• Asking questions about the medicines they may need to take.
Scheduling Well-Care

3-5 days

1 month

9 months

12 months

15 months

Ask your child
for a hearing test.

A dental check-up for your child is recommended by age 1 and bi-annually thereafter.

Ages 3 to 21

Vision check-ups are recommended every year around your child’s birthday.

Check-ups are recommended every year around your child’s birthday.

Recommended Immunizations

<table>
<thead>
<tr>
<th>Vaccine</th>
<th>Birth</th>
<th>1 month</th>
<th>2 months</th>
<th>4 months</th>
<th>6 months</th>
</tr>
</thead>
<tbody>
<tr>
<td>HepB</td>
<td>1 dose</td>
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<td></td>
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<tr>
<td>RV</td>
<td>1 dose</td>
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<td>DTaP</td>
<td>1 dose</td>
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<td>Hib</td>
<td>1 dose</td>
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<td>PCV</td>
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<td>IPV</td>
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<td>1 dose</td>
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<tr>
<td>Influenza</td>
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<tr>
<td>MMR</td>
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<tr>
<td>Varicella</td>
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<tr>
<td>HepA</td>
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<tr>
<td>MCV4</td>
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<tr>
<td>HPV</td>
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</tbody>
</table>
Child Check-ups

- 2 months
- 4 months
- 6 months
- 18 months
- 30 months
- 24 months

Lead screening is required at 12 and 24 months, and as directed by your child’s PCP.

KEY
- Well-Child Check-ups
- Refer to immunization schedule
- Other recommended check-ups/screenings

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Immunization Schedule

<table>
<thead>
<tr>
<th>12 months</th>
<th>15 months</th>
<th>18 months</th>
<th>19-23 months</th>
<th>2-3 years</th>
<th>4-6 years</th>
<th>11-12 years</th>
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<tbody>
<tr>
<td>1 dose</td>
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<td>1 dose (yearly)</td>
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<td>1 dose</td>
<td>1 dose</td>
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<td>1 dose</td>
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<td>2 doses</td>
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<td>1 dose</td>
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</tbody>
</table>
How do I find a dentist?

• To find a list of enrolled dentists please visit www.insurekidsnow.gov/coverage/find-a-dentist./

• If you’re unable to access the internet, call local dental offices in your area to see if they are accepting new patients. Call Delta Dental at 1.877.841.1478 if you are unable to locate a provider.

What do I need to know about blood lead testing?

Children are required to have blood lead testing at age 12 and 24 months. Talk to your child’s PCP about scheduling a catch-up test if your child has never been tested.

Why does my child need a blood lead test?

Lead exposure can impact nearly every system in the body, and often goes undetected because at low levels of exposure it can occur without any obvious symptoms. Exposure to lead can cause damage to the brain and nervous system, slowed growth and development, learning and behavior problems and hearing and speech problems. The goal of lead screening is to assist children before they are harmed.
Contact Us

Phone numbers:
• South Dakota Medicaid:
  1.800.597.1603
• Delta Dental Number:
  1.877.841.1478
• SD Quits Number:
  1.866.SD.QUITS
• Title XIX Transportation Information:
  1.866.403.1433

Address:
700 Governors Drive
Pierre, SD 57501

Email:
DSS.MEDICAID@state.sd.us

Online:
dss.sd.gov/medicaid/recipients/
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The Department of Social Services:
- Provides free aids and services to people with disabilities to communicate effectively with us, such as:
  - Qualified sign language interpreters
  - Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provides free language services to people whose primary language is not English, such as:
  - Qualified interpreters
  - Information written in other languages

If you need these services, contact your local DSS office.

If you believe that DSS has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a discrimination complaint or grievance with: Discrimination Coordinator, Director of DSS Division of Legal Services, 700 Governors Drive, Pierre, SD 57501. Phone: 605.773.3305, Fax: 605.773.7223, DSSInfo@state.sd.us. You can file a discrimination complaint or grievance in person or by mail, fax, or email. If you need help filing a discrimination complaint or grievance, the Discrimination Coordinator, Director of DSS Division of Legal Services is available to help you.


This statement is in accordance with the provisions of Title VI of the Civil Rights Act of 1964, Section 504 of the Rehabilitation Act of 1973, Title II of the Americans with Disabilities Act of 1990, the Age Discrimination Act of 1975, and the Regulations of the U.S. Department of Health and Human Services issued pursuant to these statutes at Title 45 Code of Federal Regulations (CFR) Parts 80, 84, and 91, and 28 CFR Part 35, the Omnibus Crime Control and Safe Streets Act of 1968, Title IX of the Education Amendments of 1972, Equal Treatment for Faith-based Religions at 28 CFR Part 38, the Violence Against Women Reauthorization Act of 2013, and Section 1557 of the Affordable Care Act.
How do I know if my child is getting all of the recommended care?

☐ My child has a well-child check-up with his or her doctor every year.

☐ My child gets two teeth cleanings each year and has an exam with a dentist once a year.

☐ My child has a vision exam every year with an eye doctor.

☐ My child received a blood lead test at 12 and 24 months of age.

☐ My child is up to date on all immunizations according to the schedule.

☐ My child gets a flu shot every year.